

Pleasanton Weekly

**School board
race heats up**

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AROUND PLEASANTON



By JEB BING



GOODGUYS

Car builder and designer Dave Kindig shows the sketch he's using to rebuild and restore a truck in his Salt Lake City shop. He'll be at next weekend's Goodguys show.

Goodguys award winner credits success to Hot Wheels, Legos

Dave Kindig, a car builder and designer, will be a featured attraction at the Goodguys 30th West Coast Nationals when the show opens Aug. 26 for a three-day weekend run at the Alameda County Fairgrounds in Pleasanton.

Kindig's business was catapulted into the car TV scene a few years ago with its wildly popular show "Bitchin' Rides" on the Velocity Channel. Kindig, a die-hard car guy, along with his wife, Charity, created their business Kindig-It Designs and built a one-stop, complete custom shop where autos are turned into spectacular works of art.

Kindig, whose "engineering degree" comes from Hot Wheels and Legos, as well as the creative experts on his team, turns out some of the most unique and creative designs in the field. He began designing cars at the age of 5, and he has spent his life designing and creating some incredible rides. His first build, a custom Volkswagen, was the beginning of his career for sure.

Before opening his own business, Kindig worked for High Performance Coatings in Salt Lake City, where he was able to travel the U.S. and meet car builders and designers. His first design job was for Arizona Speed and Marine, designing that firm's 1999 Chevrolet Silverado ASM/SS, which was featured in Truckin' Magazine. From there, his design career took off and he began designing for custom car builders and magazines.

Soon after, he departed High Performance Coatings and, with only \$4,700 in savings, a dream and a lot of determination, started Kindig-It Design. It now fills a 27,000-square-foot shop with state-of-the-art metal fabrication/paint facilities and in-house upholstery.

Kindig-It's crew has won Utah's "Finest" seven times at the Salt Lake City Autorama and numerous awards at Goodguys events. Most recently,

Kindig-It won the GM Design award with a '37 Chevy Coupe at the SEMA Show. Their projects have been featured in numerous magazines and have received worldwide notoriety.

Kindig is a self-made, hard-working guy who wakes up each day knowing that he's going to help build someone's dreams through work in his shop on Hill Avenue in south Salt Lake City. Dawn House of The Salt Lake Tribune, who recently interviewed Kindig, found the shop as distinctive as its owner. "It is one of the few shops in which virtually all work is done in-house," she wrote.

At a recent Goodguys show in Pleasanton, fans marveled at one of his newer creations, a four-door model that was named America's Most Beautiful Street Rod.

"Guys don't make hot rods out of four-doors; they're kind of the ugly ducklings in the industry," Goodguys spokesman John Drummond told House. "To take a four-door and make it beautiful is quite a feat. The car won because of its superior fit and finish work, and its unique design. Dave able was able to pull together a lot of simple details that made the overall package stellar."

According to the Tribune story, Kindig is self-taught. He dropped out of high school in his senior year to support himself, but returned to earn a GED. He didn't go to college, has no art education, and other than tinkering with Hot Wheels and Legos, has no formal engineering experience.

He's a guy to meet next weekend during the Goodguys show. Be sure to stop by the Kindig-It display and see some of his accomplishments.

The Goodguys 30th West Coast Nationals presented by Flowmaster gates are open next Friday and Saturday from 8 a.m. to 5 p.m. and Sunday, Aug. 28, from 8 a.m. to 3 p.m. General admission is \$20, kids 7-12 \$6. Alameda County Fairgrounds parking is \$10. ■

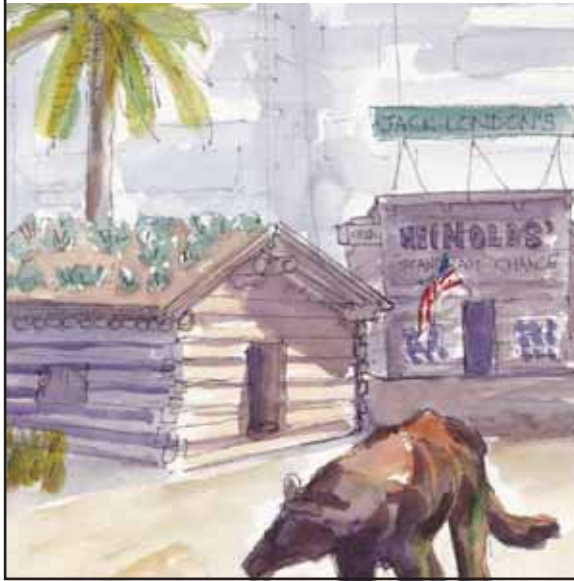
About the Cover

Staying active mentally and socially can be as important for seniors as remaining physically active. Check out these topics and more in our Seniors Living Well section, starting on Page 15. Cover design by Kristin Brown.

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DOG PARK NAMING CONTEST

Pleasanton pooches and owners are wagging their tails over Pleasanton's new off-leash dog park on the Bernal Property!

The city of Pleasanton is sponsoring a contest to select a name for the park. The ideal name should attract dog lovers from all over the community.



CONTEST RULES:

All entries must be submitted by mail or in person on an official entry form (below). Contestants must be a resident of the City of Pleasanton and may be of any age. City Council members and/or employees and their immediate family are ineligible. Entries will be accepted through Aug. 31, 2016.

OFFICIAL ENTRY FORM

All in entries must be submitted by mail or in person:

BY MAIL: City of Pleasanton, Community Services Dept., Dog Naming Contest, PO BOX 520, Pleasanton, CA 94588-0802

IN PERSON: Community Services Modular, 200 Old Bernal Avenue, Pleasanton, CA

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Streetwise

ASKED AROUND TOWN

Do you have any favorite memories from this past summer?



Artem Brodskiy

High school student

Well, I went to Tahoe with my family and that was pretty great. We swam in the lake, which was very cold, and just hung out and relaxed together in order to gear up for the whole back-to-school thing. I'm still not quite ready for that yet, though.



Aman Bawa

Program management

I took a really nice vacation back east with my family. I'm from there originally. We visited with friends and family in New Jersey and spent some time in New York City, seeing all the sights. It was just great.



Jen Lewis

High school student

I took BART into San Francisco to meet up with, in person, for the first time ever, my longtime pen pal. We got together at the Ferry Building, walked along the Embarcadero and talked for hours. We watched and listened to the harbor seals, made our way over to AT&T Park and just really had a wonderful day together. I'll remember it forever.



Tom Bagwell

Manager

I went on a family trip to Puerto Rico. It was a long way to travel, but totally worth it. The ocean water was warm and beautiful every single day — about 80 degrees, at least. We swam, snorkeled, went scuba diving and parasailed. And we all wore plenty of sunscreen, so no one got burned. It was a fantastic, memorable trip.



Jeff Lewis

Business development executive

Oh, yes! I got married in Half Moon Bay, on a beautiful bluff overlooking the Pacific Ocean. It was a spectacular day, and we were delighted to have a small, intimate wedding with just our parents and children. I'll remember it fondly forever.

—Compiled by Nancy Davis Lewis

Have a Streetwise question? Email editor@PleasantonWeekly.com

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DIGEST

Patient care chief

Local nonprofit Hope Hospice recently named Nenet Hoffman as its new chief of patient care responsible for managing all aspects of its patient care services.

"I am proud of the work we do in providing hospice care," Hoffman said in a statement. "Our goal is to provide compassion and the highest quality of care for patients and their families."

Hoffman, who has experience as patient care services director in other hospice and home-care agencies, most recently served as a consultant on Kaiser Permanente's latest home health and hospice-related project.

She worked as site director at Kaiser Santa Clara Home Health and Hospice from 2007 to 2015 and previously was clinical supervisor for Home Health at Kaiser South Bay from 1999 to 2007.

Hope Hospice provides personalized end-of-life care to families in the Tri-Valley and surrounding communities.

Literacy tutors

The Pleasanton Library's literacy program is recruiting prospective volunteers interested in helping fellow residents learn English or improve on their English language skills.

Library officials are hosting a Project Read tutor training session next Saturday (Aug. 27) from 1-5 p.m. in the library's large conference room at 400 Old Bernal Ave.

Volunteers will be taught to develop teaching skills, craft curriculum and gain experience, with the instructional books and materials provided. A tutor must be at least 18 years old, fluent in American English and able to consistently devote one or two hours per week for tutoring lessons for a minimum of one semester.

For more information or to register for the training session, email achilds@cityofpleasantonca.gov.

Child safety fair

The Dublin community, along with Assemblywoman Catharine Baker (R-San Ramon) and the Valley Children's Museum, will host a child safety fair tomorrow in conjunction with the unveiling of the new "Imagination Playground" at Emerald Glen Park.

The free event will offer parents a variety of child-safety information, including tips on fire safety, pet and animal safety, pool and open water safety, and bike and road safety. Each parent in attendance will receive free child identification and fingerprinting kits.

The fair is set to run from 11 a.m. to 3 p.m. tomorrow at the park at 4201 Central Pkwy in Dublin, near the Gleason Street entrance. ■

School, city activist Julie Testa seeking election as Pleasanton mayor

Longtime critic of overcrowded schools to face Mayor Jerry Thorne on Nov. 8 ballot

By JEB BING
Julie Testa, a former member of the city's Human Services Commission and a longtime advocate of measures to reduce school overcrowding, has announced that she will seek election Nov. 8 as mayor of Pleasanton.

She filed the required nomination papers to put her name on the Nov. 8 ballot at 4:54 p.m. Friday, just six minutes before the deadline for candidates to file for this year's elective offices.

She will face Mayor Jerry Thorne, who in February launched his campaign for re-election to a third term in office. Thorne was elected mayor

in 2012 after serving seven years as a city councilman, and before that on the Parks and Recreation Commission and a variety of other regional boards, commissions and committees. He is a retired senior executive from Hewlett-Packard and Agilent Technologies.

In a message to Pleasanton voters, Testa said, "As Pleasanton mayor, I will promote a different perspective of Pleasanton's quality of life issues: to stop excessive development, to collaborate with the school district in addressing overcrowding in our schools, to ease traffic congestion, to plan ahead for water shortages due to recurring drought and to avoid

irreversible impacts to our historic downtown," Testa said.

"Most important," she added, "this is your city. I am committed to really listen to the people of Pleasanton and to understand your concerns."

Testa has been involved in community activities for 30 years, including serving for 11 years on the Human Services Commission.

She also has served vulnerable populations with local nonprofits, including as a director on the board of Tri-Valley REACH (Resources Education Activities Community and Housing), and in her work with students at Las Positas College, working with the board of the National Alliance on

Mental Illness (NAMI) Tri-Valley.

She has participated on various budget and planning committees and task forces for both the city of Pleasanton and the Pleasanton school district, most recently as a member of the district's Citizens' Committee on Debt Management.

Testa and her husband Nick, who live in the Pleasanton Hills neighborhood, are small-business owners. Their three children attended Pleasanton's public schools and now are graduates of California universities.

For more information, email her at julietesta4mayor@gmail.com or check out JulieTesta4Mayor on Facebook. ■



Sketch shows section of Nevada Street as it extends from Bernal Avenue through proposed housing development and Sunflower Hill homes to Stanley Boulevard and First Street.

Commission approves 93-home, Sunflower Hill projects

City Council to consider planners' decision, but when is uncertain

By JEB BING
The Pleasanton City Council will decide this fall whether to rezone a 15-acre commercial site on Stanley Boulevard for a 93-home development and an adjoining site to accommodate housing for autistic adults.

The public hearing, yet to be scheduled, will come after a four-hour, somewhat chaotic hearing last week by the city's Planning Commission, which approved the project, but reluctantly. Several commissioners said they were op-

posed to approving the housing part of the rezoning bid without a firm commitment that the project for special-needs housing, to be managed by Sunflower Hill, also will be built.

But City Manager Nelson Fialho said the city of Pleasanton will own the land to be used by Sunflower Hill. If the project is never completed, it will be used for other purposes that will benefit the community, including as a public park.

More than 150 supporters of the special-needs facility jammed the

council chamber Aug. 10 urging planners to approve the project.

The site, familiar to passing motorists for years, has been marked by a long-closed family market and a rusting tractor as well as three farm-like homes owned by the Irby, Kaplan and Zia families. Mike Serpa, the developer, wants to replace that with two- and three-story homes.

Some speakers last week talked about their concerns that as they grow older, they need a facility like

See **SUNFLOWER HILL** on Page 10

School board election heats up

2 challengers join 2 incumbents in race; Grant bows out

Two candidates with a long history in the Pleasanton school system have joined the race for election to the school board on Nov. 8 where they will compete with two incumbents for the three seats on the board.

Retired Hart Middle School principal Steve Maher and former Pleasanton school board member Kathleen Ruegsegger, at one time an executive assistant to superintendents in both the Pleasanton and Palo Alto school districts, are seeking election to the board.

Sitting board members Jamie Hintzke and Valerie Arkin declared their candidacies for re-election earlier. Board member Chris Grant plans to step down after serving eight years on the board.

Ruegsegger formally filed election papers with the Alameda County Registrar of Voters' Office on Monday. Maher met with the registrar's office personnel and completed the filing process Wednesday afternoon.

Maher was Pleasanton's longest-serving principal when he retired, and he had both taught and served as principal at more schools than anyone else in the district — ever. During the six years since his retirement, he has continued to serve as an interim principal at four schools in the district.

He holds a master's degree in education and a teaching certificate from a Cal State University. He taught at Fairlands, Alisal, Vintage Hills and Donlon elementary schools, was principal at Vintage Hills for three years, Alisal for five years, Donlon for six, and at the new Pleasanton Middle School from 1996 to 1999, after which he

See **SCHOOL** on Page 6

Former mayor seeking election to BART board

By JEB BING

Former Pleasanton Mayor Jennifer Hosterman is seeking election to the BART board of directors for District 5 on Nov. 8.

The District 5 seat is currently held by John McPartland, who is seeking re-election in the Nov. 8 General Election, with his current term expiring in December.

District 5 includes the cities of Pleasanton, Dublin and Livermore and parts of Hayward and unincorporated areas of Alameda County. The BART stations in the district are Dublin/Pleasanton East at Hacienda, Dublin/Pleasanton West at Stoneridge Shopping Center, Castro Valley and Hayward.

"In my service as mayor of Pleasanton for eight years, I worked on many issues: transportation, land-use, housing, jobs, air quality, water quality and supply, and most importantly, worked to improve the well-being of the people of Pleasanton and surrounding communities,"

said Hosterman, who is now a real estate professional in Pleasanton.

In her BART election campaign statement, Hosterman said:

"This experience has well-prepared me to serve as a director of BART's District 5. BART is the most important transportation infrastructure in the Bay Area, moving 126 million people across the Bay annually. Truly, BART is in large part the backbone of our regional economy.

"But, at the age of 43, BART is in need of update and repair. And ultimately, BART needs to connect more people, efficiently, sustainably and justly. This means more track, more trains, and more stations.

"District 5 wants BART connected to ACE. I am committed to supporting that objective. I believe that my experience and vision will contribute to a BART system that is greener, cleaner, accessible to cyclists and pedestrians, and considers impacts to vulnerable communities." ■



JEB BING

Former Pleasanton Mayor Jennifer Hosterman is seeking election to BART board of directors Nov. 8.

SCHOOL

Continued from Page 5

moved to Hart.

He also coached girls varsity basketball and championship teams at Foothill High School for seven years. His wife Tina, also retired, was a senior administrator at the Lawrence Livermore National Laboratory. They have three daughters: Lindsay and Kelly are teachers and Shay is a principal.

Ruegsegger moved to Pleasanton from Chicago in 1985 and became immediately involved in activities at Walnut Grove Elementary School and Amador Valley High School, which her three children attended. She became co-chair of CASA (Community Against Substance Abuse), secretary of PLACE (Pleasanton Legislative Action Committee) and a member of the Walnut Grove Elementary school site council and president of the school's parent organization.

She also worked for unification, followed and lobbied regarding education legislation and for myriad fundraisers.

When Pleasanton school board president Earnestine Schneider died in August 1990, Ruegsegger was appointed to fill out the remaining 14 months of Schneider's term and until 1993.

Ruegsegger said that as a school board member, she would be able to leverage her nearly 20 years of experience working as a staff member in K-12 education and her three previous years as a Pleasanton school board member.

She believes the district can maintain its current excellence by increasing its connection with the community's ambitions for its children. She supports transparency and specificity in district reporting and communications and will seek more collaboration between the city and district to find shared projects that maximize tax dollars while greatly benefiting Pleasanton residents.

