

Pleasanton Weekly

**Harvest Festival
begins today**

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Gas Mapping Tech

LIVERMORE RESIDENT

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AROUND PLEASANTON



By JEB BING



CITY OF PLEASANTON

The Stars and Stripes flies atop the center pole with the POW flag below it in this artist's rendering of the proposed veterans memorial at Pleasanton Pioneer Cemetery. Other flags on the adjoining 20-foot-high poles represent the Army, Navy, Air Force, Marines, Coast Guard and Merchant Marines.

Veterans memorial on way to final OK

It's taken nine years but at last one part of a plan for upgrading and renovating the city-owned Pioneer Cemetery on Sunol Boulevard has made it through the starting gate. The five members of the city's Parks and Recreation Commission voted unanimously last week to approve a proposed \$350,000 veterans' memorial design at the old flag pole site, with a six-star granite base at the high point of the cemetery and seven 20-foot-tall flag poles.

The Stars and Stripes will fly atop the center pole with the still-missing-in-action Prisoners of War (POW) flag below it. Flags on the other poles will represent the country's Army, Navy, Air Force, Marines, Coast Guard and Merchant Marines.

Members of the Pleasanton-based Veterans of Foreign Wars, Post 6298, and the American Legion's Post 237, other veterans and longtime boosters of improving the cemetery filled the City Council chamber to encourage a favorable vote by the commission.

They have been the most consistent advocates of upgrading the cemetery since the council at the time reluctantly agreed to take ownership of the 1800s burial ground — then called Pleasanton Memorial Gardens — from the Independent Order of Odd Fellows (IOOF). Faced with a diminishing membership, the fraternal organization was no longer financially able to continue owning and maintaining the site.

Although the city has since approved a renovation plan, the special memorial is a project proposed by veterans and their organizations which they will finance through fundraisers to honor the more than 500 veterans buried there.

Yet, as enthused as they were at last week's meeting, they were not at first convinced the Parks and Recreation Commission would approve their latest revised plan, a step needed before the proposal could go to the City Council for final approval.

The conceptual design earlier faced concern by members of the Public Art Selection Subcommittee (PASS), a council-appointed advisory group. While favoring the idea of a veterans memorial, PASS members felt the flag poles would be too high and the project itself, as proposed, "too grand and large for the area."

They recommended that sleeves be placed in the ground where flagpoles and flags could be placed for special events, but not permanently, that the scale and size of the memorial be reduced and that other park sites for a veterans memorial might be better.

At a later meeting, members of the Civic Arts Commission also reviewed the conceptual design, stating similar concerns and also questioning if the soils and subsurface in the cemetery could support the proposed memorial. They split 4-2 in granting their approval.

But Jim Norris, a consultant, said the plan under consideration had been developed over 11 months of study and recognizes the interests and support of Pleasanton veterans. He called the design a community recognition of the military service on behalf of the country by those buried at Pioneer and those living with many still serving today.

"This is right thing to do, right place and right time," he said. The Parks & Rec folks agreed, with a final look by the City Council due in November. ■

About the Cover

It's important to work with your doctor or pharmacist to manage medications and unwanted side effects. Cover design by Kristin Brown.

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Call for Nominations

The annual award program recognizing local unsung heroes



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Are Your Misfiring Nerves Causing Sudden Cramp Of The Hamstring, Calf, Foot Or A Combination Of These?

Are you also sick of hearing nonsense like "you need to drink more water" or "you need to stretch more" and you want REAL real answers? Then read on...



The key to finding out why you're waking up at night with intense and painful cramps in your legs is having the appropriate diagnostic tests.

Very often, the typical tests don't pick up the problem that's causing this to happen and in those cases, all you're left with is weak advice like "you're not stretching enough" or "you're not drinking enough water".

Seriously, if it was an issue of not drinking enough water, every muscle in your body would be cramping all at once since they all get the same amount of water. Right? As for stretching, it does give temporary relief in the daytime, but do you want to lay in bed stretching at 3am? And if it's worse, you have to get up and stretch, walk around, and your sleep is completely disrupted. Who wants that? You might get lots of other advice as well, all of which is just as deeply flawed, and you're likely to get something different from every healthcare provider that you speak to. They all have their own opinions. **But opinions won't help you stop the cramping. The solution to this problem comes from finding out what's really going on... So what's the answer?**

It's essential to understand that a muscle cannot cramp (contract painfully,

uncontrollably and spontaneously) by itself. Muscles need nerves to tell them to contract — if you cut the nerve, there will be no contract and longterm, there will even be muscle wasting — you would have seen this if you know someone who's been paralyzed or suffered some other type of nerve damage in an accident. Nerves are the source of muscular activity in the body — **FULL STOP.** When someone suffers from frequent and painful cramping problems, the first logical place to look should be nerve activity — but this is often completely overlooked and nerve misfires are usually never the suspected cause. **Nerve misfires are a cause of cramping.**

When a nerve is chronically mechanically disturbed (twisted, compressed, or stretched), it starts to misfire. Usually, it was cause the muscle to get tighter and more likely to cramp. Very often, there are no obvious signs or symptoms that this is happening and it quietly creeps up on you. Cramps can be the first obvious sign that something is wrong. **Recent advances in the technology used to measure nerve misfires have led to improved diagnostic methods which can remove the "mystery" of what is causing you to have the painful cramps.**

These tests are not about looking at markers that tell you **WHEN** the

machinery's gone wrong (like blood tests for cholesterol, etc.) this is about telling you **WHY** things have gone wrong. When the cause is identified and treated directly with the correct procedure (rather than covered up with symptom relieving therapies like medication, acupuncture or various physical therapies) then, and only then, can the cause of the problem be cured. In Pleasanton, this combination of important technology that diagnoses the cause of nerve misfires and their related health problems can be found at Intero Chiropractic. Call them now and get a full and thorough evaluation of your nerve system for just \$20, saving you \$80 off the normal cost. You will benefit from the latest comprehensive infrared thermal analysis of your nerve system which will **specifically locate misfiring nerves.** Don't suffer with those cramps any longer. Discover the diagnostic technology that will tell you **WHY** things are wrong and the proven natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve. Call them now at **(925) 255-5805** and cut out this valuable article now to take to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your cramps — and you'll be on your way to safe, lasting relief! Don't delay your important diagnoses and corrective procedure another moment! You can even call on the weekend and leave a message on their answering machine to secure your spot as they promise to return all calls. During the week, they are very busy, so if they don't pick up right away, please leave a message. For obvious reasons, they can't help everyone at this reduced price, so please call soon to secure your special opportunity Call **(925) 255-5805** NOW and leave a message if it's the weekend or the line is busy — they promise they will get back to you as soon as possible. **(Quote: BOS37CC5)**

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Streetwise

ASKED AROUND TOWN

What kind of music do you enjoy listening to?



Mike White

Mechanic

Most recently I've found myself listening to and enjoying hard rock. Very hard rock, like 5 Finger Death Punch. They're a heavy metal band out of Las Vegas. My favorite albums of theirs are "The Way of the Fist" and "War Is the Answer."