She recently addressed the Pleasanton board pointing to the need for at least one new elementary school, noting their inclusion of 62 portable/relocatable structures as permanent classrooms.

"This is a pivotal time to serve as a trustee with a new superintendent and key staff members in order to expand the momentum of the past year," Ruegsegger said. "This is a role

I can easily step into, and I have the time to dedicate to the shared expectations of the governance team."

She added, "There must be broader communication in order to maintain our status as a leader in K-12 education, bringing together students, teachers, and administrators with our entire community. The point where we reach for the next level of excellence, from curriculum to facilities, is while we are already at the top."

Ruegsegger's three children attended Pleasanton schools, and she currently has a grandchild in the district. Starting from her active involvement at Walnut Grove 30 years ago, her experience includes the three years on the PUSD board and 16 years' experience working in the Pleasanton and Palo Alto K-12 public schools.

'This is a role I can easily step into, and I have the time to dedicate.'

Kathleen Ruegsegger,
School board candidate

In 1998, Ruegsegger was hired by the Pleasanton district as executive assistant to work with newly-hired superintendent Mary Frances Callan. Four years later, she left Pleasanton to take the same position in the Palo Alto school district when Callan accepted the offer to become superintendent of schools there.

Callan retired in August 2007, but Ruegsegger stayed on, retiring from the Palo Alto school district in October 2015.

During that time, she worked with five superintendents, their key staff experts and more than two dozen board members, all of whom provided a variety of perspectives.

Arkin, who was first elected to the school board in November 2008, is one of three school board members whose terms expire this year. With Grant leaving, only Hintzke also is seeking re-election.

"As a parent of three children who went through Pleasanton's public school system, and as a long-time school volunteer, I understand the need to keep parents completely informed about decisions that will affect their children and that are being conducted

using taxpayer money," Arkin said.

"During my two terms on the board, I am very proud of the great progress that we have made in improving the communications conduit between the district and the community," she added. "It is still a work in progress, but I will always continue to lobby for greater advances in the arena of communication."

She said high academic achievement is her priority as a school board member.

Hintzke, who has served on the board since 2008, attended Pleasanton public schools in her youth, as have her two children. She is employed by the Alameda County Health Care Services Agency as a community relations coordinator and also works as program manager for the Alameda County Emergency Medical Services CPR program for seventh-graders.

From 2009-12, she served on the Alameda County School Boards Association as the vice president of education. She has also served as a trustee on the Tri-Valley Regional Occupational Program board, the California State PTA Board of Managers, as president of the PTAs at Alisal Elementary and Harvest Park Middle schools and on the Pleasanton PTA Council.

Hintzke is currently president of the Pleasanton school board, a position she also held in 2014. While on the board, she has lobbied for greater district transparency, tight financial control, a higher level of executive staff accountability, increased public and student involvement in district decisions, intervention programs and improved methods to better serve the needs of all students.

She said her priorities include ensuring that students reach their greatest potential by providing learning that is innovative, irresistible, creative, relevant and rigorous.

Grant said he is leaving the board because his professional responsibilities at Kaiser Permanente where he works have increased each year over the past decade and also because he believes change on the school board is good.

He was board president twice during his tenure and served on multiple committees, including the Excellence in Education Committee, of which he was a founding member. He was first elected to the board in November 2008. ■

—Jeb Bing

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TAKE US ALONG



Pearl of the Danube: Susan Wacek brought the Pleasanton Weekly to Budapest, Hungary. There she enjoyed a Danube River cruise with her daughter Morgan and the beautiful sights, including the castle, parliament building and the outdoor Christmas market.

To submit your "Take Us Along" entry, email your photograph to srhodes@pleasantonweekly.com. Be sure to identify who is in the photo (names listed from left to right), the location, the date and any relevant details about where you took your Weekly.

Sewer district board members eye re-election

Current board president running for shorter term, rather than full four years

BY JULIA REIS

All incumbents filed their nomination papers for re-election to the Board of Directors of the Dublin San Ramon Services District, which provides sewer service to Pleasanton by contract as well as water and wastewater service to Dublin and parts of San Ramon.

Pleasanton residents cannot vote or run for DSRSD's board because the city is considered outside the district's boundaries.

Three full, four-year term seats are up for election this fall — seats currently belonging to board president D. L. "Pat" Howard, vice president Richard Halket and director Edward Duarte — and so is one half term, a two-year seat for the interim

spot held by Madelyne Misheloff.

Halket and Duarte are seeking re-election to their four-year seats, but Howard and Misheloff are effectively seeking each other's spots. Howard is running for the two-year term while Misheloff, who was appointed to the board to fill a vacancy late last year, is seeking a four-year seat.

Because Misheloff and Howard are running for seats other than their own, they are not officially considered incumbents so the candidate nomination period for DSRSD was extended to Wednesday afternoon.

Howard, a licensed professional engineer who lives in Dublin, has been on the board since 2004. He

said in an interview Friday that he liked the idea of a two-year term and that he still has goals he wants to help DSRSD realize, like increased water diversification.

"I thought I would try it for two more years and take it from there," Howard said.

The four current board members were the only ones to formally file nomination papers as of press time Wednesday. It was not immediately clear whether an election would still be held, in light of only four candidates filing for four open seats.

DSRSD directors serve at-large, representing customers within the district's boundaries that splits into parts of Alameda and Contra Costa counties in the Tri-Valley. ■

'New' Dougherty Road now open

Old Dougherty Road segment closing later in month, converting to public trail

BY JEREMY WALSH

A new, 1.5-mile stretch of Dougherty Road opened to drivers in San Ramon's Dougherty Valley on Friday.

With the new connection, Dougherty Road runs continuously from Interstate 580 in Dublin to Crow Canyon Road near the Danville-San Ramon border.

The Dougherty Road connection starts at the Plaza at Gale Ranch Shopping Center at its north end and runs to Rancho San Ramon Community Park at the south, intersecting with winding Bollinger Canyon Road on each end.

The opening also came in time for opening day at the new Bella Vista Elementary School, which opens to students Monday.

Old Dougherty Road, a strip of roadway at the south end of

Dougherty Valley that connects Bollinger Canyon Road to neighborhoods on Stoneleaf and Ivy Leaf Springs roads, will be closed to vehicular traffic permanently on Aug. 29.

Construction crews will then start working to convert Old Dougherty Road to a public-use bicycle and pedestrian trail that is estimated to open early next year, according to San Ramon city officials.

The roadway projects are a collaborative effort among the city of San Ramon, Contra Costa County and Dougherty Valley's private developers, Shapell Industries/Toll Brothers.

For more information on Dougherty Road, check out the FAQ page for the project on the city's website at www.sanramon.ca.gov. ■

Zone 7 board picks new president, VP

Re-elected board members sworn in for new terms

Two longtime board members have been tapped to serve as the president and vice president of the Zone 7 Water Agency's Board of Directors.

The board nominated and approved Dick Quigley as its president and John Greci as its vice president for the next fiscal year during a meeting earlier this summer.

Quigley, who spent the last year as the board's vice president, is beginning his fourth term after being re-elected in June. He is a Pleasanton resident and a retired senior logistics coordinator at the Lawrence Livermore National Laboratory.

Greci resides in Livermore and has been on Zone 7's board since 1994. He is also a Lawrence Livermore Lab retiree, having been a supervisor

in groundwater cleanup and environmental quality. He also taught at Livermore High School.

At the same meeting last month, the board also administered the oath of office to its three newly re-elected members — Quigley and fellow incumbents Sandy Figuers and Angela Ramirez Holmes.

The seven-person board's next election will be held in June 2018.

Zone 7 provides treated drinking water to retailers serving an estimated 240,000 Tri-Valley residents, including the city of

Pleasanton, along with untreated irrigation water for local agricultural users. The agency also provides flood protection to eastern Alameda County. ■

—Julia Reis



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SUNFLOWER HILL

Continued from Page 5

Sunflower Hill is proposing to be sure their autistic children will be cared for when they're gone.

The City Council, after hearing pleas earlier this year by Susan Houghton, a founder and director of Sunflower Hill, made finding a suitable site for a special-needs housing a top priority of its current work plan.

Serpa asked the city to approve his plan to consolidate and develop the three family properties last year with Sunflower to provide the affordable housing part of his plan. The 93 separate homes would be sold at market rates.

The Irby and Zia properties are located at 3780 Stanley Blvd. and 3988 First St., with different addresses because First becomes Stanley at the traffic light where Old Stanley splits off to connect to Main Street and downtown Pleasanton. But the Irby, Zia and Kaplan properties are connected.

The Irby and Zia properties were developed as single-family compounds around 1887, with homes, barns and agricultural buildings determined to be an historic resource.

The proposed development would include extending Nevada Street from Bernal Avenue along the backside of the proposed homes and then north through the development to connect at Stanley with

'This is the right time and a wonderful opportunity to allow this.'

Citizen Speaker

the junction at Old Stanley. The extension, long a part of the city's street plan, would open another access to Stanley from Bernal.

The proposed development also would include a new multi-use trail along the Arroyo del Valle on the south side of Nevada Street.

Serpa is proposing four home models, including a pair of two-story

designs and two with three stories with those approximately 35 feet in height.

Houghton told planners that there are more than 700 special-needs individuals in Pleasanton who need housing.

She said the units planned as part of the Serpa development will be similar to college dormitories with common areas for recreation, kitchens and dining. One large building would serve as a community center, and the complex would include a swimming pool and other outdoor amenities.

"Most of the adults with special needs who would live here will never marry but they will live together," she said.

Thirty in the crowd addressed the commission last week, with only two speakers urging that the housing development be rejected.

"We shouldn't continue to rezone properties when we don't need to," Julie Testa said. "This (special needs) complex is amazing, but it comes with housing units that our community can't accommodate at this time."

"It will mean more school kids, more cars," said another speaker.

More than 50 emails sent to the commission and city staff also opposed the 93-home project, but except for Testa, they were not at the Aug. 10 meeting or did not speak or raise their hands when asked who in the room opposed it.

Speakers told commissioners that a special-needs facility such as the one Sunflower is proposing is much needed in Pleasanton.

Comments included: "People need affordable homes like these. With Sunflower Hill as a partner, this is a once in a lifetime opportunity for Pleasanton."

"Sunflower Hill will be great for the developmentally ill. It's important that we take care of them through the years with sustainable housing."

"Families with special-needs children will have a chance to buy into this complex and stay together."

"This is a very unusual project. It is well thought out and provides for those with special needs."

"This project is an opportunity for our city. It will allow people with special-needs children who are established in our community to stay here. I'm glad to see this is happening in our community of character."

"This will answer a question from my grandson who has special needs and will soon graduate from Foothill High School, who asked what will I do when I graduate?"

"This is the right time and a wonderful opportunity to allow this."

"The location is ideal for high density. The area is walkable to downtown. Plus, Sunflower is an innovative concept."

"This is really a special opportunity. I have a 36-year-old son who is developmentally disabled. I hope you won't delay this. We're getting old. This is something that would allow him to live close by and give me peace of mind."

"I have a son 26 years old who could live in the same community with us."

"I rarely have seen a project that caters to parents and children. It will be a really different niche."

Planning commissioners debated the merits of the Serpa/Sunflower Hill projects for more than an hour after the speakers spoke, oftentimes barely audible for the audience and at times argumentative.

After discussions with community development director Gerry Beaudin, planning manager Adam Weinstein and Jennifer Hagan, the city's associate planner who is managing the two projects through the planning process, commissioners agreed to support the plan, asking that the three city planners convey their concerns to the City Council.

With the council's agenda already filled in September and only one meeting scheduled in both October and November, Fialho said it's uncertain for now just when the Serpa/Sunflower Hill projects will be heard by the council. ■

COOL CARS. COOL PEOPLE. GOOD TIMES!

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Tri-Valley Haven collecting art contest entries

Students invited to participate through Sept. 9

Local nonprofit Tri-Valley Haven is inviting area students to raise awareness about domestic violence by taking part in its annual art contest.

The theme of Tri-Valley Haven's contest this year is "freedom from fear." The Livermore-based agency provides shelter and support services to victims of domestic violence, sexual assault, hunger and homelessness while also striving to educate youth on violence prevention.

"We ask students to imagine a hopeful future where all families are free from fear," Jessie Wathen, Tri-Valley Haven teen preventionist, said in a statement. "We look forward to seeing what participants create this year."

Artwork must be original. Students may use up to four colors and cannot submit pictures larger than 14 inches by 14 inches.

The winner will receive a \$100 cash prize and their artwork will be featured on the T-shirt for the orga-

nization's Pace for Peace 5K/10K. The run/walk will take place at 8 a.m. on Oct. 1 at Tri-Valley Haven, 3663 Pacific Ave.

The winner will also receive a commemorative T-shirt and be presented with their prizes at the Pace for Peace event.

The deadline for submissions is Sept. 9. For more contest guidelines and entry forms or to learn more about Tri-Valley Haven, visit trivalleyhaven.org or call 449-5845. ■

—Julia Reis



COURTESY OF LPFD

Firefighters work to free a fawn that had gotten trapped in an iron fence in Pleasanton last Friday.

Firefighters rescue trapped fawn off Longview Drive

Deer trapped in fence for four hours

Firefighters in Pleasanton were able to help release a fawn that had gotten trapped in an iron fence in the upper Longview community west of Foothill Road last Friday.

Firefighters with the Livermore-Pleasanton Fire Department took on the challenge at a home on Twelve Oaks Drive on a report the fawn had been trapped in the fence for at least four hours.

Firefighters and Pleasanton police

officers utilized air bags — primarily used for heavy lifting — during rescue operations to spread the fence bars far enough apart to free the fawn.

After about five minutes, crews were able to free the fawn. The animal ran off after being freed.

Witnesses reported the fawn's mother was seen earlier standing by the trapped fawn. ■

—Jeb Bing

—Bay City News Service contributed

Magic and comedy

The Magic and Comedy of Ryan Kane is returning by popular demand to the Firehouse Arts Center at 8 p.m. tomorrow. Kane, who performs from New York to Las Vegas, is known for his comedic edge, high energy and original magic. Although a self-described "contemporary magician," Kane says the art of illusion hasn't really changed much in the last 500 years or so, despite technology. Tickets are \$15-\$25. Go to www.firehousearts.org, call 931-4848 or purchase at the theater box office, 4444 Railroad Ave.



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Community Pulse

POLICE BULLETIN

Deputies arrest 10 over marijuana operation in rural Livermore

Alameda County sheriff's deputies arrested 10 last week in the culmination of a long-term investigation into an illegal 200-acre outdoor marijuana cultivation operation in rural Livermore.

Sheriff's officials said the arrests occurred when they served search warrants for the cultivation operation Aug. 11 near mile marker 18.6 on Mines Road, southeast of central Livermore, and the primary suspect's residence in Antioch.

The Alameda County Narcotics Task served the search warrant in Antioch, where they reportedly found a small illegal marijuana grow, about two pounds of dried and processed marijuana and \$10,000 in cash. Two people were arrested there, authorities said.

The search warrant at the cultivation operation in Livermore was served by Alameda County sheriff's deputies with the assistance of Hayward, Fremont and East Bay Regional Park District police. The California Highway Patrol and the sheriff's drone team



COURTESY OF ACSO

The Alameda County Sheriff's Office arrested 10 people last week after uncovering an illegal 200-acre outdoor marijuana cultivation operation in rural Livermore.

provided aerial support.

Sheriff's officials said the Mines Road location consisted of three separate parcels spread out over the 200 acres of land and more than 4,600 marijuana plants were eradicated.

Some of the plants were more than 9 feet tall and 6 feet wide, they said.

Investigators recovered 100 pounds of processed marijuana, two firearms and more than \$15,000 in cash.

Eight people were detained and ultimately arrested for cultivation and distribution of illegal marijuana

at the site, sheriff's officials said.

In addition, a marijuana oil extraction lab was also located, according to authorities.

California Fish and Wildlife, Zone 7 Water Agency and Alameda County Code Enforcement officials inspected the land, gardens and dozens of outbuildings and game wardens discovered more than 20 violations of environmental crimes, sheriff's officials said.

Some of the major violations were diverting natural water runoff, drilling illegal wells and pollution crimes, which all severely impacted the environment in a

negative way, according to sheriff's officials.

Fish and Wildlife officials said the damage caused by the marijuana grow probably totals more than \$1 million.

Sheriff's officials said the California Department of Forestry and Fire Protection (Cal Fire) also evaluated the area and discovered several violations of fire safety regulations and endangerment to the environment, sheriff's officials said.

They said the Alameda County District Attorney's Office is expected to prosecute the people who were involved in the illegal marijuana grow operation.

In other news

• Pleasanton police are seeking the public's help in identifying a man caught on camera using a stolen credit card, releasing video footage of the incident last week.

Someone broke a car window in the 4600 block of Chabot Drive in Pleasanton and stole a purse from the vehicle June 29. Fraudulent charges have been made on credit cards taken from the purse.

Pleasanton police recently obtained footage from a 7-Eleven in Livermore showing a white man using one of the stolen cards.

The man in the video is 5-foot-10 with brown hair and a thick build

wearing shorts and a white T-shirt. Pleasanton police estimate his age is between 20 and 30 years old.

The video has been posted on the Pleasanton Police Department's Facebook page.

Anyone with information is asked to contact Detective Pittl, 931-5280.

• A 79-year-old woman who died after the minivan she was in went down an embankment off Interstate 580 near Livermore on Sunday morning has been identified as Rosario Ordillas, according to the Alameda County coroner's bureau.

Ordillas, a Modesto resident, was in a minivan that had been traveling west on I-580, according to the California Highway Patrol.

Around 9:45 a.m., the minivan was approaching Greenville Road when it veered off the roadway and went about 100 feet down an embankment, causing it to land on its side, Alameda County Fire Department officials said.

Ordillas was pronounced dead at the scene, according to fire officials.

The driver of the minivan, a woman, was taken to a hospital with major injuries. An update on her condition was not available as of Wednesday. ■

—Pleasanton Weekly staff and Bay City News Service

POLICE REPORT

The Pleasanton Police Department made the following information available.

Aug. 13

Theft

- 8:13 a.m., 1700 block of Santa Rita Road; theft from auto
- 9:54 a.m., 4300 block of Valley Avenue; burglary
- 9:23 p.m., 1600 block of Stoneridge Mall Road; shoplifting

Vandalism

- 9:11 a.m. on the 5300 block of Springdale Avenue
- 9:23 a.m. on the 7700 block of Desertwood Lane
- 12:06 p.m. on the 9300 block of Benzon Drive

Drug violation

- 7:21 p.m. on the 5500 block of West Las Positas Boulevard

- 8 p.m. on the 4500 block of Rosewood Drive

Domestic battery

- 10:54 a.m. on Vineyard Avenue

Aug. 12

Fraud

- 11:32 a.m. on the 7900 block of Stoneridge Drive
- 2:38 p.m. on the 6500 block of Paseo Santa Cruz

Vandalism

- 9:59 a.m. on the 5500 block of Springhouse Drive
- 3:16 p.m. at the intersection of Valley Avenue and Greenwood Drive

Theft

- 9:11 a.m. on the 4500 block of Pleasanton Avenue
- 4:18 p.m. on the 7600 block of Stoneridge Drive
- 6:44 p.m., 6300 block of Stoneridge Mall Road; bicycle theft
- 7:33 p.m., 1400 block of Stoneridge Mall Road; shoplifting
- 9:23 p.m., 6700 block of Bernal Avenue; commercial burglary

Aug. 11

Domestic battery

- 12:03 p.m. on Owens Drive
- 10:19 p.m. on Bernal Avenue

Theft

- 8:03 a.m., 5800 block of Black Avenue; theft from auto
- 1:29 p.m., 1800 block of Santa Rita Road; bicycle theft
- 5:40 p.m. on the 2800 block of Jones Gate Court
- 10:57 p.m., 5300 block of Brookside Court; residential burglary

Animal service

- 11:54 p.m. on the 1500 block of East Gate Way

Aug. 10

Sex offenses

- 7:40 p.m. on Santa Rita Road

Warrant arrests

- 3:52 p.m. at Sunol Boulevard and Happy Valley Road
- 8:50 p.m. on the 4800 block of Bernal Avenue

Graffiti

- 7:22 a.m. on the 4800 block of Sutter Gate Avenue
- 7:21 p.m. on the 5000 block of Carducci Drive

Aug. 9

Theft

- 9:41 a.m. on the 2200 block of Stoneridge Mall Road
- 12:09 p.m. on the 1200 block of Quarry Lane
- 3:29 p.m. on the 5700 block of Owens Drive
- 4:56 p.m. on the 1800 block of Santa Rita Road

Alcohol violations

- 12:18 a.m. at Valley Trails Drive and North Glacier Court
- 9:27 a.m. at Hopyard Road and Arroyo Mocho Trail

Domestic battery

- 12:53 p.m. on Stoneridge Drive

Vehicle tampering

- 7:35 a.m. on the 2100 block of Alexander Way

Aug. 8

Theft from auto

- 12:18 a.m. on the 7000 block of Johnson Drive
- 4:17 a.m. on the 2700 block of Stoneridge Drive
- 7:38 a.m. on the 1000 block of Stoneridge Mall Drive
- 10:28 a.m. on the 4400 block of Del Valle Parkway
- 10:49 a.m. on the 5100 block of Johnson Drive
- 3:53 p.m. on the 5600 block of Owens Drive
- 5:21 p.m. on the 4200 block of Hacienda Drive

- 5:55 p.m. on the 3000 block of Badger Drive

Graffiti

- 7:04 a.m. on the 5100 block of Franklin Drive
- 11:30 a.m. on the 3200 block of Stoneridge Creek Way
- 11:49 a.m. on the 4300 block of Black Avenue
- 12:01 p.m. on the 3200 block of Stanley Boulevard
- 7 p.m. on the 500 block of Mary Street

Drug violation

- 8:41 a.m. on the 7600 block of Stoneridge Drive

Fraud

- 12:58 p.m. on the 2100 block of Cameron Circle
- 1:08 p.m. on the 600 block of Main Street
- 2:20 p.m. on the 2700 block of Chocolate Street

Aug. 7

Theft from auto

- 7:44 a.m. on the 4100 block of Hazelhurst Court
- 11:45 a.m. on the 4100 block of Hazelhurst Court

Commercial burglary

- 7:05 a.m. on the 100 block of West Angela Street
- 9:06 a.m. on the 600 block of Main Street
- 10:29 a.m. on the 200 block of Division Street

Warrant arrest

- 3:09 a.m. at the intersection of Santa Rita Road and Pimlico Drive

Battery

- 1:42 p.m. on Rennellwood Avenue; domestic battery
- 9:40 p.m. on Johnson Drive; assault/battery

Fraud

- 11:36 a.m. on the 700 block of Main Street

Kimberly Rochelle Slichter - Gigliotti

May 22, 1971 – August 5, 2016

Kimberly Rochelle Slichter-Gigliotti age 45 passed on Friday August 5, 2016 in Sacramento in her sleep. Kim was born May 22, 1971 to Paul Slichter and Sharen Kragen. Kim was the oldest of three children born in San Leandro, California. She attended Amador Valley High school in Pleasanton and then went into the Navy where she served for five years with tours including Hawaii and Puerto Rico. Kim and Paul Gigliotti met in Denver Colorado. A year later they married in 1994. She is now survived by her three children Gabby, Jake, and Sophie Gigliotti. Her parents Paul (Carol) Slichter and Sharon (Bob) Kragen. Her Aunt Joyce (Roy) Ludwig and siblings Eric and Jennifer Slichter. Numerous Uncles, Aunts, Nephews, Nieces, and many more family members.

Funeral services were held at New Life Church at 10:00am on Tuesday August 16, 2016 in Alamo, California. 2501 Danville Blvd.

In lieu of flowers, anyone may make donations to the SPCA or the VA hospital in Palo Alto.



PAID OBITUARY

Study shows Nov. 8 initiative less beneficial to Johnson Drive than Costco

The City Council has signed off on a multi-page independent analysis of the impacts of building a 148,000-square-foot Costco membership store on Johnson Drive versus allowing a strip of smaller stores up to 50,000 square feet as proposed in a voter initiative that will be on the Nov. 8 election ballot.

The report, prepared and reviewed during a public hearing Tuesday night by representatives of ESA Associates and ALH Urban & Regional Economics, firms that specialize in land-use and zoning impacts, shows minimal differences in the impacts of proposed usages of the 40 acres on Johnson Drive that are under consideration by the city for a zoning change.

The report, prepared and reviewed during a public hearing Tuesday night by representatives of ESA Associates and ALH Urban & Regional Economics, firms that specialize in land-use and zoning impacts, shows minimal differences in the impacts of proposed usages of the 40 acres on Johnson Drive that are under consideration by the city for a zoning change.

A coalition called Citizens for Planned Growth obtained a sufficient number of signatures from registered voters in Pleasanton to place the initiative on the ballot that would restrict retail uses along Johnson Drive to footprints of less than 50,000 square feet.

The action was in response to the city's Economic Development Zone Program adopted in 2014 that would rezone 12 parcels within the 40 acres to accommodate large retail uses and hotels to increase the economic opportunities of the street. At least two hotels have expressed an interest in building there, and Costco has signed a letter of intent to buy property once occupied by a Clorox research center (now torn down) if the land is rezoned.

The ESA/ALH study shows that although the initiative proposal would generate fewer vehicle trips to the Johnson Drive area, it would result in the same significant and unavoidable near-term transportation impacts that would result from the zone program. In addition, funding of the traffic improvements would likely be more difficult due to smaller retailers who would open businesses at the site.

The initiative project would capture more market demand locally compared to a Costco store, which would have a greater regional appeal. The study shows, therefore, that the initiative project would result in substantially more impacts on local retail businesses in Pleasanton, contrary to what critics of a Costco store have been saying.

According to the study, the restricted 50,000-square-foot zoning rule would divert \$5.7 million of sales from local businesses each year after the area would be built out in 2028, compared to \$1.2 million of sales impacts if Costco built there.

The fiscal impact of the initiative project would be just as severe. Although it could lead to higher property values for the individual 50,000-square-foot parcels and possibly higher employment because of the number of separate retailers, Pleasanton could see reduced taxable sales than it would have from Costco sales.

The overall result, according to the study, is that the fiscal benefits with the initiative project in place would be lower than with a big-box store. The net fiscal gain for the city would be \$1.9-\$2.1 million a year at build-out, compared to \$2.3-\$2.5 million from a Costco or other big-box store.

Although interest in rezoning the Johnson Drive site has brought hundreds to Planning Commission and City Council meetings in recent months, only a few attended Tuesday's meeting, with only four addressing the council.

Three, including Costco-opposition leader Bill Wheeler whose Black Tie Transportation business is on Johnson Drive, described the ESA/ALH report as "interesting." Another said the study "has it wrong, traditional retailers can't compete" with Costco.

The full study will be available on the city's website at <http://www.cityofpleasantonca.gov>. ■



Visit *Town Square* at PleasantonWeekly.com to comment on the editorial.

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WEEKLY MEETING NOTICES

Planning Commission

Wednesday, August 24, 2016 at 7:00 p.m.
Council Chamber, 200 Old Bernal Avenue

• P16-1115, Yani Rong, Red Dragonfly Tutoring

Application for a Conditional Use Permit (CUP) to operate a Heritage School for Red Dragonfly Tutoring within an existing building located at 6640-6642 Owens Drive

• P15-0740, Praveen Gupta

Application for a Conditional Use Permit (CUP) to operate a jewelry warehouse with incidental gold smelting at 5627 Stoneridge Drive, Suite 323

• P16-1201, PUD-120, Tract 8326, Catalyst Development Partners

Applications for: (1) Rezoning of three parcels totaling approximately 31,798 square feet at 536 and 550 St. John Street and an adjacent vacant parcel from RM-1,500 (Multi-Family Residential) to PUD-HDR (Planned Unit Development – High Density Residential) District; (2) PUD Development Plan approval to retain and relocate the existing single-family residence on-site and construct 10 two-story townhomes and related site improvements; and (3) Vesting Tentative Map approval to subdivide the three parcels into 11 residential parcels

• P16-0331, Tri-Valley Korean Parents Association

Application for a Conditional Use Permit (CUP) to operate a private, non-commercial club and lodge (Tri-Valley Korean Parents Association) at 3958 Valley Avenue, Suite A

Bicycle, Pedestrian and Trails Committee

Monday, August 22, 2016 at 6:30 p.m.

Senior Center, 5353 Sunol Blvd.

• Review of the Draft Downtown Parking Strategy and Implementation Plan

• Review of Bicycle and Pedestrian Collision Data

• Summary of the Pedestrian and Bicycle Master Plan update workshop and next steps

TASK FORCE RECRUITMENT

The City Council is recruiting three at-large members of the community for the Downtown Specific Plan Task Force. The Downtown Specific Plan serves as a guide for the future development and preservation of the Downtown area and address issues such as land use, transportation, parking, historic preservation, design and beautification, and economic vitality. The key objective for the DSP update is to complete a comprehensive update of the plan to better reflect community priorities. The Task Force is expected to meet monthly for a period of 18-24 months. No specific membership requirements are necessary, but past experience on major land use and design skills is desired.

To apply online at <http://www.cityofpleasantonca.gov/gov/depts/clerk/boards/default.asp> by September 2, 2016.

To explore more about Pleasanton, visit us at www.cityofpleasantonca.gov

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Sports



PLEASANTON PREPS

BY DENNIS MILLER

Remembering Mrs. Wiese

‘Everyone she knew she wanted to support’

If you grew up in Pleasanton during the 1970s and '80s and you played youth sports, you knew Mrs. Wiese.

Darlene and her husband Paul had two kids — Chuck and Kevin — but all of the kids in the town were like her own, especially when they took to the field.

It was those memories that made for a very sad moment when I heard Darlene had died on July 29 at her home in Michigan after suffering from chronic obstructive pulmonary disease (COPD).

But at the same time, a smile surfaced, as the memories of Mrs. Wiese and how she made people laugh came flooding back.

One thing was for sure: Spend any time with Darlene Wiese and you were guaranteed to have a smile on your face and a belly that hurt from laughing. She also carried her passion for life into supporting kids playing youth sports in Pleasanton.

“It wasn’t only our kids she supported,” Paul said, over the phone from Michigan. “Everyone she knew she wanted to support. She also volunteered for everything.”

The Wieses moved to Pleasanton in 1969 and stayed for 40 years before heading back east.

My parents happened to be good friends with the Wieses, so growing up, I was lucky enough

to be around the family. Darlene would indeed volunteer for numerous things relating to local youth sports, and she would go out of her way to support the local teams, especially soccer.

I can recall countless times when I was on the field and we could hear Mrs. Wiese yelling support — and I was never on a team with Chuck or Kevin as I was older.

It was an era when people did that — support each other — and a far cry from the vast majority of people today that are seemingly self-consumed.

The word “volunteer” has practically gone away and people want to write a check rather than spend time helping.

People today would be shocked at the time our parents put into our lives, dedicating the majority of their time to making our time as youth athletes as good as possible. It is what made Pleasanton great and is something that is painfully missing these days.

Darlene was right in the middle of the core group of people that always put the kids first, and for that, a legion of us owe our thanks.

To say Darlene lived life to the fullest would be a severe understatement, but to be honest, as someone who was growing up at the time, she showed us a way to live and have fun doing it. Make

no mistake, when Paul and Darlene showed up, the party and laughter began.

Living life with a zest is something many of us have carried with us, and it was parents like Darlene and Paul that helped us see you can have fun on a daily basis.

Our thoughts and prayers go out to Paul, Chuck and Kevin. In talking with Paul a short time after Darlene died, we actually did laugh some when talking about Darlene. Paul pointed out it was unbelievable how many calls and emails he had gotten from people offering condolences.

I wasn’t surprised one bit. Darlene certainly was a memorable person. And for that, she will always be remembered.

R.I.P. Mrs. Wiese.

High school sports starting

It is that time of year for prep sports to get going for the teams from Amador Valley and Foothill, and we want to make sure we get all the scores and highlights from your games.

Please make sure to have a team representative email in your weeks results by each Sunday to me at acesmag@aol.com. If you have any pictures from the week’s events, send those as well. We just ask you provide identification of the picture along with a credit for who took the photo. ■

TAKE US ALONG



Cavaliers compete in Canada: The Pleasanton Cavaliers Rugby Team brought the Pleasanton Weekly with them to Canada for the International Rugby Tour. Team members included Tyler Moniz, Ethan Aboumrad, Christian Bucklin, Tristen Humphreys-Cardosi, Julian Chavira, Brandon Correa, Theo Costen, Joshua Culmer, Alex Farfan, Marc Gauthier, Malik Hess, Da’Mon Ingram, Keegan Locher, Zane Luzader, Adam Marks, Brendan McCafferty, Ryan McCool, Jack Reynolds, Alex Sanchez and Paul Yopez.