Allison Lindblom

Nursing student/certified nurse assistant

Well, what I enjoy listening to depends upon what I'm doing. If I'm studying, I like something calm and classical, but if I'm running, I like to listen to rock music or anything else with a good, consistent beat. When I'm driving, I like to listen to whatever will keep me alert and awake at the wheel.



Sue Wright

Teacher

Oh, I really enjoy listening to country music. I'm a big fan of country because the songs always tell a story, and I can relate so well to so many of them.



Chris Jacob

Owner, Paintless Auto Dent Removal Co.

The music I enjoy listening to often depends on my mood. For example, when I'm in a great mood, I like to listen to worship music because the lyrics are so impactful, and make me feel even better than I already feel.



Bill Lebens

Construction management

I like listening to all kinds of music, even rap music when my kids are around, because I like to keep an open mind. My tastes are pretty eclectic. I enjoy classical, country and classic rock because the music sets the mood — and the mood sets the music.

—Compiled by Nancy and Jenny Lyness

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DIGEST

Tri-Valley Heroes

The Pleasanton Weekly and DanvilleSanRamon.com continue to solicit nominations and sponsorships for the annual Tri-Valley Heroes awards — our salute to the community members dedicated to bettering the Tri-Valley and the lives of its residents.

Individuals who live or work in San Ramon, Danville, Alamo, Pleasanton, Dublin or Livermore are eligible, as are organizations and businesses headquartered in these communities.

If you know a person, organization or group deserving of recognition, complete the nomination form available at www.PleasantonWeekly.com. Nominations can also be emailed directly to Gina Channell-Allen (GAllen@embarcaderomedia-group.com), but make sure all the information requested on the form is included.

Nominations must be received by 5 p.m. this Monday.

Our panel of “hero” judges will bestow honors in eight categories. The award recipients will be announced Oct. 9, and the awards ceremony is set for Oct. 19 at the DoubleTree by Hilton Hotel Pleasanton at The Club.

Paws in the Park

Join Valley Humane Society and hundreds of pet lovers Sept. 27 for the fifth annual Paws in the Park charity walk and free animal festival to benefit local dogs and cats who need a home.

The event runs from 10 a.m. to 3 p.m. at Amador Valley Community Park, located at 4301 Black Ave. in Pleasanton.

Walk registration fees include a T-shirt and schwag bag, and are \$25 for individuals, \$40 per couple and \$10 for youth age 12 and under. “Virtual” walkers may register for \$10.

Proceeds support the rescue, care and adoption of local dogs and cats who have been abandoned or otherwise made homeless, and this year’s fundraising goal is \$50,000. For registration or sponsorship info, visit www.valleyhumane.org.

Tri for Real

This Sunday, On Your Mark Events will host its 28th annual Tri for Real event, capping its Tri for Fun Triathlon Series that features three noncompetitive, shorter triathlons leading up to a final ‘real deal’ triathlon at Shadow Cliffs Regional Park in Pleasanton.

Check-in and registration Sunday will begin at 5 a.m., with the first wave hitting the water at 7 a.m.

To register or to learn more, visit www.onyourmarkevents.com or call 209-795-7832. ■

Allen’s sea glass artistry at Harvest Festival, which opens today

Planning Commission chair making 1st appearance at Fairgrounds show

By JEB BING

Nancy Allen, a jewelry artist, entrepreneur and also the chairwoman of the Pleasanton Planning Commission, will be featuring her first exhibit at the annual Harvest Festival, which opens today for a three-day run at the Alameda County Fairgrounds.

The event is one of the top-rated craft shows in the country, offering over 24,000 handmade American arts and crafts. Shoppers can browse original art, jewelry, clothing, specialty foods, home decor and more.

Although Allen has spent more

than 25 years living in Pleasanton, her heart belongs to the sea, according to Liz Rosinski, a spokeswoman for the Harvest Festival.

As a lifelong surfer and ocean lover, Allen would constantly come in contact with and collect sea glass. It wasn’t until she retired from the corporate world that she decided to use that love of sea glass to create her own jewelry company, Monterey Bay Sea Glass.

“With sea glass, no two pieces are the same,” Allen said. “So if you are creating a set of earrings, it could take days and months to find stones which are similar in size and

color.”

What many people may not know is that sea glass is becoming harder and harder to find, she added. Because of more stringent litter laws, greater use of plastic and more people collecting, sea glass isn’t turning up on beaches in the same quantity it used to. Plus, many of the best places to collect sea glass are in treacherous locations, which aren’t easily accessible.

One of the goals of Monterey Bay Sea Glass is to remain a green and

See **HARVEST** on Page 6



CONTRIBUTED PHOTO

Jewelry artist and Planning Commission chairwoman Nancy Allen will present an exhibit at the Harvest Festival.



DINO VOURNAS/CITY OF PLEASANTON

Play Bernal

Sierra O’Donnell (from left), Erica Haley and Kayla Robertson lead the opening day soccer parade on Main Street last Saturday with a banner promoting “Play Bernal,” a campaign by local sports groups to raise a minimum of \$2 million to help fund new sports fields on the \$16.5 million Bernal Community Park expansion now underway.

“Play Bernal” stickers were passed out to hundreds watching the soccer parade while hundreds of players also sported the promotion on their uniforms as they headed from the downtown event to start the 2015 season.

Sewer district to appoint board member to fill vacancy

Recruitment underway; new official to serve through 2016

The Dublin San Ramon Services District Board of Directors has decided to appoint a representative to fill the open seat on the board rather than ordering a special election.

The agency, which provides sewer service to Pleasanton on contract, will be accepting nominations for the open board seat. The vacancy comes after former board member Dawn Benson resigned in August to pursue a job within the district.

The appointed board member’s

term will run through 2016, half of the remainder of Benson’s term, the district stated in a release.

The board member will have voting authority about decisions that affect the water and wastewater agency, which also provides services to Dublin and San Ramon.

To apply, candidates should submit an application (which can be found on the district’s website under “News”) to district secretary Nicole Genzale by 5 p.m. on Sept. 28 via board@dsrcsd.com. Applications can also be mailed to the

attention of the district secretary at Dublin San Ramon Services District, 7051 Dublin Blvd. Dublin, CA 94568.

The district secretary will notify candidates Sept. 29 about interview scheduling, and an appointment decision will be made no later than Oct. 18, officials said.

To be eligible to serve on the board, applicants must be at least 18 years old, a registered voter and live within the district’s service boundaries. ■

—Meredith Bauer

HEAD OF THE CLASS

Bull takes reins at Donlon

New principal has deep roots in Pleasanton schools

By MEREDITH BAUER

When Sebastian Bull steps onto Donlon Elementary’s campus, he isn’t thinking about grants that need to be written or schedules that need to be planned.

He’s thinking about the hundreds of kids under his care. He said he wants to make sure every day students know “we’re going to work hard, but we’re going to laugh.”



Sebastian Bull

Bull, 43, is Donlon’s new principal, but the city resident is no stranger to Pleasanton Unified. He worked for the past 16 years at Amador Valley High teaching kids about history and its place in their lives.

He spent the past five years as a vice principal at Amador Valley before beginning his position as Donlon principal just before the start of this school year.

As Bull steps into the position, he said he realizes parents may be wondering about his long-term plans. Bull is Donlon’s sixth principal since 2009, with some principals lasting a year.

Bull’s roots are deeply embedded in Pleasanton, he said. His wife — a Pleasanton native with family in

See **PRINCIPAL** on Page 8

Water experts talk diversifying supply at Pleasanton summit

More droughts likely, participants said

By MEREDITH BAUER

Members of local water agencies and economic boards gathered this week to tackle a looming, difficult question: What can be done to weather the drought, given that the current approach isn't working?

The East Bay Leadership Council and the Pleasanton Chamber of Commerce held the Tuesday morning summit to discuss the region's water supply crisis.

East Bay water retailers are in a tough spot this year. The years-long drought has complicated their existing plans for how they normally received water, and not all retailers

are getting the water they need from their current suppliers.

Locally, water retailers in Pleasanton, Livermore and Dublin buy a majority of their water from the Zone 7 Water Agency, and the retailers then sell to homes and businesses. A big problem is Zone 7 buys its water from the State Water Project, which hasn't been supplying enough water to meet demand — snowfall is the key to the project's water supply, and there's been little snowfall during the drought.

The fact California is growing — increasing demand for water — and climate change is altering the

way the state's weather works compounds the problem, officials said at the summit. The water experts also touched upon a key, if unsettling point: Periods of drought may be the new normal, and agencies have to prepare for that possibility.

Newsha Ajami, director of Urban Water Policy at Stanford University, said the plans water agencies made 50 years ago aren't holding up to today's demands.

"Some of the assumptions we made on that complicated system are not working anymore," she said.

So, what can local agencies do to

make sure homes, businesses and farmers have the water they need?

Speakers at the summit focused on diversifying supply, rethinking demand and encouraging partnerships to tear down bureaucratic walls that complicate the problem.

Since local retailers feel Zone 7's water source isn't reliable, some are looking to supplement their water needs by building reservoirs, building pipelines to buy water from northern areas of California or pushing for a desalination plant in the San Francisco Bay, among other ideas, according to representatives at the summit.

Speakers discussed the pros and cons of some options, emphasizing there may be better options than building new infrastructure, such as partnering with agencies that already have infrastructure in place.

B.J. Miller, former vice chairman of the California State Water Resources Control Board, encouraged water retailers to pursue solutions in their own backyard, rather than buying water from far away. He said two of the most important tools for any water retailer nowadays are deal-making and public education. ■

Interact clubs refurbish Pleasanton 'Welcome' signs

Gateway signs installed in 1970s

By JEB BING

Pleasanton's two Interact clubs have restored road-side welcome signs that have greeted motorists on main roadways as they drive into town.

Members of the two Rotary-sponsored high school clubs scrubbed, repaired, repainted and replaced the community service emblems that stand as gateway signs to Pleasanton.

The organizations shown on the signs include the 4-H Club, Assis-

tance League of Alameda County, Daughters of the American Revolution, Kiwanis International, Lions International, Masonic Lodge, Rotary International, Soroptimist International and Veterans of Foreign Wars Post 6298.

The signs were originally built by the Rotary Club of Pleasanton in the 1970s, so it made sense to the steering committee of the recently completed 50 Years of Rotary Celebration to suggest that the Amador Valley and Foothill high Interact clubs freshen up the signs as a visible contribution to community.

"The structures and signs on display were badly weathered," said Kevin Greenlee, Youth Service chairman and Interact Club adviser with the Pleasanton North

Rotary Club. "The 'Welcome to Pleasanton' signs were not too welcoming."

"Our Interact clubs saw this as an opportunity to make a visible and lasting improvement for everyone in our community," he added.

Work on the four gateway signs was completed in August.

The city of Pleasanton contributed \$1,000 worth of material and labor to restore the original wood structures on northbound Sunol Boulevard near the Interstate 680 interchange, at the intersection of Hopyard Road and Stoneridge Drive and on southbound Santa Rita Road near the Rose Pavilion. A fourth gateway sign at Stanley Boulevard and Valley Avenue needed only cosmetic repainting.

Greenlee guided the work of nine Interactors including Amador High Interact Club president Sam Huo and Foothill Interact Club incoming president Mikayla Tran. New Rotary logo signs were installed along with a tag line of "3 Clubs - Join Us!" to inform the public that Pleasanton has three Rotary clubs.

The Interactors contacted other community service organizations with logos displayed on the gateway structures to determine if they wanted their signs refurbished or replaced. Badly worn and outdated signs were removed.

"The work has put a welcoming appearance back on these gateway signs for decades to come," Greenlee said. ■

HARVEST

Continued from Page 5

and sustainable company, Allen said. She always carries an extra bag with her when she collects sea glass and fills it with real garbage in an effort to reduce beach waste.

"The Harvest Festival offers Pleasanton residents the chance to conveniently shop in their own backyard while also bringing new business and tax revenue to the city," said Allen, who will join 250 other artisans exhibiting and selling at the show.

The festival has partnered with the Crown Monarchs Youth Cheer and Dance Team of Brentwood, naming it as its designated charity. The organization will receive half of the proceeds from all shopping bags sold at the Harvest Festival during the weekend event. The Monarchs will also be hosting the hands-on KidZone, which offers make-and-take art and craft activities.

The Harvest Festival is also supporting the Alameda County Community Food Bank by offering \$2 off a regular or senior admission to anyone who brings a nonperishable food donation to the event.

In addition to arts and crafts, the festival will feature a wide array of entertainment, including the Hot Rods, a band that plays the tunes of Elvis, Buddy Holly, Chuck Berry and more. Another featured performer will be comedic daredevil John Park, Big Mama Sue and Fast Eddie strolling the grounds and WC Willy, who will be towering high above the crowds as he roams the fairgrounds on his stilts.

The Harvest Festival is open today and Saturday from 10 a.m. to 6 p.m., and Sunday from 10 a.m. to 5 p.m. General admission is \$9, \$7 for seniors 62 and older, \$4 for those 13-17 years old, with no charge for children 12 years old and younger.

Parking at the fairgrounds is \$8.

For more information, sign on to the Festival's website at www.harvestfestival.com or call 1-800-346-1212. ■

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KEVIN GREENLEE

Foothill High Interactors show off their work on a refreshed "Welcome to Pleasanton" sign at the intersection of Hopyard Road and Stoneridge Drive. Club members (from left) are Mikayla Tran, Megan Do, Toby Diehl and Eileen Lu.

express

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ValleyCare nurse suing sheriff's department after attack

Lawsuit claims deputies should have protected her from the patient they brought to the hospital

BY MEREDITH BAUER

A Stanford Health Care-ValleyCare nurse is suing the Alameda County Sheriff's Office, alleging deputies should have been guarding a man they brought to the Pleasanton hospital who later tried to sexually assault her.