Seniors Living Well

Inside:

- Keep moving
- Brain health
- Homeowner happiness
- Seniors out and about



Many seniors can only *dream* of a good night's sleep

Sleep patterns change as we age, but insomnia could signal health problems

By **DOLORES FOX CIARDELLI**

We all know about wrinkles, gray hair and memory issues. But people may be surprised as the years go by to find changes in their sleep patterns. With aging, many folks begin to

have a harder time falling asleep, plus they wake up more often during the night and earlier in the morning, according to the U.S. National Library of Medicine.

The amount of actual sleeping may stay the same or be slightly decreased,

to 6-1/2 to 7 hours each night, but add in some time spent tossing and turning, and a person might actually spend more time in bed.

Sleep needs don't change as we age but our sleep patterns do, which might result in sleep problems.

Younger people sleep in stages that include deep, dreamless sleep and light sleep. Older people spend less time in a deep, dreamless sleep. They might wake up three or four times each night — and they are more aware of it than they were at a younger age. Older people also may wake up more often because they need to urinate or due to pain from various ailments or medications.

Forty-four percent of older people in the United States experience insomnia at least a few nights a week, according to a 2003 poll by the National Sleep Foundation.

Insomnia is considered chronic if it lasts longer than a month; it is referred to as acute if it lasts a few days or weeks. If insomnia begins to make someone too tired to function during the day, it is

time to consult a physician.

"Some changes in sleep cycles come naturally with age. But if you're having regular trouble falling asleep or staying asleep, or if you feel drowsy all day, the cause probably goes beyond getting older," warns Pleasanton's Stanford Health Care-ValleyCare on its website, adding, "There's almost always an underlying cause and a treatment or lifestyle change that can help."

Medical problems that might interfere with sleep include arthritis, depression, heartburn, dementia, lung disease, heart disease, incontinence or osteoporosis. Lack of sleep can eventually cause confusion, depression or increase the chance of traffic accidents.

Snoring is the main cause of sleep disruption for about 37 million American adults on a regular basis, according to the National Sleep Foundation.

Loud snoring can be a symptom of obstructive sleep apnea, a condi-

Sleep tips

- Go to sleep and get up at the same times every day, and limit daytime napping.
- Try to get out in sunlight every day.
- Exercise at regular times every day.
- Avoid caffeine late in the day.
- Skip the nightcap. Even a small amount of alcohol can make it harder to sleep through the night.
- Create a safe and comfortable sleeping space. A dark, quiet and well-ventilated room is best.
- Establish a routine. Listen to music, read a book, take a bath or do some other relaxing thing just before bed each night.
- Use your bedroom for sleeping. If you're not asleep or drowsy within 15 minutes of turning out the light and getting in bed, get up and do something else until you feel sleepy. Then go back to bed.
- A light bedtime snack may be helpful. Many people find that warm milk increases sleepiness because it contains a natural, sedative-like amino acid.

— Stanford Health Care-Valley Care/
National Institute on Aging



Sleep needs don't change as we age, but our sleep patterns can.

See **SLEEP** on Page 17

Regular physical activity is vital for older adults

Keep moving to stay in shape — from fingers to toes



By DOLORES FOX CIARDELLI

“How often do you exercise?”

This question comes up every time a senior is face to face with a healthcare provider.

“Define exercise,” he or she might reply.

Does the heart rate have to rise? Does yoga qualify? Yes. Exercise goes beyond huffing and puffing.

Regular physical activity is one of the most important activities older adults can do for their health, according to Centers for Disease Control and Prevention. It recommends combining moderate-intensity activity, such as brisk walking, with muscle strengthening activities that work all the major muscle groups.

Each week, older adults need 150 minutes of moderate-intensity activity, although if the activity is more intense, less time is needed. They also need muscle-strengthening activities on two or more days, which can include lifting weights, working with resistance bands, doing pushups, sit-ups and planks, or yoga.

Another help to staying in shape and burning extra calories is to keep moving around — tapping your fingers and toes and wriggling around in your seat, even though you may still hear your parents and teachers telling you to stop fidgeting. Play with a stress ball or rubber bands.

Studies at the Mayo Clinic found that people can burn up to 350 calories just by moving more during the day.

Don't conveniently place telephones, tissues and waste baskets near your chair —

make yourself get up for them. Standing burns more calories than sitting — about 60 calories an hour. Try standing or walking around while you are on the phone. On average, 20 steps burns off one calorie.

Physician James Levine of the Mayo Clinic came up with a solution for those who spend hours of each day working at a desk — he created the treadmill desk, and it is estimated that a person could lose 57 pounds a year using it. Treadmill desks are available commercially but can also be created on your own.

If your lifestyle entails a long stint in a chair each afternoon or evening, make it a rocking chair, which can burn up to 150 calories an hour, according to a website dedicated to natural healing. Rocking works the muscles in the thighs, and just 10 minutes of rocking can reduce one's blood pressure and improve circulation.

Rocking can also release endorphins to raise your mood and reduce anxiety. The motion of a rocking chair makes a body maintain its momentum, helping its balance. And of course everyone of a certain age remembers President John F. Kennedy having a rocking chair in the Oval Office to strengthen his back.

Any physical activity is better than none at all, the CDC says, and health benefits increase with the amount of physical activity done.

Also — don't forget to laugh: A hearty chuckle can raise your heart rate by 10-20% and burn up to 40 calories. ■

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Early detection key to surviving prostate cancer

Highly treatable when caught early

By Dr. Stephen Taylor, Urologist, John Muir Health

Prostate cancer is the most common cancer diagnosis and the second leading cause of cancer death in the United States for men.

John Muir Medical Center, like other top medical facilities in the country, is committed to placing the odds in favor of men by providing comprehensive screening and early detection options, accurate diagnosis, innovative treatment options, and a swift and highly effective recovery process to return patients to the same quality of life they enjoyed before receiving treatment.

One of the most effective methods for getting the upper hand on prostate cancer is early detection. When and how often you should get a screening test depends on various risks.

I encourage patients to begin having discussions with their physician about a prostate cancer screening test when they reach 40 years of age. If you are African-American or have a relative who's had prostate cancer, you are at a higher risk and should consult with your doctor to determine your personal screening frequency.

With most forms of urologic cancer, there are oftentimes no obvious symptoms, making early detection even more critical. However, those experiencing urinary pain, discomfort or change in frequency should see a doctor immediately.

There are two primary diagnostic tests for prostate cancer. Doctors often perform a digital rectal examination to feel for any abnormalities in the prostate gland that could be an indicator of cancer. If the prostate is normal, it will be soft like a sponge. An abnormal prostate on the other

hand, will be hard like a marble and require further testing.

The second test is a prostate-specific antigen (PSA) blood test, which tests the levels of PSA in your blood. Having an elevated PSA level does not necessarily indicate you will develop prostate cancer. However, it may lead to further diagnostic tests or a more regular screening schedule.

Just a few years ago, if a PSA test was elevated and/or a nodule was present on the prostate, doctors would immediately proceed to a biopsy. Such is not the case in this era of advanced innovation in medicine.

Today, elevated PSA levels or the presence of nodules may result in magnetic resonance imaging (MRI) of the prostate which is highly reliable (90% accurate) and eliminates roughly 60% of unnecessary biopsies. John Muir Medical Center Walnut Creek employs a state-of-the-art Siemens Magnetom Skyra 3 Tesla MRI scanner, capable of performing an exam without endorectal coil placement, resulting in improved patient comfort and excellent image quality.

When caught early, prostate cancer is highly treatable. Because prostate cancer is often a slow-growing cancer, doctors may discuss the possibility of putting you on "active surveillance" in which they clinically follow the cancer with routine PSA tests and, if necessary, biopsies, before committing to any treatment options.

If treatment is necessary, such highly innovative procedures as the Robotic Assisted Radical Prostatectomy using the Da Vinci robot — with robotic arms — are available, entering through the patient's belly button and removing the prostate from the abdomen. This remarkable

SLEEP

Continued from Page 15

tion in which the sleeper can actually stop breathing for as long as 10-60 seconds, which makes the amount of oxygen in the blood drop, possibly leading to heart disease and other serious health problems.

Other sleep disorders include restless legs syndrome, periodic limb movements disorder and advanced sleep phase disorder. This last condition is when people get the right amount of sleep but not necessarily at the best times. They may have an overwhelming drive to sleep at 8-9 p.m. and get up around 4-5 a.m., which can be a problem if it limits their interactions with family or friends in the evening hours, or if they force themselves to stay awake, resulting in sleep deprivation.

Delayed sleep phase disorder is when people go to bed late, between 1-6 a.m., and then wake up at 10 a.m. to 2 p.m.

Older people often experience sleep problems due to lifestyle changes, Stanford Health Care-ValleyCare points out. These changes can be less physical and mental activity, less exposure to sunlight or more frequent naps. Other factors may be the feeling of stress, sadness or anxiety that can come with retirement, losing loved ones, or medical or financial concerns.

Insomnia can take its toll if a sufferer is excessively sleepy during the day and has trouble concentrating. A variety of factors needs to be weighed by a doctor to work with the patient on possible treatments.

"Sleep problems can lead to more than drowsiness. According to the National Sleep Foundation, inadequate rest can lead to reduced energy, difficulty concentrating, a lousy mood, a higher risk for accidents and a lower tolerance for pain," states Stanford Health Care-ValleyCare. "Getting older is no excuse for not sleeping well. If you have sleep problems, talk to your doctor." ■

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See **PROSTATE** on Page 20

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Seniors Living Well

3 factors that impact homeowner happiness

Survey shows empty nesters have high happy home scores

It is said that as you get older you become wiser, but as homeowners grow older, do they become happier? According to a nationwide homeowner happiness survey conducted by HomeAdvisor, the answer is yes. This was the case of Bob and Joanie Johnson, who dropped their youngest child off at college in August 2015.

Although they needed time to adjust to their children no longer living at home, they soon realized they had extra time and money to devote to home projects. Many parents who become empty nesters have this revelation and start focusing on projects that have been placed on the back-burner while kids were in the house.

"It makes sense that empty nesters have the highest happy home scores," said Karen Ruskin, HomeAdvisor's happiness adviser. "They have likely settled in a community they enjoy and plan to stay. This group also generally has the most economic stability and time to make their house a happy home."

The survey shows that individuals in the empty-nester stage have higher happy home scores across the board compared to all other stages of life. The main factors that contribute to their happiness are their communities, loca-

tion and features of their homes.

Compared to other stages of life, empty nesters feel the safest in their communities, most connected to their neighbors and are also the happiest with the condition of their homes.

Overall homeowner happiness boils down to a combination of three important factors: accessibility to attractions and services,

community and dwelling. Interestingly, research shows that accessibility and community play a far bigger role in happiness than dwelling.

"A homeowner's identity and quality of life is much more likely to depend on aspects like weather, for example, as that influences activities accessed

in one's community and affordability over how many bedrooms and bathrooms they have," Ruskin said. "Homeowner happiness is really about location, location, location."

This rings true for the Johnsons, who are far happier with the accessibility of services in their community and their neighbors than other life-stage groups, according to Ruskin.

She offered these four tips to make your home a happier place:

'Homeowner happiness is really about location, location, location.'

Karen Ruskin,
HomeAdvisor

See **HOMEOWNERS** on Page 21

Seniors Out and about

COFFEE AND CONVERSATION: MELT METHOD Come learn how to move freely and stay pain free with The MELT Method at 10:30 a.m. on Tuesday, Sept. 13 at the Pleasanton Senior Center. The MELT method is a simple, unique self-treatment system that you can use everyday at home to help prevent pain, heal injury, and erase the negative effects of aging and daily living in your body. Call 931-5365 or go to www.pleasantonseniorcenter.com.

PERSONAL TECHNOLOGY USER GROUP The PT Users Group meets at 10 a.m. on the fourth Thursday of the month at the Pleasanton Senior Center. The usual format is 2-3 presentations by various presenters. Topics include internet use, email, photos, security, help with Windows 7/8/10, smartphones, tablets. Cost is \$2-\$2.50. Call 931-5365.

PLEASANTON SOLE MATES Join this weekly walking group at 8:45 a.m. on Wednesday mornings departing from the Pleasanton Senior Center. Participants must be able to walk 2.5-3 miles and keep a moderate pace with the group. Stop by the Senior Center to pick a monthly walk schedule or call 925-931-5365 for more information.

PEDDLER SHOPPE AT THE SENIOR CENTER The Peddler Shoppe in the lobby of the Pleasanton Senior Center, 5353 Sunol Blvd., offers the handmade wares of talented local senior artisans. It's a great place to buy gifts. The Shoppe is staffed by volunteers and is open to the public 10 a.m. to 4 p.m. Monday through Friday. Go to www.pleasantonpeddlershoppe.com.

SENIOR MENS SOCIAL CLUB Sons In Retirement (SIR) is a social club for senior men. In addition to friendships, members can participate in interest groups like golf, bridge, travel, photography, etc. They meet for lunch the first Thursday of the month at San Ramon Golf Club. Open to retirees in the Tri-Valley. Contact Rich Osborne at 785-3549 or tri-valleysir@gmail.com. Go to branch34.sirinc2.org.

EYE GLASS ADJUSTMENTS AND CLEANING Stop by the Pleasanton Senior Center from 10:30 a.m. to 12:30 p.m. on the second Tuesday of the month to have your eye glasses and sunglasses cleaned and adjusted by a representative from Sears Optical. For more information call 931-5365.

PHOTO CLUB The photo club is open to any senior who enjoys the hobby of photography at any level. It is suggested that you have some form of a digital camera. The group shares photos and makes suggestions how the photos might be improved. Meetings include occasional speakers and field trips, and are from 2-4 p.m. the second Wednesday of the month at the Pleasanton Senior Center. Cost is \$2 for residents, \$2.50 for non-residents. Call 931-5365.

MEN OF BREAKFAST Join the Men of Breakfast or MOB at 8:30 a.m. on the first and third Tuesday of the month for a cup of coffee and friendly discussion at the Pleasanton Senior Center. Bring a newspaper and whatever topics pique your interest. Call 931-5369.

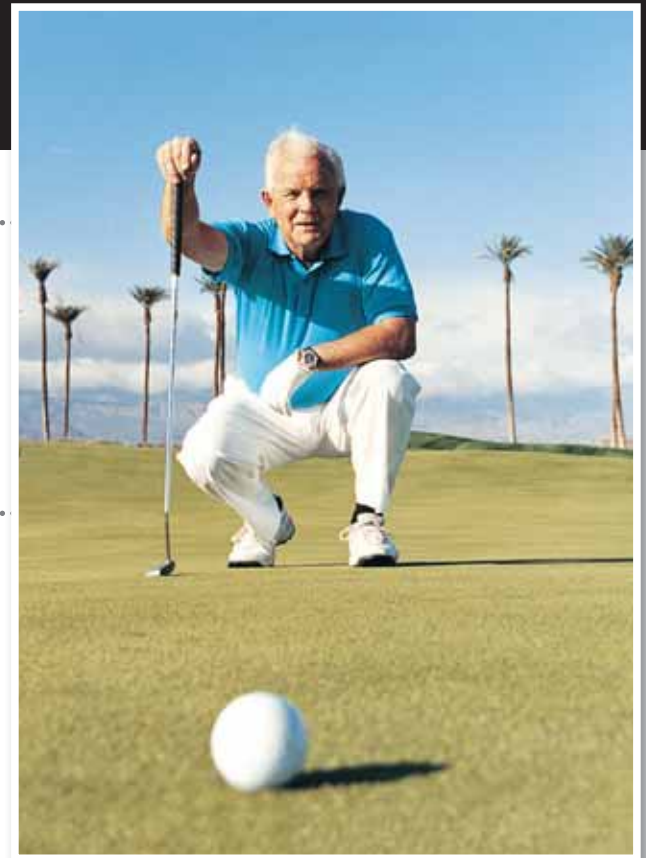
CAREGIVER SUPPORT GROUP Caring for a loved one is challenging physically and emotionally. Join this support group to explore resources and generate problem solving ideas from 1-3 p.m., on the second Monday of every month at 5353 Sunol Blvd. Get the support you deserve at the Senior Support Program of the Tri-Valley. Call 931-5389. ■

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Gene and Cindy are a team you will want to work with when selling or buying a home. The level of knowledge of the market and the process of selling our home exceeded our expectations. Gene was always thorough with the presentation of important information. Cindy expertly helped us prepare our home to sell. They have excellent follow-through and communication skills. My husband and I felt comfortable with Gene and Cindy from the first time we met them. They are friendly and professional, and we would work with them again.