A complaint that moved to federal court Sept. 8 demands a jury trial for unspecified damages relating to the alleged assault against the nurse, whom the Pleasanton Weekly is not naming because of the nature of the crime. She still works at the Pleasanton hospital.

Elias Michael Diamond, a 46-year-old Oakland resident, was arrested Aug. 29, 2014, for allegedly masturbating in a public park in San Leandro. Diamond was only wearing a bikini top and bottom when officers arrested him, police said. He was booked into Santa Rita Jail, which is operated by the

sheriff's office.

According to the lawsuit, on the night of Sept. 7, 2014 or the morning of Sept. 8, 2014, sheriff's deputies brought Diamond to the hospital — then known as ValleyCare Medical Center — in Pleasanton for unspecified medical treatment.

At some point while hospitalized, Diamond was released from the custody of the sheriff's office, but medical staff weren't warned about Diamond's mental state, the suit alleges.

The nurse found Diamond wandering around in the hallway, disoriented and half-dressed. She led him back to his room, and when they were inside, he allegedly strangled her and tried to force her to give him oral sex, according to the lawsuit.

She screamed and fought Diamond, and he injured her and at least one other person in the scuffle, court records indicated.

Hospital staff called Pleasanton

police, who arrested Diamond and took him to Santa Rita Jail.

"The sheriff's officers are not doing their job if they are bringing such people to get medical care and not notifying staff that such people need additional precautions," said Nathaniel Leeds, an attorney for the ValleyCare nurse.

The County Counsel's Office and sheriff's office spokesmen didn't respond to requests for comment about the case.

Diamond is being held without bail at the Napa State Hospital while his criminal case progresses, according to court records.

Leeds filed the suit in Alameda County court in July, and county lawyers moved to have it transferred to federal court last week.

Stanford Health Care acquired ValleyCare earlier this year and renamed the facility Stanford Health Care-ValleyCare. ■

TAKE US ALONG



On the beach:

The Bautista family took the Weekly along on a Caribbean cruise. Here, brothers Kyle Bautista and Nate Dingler enjoy the sun at Orient Bay, St. Maarten.

To submit your "Take Us Along" entry, email your photograph to srhodes@pleasantonweekly.com. Be sure to identify who is in the photo (names listed from left to right), the location, the date and any relevant details about where you took your Weekly.



5th Annual
PAWS IN THE PARK
charity walk and animal festival

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COURTESY OF BRENDA MCFARLANE

Foothill senior Matthew Maniti (left) poses for a photo with a fellow wrestling team member, Timothy Fountain (right), in March. Maniti died Aug. 30.

Scholarship fund established to memorialize Foothill senior

Matthew Maniti Fund to provide college scholarships

In the wake of the death of Foothill High senior Matthew Maniti Aug. 30, members of the school's booster club have set up a college scholarship fund in his name.

The Matthew Maniti Fund will provide \$1,000 scholarships to Foothill seniors who shared Maniti's passions: wrestling and caring for others, said Brenda McFarlane, treasurer of the Foothill Athletic Boosters.

Details of the scholarship are

still being determined, but one scholarship each year will probably be given to a student who practices wrestling or is involved in the Peer Advocates club, she said. Both activities were important to Maniti.

"Wrestling was a big part of what he did at Foothill," said McFarlane, who met him at her own son's wrestling practices. "His parents thought that would be a really good way to remember

him."

She said the Athletic Boosters is hoping to raise \$5,000 to \$10,000 so the scholarship can continue for five to 10 years.

Donations to the scholarship fund can be mailed to or dropped off at Fremont Bank, 6654 Koll Center Parkway #345, Pleasanton, CA 94566. All donations should be made payable to the Foothill Athletic Boosters. ■

—Meredith Bauer

Pleasanton students score high marks on new state testing

75% either met or exceeded levels set for Common Core

By MEREDITH BAUER

About 75% of Pleasanton students who took the California Assessment of Student Performance and Progress (CAASPP), the new state test meant to check if students are learning Common Core standards, either met or exceeded those standards, according to testing data released last week.

"I am thrilled to see the positive PUSD results of the (state) tests," said interim superintendent Jim Hansen. "This is a product of the hard work and dedication of our classified, certificated, and administrative staff and is indicative of the amazing work of Dr. Odie Douglas and his Ed Services team. Our students showed that they are capable of meeting the challenges of this rigorous test, which will prepare them for their future."

Hansen also praised assessment

coordinator Mike Kuhfal and staff of the district's Technology Department at large for helping teachers and students get ready for the test.

The test replaces the annual Standardized Testing and Reporting (STAR) examinations and aligns with the Common Core standards that were adopted statewide last year.

A total of 80% of Pleasanton Unified students tested met or exceeded English language arts and literacy standards, and 73% met or exceeded math standards. The CAASPP test was given to students in third through eighth grade in the spring, as well as 11th grade.

California as a whole did not fare nearly as well — particularly in poorer areas. As a whole, 44% of California's public school students met or exceeded English standards, and 33% met or exceeded math

standards.

However, state superintendent Tom Torlakson emphasized since this is the first year students have ever taken the CAASPP — and the first year they've ever been exposed to Common Core standards — these numbers should be a benchmark for growth.

"The results show our starting point as a state, a window into where California students are in meeting tougher academic standards that emphasize critical thinking, problem solving, and analytical writing," Torlakson said.

"California's new standards and tests are challenging for schools to teach and for students to learn, so I am encouraged that many students are at or near achievement standards," he added. "However, just as we expected, many students need to make more progress. Our job is to support students, teachers, and schools as they do."

Surrounding districts scored similarly to PUSD, with 77% of Dublin Unified students who were tested meeting or exceeding English standards and 69% meeting or exceeding math standards.

At Livermore Valley Joint Unified District, 58% of students tested met or exceeded English standards and 44% met or exceeded math standards. At Sunol Glen Unified, 72% met or exceeded English standards and 70% met or exceeded math standards — although 11th-grade data wasn't available or factored into that district's averages.

In nearby San Ramon Valley Unified, 81% of students met or exceeded English standards and 73% met or exceeded math standards. ■

Local agencies honored for cooperation

City of Pleasanton, five other groups recognized for sharing resources, personnel during lean times

Six cities and water management agencies in the Tri-Valley were recently honored by a state commission for their ability to share resources related to water management.

The California Local Agency Formation Commission awarded the cities of Pleasanton, Dublin, Livermore and San Ramon, as well as the Dublin San Ramon Services District and the Zone 7 Water Agency, with the Government Leadership Award at the commission's annual conference on Sept. 3.

The agencies provide water, wastewater and stormwater service to about 277,000 people in the Tri-Valley.