Benny & Linda Boveda
Livermore – 04/20/2016



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We met Gene and Cindy Williams when they were selling a home in the neighborhood we wanted to move to. At the time we were not looking to move but the sign was up and Gene called me back within 5 minutes. We bought the house! Next step was selling our home we had lived in for 40+ years. Both Gene and Cindy gave us ideas on how to show the house and what not to change because it would not affect the selling price. Our house sold and papers were signed within two weeks. We highly recommend Gene and Cindy Williams.

Roger & Carmen Rapp
Livermore – 8/04/2016



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8 ways to keep your brain sharp

Keeping brain healthy is critical as you age

The brain is the body's most complex organ. It's also the most important one. That's why keeping it healthy is critical, especially as you age.

Every day, scientists are discovering how closely our minds and bodies are connected. As it turns out, the things that you do to keep your body and heart healthy may also be good for your brain.

Incorporate these eight healthy habits and activities into your daily life to help you optimize brain health and stay sharp in the years ahead.

Get moving

Physical activity is good for your health at every age. Studies show being active is associated with a lower risk of brain issues. Whether it's nightly walks, playing with the grandkids, or taking your favorite yoga class, find an activity that meets your needs and gets your heart pumping for at least 30 minutes every day.

Eat to thrive

The antioxidants in nutrient-dense foods like berries, broccoli and legumes, including some fats such as olive oil, may lower some risks to your brain. Try eating a healthy, low-

fat, low-cholesterol diet with lots of vitamin-rich fruits and vegetables, as well as whole grains such as oatmeal and brown rice.

Know your blood pressure

High blood pressure can have serious effects on your brain health. If your blood pressure is high, get it under control. It may help reduce some risks to your brain.

Drink moderately

How the body handles alcohol can change with age. Some older adults can feel "high" without increasing the amount of alcohol they drink. This can make them more likely to become confused or have accidents. So limit the amount of alcohol you drink — or don't drink it at all.

Get a good night's sleep

Poor sleep, or inadequate sleep, due to issues such as insomnia or sleep apnea, doesn't just leave you feeling tired. It can have serious physical effects and can impact memory and thinking, too. Get comfy and go to bed. Seven to eight hours is a good night's rest.

Discover a new talent

When you learn new things, you engage your brain. Try something you haven't done



before — learning French, ballroom dancing or carpentry, for example. Challenging your brain on a regular basis is fun and beneficial.

Stay connected

Science has shown that regular engagement in social activities can help reduce some risks to your brain. Stay connected and invite family or friends over for a healthy meal, go on a hike together or just hang out.

Talk to your doctor

As you age, some changes in brain function, including short-term memory, happen more frequently than when you were younger. If you have questions or are concerned, ask your doctor at your next appointment.

For more tips on keeping your brain healthy and thriving, visit BrainHealth.gov. ■

—Family Features

PROSTATE

Continued from Page 17

procedure carries a host of benefits including minimal pain, early hospital dismissal, and little bleeding/scarring.

Radiation therapy has also made great strides in the fight against prostate cancer. The Calypso

Beacon System, which utilizes transponders to identify tumors, is an example of one system that offers exceptional outcomes through highly targeted, high dose therapy.

Prostate cancer is by no means a death sentence, especially in this age of advanced medicine. Thanks to effective, minimally invasive treatment options, men with prostate cancer are

living longer, healthier lives with fewer treatment-related side effects to either their urinary or sexual functionality.

What's imperative however, is to diagnose prostate cancer in its earliest stages. This can be done with screening and early detection, especially for those that have a history or predisposition to the same.

Consult with your doctor, get the facts, and make the most informed decision about your personal course of action. ■

Editor's note: Dr. Stephen Taylor is certified by the American Board of Urology and is a member of the Impotence Institute of America. He has practiced in the area since 1980.

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Breast imaging accreditation for Stanford Health Care-ValleyCare

Stanford Health Care-ValleyCare in Pleasanton has been designated a Breast Imaging Center of Excellence by the American College of Radiology (ACR).

The designation is given to breast imaging centers that have earned accreditation in mammography, stereotactic breast biopsy and breast ultrasound (including ultrasound-guided breast biopsy).

"We are very proud to have the Breast Imaging Center of Excellence Gold Seal for our Women's Imaging Center," said Denise Estrada, manager of the hospital's cancer services.

"We have amazing staff who provide excellent patient care. This award recognizes our dedication to patient safety and delivering the highest level of imaging quality," she added.

Peer-review evaluations, conducted in each breast imaging modality by board-certified physicians and medical physicists who are experts in the field, have determined that Stanford Health Care-ValleyCare has achieved high practice standards in image quality, personnel qualifications, facility equipment, quality control procedures and quality assurance programs.

The ACR is a national professional organization serving more than 36,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services. ■

—Pleasanton Weekly staff

HOMEOWNERS

Continued from Page 18

1. Upgrade and remodel your home. Update the landscaping or change out cabinet hardware. These modest to moderate changes can transform your home into a place that fits your needs.
2. Make sure you have adequate gathering space. Family rooms, living rooms, dining rooms, kitchens and patios are great areas to focus on to create an entertainment experience for you and your guests.

3. Get to know your neighbors. Research shows that the happiest homeowners enjoy and feel comfortable, as well as safe, with their neighbors and community. To reach this comfortability, try organizing a neighborhood event.

4. Make your home a place you want to stay. The happiest homeowners feel their home is their favorite place and somewhere they want to stay long term. Get comfortable, hang art, put up those family pictures that are sitting in a box, paint the walls or plant a garden. ■

—Family Features

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Fratellone Family Chiropractic 2340 Santa Rita Road, Ste. 3, Pleasanton, 484-2558, DrFratellone.com	Best Chiropractic Office
Healthy Necessity Massage 610 Main St., Pleasanton, 413-2629, HealthyNecessity.com	Best Massage
Hello Nails 2723 Hopyard Road, Pleasanton, 462-2261	Best Nail Care
Jewelers Gallery 614 Main St, Pleasanton, 846-7511, Jewelersgallery.com	Best Jewelry Store
Jue's Tae Kwon Do 5460 Sunol Blvd # 8, Pleasanton, 484-0308, Juestkd.com	Best Martial Arts Studio
Massage Envy - Pleasanton 3003-A Hopyard Road, Pleasanton, 226-7977 MassageEnvy.com/clinics/CA/Pleasanton	Best Day Spa
MD Laser Spa 531 Main St., Pleasanton, 846-2772, MDLaserspa.com	Best Medical Spa
Outer Visions Landscaping Pleasanton, 462-1484, OuterVisionsDesign.com	Best Landscaping Service
Pleasanton Family Dentist 1447 Cedarwood Lane, Suite B, Pleasanton, 462-0760, PleasantonFamilyDentist.com	Best Dental Office
Pleasanton Flower Shop 3120 Santa Rita Road, Suite C, Pleasanton, 463-9595, PleasantonFlowerShop.com	Best Florist
Pleasanton Tutoring 4300 Black Ave. #1553, Pleasanton, 353-2832, PleasantonTutoring.com	Best Tutoring School
Pleasanton Veterinary Hospital 3059 Hopyard Road # B, Pleasanton, 462-7750, PleasantonVet.com	Best Veterinarian
Primrose Bakery 350 Main St., Pleasanton, 249-1261, PrimroseBakery.com	Best Bakery/Dessert
Richard's Heating & Air 2843 Hopyard Road, Pleasanton, 846-9397, RichardsHVAC.com	Best Heating/ AC Service
Salon 77 West 77 W. Angela St., Pleasanton, 426-1750, salon77west.com	Best Hair Salon for Women
Savior Plumbing 3745 Ashwood Dr., Pleasanton, 461-8549, SaviorPlumbing.com	Best Plumber
Schlicher Orthodontics 1472 Cedarwood Lane, Pleasanton, 846-3248, PleasantonOrtho.com	Best Orthodontist
Scott's Automotive 32 California Ave., Pleasanton, 417-0222	Best Auto Repair
Strizzi's 649 Main St, Pleasanton, 484-9600, Strizzis.com	Best Italian Restaurant
VIP Cleaners 3120 Santa Rita Road #E, Pleasanton, 462-8838, VIP-cleaners.com 1809 Santa Rita Road #F, Pleasanton, 846-4335, TriValleyVIPCleaners.com	Best Dry Cleaners
Zakuro Japanese Bistro 6700 Santa Rita Road, Pleasanton, 469-9060, ZakuroBistro.com	Best Happy Hour & Japanese/ Sushi Restaurant

Calendar

WHAT'S HAPPENING IN OUR COMMUNITY
POST CALENDAR ITEMS AT PLEASANTONWEEKLY.COM

Concerts

SLAVYANKA RUSSIAN CHORUS PRESENTS: REACHING TOWARD HEAVEN The Slavyanka Russian Chorus will perform works in English and Eastern European languages, including works by Tchaikovsky, Chesnokov, colonial hymns, spirituals, and an idyllic selection from "West Side Story," at 3 p.m. on Sunday, Aug. 21 at First Presbyterian Church, 2020 Fifth St., Livermore. Tickets are \$17 at www.brownpapertickets.com/event/2582941?ref=349591 or \$20 at the door.

Fundraisers

PAWS IN NEED APPLEBEE'S PANCAKE BREAKFAST Join for a tasty pancake breakfast and help save the life of a lovable local pet from 8-10 a.m. on Saturday, Aug. 20 at Applebee's, 4808 Dublin Blvd., Dublin. Enjoy pancakes, sausage, scrambled eggs and coffee, tea, juice or soda. Breakfast tickets are \$10 at Paws-In-Need.org. All proceeds benefit local animals.

Family

CONGREGATION BETH EMEK OPEN HOUSE Come to this open house and learn about worship opportunities, our community, and educational programs for all ages at the Tri-Valley's only Reform synagogue from 10 a.m.-noon on Sunday, Aug. 21 at Congregation Beth Emek, 3400 Nevada Court. Meet Rabbi Larry Milder, Education Director Judith Radousky, and Preschool Director Melinda McDonald. Go to www.bethemek.org.

PET OF THE WEEK



TRI-VALLEY ANIMAL RESCUE

You're so fine

Four-year-old Mickey is friendly and loves to be petted, and he also shows a playful side at times for his volunteer friends. Purrrhaps you have the home he has patiently been waiting for. Mickey is available for adoption at the East County Animal Shelter, 4595 Gleason Drive in Dublin. For more information, call 803-7040.

Comedy

THE MAGIC AND COMEDY OF RYAN KANE Known for his comedic edge, high energy and original magic, Ryan Kane is the current San Francisco magic champion. Don't miss this evening of comedy and magic at 8 p.m. on Saturday, Aug. 20 at the Firehouse Arts Center. Tickets are \$15-\$25. Call 931-4848 or go to www.firehousearts.org.

Health & Wellness

EAST BAY ESSENTIAL TREMOR SUPPORT GROUP If you have recently been diagnosed with ET or would like to learn more about this common movement disorder in a safe and supportive environment, please join us from 10 a.m.-noon on the third Saturday of each month, in the Blackhawk A and B conference rooms at San Ramon Regional Medical Center, 6001 Norris Canyon Road, San Ramon. Contact 487-5706 or eastbayet@comcast.net. Go to www.eastbayet.com.

Community Groups

TRI VALLEY SUPPORT GROUP FOR FIBROMYALGIA, LUPUS AND ALL FORMS OF ARTHRITIS This group meets from 6:30-8 p.m. on the fourth Monday of every month at the Groves at Dublin Ranch in the Clubhouse, 3115 Finnian Way, Dublin. It hosts special speakers like doctors or specialists. For more information, call JoAnne at 875-0960.

PLEASANTON COMMUNITY TOASTMASTERS: GUESTS WELCOME Learn more about public speaking in a fun-filled and supporting environment at 7:30 p.m. every Tuesday at the Highland Oaks Recreation Center, 4530 Sandalwood Drive. Enjoy improving your leadership skills, building confidence and meeting new friends. Go to pleasantonttoastmasters.com.

PLEASANTON LIONS CLUB The Pleasanton Lions Club meets at 6:30 p.m. the second and fourth Tuesday of the month at the Pleasanton Senior Center, 5353 Sunol Blvd. No dinner will be served. For more information please visit <http://pleasantonlionclub.org>.

MOTHERS WITH A PURPOSE Mothers With a Purpose meets at 7 p.m. on the second and fourth Thursday of the month at the Foothill High School Library. Mothers with a Purpose was formed by local moms to offer support to families affected by addiction. Visit www.motherswithapurpose.org.

Bulletin Board

115 Announcements

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (CalSCAN)

130 Classes & Instruction

AIRLINE CAREERS begin here - Get started by training as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

BECOME DIETARY MANAGER (average annual salary \$45,423) in eight months - online program offered by Tennessee College of Applied Technology Elizabethton. Details www.tcatelizabethton.edu, 423-342-3977; email Lisa.Blackburn@tcatelizabethton.edu. (Cal-SCAN)

For Sale

202 Vehicles Wanted

CASH FOR CARS: Any Car/Truck 2000-2015, Running or Not! Top Dollar For Used/ Damaged. Free Nationwide Towing! Call Now: 1-888-420-3808 (AAN CAN)

Donate Your Car, Truck, Boat to Heritage for the Blind. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 800-731-5042 (CalSCAN)

Old Porsche 356/911/912 for restoration by hobbyist 1948-1973 Only. Any condition, top \$ paid 707 965-9546 (Cal-SCAN)

210 Garage/Estate Sales

DISH TV 190 channels plus Highspeed Internet Only \$49.94/mo! Ask about a 3 year price guarantee and get Netflix included for 1 year! Call Today 1-800-357-0810 (Cal-SCAN)

220 Computers/Electronics

EVERY BUSINESS has a story to tell! Get your message out with California's PRMedia Release - the only Press Release Service operated by the press to get press! For more info contact Cecelia @ 916-288-6011 or http://prmediarelease.com/california (Cal-SCAN)

235 Wanted to Buy

CASH FOR DIABETIC TEST STRIPS Up to \$35/Box! Sealed and Unexpired. Payment Made SAME DAY. Highest Prices Paid!! Call Juley Today! 800-413-3479 www.CashForYourTestStrips.com (Cal-SCAN)

Older Car, Boat, RV? Do the humane thing. Donate it to the Humane Society. Call 1-800-743-1482 (Cal-SCAN)

240 Furnishings/Household items

ULTIMATE BUNDLE from DIRECTV and AT&T. 2-Year Price Guarantee - Just \$89.99/ month (TV/fast internet/phone) FREE Whole-Home Genie HD-DVR Upgrade. New Customers Only. Call Today 1-800-885-9017 (Cal-SCAN)

245 Miscellaneous

AT&T U-Verse Internet starting at \$15/month or TV & Internet starting at \$49/month for 12 months with 1-year agreement. Call 1-800-453-0516 to learn more. (Cal-SCAN)

HOME BREAK-INS take less than 60 SECONDS. Don't wait! Protect your family, your home, your assets NOW for as little as 70¢ a day! Call 855-404-7601 (Cal-SCAN)

KILL BED BUGS! Buy Harris Bed Bug Killers/ KIT. Available: Hardware Stores, The Home Depot. (AAN CAN)

Protect your home with fully customizable security and 24/7 monitoring right from your smartphone. Receive up to \$1500 in equipment, free (restrictions apply). Call 1-800-918-4119 (Cal-SCAN)

SAWMILLS from only \$4397.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N(Cal-SCAN)

Kid's Stuff

355 Items for Sale

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Mind & Body

425 Health Services

ELIMINATE CELLULITE and Inches in weeks! All natural. Odor free. Works for men or women. Free month supply on select packages. Order now! 844-703-9774. (Cal-SCAN)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-796-5091 (Cal-SCAN)

Life Alert. 24/7 One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 800-714-1609.(Cal-SCAN)

Safe Step Walk-In Tub! Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Start losing weight with Nutrisystem's All-New Turbo 10 Plus! Free Shakes are available to help crush your hunger! Call us now at 1-800-404-6035 *Restrictions apply (Cal-SCAN)

460 Pilates

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Jobs

500 Help Wanted

INDUSTRIAL DESIGNER Shoot the Moon has opening for Indus. Desgnr at its Pleasanton office. Send resume to: Shoot the Moon Products II, LLC 7011 Koll Center Pkwy, #110, Pleasanton, CA 94566 info@stmpproducts.com Must refer to job no: INDN0716

560 Employment Information

PAID IN ADVANCE! Make \$1000 A Week Mailing Brochures From Home! No Experience Required. Helping home workers since 2001! Genuine Opportunity. Start Immediately! www.WorkingCentral.Net (AAN CAN)

Business Services

604 Adult Care Offered

A PLACE FOR MOM The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-550-4822. (Cal-SCAN)

619 Consultants

PEACE OFFICER Psych Evaluations Applicants for POLICE or CORRECTIONAL OFFICER jobs in CA require a Psychological Eval. Call 404 310-8146 or 770 626-1866 for more info. Dr. Pamela, Lic Psychologist

620 Domestic Help Offered

SOCIAL SECURITY DISABILITY benefits. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

624 Financial

\$\$GET CASH NOW\$\$ Call 888-822-4594. J.G. Wentworth can give you cash now for your future Structured Settlement and Annuity Payments. (AAN CAN)

BIG trouble with the IRS?