The commission looked at

how these municipalities and agencies work together to provide services to the area. The commission's study also identified 15 areas where more integration could occur and other options for long-term cooperation.

The six honorees established a partnership plan as a result of the award study. The resulting "Tri-Valley Intergovernmental Reciprocal Services Master Agreement" will make it easier for agencies to coordinate when sharing resources or personnel, local officials said. The Livermore Area Recreation and Park District also joined in the agreement. ■

—Meredith Bauer



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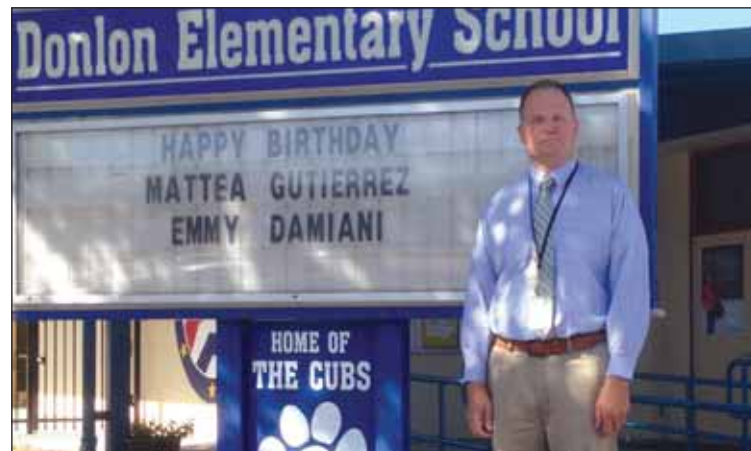
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MEREDITH BAUER

Donlon Elementary principal Sebastian Bull poses in front of the school's sign. Bull said he's excited to be in a role where he can help students, teachers and staff succeed

PRINCIPAL

Continued from Page 5

town — teaches science at Amador Valley, their 5-year-old son attends kindergarten at Lydiksen Elementary, and they plan to send their 3-year-old to a district elementary school once he's older.

"I have no plans on going anywhere," he said. "My focus is on Donlon and learning what the school has and what the school needs."

His passion for teaching comes from a desire to help people, he said. To that end, he said he's been supported by his wife who inspires him by "how hard she works and her passion for teaching" and his father — "mostly because I never want to let him down," he said with a smile.

Bull may look serious when walking across campus — he said his thinking face can make him look grumpy — but he likes to joke with kids and help students realize learning can be fun. His focus as an administrator will be on maintaining the school as a place where students, teachers and staff feel supported, enriched and safe.

"I've always felt I need to find different ways to engage the students and find different ways to draw them in," he said. "People describe me as

pretty caring and helpful. I worry about people a lot and try and find ways to solve their problems."

When off-campus, Bull said he spends most of his free time with his wife and sons. They travel when possible, play soccer, swim, learn about dinosaurs and spend time creating with every young child's go-to toy: "Legos, of course," he said.

Students are often surprised when they learn Bull has a hidden English accent. Born in England, Bull moved to Los Angeles when he was 6 for his dad's job. He said he quickly learned to speak with an American accent to avoid getting picked on at school but can switch back when needed.

He said that bit of trivia made lessons on the American Revolution a bit more fun when he was a classroom social studies teacher.

"I still do have my English accent when I'm around my family," he added.

Bull received his bachelor's degree in geography from UC Santa Barbara, his master's degree in education and teaching credential from Mills College in Oakland and his administrative credential from Cal State East Bay.

He receives an annual salary of \$127,980.53 as principal of Donlon Elementary, which is located at 4150 Dorman Road. ■



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How the Tooth Fairy can teach kids about money

Teach them to handle coins first, then on to the dollar bills

By NATHANIEL SILLIN

When those first baby teeth start wobbling, you and the Tooth Fairy can combine forces to teach your kids about money.

A recent survey indicates that the average price of a lost tooth is \$3.19 in 2015. This is the fourth consecutive year that young Americans are finding more than \$3 under their pillows from the fabled fairy. That puts a full set of 20 departing baby teeth around \$63.

The survey also found that the most common monetary gift given by the Tooth Fairy is \$1, and that dads report the Tooth Fairy is more generous, giving nearly 27% more than what moms report.

First, how much should parents give?

While not an endorsement of how much money children should receive, new Visa app and calculator use latest survey data and demographic factors such as gender, age, home state, family size, marital status, income and education levels to formulate how much money the Tooth Fairy is leaving in comparable households.

You might consider giving kids a piggy bank — or a series of piggy banks for specific purposes such as spending, saving or investing — to have ready once that first tooth comes out. Talk with your child about the importance of putting some money away when it comes in for vari-

ous purposes including charity, so he or she learns about the importance of helping those with less.

Here's how the Tooth Fairy can help you guide your kids through their important, first-time money activities:

Learning to handle coins and currency. Kids need a bit of time to get to know coins and bills — what they feel like, what they're worth and how they're used. Start by letting them handle a few coins and then start identifying their value — how five pennies make a nickel and two nickels make a dime, and so on. Before a child can save, spend, invest or share, they have to understand the value of money that the Tooth Fairy has left under their pillow.

Making their first purchases. Tooth Fairy money may be a child's first source of income. Teaching your kids about the value of money is an important lesson. It's a chance to balance fun and priorities, wants and needs. Once a certain amount of money is set aside for savings, then head to the store with your kid to look for a small toy or treat. It's important to discuss the item first and to encourage comparison-shopping for the best price. But once the item is selected, put the child in charge of the transaction.

Dealing with other sources of monetary gifts. The Tooth Fairy often provides that first connection between kids and

cash, but other money resources usually arrive soon afterward. Starting school means allowances and children may already be getting birthday and holiday gifts of cash from friends and relatives. With every new source of funds, keep the discussion going on the importance of spending wisely while saving, investing and giving to those in need.

Budgeting. As kids get older and start using money more extensively, introduce them to the concept of budgeting — the practice of tracking, counting and allocating spending. Parents might want to give themselves a refresher course if they're not consistent about budgeting their own money.

Moving from piggy banks to real banks. Kids can keep a piggy bank around as long as it's effective, but kids need to see how adults handle money. Regular trips to the bank allow children to ask questions about how banks work and why they're important. Eventually, they'll be ready for their first savings account. See what account savings options your bank provides for young children.

Bottom line: Lost teeth are an educational gold mine for your child. You and the Tooth Fairy can work together to make each little windfall an important lesson about money. ■

Editor's note: Nathaniel Sillin directs Visa's financial education programs.

Thoratec warns heart device users to check battery expiration date

By JEB BING

Pleasanton-based Thoratec Corp. this week issued a voluntary Urgent Medical Device Correction Letter to all hospitals who have patients supported with its HeartMate II LVAS, reminding them to monitor the expiration date of the system's backup battery.

An HeartMate II is a mechanical device that helps people when their heart is too weak to pump blood. Although it doesn't replace the heart, it assists in pumping oxygen-rich blood throughout the body so that the organs and muscles can function properly. The system has parts that work inside and outside the body.

Inside, the heart pump is attached to the left side of the heart. Outside, a controller, batteries and drive-line help to power and control the heart pump. A backup battery has a 36-month expiration date which, if allowed to expire, triggers an advisory alarm, indicated by a yellow wrench symbol.

Thoratec representatives said they had recently received reports of patients experiencing ad-

visory alarms for expired backup batteries. Some of these patients attempted to switch from their primary to a backup system controller, and of those, three were unable to connect their pump to their backup system in a timely manner, resulting in two patient deaths and one serious injury.

The Urgent Medical Device Correction Letter is intended to prevent the occurrence of certain preventable advisory alarms that may result in patients deciding to attempt a system controller exchange, the company said.

Thoratec officials said they are working with hospital staff to identify patients that may be close to reaching the 36-month expiration date of their backup battery in order to make a priority replacement.

The company said that patients with a HeartMate II LVAS with the serial number starting with the letters "EPC" are not affected by warning and need to take no action.

Patients with questions should contact their doctor or HeartMate II coordinator at their hospital. ■

Chevron donation program to contribute \$1 million to area schools

Schools in Alameda and Contra Costa counties eligible to receive money for projects

By MEREDITH BAUER

Chevron launched its annual school donation program earlier this month to provide funding to schools in Alameda and Contra Costa counties.

The Fuel Your School program will provide \$1 million for eligible projects to local schools, according to a company release. Chevron, which is headquartered in San Ramon, is inviting local schools to pitch their projects to the company for funding.

While the program is nationwide, a total of 66,399 students in Alameda and Contra Costa counties received school supplies from this corporate donation program last school year, the release stated.

Last year, projects at 19 Pleasanton schools were funded by the program, said program spokesman Brent Tippen.

"At Chevron, we are proud to

support the educational development of the students in the communities where we live and work," Dale Walsh, president of Chevron Americas Products, said in a statement. "Through the Fuel Your School program, Chevron is able to help schools and teachers acquire the materials necessary for our youth to succeed."

To submit an idea, visit www.DonorsChoose.org. From Oct. 1-31, Chevron will donate \$1 when consumers buy eight or more gallons at participating Texaco and Chevron stations, up to \$1 million.

Several Pleasanton classrooms have active proposals online, including a \$1,196 pitch from Amador Valley social studies teacher Brian Ladd.

His pitch is to add five Chromebooks to the department, which currently has 72 Chromebooks for 500 students, according to the pro-

posal. As of this week, he only had about \$68 to go until his pitch was funded.

Last year, the program funded 661 school projects, including Molly Moloney's classroom in the Richmond College Prep Charter School, which received lab equipment.

"Thanks to the help of Chevron's Fuel Your School program, the lab equipment will make a huge difference for my students," Moloney said a statement. "Reading from a textbook can never be nearly as engaging or meaningful. My students love science so much more when they can take part in hands-on scientific experiments. This will really help them develop as budding scientists."

Pleasanton has several Chevron stations, including one on Valley Avenue and one on Santa Rita Road. ■

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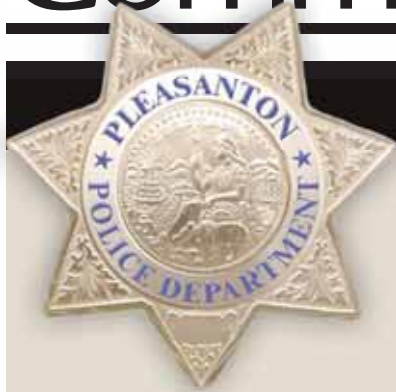
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POLICE BULLETIN

Pleasanton man accused of trying to take vehicle at car wash

A 19-year-old Pleasanton man was arrested Saturday for allegedly trying to carjack a vehicle while a teenager sat inside waiting for his father.

Rahul Singh Bhatia went up to a vehicle at the California Shine Company on Johnson Drive and started talking to a 16-year-old boy who was in the car, according to Pleasanton police.

Police allege Bhatia raised his shirt as if to show off a weapon, and the teen, who didn't see a weapon, became alarmed and drove away from Bhatia.

Bhatia was later contacted by police, and he admitted to speaking with the teen but denied trying to steal the car, police stated.

He was arrested on suspicion of attempting to steal the car and was being held at Santa Rita Jail on \$100,000 bail as of Monday, according to jail records.

In other police news:

- A Pleasanton family awoke last week to find their car was broken into, and credit cards, theme park passes and a child's softball bag were stolen, according to police.

A resident in the 1000 block of Malaga Court told police someone got into the car overnight on Sept. 5, and the glove box had been opened and credit cards and \$610 worth of items and cash were gone, police stated.

Seven credit cards, Universal Studios Hollywood season passes, a fast-pitch softball bat, a helmet, cleats, a softball mitt, and a driver's license were among the missing items, police stated. No arrests in the case had been made as of Monday.

- A Pleasanton home was burglarized between Sept. 5 and 6 while the homeowners were away, causing \$1,500 in damage.

An unknown burglar smashed the rear sliding glass door at a home on the 2600 block of Calle Alegre and took \$800 in jewelry — both real and costume, according to police.

The burglar took a jewelry box, which contained a watch

and an urn that held the ashes of a family dog, police stated. No arrests had been made in relation to the break-in.

- Pleasanton police arrested a Hayward man on suspicion of shoplifting after alleging he took unpaid items from another person and walked out of J.C. Penney.

Loss prevention officers allegedly saw Vinay Kumar Padakanti, 24, around 10 p.m. last Friday via the Stoneridge Shopping Center store's video system talking with another man near the store's entrance after Padakanti purchased a shirt, Pleasanton police stated.

Padakanti allegedly opened his store bag, and the other man put \$500 worth of clothing inside while Padakanti looked around the store. Soon after, Padakanti left the store, and loss prevention officers confronted him, police stated.

According to police, Padakanti told officers the other man asked Padakanti to hold his purchased items because they were heavy, and when he walked away, Padakanti didn't have time to wait for him, so Padakanti left with the items.

Padakanti was arrested on suspicion of shoplifting and given a notice to appear in court, police stated. ■

—Meredith Bauer

PPD adds 2 new officers, promotes 2 others

By MEREDITH BAUER

The Pleasanton Police Department has welcomed two new officers and promoted two others to higher ranks.

Maria Munayer was promoted from sergeant to lieutenant, and Benjamin Sarasua was promoted from officer to sergeant. Two new officers, Matt Harvey and Ken White, were also sworn in. All these jobs filled vacancies.

Munayer, an Alamo native, joined PPD in 2001 and has served on patrol, as a detective, on the SWAT team and in the Special Enforcement Unit. She also co-founded the Bridgwatch Angels, a nonprofit that organizes officers who patrol the Golden Gate Bridge during holidays to prevent suicides.