Stop wage and bank levies, liens and audits, unfiled tax returns, payroll issues, and resolve tax debt FAST. Call 844-753-1317 (AAN CAN)

Owe Over \$10K to IRS?

Do you owe over \$10,000 to the IRS or State in back taxes? Our firm works to reduce the tax bill or zero it out completely FAST. Call now 855-993-5796 (Cal-SCAN)

Structured Settlement?

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-673-5926 (Cal-SCAN)

636 Insurance

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's hostile business climate? Gain the edge with California Newspaper Publishers Association new innovative website capublicnotice.com and check out the FREE One-Month Trial Smart Search Feature. For more information call Cecelia @ (916) 288-6011 or www.capublicnotice.com (Cal-SCAN)

Health and Dental Insurance Lowest Prices. We have the best rates from top companies! Call Now! 888-989-4807. (CalSCAN)

SAVE HUNDREDS on Insurance Costs! We Offer * Automobile * Business Auto * Business Insurance * Homeowners * Bonds * Motorcycle * Recreational Vehicle * Renters * Workman's Comp. CALL for a no obligation quote Call 800 982 4350 Lic # 0K48138 (Cal-SCAN)

640 Legal Services

Lung Cancer? And 60 Years Old? If So, You And Your Family May Be Entitled To A Significant Cash Award. Call 800-990-3940 To Learn More. No Risk. No Money Out Of Pocket (Cal-SCAN)

Xarelto users have you had complications due to internal bleeding (after January 2012)? If so, you MAY be due financial compensation. If you don't have an attorney, CALL Injuryfone today! 1-800-425-4701. (Cal-SCAN)

Home Services

751 General Contracting

A NOTICE TO READERS: It is illegal for an unlicensed person to perform contracting work on any project valued at \$500.00 or more in labor and materials. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500.00 must state in their advertisements that they are not licensed by the Contractors State License Board.

779 Organizing Services

Green Owl Trading Get paid for your gently used items. Our new Eco-friendly business recycles gently used goods to reduce our carbon footprint while helping you make a little extra money. Email or call for a free evaluation. greenowltrading@yahoo.com 510-449-7579

781 Pest Control



Attic Clean-Up & Rodent Removal Are you in the Bay Area? Do you have squeaky little terrors living in your attic or crawlspace? What you are looking for is right here! Call Attic Star now to learn about our rodent removal services and cleaning options. You can also get us to take out your old, defunct insulation and install newer, better products.

Call (866) 391-3308 now and get your work done in no time!

No phone number in the ad?
GO TO FOGSTER.COM for contact information

Real Estate

809 Shared Housing/Rooms

ALL AREAS ROOMMATES.COM Lonely? Bored? Broke? Find the perfect roommate to complement your personality and lifestyle at Roommates.com! (AAN CAN)

850 Acreage/Lots/Storage

NORTHERN AZ WILDERNESS RANCH \$249 MONTH - Quiet secluded 37 acre off grid ranch bordering 640 acres of State Trust land. Cool clear 6,400' elevation. Near historic pioneer town and fishing lake. No urban noise. Pure air, AZ's best climate. Mature evergreens and grassy meadows with sweeping views across wilderness mountains and valleys. Abundant clean groundwater, free well access, loam garden soil, maintained road access. Camping and RV use ok. \$28,900,\$2,890 down, seller financing. Free brochure with similar properties, photos/topo/ map/weather area info: 1st United Realty 800.966.6690 (Cal-SCAN)

855 Real Estate Services

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's highly competitive market? Gain an edge with California Newspaper Publishers Association new innovative website capublicnotice.com and check out the Smart Search Feature. For more information call Cecelia @ (916) 288-6011 or www.capublicnotice.com (Cal-SCAN)

Legal Notices

995 Fictitious Name Statement

PACIFIC COAST WINDOW COMPANY FICTITIOUS BUSINESS NAME STATEMENT File No.: 520540 The following person(s) doing business as: PACIFIC COAST WINDOW COMPANY, 3597 NEVADA ST. UNIT C, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Fred Gotthardt, 4779 McHenry Gate Way, Pleasanton, CA 94566; Bill Mohr, 31 Castledown Road, Pleasanton, CA 94566. This business is conducted by a Joint venture. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Fred Gotthardt, General Partner. This statement was filed with the County Clerk of Alameda on 07/18/2016. (Pleasanton Weekly, July 29, Aug. 5, 12, 19; 2016)

PACIFIC SIGNALING SYSTEMS FICTITIOUS BUSINESS NAME STATEMENT File No.: 520007 The following person(s) doing business as: PACIFIC SIGNALING SYSTEMS, 5627 STONERIDGE DRIVE #321, PLEASANTON, CA 94588, is hereby registered by the following owner(s): Makai Capital, Inc., 2744 Silverado Lane, Livermore, CA 94550. This business is conducted by a Corporation. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Aaron Eddy, CEO. This statement was filed with the County Clerk of Alameda on 07/01/2016. (Pleasanton Weekly, July 29, Aug. 5, 12, 19; 2016)

THE COUNTER PLEASANTON FICTITIOUS BUSINESS NAME STATEMENT File No.: 520803 The following person(s) doing business as: THE COUNTER PLEASANTON, 1252 STONERIDGE MALL ROAD, PLEASANTON, CA 94588, is hereby registered by the following owner(s): Seven Golden Eagles, Inc., 6029 Tillman Court, Pleasanton, CA 94588. This business is conducted by a Corporation. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Frank Chao, President. This statement was filed with the County Clerk of Alameda on 07/25/2016. (Pleasanton Weekly, July 29, Aug. 5, 12, 19; 2016)

ADDICTION TREATMENT ALTERNATIVES, LLC. FICTITIOUS BUSINESS NAME STATEMENT File No.: 520675 The following person(s) doing business as: ADDICTION TREATMENT ALTERNATIVES, LLC., 4000 PIMLICO DRIVE SUITE #119, PLEASANTON, CA 94588, is hereby registered by the following owner(s): Addiction Treatment Alternatives, LLC., 4000 Pimlico Drive Suite #119, Pleasanton, CA 94588. This business is conducted by a Limited liability company. Registrant has not yet

begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Michael Kellam, Member. This statement was filed with the County Clerk of Alameda on 07/20/2016. (Pleasanton Weekly, Aug. 5, 12, 19, 26; 2016)

EAST BAY LOYALTY FICTITIOUS BUSINESS NAME STATEMENT File No.: 521065 The following person(s) doing business as: EAST BAY LOYALTY, 7310 CLUBHOUSE DRIVE, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Bruce A. Hunt, 7310 Clubhouse Drive, Pleasanton, CA 94566. This business is conducted by an Individual. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Bruce A. Hunt. This statement was filed with the County Clerk of Alameda on 08/02/2016. (Pleasanton Weekly, Aug. 5, 12, 19, 26; 2016)

XALISCO PRODUCE FICTITIOUS BUSINESS NAME STATEMENT File No.: 520853 The following person(s) doing business as: XALISCO PRODUCE, 2401 TRIPALDI WAY, HAYWARD, CA 94545, is hereby registered by the following owner(s): Xalisco Food Service, Inc., 2401 Tripaldi Way, Hayward, CA 94545. This business is conducted by a Corporation. Registrant began transacting business under the fictitious business name(s) listed herein 08/07/2006. Signature of Registrant: Rosendo Ruiz, CEO. This statement was filed with the County Clerk of Alameda on 07/26/2016. (Pleasanton Weekly, Aug. 12, 19, 26, Sept. 2; 2016)

DEEPTI PT SERVICES FICTITIOUS BUSINESS NAME STATEMENT File No.: 521527 The following person(s) doing business as: DEEPTI PT SERVICES, 2828 DAYLILY CT., PLEASANTON, CA 94588, is hereby registered by the following owner(s): Deepti Nagalla, 2828 Daylily Ct., CA, 94588 This business is conducted by an Individual. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Deepti Nagalla. This statement was filed with the County Clerk of Alameda on 08/16/16. (Pleasanton Weekly, Aug. 19, 26, Sept. 2, 9; 2016)

997 All Other Legals

NOTICE OF PETITION TO ADMINISTER ESTATE OF: CHARLOTTE M. CHAMPLIN Case No.: RP16824722 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of CHARLOTTE M. CHAMPLIN also known as CHARLOTTE MARIE CHAMPLIN also known as CHARLOTTE CHAMPLIN. A Petition for Probate has been filed by: VIRGIL CHAMPLIN in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that: VIRGIL CHAMPLIN be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on SEPTEMBER 14, 2016 at 9:30 a.m. in Dept.: 201 of the Superior Court of California, County of Alameda, located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58 (b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court or a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: /s/ Kathleen A. Brewington, 555 Soquel Avenue, Suite 320, Santa Cruz, CA 95062 (831)459-8498 (Pleasanton Weekly, Aug. 5, 12, 19; 2016)

NOTICE OF PETITION TO ADMINISTER ESTATE OF: TAMAS BERGHAMMER Case No.: RP16827343 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of TAMAS BERGHAMMER. A Petition for Probate has been filed by: ZSUZSANNA DAVIS in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that: ZSUZSANNA DAVIS be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on SEPTEMBER 26, 2016 at 9:30 a.m. in Dept.: 201 of the Superior Court of California, County of Alameda, located at 2120 Martin Luther King Jr. Way, Berkeley, CA, 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58 (b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court or a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: /s/ Eric G. Dzubur 21550 Foothill Blvd., #3, Hayward, CA 94541 (510)582-2588 (Pleasanton Weekly, Aug. 19, 26, Sept. 2; 2016)

NOTICE OF PETITION TO ADMINISTER ESTATE OF: IRENE OLIVE NOLAN aka IRENE NOLAN aka IRENE O. NOLAN Case No.: RP16824652 To all heirs, beneficiaries, creditors, contingent creditors, and

persons who may otherwise be interested in the will or estate, or both, of IRENE OLIVE NOLAN also known as IRENE NOLAN also known as IRENE O. NOLAN. A Petition for Probate has been filed by: MARCENE MARTIN in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that: MARCENE MARTIN be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on AUGUST 31, 2016 at 9:30 a.m. in Dept.: 201 of the Superior Court of California, County of Alameda, 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58 (b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court or a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: /s/ Eric G. Dzubur 21550 Foothill Blvd., #3, Hayward, CA 94541 (510)582-2588 (Pleasanton Weekly, Aug. 19, 26, Sept. 2; 2016)

OPEN HOMES THIS WEEKEND

Alamo 5 BEDROOMS 2456 Alamo Glen Drive \$2,788,000 Sun 2-4 Andrew Greenwell 963-0663	5 BEDROOMS 3967 Recreation Road \$1,450,000 Sun 1-4 Brigitte Huntemann 260-2508	Livermore 2 BEDROOMS 5284 Peony Drive \$529,888 Sat/Sun 1-4 Coldwell Banker 847-2200	3630 Pontina Court \$3,395,000 Sun 1-4 Fabulous Properties 980-0273/519-8226
Castro Valley 4 BEDROOMS 18445 Magee Way \$729,000 Sat 1-4 Maribeth Delucchi (510) 209-5837 37789 Palomares Road \$1,495,000 Sun 12-3 Natalie Kruger 580-5963	Danville 3 BEDROOMS 2067 Fostoria Circle \$560,000 Sat 1-4 Pilar Jacobo 218-1250 4 BEDROOMS 244 Saint Christopher Drive \$999,000 Sat/Sun 1-4 Louise Davis 200-2457	3 BEDROOMS 3136 Four Hill Common Unit 2 \$575,000 Sat/Sun 1-4 Jennifer Swalve (209) 552-9806 2952 Kennedy St. \$579,000 Sat/Sun 1-4 Fabulous Properties 980-0273/519-8226 126 Martin Ave. \$607,000 Sat/Sun 1-4 Tracey Buescher 352-7307	4555 Entrada Court \$1,095,000 Sat 1-4 Blaise Lofland 846-6500 14 Fairway Lane \$1,699,000 Sun 12-3 Julia Murtagh 997-2411 269 Kottinger Drive \$949,000 Sat 11-3/Sun 1-4 Julia Murtagh 997-2411 1683 Paseo Del Cajon \$1,250,000 Sat/Sun 1-4 Al Zielske 998-2201 9904 Longview Lane \$2,295,000 Sun 1-4 Cindy Gee 963-1984 1443 Germano Way \$2,699,000 Sun 1-4 DeAnna Armario & Liz Venema 260-2220/413-6544
		4 BEDROOMS 5750 Singing Hills Ave. \$575,000 Sun 1-4 Donna Zarrillo 998-2363 4317 Davis Way \$690,000 Sat/Sun 1-4 Coldwell Banker 847-2200	7967 Stonehurst Court \$1,199,000 Sat/Sun 1-4 DeAnna Armario & Liz Venema 260-2220/413-6544 4672 Carson Court Call for price Fri 10-1/Sat 1-3 Dave & Sue Flashberger 463-0436

Tri-Valley Real Estate Directory



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Pleasanton 2 BEDROOMS 1844 Harvest Road \$738,000 Fri 10-1/Sun 1-3 Dave & Sue Flashberger 463-0436 3 BEDROOMS 4611 Helpert Court \$825,000 Sat/Sun 1-4 Kevin Wess 290-8143 3865 Stone Point Way \$879,000 Sat/Sun 1-4 Tim McGuire 462-7653 5215 Riverdale Court \$730,000 Sat/Sun 1-4 Coldwell Banker 847-2200 1729 Paseo del Cajon \$899,950 Sat/Sun 1-4 Maureen Nokes 577-2700 4 BEDROOMS 7831 Meadowbrook Court \$869,000 Sun 2-4 Doug Buenz 785-7777 9647 Crosby Drive \$2,685,000 Sun 2-4 Doug Buenz 785-7777	5 BEDROOMS 1351 Royal Creek Court \$1,580,000 Sun 2-4 Doug Buenz 785-7777 1284 Piemonte Drive \$2,699,000 Sun 1-4 Fabulous Properties 980-0273/519-8226 1817 Spumante Place \$2,850,000 Sun 1-4 Fabulous Properties 980-0273/519-8226 3760 Selvante St. \$3,498,000 Sun 1-4 Peter McDowell & Phyllis Weiner 209-0343/872-1416 1127 Deer Creek Court \$1,535,000 Sat/Sun 1-4 Coldwell Banker 847-2200 1357 Whispering Oak Way \$1,549,000 Sat/Sun 1-4 DeAnna Armario & Liz Venema 260-2220/413-6544 3708 Raboli St. \$2,479,000 Sat/Sun 1-4 DeAnna Armario & Liz Venema 260-2220/413-6544
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OPEN SUNDAY 12 - 3 CASTLEWOOD



14 Fairway Lane, Pleasanton
A beautiful custom home in the desirable Castlewood neighborhood built in 1989. With just under 3,700 sq. ft. of living space, it offers a combination of stunning views and privacy. This spacious home with two story foyer has 4 bedrooms, 3 full bathrooms, a large office and is situated on .59 of an acre. Recently upgraded with new Karastan carpets, fresh paint, and upgraded kitchen and master bathroom. Enjoy a spacious deck off the back of the property.
LISTED AT \$1,699,000

OPEN SAT 11-3 & SUN 1-4 DOWNTOWN PLEASANTON



269 Kottinger Drive, Pleasanton
Oh so charming Downtown Pleasanton Cape Cod bungalow on a quiet lane near shops, restaurants, and farmers market. This 4 bedroom and 2 bath home was built in 1954 and was lovingly rebuilt by the current owner with permitted add on. The home is now 1,703 sq. ft. sitting on just under a 6,000 sq. ft. lot. Very charming inside and out with a gorgeous garden in the back.
LISTED AT \$949,000

PENDING IN ONE DAY DUBLIN RANCH



3261 Monaghan Street, Dublin
Gorgeous condo in a great location on the corner near the pool and gym. There is great natural light with a nice breeze in the evenings. Home is right across the street from a large park. There is tons of storage in the kitchen, pantry and laundry room. All living spaces are on one floor.
LISTED AT \$575,000

JUST SOLD DOWNTOWN PLEASANTON



767 Saint John Circle, Pleasanton
Great opportunity to live in an outstanding downtown Pleasanton location, minutes to restaurants, shops, the Fair, and the ACE train. Enjoy newer construction with soaring ceilings, great natural light and an ideal floor plan. The desirable Saint John Circle neighborhood is both quiet and private. This 3 bedroom and 2 bath home is 1,900 sq. ft. with excellent curb appeal and a charming backyard.
SOLD FOR \$1,005,000

JUST SOLD - MULTIPLE OFFERS CASTLEWOOD



17 Greens Lane, Pleasanton
Enjoy stunning panoramic views and golf course living in a mid-century modern home! This spacious 3,434 sq. ft. home has 5 bedrooms and 3.5 baths and is located in the beautiful Castlewood Country Club. Lovingly updated top to bottom with new flooring, new fixtures, new paint inside and out, landscaping and more, just a short walk to and from the Country Club and the Pleasanton Ridge.
SOLD FOR \$1,580,000

JUST SOLD - MULTIPLE OFFERS DEL PRADO



2202 Via Espada, Pleasanton
Lovely single story home in one of Pleasanton's favorite neighborhoods, walking distance to shops, restaurants, and stores. This 3 bedroom and 2 bath home sits on just under 7,000 sq. ft. There are gorgeous hardwood floors throughout with an updated kitchen and bathrooms. There is a charming backyard with a nice area for summer dining and a small garden. Enjoy top rated schools in the Del Prado neighborhood and quick access to freeway.
SOLD FOR \$955,000

Real estate expert gives advice on buying first home

First step should be taking a home-buying class

By Nathaniel Sillin

How well do you really understand the home-buying process?

Taking a qualified home-buying class will do more than teach you how to get a mortgage or pull together a down payment. It will help you determine the amount of home you can afford without endangering other lifetime financial goals.

If you think this training is just for first-timers, think again. Real estate markets change, and so do home-buying environments. It is worth considering taking a class each time you're making a home purchase, especially if it has been a significant number of years between purchases. The home-buying class can keep you up to date on what you'll need to know this time around.

Where can you find these courses? Many private lenders offer their own training, but governments, local, state and federal, are the main source for instructional classes for home buyers. In fact, on both the public and private side, these classes are often tied to special loans or funding assistance for the qualified.

Most home buyer trainings are free. If you're asked to pay, get an explanation for what those costs cover.

The U.S. Department of Housing and Urban Development (HUD) provides an online list of approved state and local agencies that offer a range of home buyer education options. Some even help first-time buyers obtain grants and other financial assistance with their down payments.

The Department of Veterans Affairs (VA)

and Department of Agriculture (USDA) also offer assistance and educational programs for qualified buyers. Meanwhile, Fannie Mae and Freddie Mac also support their own home-buyer education options.

Here are some of the major topics a thorough home-buying class should cover:

- Home-buying readiness. Explore the general questions around a home-buying decision, such as why you want to settle in a particular area, how long you plan to stay, what kind of property you're considering and where you are in your career and lifestyle. You may also be asked to answer specific financial questions to support your thinking, which should not be shared with others.

- Budgeting and credit. These courses will help you evaluate how you handle money. Do you have a budget? If not, do you know how to create one? Do you understand your credit rating and what goes into determining your score? If you have debt, how are your efforts going to pay it off? Essentially, what you don't know about spending and borrowing can limit your ability to buy a home.

- Other keys. Pre-approval for mortgage financing, knowing what you can afford, determining how and where you want to search for properties, knowing what you'll need to close the deal and preparing for the financial aftermath are among the other important topics a good home-buyer education class should cover. ■

Editor's note: Nathaniel Sillin directs Visa's financial education programs. Follow him on Twitter, @PracticalMoney

Sale of the Week

Township Square Beauty



1492 Brookline Loop, Pleasanton

Close to Shopping, Restaurants, Alameda County Fairgrounds, Freeway and so much more!!

SOLD for: \$1,280,000

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Joyce Jones

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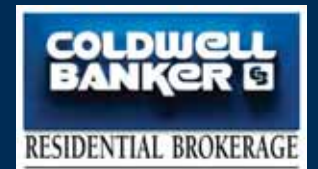
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LIVERMORE \$679,000
1186 Meadow Drive
Stunning CA Promenade Home!
3 BD/2 BA Grt Cnr Loc, Open Flr Pln w/Many Upgds Inc Hdwd Flr, Wood-Trmd Wndws, Crwn Mldg, Grnt Cntrtp.
Daisy Ng
CalBRE #01311067 925.847.2307



LIVERMORE \$529,888
5284 Peony Dr
SPRINGTOWN STARTER HOME~LIVERMORE!
2 BD/1 BA Great Lot 5,067 sf for expansion. Wndrfl Nghbrhd, Nr Prks, Wlking Trls, Shopping & Schools
Lydia Vetere
CalBRE #01910741 925.548.6702



OAKLAND \$899,000
3988 Lyman Road
Oakmore Neighborhood Beauty!
3 BD/2 BA Spacious w/Remdled Kit/Baths. Frsh int pnt/new crpt.Sep Dwnstrs Ent,Grq&Terraced bkyd
Mary Chakakis-Evans
CalBRE #00983889 925.847.2254



PLEASANTON \$1,535,000
1127 Deer Creek Court
Carlton Oaks SMART Home
5 BD/4 BA 3,480 Aprox Sq.Ft.Home Features Kit w/Lrg Islnd, Dbl Ovns, SS Appl, Vlted Ceilings & Outdr Kit
Karen T
CalBRE #09628800 925.847.2300

LIVERMORE
2275 French Street \$1,325,000
PRIVATE RESERVE HOME IN LIVERMORE!
5 BD/5 BA Grmet Kit w/grnt slab, SS Appl, BD/BA on Main Flr, Lrg bkyd, Mstr Suite w/Retreat & Balcony
Daisy Ng CalBRE#01311067 925.847.2307

425 Elsinore Way \$1,260,000
Vintage Collection! A Must See!
5 BD/3.5 BA 15,350+ SF Lot, 1st Flr BD & BA Suite, Spacious Family Room, Upstairs Bonus Loft & Pool.
Daisy Ng CalBRE#01311067 925.847.2307

LIVERMORE
2658 Lucca Court \$1,125,000
Desirable Vinsanto Home
4 BD/3 BA Soaring Entry Ceilings, Frml LR&DR, Grnt Kit Cntr, SS Appos & Eat-In Dining, Lrg Lt--No Bk Nghbrs
Daisy Ng CalBRE#01311067 925.847.2307

1375 Juniper Street CALL FOR PRICING
Coming Soon! - Livermore
3 BD/2 BA Updtd 1 Story w/Beautiful Bkyd & Sparkling Blue Pool plus space for entertaining. Nr Dwrntwn
Sean Leggat CalBRE#01280186 925.847.2216

LIVERMORE
4317 Davis Way \$690,000
Charming Jenson Home in Livermore
4 BD/2 BA Charming Jenson home, classic ranch, upgraded, light/bright floor plan, upgraded kitchen.
Mary Anne Rozsa CalBRE#00783003 925.847.2776

PLEASANTON
5215 Riverdale Court \$730,000
Desirable Stoneridge Townhome
3 BD/2 full + 5 half BA Upgraded Townhome. Large Metersuite w/FP. Back Patio access to greenbelt, parks & pools.
Kristy Heyne CalBRE#01488364 925.847.2229

PLEASANTON
2316 Goldcrest Cir \$649,900
Price Reduced Pleasanton Home!
2 BD/1 BA Near dwrntwn! Kit Upgrded w/ Newer Appl, Fresh Pnt, New Crpt, Grnt Cntrs & Plantation Shutters
Nancy Terpening CalBRE#00380392 925.570.4003

RIPON
769 Tornell Circle \$372,500
A Must See! Investors-1st Time Buyer
3 BD/2 BA Custom 1 Story Home in desired nghbrhd. MBA jacuzzi tub, 2 FP, walk-in pantry, insd Indry.
Perla Perez CalBRE#01810299 925.847.2230

Visit these homes & more at: ColdwellBankerHomes.com

PLEASANTON

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NEW PRICE! OPEN SUNDAY 1-4

1443 GERMANO WAY, RUBY HILL
4BR, 4.5 BA, 5577+/- Sq. Ft.
Now Offered at **\$2,699,000**



OPEN SAT/SUN 1-4

3708 RABOLI STREET, RUBY HILL
5BR, 4 Full BA, 2 Half BA, 5808+/- Sq. Ft.
New Price! Now Offered at **\$2,479,000**



OPEN SAT/SUN 1-4

1357 WHISPERING OAK WAY, PLEASANTON
5BR, 3.5 BA, 3760+/- Sq. Ft. With In Law Unit
Offered at **\$1,549,000**



OPEN SAT/SUN 1-4

7967 STONEHURST COURT, PLEASANTON
4BR, 2.5BA, 2349+/- Sq. Ft.
Offered at **\$1,199,000**



PENDING IN 2 DAYS!

2039 VALLEY OAK ROAD, GOLDEN EAGLE
5BR, 5.5BA, 4680+/- Sq. Ft.
Offered at **\$2,549,000**



COMING SOON

9469 BLESSING DRIVE, GOLDEN EAGLE
5BR, 4.5BA, 3992+/- Sq. Ft.
Offered at **\$2,099,000**



COMING SOON

6709 ARLINGTON DRIVE, PLEASANTON:
5BR, 3.5BA, 3958+/- Sq. Ft.
Offered at **\$1,895,000**



COMING SOON

5260 SAN VICENTE TERRACE, DUBLIN
3BR, 2.5BA, 1843+/- Sq. Ft.
Offered at **\$859,000**

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OPEN FRI 10-1PM, OPEN SUN 1-3PM

1844 Harvest Road, Pleasanton
Wonderful Harvest Square Townhouse. 2 bedrooms, plus an open loft that could be a 3rd bdrm. End unit with lovely backyard. 2 car garage. **\$738,000**



SALE PENDING!

954 Crellin Road, Pleasanton
Highly sought after Vintage Hills! 4 bdrms, 3 baths, 2062 sq ft. Sunny kitchen w/ island and breakfast nook. Master bdrm w/ valley views! **\$938,000**



OPEN FRI 10-1PM, OPEN SAT 1-3PM

4672 Carson Court, Pleasanton
Simply adorable 4 bedroom, 2 bath one level home with almost 1500 sq. ft. Quiet court location! **LOW \$800,000'S**



COMING SOON

Foxbrough Estates
Exquisite custom home on a private 1 acre parcel. 4 bdrm, 4 baths and over 4700 sq. ft. 3 car garages and a detached 2 car garage. Pool, spa and waterfalls



REVIEWING OFFERS

7830 Knollbrook Drive, Pleasanton
Stunning west side home with 5 bdrms, 2.5 baths and over 2300 sq. ft. This home is a 10+. All custom high end upgrades throughout! **\$1,150,000**



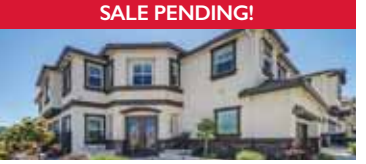
COMING SOON

6344 Benner Court, Pleasanton
Stunning remodel! 4 bdrms, 2 baths, over 1800 sq ft. New quartz slab kitchen and baths. New carpeting and laminate wood floors. **LOW \$900,000**



SALE PENDING!

1317 Rhone Place, Pleasanton
Gorgeous one level home in Avignon. 5 bdrms, 4.5 baths and 3892 sq ft with a 4 car garage and a salt water pool! **\$1,825,000**



SALE PENDING!

9538 Albert Drive, Dublin
Views! Views! Views! Over \$250,000 in upgrades! Stunning 5 bedroom, 3 bath, 3700 sq ft home. Recently built in 2014! **\$1,539,000**



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1513 ARIA COURT

Desirable Prima Neighborhood, South Livermore! 3837 sq. ft., 5 bedrooms, 5 full baths, 15k sq. ft. lot in great court location!



1650 VETTA DRIVE

Desirable Prima Neighborhood, South Livermore! 2834 sq. ft., 4 bedrooms, 2.5 baths, 8k sq ft lot! Remodeled gourmet kitchen!



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22004 Lynden Loop, Castro Valley

Beautiful Palomares Hill town home high in the hills of Castro Valley. 2240 sq ft., 4 bed/3 bath. One bed down stairs. Gorgeous! Offered at **\$824,900**

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9469 Blessing Drive, Pleasanton
Offered at \$2,099,000

COMING SOON



6709 Arlington Drive, Pleasanton
Offered at \$1,895,000

COMING SOON



5260 San Vicente Terrace, Dublin
Offered at \$859,000

COUNTRY ESTATE ON 10 ACRES



10 Carver Lane, Sunol
Offered at \$3,995,000

NEW PRICE



1443 Germano Way, Ruby Hill
Now Offered at \$2,699,000

NEW PRICE



3708 Raboli Street, Ruby Hill
Now Offered at \$2,479,000

NEW LISTING



1357 Whispering Oaks Way, Pleasanton
Offered at \$1,549,000

NEW LISTING



7967 Stonehurst Court, Pleasanton
Offered at \$1,199,000

PENDING IN 2 DAYS



2039 Valley Oak Road, Golden Eagle
Offered at \$2,549,000

PENDING



2306 Gloria Court, Pleasanton
Offered at \$1,990,000

PENDING



508 Kalthoff Common, Livermore
Offered at \$1,799,000

PENDING IN 6 DAYS



510 Montori Court, Ruby Hill
Offered at \$1,429,000

SOLD



415 Abbie Street, Downtown Pleasanton
\$1,164,000

SOLD



1201 Machado Place, Pleasanton
All Cash Sale
\$3,250,000

SOLD



481 Trebbiano Place, Ruby Hill
\$1,420,000

SOLD



7583 Trotter Way, Pleasanton
All Cash Sale
\$969,000



DeAnna Armario
Team Leader/Realtor



Liz Venema
Team Leader/Realtor



Kim Hunt
Team Manager/Realtor



Chris Berry
Buyer's Specialist



Grace Abellera
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DOWNTOWN PLEASANTON



4455 ENTRADA DRIVE, PLEASANTON

Single Level on Premium .28-Acre Lot with Pool in Excellent Downtown Location. Original Condition Inside-Needs Your Self Directed Upgrades. Don't Miss this Great Opportunity to Do it Your Way and Get in at a Great Price Point with Low Interest Rates & Property Taxes. Three Bedrooms, Two Bathrooms and 2,000 Square Feet (plus patio room) on One Level. Large Family Room and Formal Dining Room. Spacious Private Rear Yard with In-Ground Pool. Call The Blaise Lofland Real Estate Group for a Private Showing.

OFFERED AT \$998,000

PLEASANTON HILLS ESTATE COLLECTION

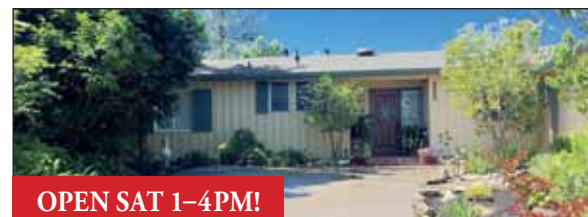


4931 DOLORES DRIVE, PLEASANTON

Hilltop Estate Home with Views and Downtown Location is Situated on an approximately 1/2 Acre Lot in Pleasanton Hills Estate Collection! This Spacious 5 Bedroom, 3 Bathroom has 3809 Square Feet. Remodeled Bathrooms, Gourmet Kitchen with Granite, Spacious Master Suite. Large Deck for Entertainment with Views of Pleasanton Ridge. Oversized 3-Car Garage. This Property is Conveniently Located Near Downtown, Neighborhood Park and Access to 680. Just a Short Walk to Main Street and you can enjoy all the Amenities of Downtown Pleasanton. Private Rear Grounds with Mature Landscaping and In-Ground Swimming Pool. Visit 4931dolores.com for More Photos and Information! Call the Blaise Lofland Real Estate Group to Schedule a Private Showing!