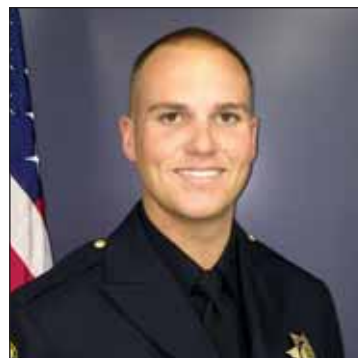
She received her Bachelor of Sci-



Lt. Maria Munayer



Sgt. Benjamin Sarasua



Officer Matt Harvey



Officer Ken White

ence from the University of San Francisco, and her master's degree in leadership studies from St. Mary's College.

Sarasua, a Pleasanton native and Amador Valley High graduate, served in the Marines during Oper-

ation Iraqi Freedom before joining the Pleasanton police in 2007. He's served on the SWAT/sniper team, force operations, as a detective and as a field training officer, as well as assisted with the department's strategic planning committee and

branding campaign.

He received his bachelor's degree in criminal justice from Cal State East Bay, and his master's degree in emergency management from American Military University.

Harvey and White graduated

from the Southbay Regional Police Academy in San Jose on Sept. 1 before being sworn in here.

Harvey, a Foothill High alum- nus, is a former Pleasanton police explorer. White is a former Nordstrom loss-prevention officer. ■

POLICE REPORT

The Pleasanton Police Department made the following information available.

Aug. 30

Assault

- 11:42 a.m. in the 3800 block of Vineyard Avenue

Burglary

- 2:28 p.m. in the 2100 block of Crestline Road

Aug. 31

Theft

- 6:06 a.m., 8200 block of Moller Ranch Drive; theft from auto
- 10:55 a.m., 1100 block of Santa Rita Road; theft

Missing person report

- 8:34 a.m. on Stoneridge Mall Road

Fraud

- 10:44 a.m. at Stoneridge Mall
- 3:29 p.m. in the 5400 block of Black Avenue

Assault

- 1:49 p.m. in the 5800 block of Parkside Drive
- 7:18 p.m. in the 5100 block of Hopyard Road
- 7:18 p.m. in the 5100 block of Hopyard Road

Burglary

- 3:28 p.m. in the 2400 block of Skylark Way
- 5:08 p.m. in the 5100 block of Golden Road

Sept. 1

Theft

- 1:48 a.m., 8000 block of Horizons Court; theft
- 3:57 a.m., 8300 block of Moller Ranch Drive; theft
- 4:04 p.m., 6200 block of Stoneridge Mall Road; auto theft

Auto theft recovery

- 2:48 a.m. in the 3900 block of Stoneridge Drive

Assault

- 5:33 p.m. in the 5200 block of Hummingbird Road

Fraud

- 5:22 p.m. at Stoneridge Mall
- 6:38 p.m. at Stoneridge Mall

Sept. 2

Theft

- 9:40 a.m., 5100 block of Golden Road; theft from auto
- 12:21 p.m., 4400 block of Clovewood Lane; auto theft

- 5:13 p.m., 5900 block of Stoneridge Mall Road; theft from auto

Sept. 3

Theft from auto

- 6:08 a.m., 700 block of Rose Avenue
- 7:24 a.m., 700 block of Rose Avenue
- 9:21 a.m., 2400 block of Tapestry Way

Burglary

- 5:25 p.m. in the 7300 block of Stonedale Drive

Auto theft recovery

- 9:52 a.m. in the 4500 block of Chabot Drive

Sept. 4

Domestic battery

- 8:30 a.m. on Owens Drive

Theft from structure

- 8:51 a.m., 3800 block of Vineyard Avenue
- 3:46 p.m., 4100 block of Walnut Drive

Burglary

- 10:12 p.m. in the 1500 block of Calle Santa Anna

Sept. 5

DUI

- 1:11 a.m. at Santa Rita Road and Stoneridge Drive

Graffiti

- 8:48 a.m. in the 1000 block of Harvest Circle

Domestic battery

- 9:51 a.m. on Stoneridge Mall Road

Auto theft

- 6:59 p.m., Rose Avenue and Fair Street

Burglary

- 9:46 p.m. in the 5400 block of Black Avenue

Sept. 6

Theft from auto

- 9:37 a.m., 3100 block of Tokay Court

Commercial burglary

- 3:15 p.m. in the 7300 block of Johnson Drive

Sept. 7

Burglary

- 12:10 a.m. in the 2600 block of Calle Alegre

- 1:22 p.m. in the 00 block of California Avenue

Auto theft

- 8:16 a.m. in the 6000 block of Johnson Drive

Assault/battery

- 9:34 p.m. in the 4100 block of Stanley Boulevard

Sept. 8

Theft

- 1:05 p.m., 7500 block of Driftwood Way; theft from structure
- 6:19 p.m., 6200 block of Stoneridge Mall Road; auto theft

Sept. 9

Fraud

- 11:23 a.m. in the 3800 block of Antonini Way
- 2:10 p.m. in the 4300 block of Diavila Avenue
- 6:14 p.m. in the 2600 block of Lylewood Drive

Sept. 10

Theft from auto

- 9:53 a.m., 1000 block of Malaga Court
- 9:45 a.m., 5500 block of Baldwin Way

Fraud

- 2:30 p.m. in the 3500 block of Stacey Court
- 3:34 p.m. in the 3300 block of Norton Way

Sept. 11

Burglary

- 10:48 a.m. at Stoneridge Mall

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EDITORIAL

Support sports by Playing Bernal

Local sports groups, in partnership with the city of Pleasanton, have launched their “Play Bernal” campaign to raise a minimum of \$2 million to help fund new sports fields on the \$16.5 million Bernal Community Park expansion now underway.

“Play Bernal” stickers were passed out to hundreds watching last Saturday’s soccer parade on Main Street while hundreds of players also sported the promotion on their uniforms as they headed from the downtown event to start the 2015 season.

With the financing agreement in place with Pleasanton’s nine youth sports leagues to help pay for the new sports fields and facilities they will use, work is proceeding on this second phase of building out another section of the park, a 318-acre tract of city-owned land that was given to the city of Pleasanton in 2000 by Greenbriar Homes.

Voters approved the Bernal Park master plan three years ago. Designed by San Fran-

cisco landscape architect Michael Fotheringham in 2004, the park features the lighted baseball field with parking and other facilities that are now in use.

The current construction, called “Phase II,” will add three more sports fields and a “Grand Meadow,” 38-acre Oak Woodland that will include trails and diverse vegetation perceived as natural wilderness. The sports fields will be the first state-of-the-art synthetic, multipurpose fields for Pleasanton, home to a total of 55 sports fields. The new fields also will be equipped with lights for night play and stadium seating.

More than 8,000 youths participate in the city’s nine youth sports leagues, which signed a memorandum of understanding (MOU) that calls for them to launch a fundraising campaign to support the development.