OFFERED AT \$1,799,000

DOWNTOWN PLEASANTON



4555 ENTRADA COURT, PLEASANTON

Desirable Downtown Single Level at Top of Court on a Premium .21 Acre Lot with Filtered Views! This 4 Bedroom, 3 Bathroom Home Includes Two Master Suites and 2058 Square is located off Historic Neal Street. Newer Master Suite is Spacious with Gas Fireplace. Such a Great Location. Just a Short Walk to Main Street and You Can Enjoy all the Amenities of Downtown Pleasanton. Hardwood Floors and New Carpeting, Living Area with Window Wall to Beautifully Landscaped Private Rear Grounds with Decks, Spa and Filtered Views of Pleasanton Ridge. Don't Miss it! Visit 4555entrada.com for More Photos and Information! Call the Blaise Lofland Real Estate Group to Schedule a Private Showing!

OFFERED AT \$1,095,000

SCENIC LINKS



1151 BALTUSTROL COURT, LIVERMORE

Newer Single Level Built in 2006. Located in Scenic Links Community. Four Bedrooms, Two Bathrooms, 1948 Square Feet, Lot Size is 5390. Vaulted Ceilings, Tile Flooring, Beautiful Landscaping, Court Location. Upgrades Include Granite Countertops, Stainless Steel Appliances, Maple Raised Cabinetry. Central Vacuum, Solar. Convenient Access to 580, Downtown Livermore and Livermore Valley's Wine Country. Price to Sell for Quick Close and Possession! For more information and photos please visit www.1151baltustrol.com. To Schedule a Private Showing Call the Blaise Lofland Real Estate Group!

OFFERED AT \$739,000

DANBURY PARK



1537 TRIMMINGHAM DRIVE, PLEASANTON

Location Location, Location! Walk to Main Street, Mission Plaza & Amador Centers and Adjacent Beautiful Orloff Park. WOW! This Upgraded & Expanded Nantucket Model in Desirable "Danbury Park Community" is Highly Upgraded Throughout. This Home Includes 1800 Square feet, 3 Bedrooms, 2 and a Half Remodeled Bathrooms & Remodeled Gourmet Kitchen. New Interior & Exterior Paint and New Carpet. Attached 2-Car Garage. The Premium Private Lot has a Generous Rear Yard with New Professional Landscaping. Just Minutes to BART Station, Stoneridge Regional Mall, Livermore Valleys; Wine Country & New San Francisco Outlets Mall. Don't Miss This one! For photos and more information, go to: 1537Trimingham.com and/or Call the Blaise Lofland Real Estate Group for a Private Showing.

OFFERED AT \$839,000

THE TERRACES



3290 MAGUIRE WAY #114, PLEASANTON

"The Terraces" in Dublin, 2 Bedroom, 2 1/2 Bathrooms, 1386 Square Feet. Great Location! Direct Street Access. New Carpet, LR with Fireplace, Master Balcony, Ground Floor Patio-Views of Gated Park Across Street, Pool, Spa, Fitness & Theater Rooms, Community Patio with Fireplace, Two Car Attached Garage. Walk to Award-Winning Schools. Convenient to Parks, Shopping & BART! Great for investor or first time buyer. Go To 3290maguire114.com for more information & photos and/or Call The Blaise Lofland Real Estate Group for a Private Showing!

SOLD AT \$590,000

BRIDLE CREEK



751 SUMMIT CREEK LANE, PLEASANTON

Highly Upgraded Desirable Larger Single Level in Bridle Creek! This Five Bedrooms, Plus Craft/All Purpose Room, Four Bathrooms Home offers 3,446 Square Feet. Great Room (Family Room/Gourmet Kitchen), Granite Countertops, Stainless Steel Appliances, Crown Molding, Conveniently Located Near Downtown, Mission Hills Park and Access to 680. This Well Maintained Home was Built in 2000 by Greenbriar Homes and Sits on .34 Acre Lot with Beautiful Landscaping, Private Rear Grounds, Swimming Pool/Spa and Built-in BBQ Area. Three Car Garage Within Desirable School Attendance Area and Five Minutes to Castlewood Country Club. For More Information and Photos go to 751SummitCreek.com.

SOLD AT \$1,925,000

SILVER OAKS ESTATES



2492 SILVER OAKS LANE, PLEASANTON

Newer Custom Single Level Home with Views in Silver Oak Estates! This 4 Bedroom, 3 Bathroom Home has 3533 Square Feet of Living Space on One Level. This Premium Approximately 1/2 Acre Lot Provides Views of Oak Studded Hillside and Mt. Diablo. Gourmet Kitchen with Honed Granite Countertops and SS Appliances, Crown Molding, Professionally Landscaped, Private Rear Grounds with Spa and Two Outdoor Living Spaces and Built-In BBQ/Entertainment Area and Fire Pit. This Highly Upgraded Home is Impeccably Maintained and is Located at the Gateway to Our Own Wine Country. Three Car Garage. Just Five Minutes to Ruby Hill Country Club. For More Information and Photos go to 2942SummitCreek.com. To Schedule a Private Showing, Call the Blaise Lofland Real Estate Team.

SOLD AT \$1,895,300

DOWNTOWN PLEASANTON



4326 2ND STREET, PLEASANTON

Restored and Upgraded English Country Farmhouse Style Home on Desirable 2nd Street, originally built in 1890. Highly Sought After Downtown Location... just a short walk to Main Street! Front Porch with Sitting Area, Three Bedrooms, Plus Den/TV Room (Guest Suite-4th Option), Office-Off Master, Two Remodeled Full Bathrooms, Powder Room, Large Kitchen, Formal Dining Room. Approximately 2,005 Square Feet, Large 6,750 Square Foot Lot, Detached 720 Square Foot Two Car Garage (Workshop Option), Upgraded Plumbing and Electrical, Double Hung Dual Pane Windows, Refinished Wood Flooring, Crown Molding, 7" Baseboards, Ten Foot Ceilings, Private Rear Yard with Upgraded Landscaping and Driveway. Visit 4326second.com.

SOLD AT \$1,300,000

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Open House Sat + Sun 1-4pm




Al Zielske

1683 Paseo Del Cajon - Pleasanton - \$1,250,000
Beautiful two-story 4 bedroom 2.5 bath Del Prado home. Complete with updated kitchen, fireplace in family room, and formal dining area. Amazing retreat space included in master bedroom. Large patio area includes pool and spa for your enjoyment. Located near schools, sports parks, and fairgrounds. Enjoy walks to Hansen Park and easy access to Highway 680. Only 6 minutes from Downtown Pleasanton, coffee shops, restaurants, and more!




Gina Piper

288 & 290 Ray Street - Pleasanton - \$800,000
Great investment or development opportunity located only 1/2 block from Main Street in downtown Pleasanton. Extra deep lot currently features a single family home and cottage in the rear. Plenty of room to grow!




Rosemary Yandell

5175 Northway Road - Pleasanton - \$1,050,888
Beautiful 4 bedroom 2.5 bath Pleasanton Valley home with updated kitchen and baths. Enjoy private backyard with pool great for relaxing. Great location right across from park between elementary and middle schools.

Open Sunday 1-4




Cindy Gee

9904 Longview Lane - Pleasanton - \$2,295,000
MILLION DOLLAR VIEWS!
This Gorgeous home has it all! Breathtaking views of the Valley! Updated gourmet kitchen with granite, stainless appliances, hardwood, and open floorplan. Enjoy approx 4600 sq ft, 4 bedroom 4 bath on approx 2.19 acres of pure nature! Perfect for entertaining friends or family! Three minutes to shopping, schools, freeway, and coffee!!




Gina Piper

5711 Athenour Court - Pleasanton - \$950,000
Beautiful and well maintained 3 bedroom, 2.5 bathroom, 1,887 sq ft home in Moller Ranch. Excellent westside location very close to BART, highways 580 & 680 and shopping. Low maintenance and drought friendly yard!




John Manos

6864 Maple Drive - Dublin - \$800,000
Updated home with excellent value just for you. This 4 bedroom, 2.5 bathroom home with a 2-stall garage will give you 1,830 sq ft of generous space to move about. Includes updates such as refinished hardwood floors, new interior and exterior paint, newer fences and replaced furnace. Situated in a friendly community within walking distance from schools, K-12. Also close to BART, I-580/680.




Gina Piper

857 Castlewood Place - Pleasanton - \$2,150,000
Enjoy the best views in Castlewood from this amazing home perched above the golf course featuring 4 bedrooms, 4.5 bathrooms and over 5,800 square feet of living space.

Open Saturday 1-4





Pilar Jacobo

2067 Fostoria Circle - Danville - \$560,000
Rarely available 3 bedroom/2 bath condo. Walking distance to stores, shops, restaurants and Iron Horse Trail.























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 AVAILABLE 993 PIEMONTE DR., PLEASANTON 4BD + Office / 4.5BA, 5582 Sq. Ft. Single Story. Located on the 3rd tee. Entertainers Dream w/Pool, Spa, BBQ & Bar. \$2,595,000 DEBRA MCMURPHY 925-699-0604	 OPEN SUN. 12-3 37789 PALOMARES RD., CASTRO VALLEY 4BD/3.5BA 2752 Sq. Ft. on approx. 22 acres on 2 parcels. Pool, Spa, Horse Stable, Tack bldg. \$1,495,000 NATALIE KRUGER 925-580-5963	 AVAILABLE 733 MAYVIEW WAY, LIVERMORE 5BD/2BA Newly updated home in Sunset West. Vaulted ceilings. \$774,999 PATI NORRIS 510-406-2306 REALTOR®, CRS CalBRE#01423928	 PENDING 6368 OWL WAY, LIVERMORE 4BD/3BA, 2582 Sq. Ft. Expanded floor plan-beautifully upgraded. JO GIBBONS - 925-216-6496 JENNIFER HOSTERMAN - 925-567-6868	 PENDING 7314 CRONIN CIRCLE, DUBLIN 2BD/1.5BA 906 Sq. Ft. Cute/Great Location. \$499,950 LOIS COX 925-200-8495 REALTOR®, CRS CalBRE#01005829							
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4 bd/2.5 ba, 2,194 +/- sq.ft. on a 7,268 +/- sq.ft. lot
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4533 SHEARWATER ROAD | PLEASANTON



4 bd/2 ba, 1,808 +/- sq.ft. on a 6,825 +/- sq.ft. lot
 Sold for \$1,061,000

“Moving out from the UK to Pleasanton my expectations on Estate Agent or Realtor service were at a set level. I can honestly say that working with Tim far exceeded our expectations on all levels. From local knowledge to negotiations, to working through the financials, to resolving inspections and agreed work between buyer and seller to post completion support Tim and his team have been fantastic. I strongly recommend looking nowhere else if you are selling , buying or moving within the Pleasanton, Dublin, Livermore area.”

— David Archbold
 2363 Woodthrush Way, Pleasanton

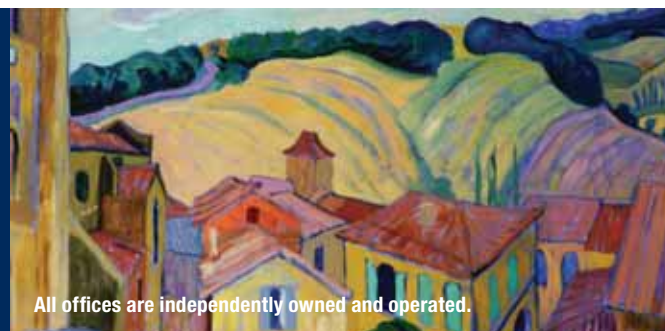


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5750 Singing Hills Avenue, Livermore
4 Bed | 2 Bath | 1,258 Sq. Ft. | \$575,000
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OPEN SAT & SUN 1-4

4611 Helpert Court, Pleasanton
3 Bed | 2 Bath | 1,555 Sq. Ft. | \$825,000
Kevin Wess
925.290.8143 | KBWess.com



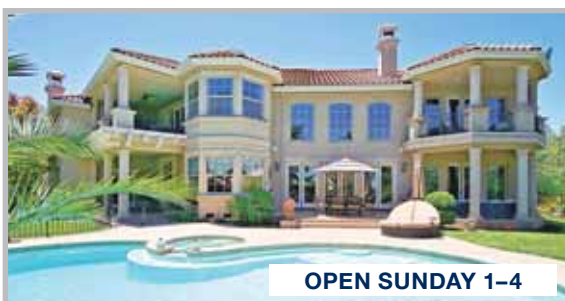
OPEN SUNDAY 2-4

2456 Alamo Glen Drive, Alamo
5 Bed | 4 Bath | 5,661 Sq. Ft. | \$2,788,000
Andrew Greenwell
925.963.0663 | andrewgreenwell.com



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3630 Pontina Court, Ruby Hill
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925.980.0273 | 925.519.8226 | FabulousProperties.net



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1757 Corte Glorieta, Livermore
2 Bed | 2 Bath | 1,707 Sq. Ft. | \$649,000
Melissa Pederson
925.359.9606 | melissapederson.com



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Martin Group
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GOLF COURSE LOT

5275 Clubhouse Drive, Pleasanton
.48 acre | Custom Home Lot | \$898,900
Brad & Ann Walker
925.899.4084 | walkerforhomes@gmail.com



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1008 Hearst Drive, Pleasanton
4 Bed | 4.5 Bath | 3,396 Sq. Ft. | \$1,575,000
Melissa Pederson
925.359.9606 | melissapederson.com



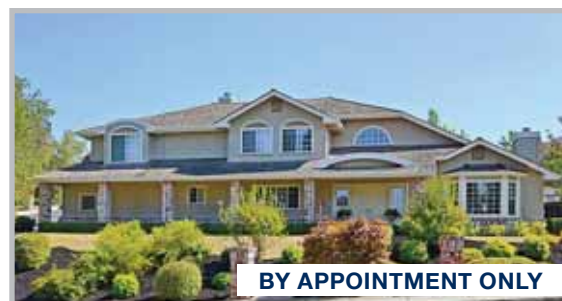
NEW PRICE!

1217 Piemonte, Ruby Hill
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Fran Cunningham
925.202.6298 | rubyhill.net



NEW ON MARKET!

4645 Black Avenue, Pleasanton
3 Bed | 3.5 Bath | 2,277 Sq. Ft. | Call for Pricing
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BY APPOINTMENT ONLY

2902 Victoria Meadows Court, Pleasanton
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4341 West Ruby Hill | 5bd/3ba
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BY APPOINTMENT



PLEASANTON \$1,799,000

4931 Dolores Drive | 5bd/3ba
Blaise Lofland | 925.251.1111
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PLEASANTON \$1,699,000

14 Fairway Lane | 4bd/3ba
Julia Murtagh | 925.251.1111
BY APPOINTMENT



PLEASANTON \$1,569,000

2456 Via De Los Milagros | 5bd/3ba
Tim McGuire | 925.251.1111
BY APPOINTMENT



LIVERMORE \$1,375,000

2480 Cowan Way | 5bd/4.5ba
Jo Ann Luisi | 925.251.1111
BY APPOINTMENT



LIVERMORE \$1,295,000

509 Alden Lane | 4bd/3.5ba
Linda Futral | 925.251.1111
BY APPOINTMENT



PLEASANTON \$910,000

3696 Virgin Islands Court | 5bd/3.5ba
Janna Chestnut | 925.251.1111
BY APPOINTMENT



PLEASANTON \$899,950

1729 Paseo del Cajon | 3bd/2ba
Maureen Nokes | 925.251.1111
OPEN SAT & SUN 1:00-4:00



PLEASANTON \$879,000

3865 Stone Pointe Way | 3bd/2ba
Tim McGuire | 925.251.1111
OPEN SAT & SUN 1:00-4:00



FREMONT \$639,999

4066 Grama Terrace | 3bd/1.5ba
David Neca | 925.251.1111
OPEN SAT & SUN 1:00-4:00



LIVERMORE \$619,900

575 McLeod Street | 3bd/1ba
Robin Young | 925.251.1111
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LIVERMORE \$350,000

3135 Chateau Way #207 | 1bd/1ba
Linda Futral | 925.251.1111
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