“It’s more important than ever that we support youth sports,” said Jon Asmussen, head of the Play Bernal campaign committee. “Sports participation promotes active lifestyles and offers



DINO VOURNAS/CITY OF PLEASANTON

Greg Jetter (left) and Jon Asmussen of the Play Bernal campaign, lead last Saturday’s soccer parade on Main Street holding the new sports clubs’ banner promoting the fundraising effort to help pay for new fields at Bernal Community Park.

important lessons in teamwork and commitment. The new complex will attract youth to sports and become a new gathering place for the community.”

The Play Bernal campaign is offering 10% discounts on permanently engraved listings on a “Donor Wall” to be placed in the new sports park at the All-Star \$500 level or at the Champion \$1,000 level through Sept. 30.

The city of Pleasanton was recently ranked fourth in America’s Best Cities to Live by 24/7

Wall Street. Ours is a tight-knit community built around great schools and families. Many families are attracted to Pleasanton for our excellent sports programs and community parks.

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LETTERS

Strengthen city’s smoking pollution laws

Dear Editor,

The last edition of the Weekly (Sept. 11, 2015) noted that Vice Mayor Karla Brown had urged her fellow members of the Pleasanton City Council to strengthen the city’s smoking pollution ordinances. This followed the recent vote of the council to adopt the recommendation of the city’s Youth Commission to make all parks and trails smoke-free.

Pleasanton was in the vanguard of this area of public health protection when it banned cigarettes from local restaurants in 1993. But in the interim, other communities have moved past us in finding ways to protect citizens from the addictive and carcinogenic exhaust of cigarettes and e-cigarettes. This year Pleasanton got a “D” grade on the American Lung Association report card.

However, there is an easy solution: Pleasanton can adopt the same measures already put in place by surrounding cities.

Of special urgency might be ap-

propriate regulation of the e-cigarettes, whose neon packaging and fruity and bubble gum flavors suggest they are being marketed to middle school children.

Secondly, making apartments smoke-free zones. Persons who are very young or very elderly or very poor are especially at risk of being poisoned by neighbors whose smoking pollutes not only their own apartment, but every other unit that shares floors, walls, ceilings or hallways.

—Bruce Fiedler

Why sensationalize Birdland dispute?

Dear Editor,

With all of the important issues that could be shared with the community, you chose to sensationalize a planning dispute between Birdland neighbors (“Neighborliness in Birdland takes a hit,” Pleasanton Weekly, Sept. 4, 2015).

What purpose did your article serve other than drawing negative attention to what is already a divisive subject?

—Sheila Melo

THE CITY OF
PLEASANTON

WEEKLY MEETING NOTICES

Planning Commission

Wednesday, September 23, 2015 at 7:00 p.m.
Council Chamber, 200 Old Bernal Avenue

- **PUD-105 and P14-0852, City of Pleasanton**
Public hearing to receive public and Planning Commission comments on the Draft Supplemental Environmental Impact Report for the Johnson Drive Economic Development Zone, including 12 parcels for Planned Unit Development rezoning at 7106 through 7315 Johnson Drive and 7035 and 7080 Commerce Circle
- **PUD-81-30-64D-4M/Roche Molecular Diagnostics**
Application for Planned Unit Development (PUD) Design Review approval to construct an approximately 70,700-square-foot, three-story office building and related site improvements at 4300 Hacienda Drive.

**To explore more about Pleasanton,
visit us at www.cityofpleasantonca.gov**

Sports

Pleasanton Youth Basketball registration underway

City also looking for coaches, referees

Registration has begun for Pleasanton Youth Basketball, a public recreational league open to boys and girls entering first through 12th grades.

The program is open to Pleasanton residents only, and sign-ups are open until next Friday.

Participants will get the chance to improve their basketball skills, make new friends and learn what it means to be part of a team, city officials said in a statement. Players of all skill levels are invited to participate.

The registration fee is \$135 and includes a jersey, practice time and league participation. Practices begin the week of Nov. 2, and games are played Saturdays from Dec. 5 to Feb. 27.

City officials are also recruiting volunteer coaches for the program. Interested people need to complete a volunteer application and pass a Department of Justice screening.

No prior coach experience required, and the city will host coaching clinics and provide support as needed. Head coaches' chil-

dren will play for free this year — registration fee refunded at season's end.

Youth sports referees are also needed, with no prior experience required and training to be offered. Apply to be a game official at www.cityofpleasantonca.gov.

For player registration, visit www.pleasantonfun.com. For more information, contact the city's Sports Office at 931-3437 or pleasantonsports@cityofpleasantonca.gov. ■

—Jeremy Walsh

Tri-Valley Cougars shine at Special Olympics event

The Tri-Valley Cougars golf team brought home five medals from the Special Olympics regional competition held Aug. 31 at The Villages Golf and Country Club in San Jose.

Winning gold medals were Brandon Garcia, Joshua Layman, Lauren Lenigan and Bruce Louwaert. Adam Pinney earned a silver medal during the event.

Garcia also received a "Grand Champion" ribbon for the overall achievement award, most improved skills.

All participating athletes received ribbons for placing in the local inter-team competition, with Kenny Schlegel in first,



CONTRIBUTED PHOTO

The Tri-Valley Cougars celebrate their medal haul from the recent Special Olympics regional golf competition in San Jose.

Lenigan in second and Layman in third. All of the other athletes who completed the skills event were presented with "Excellent"

or "Outstanding" awards.

The team is coached by Edward Strickland. ■

—Jeremy Walsh

PLEASANTON PREPS



BY DENNIS MILLER



RITA SIRA/AVHS FOOTBALL

Amador Valley's Mason Bartolo (55), Sean Tomonari (25) and James Simonds (64) get the defensive signals from the sidelines in their hard-fought 31-28 loss to Freedom last week.

Falcons, Dons set for kickoff after mixed results

It was a case of mixed results for the local football teams last week, as Foothill moved to 3-0 with a 55-34 win over Stagg of Stockton and Amador Valley dropped a 31-28 thriller at Freedom in Oakley.

"It went pretty much like we thought it would," Foothill coach Matt Sweeney said of the win over Stagg. "They couldn't stop us and we stopped them enough."

Isaiah Floyd continued his incredible start to the season, cranking out 250 yards rushing with Matt Gates adding 140 yards.

Foothill also got some great play from offensive linemen Dustin Dukleth, Dylan Walsh, Nick Brum, Brennan Gallagher and Zach Walsh. Josh Merryman also had some big plays.

Next up for the Falcons is another road game, this time at 1-2 Castro Valley, a team that is playing much better than the record indicates. The game is tonight at 7 p.m.

"They have got some good skill players," Sweeney said. "I thought the score (42-14 loss) against Monte Vista was misleading."

Amador Valley suffered a heartbreaking loss following a trick play that allowed Freedom to score with nine seconds left in the game last Friday.

The loss offset another great night from Ledre McCullough, who had 119 yards on 25 carries. Dons coach Rick Sira had high praise for the effort of McCullough, along with Grant Huggins, Sean Tomonari, Peter Ernst and Mason Bartolo.

Next up is 1-2 El Cerrito with the game set for 7 p.m. Saturday night at De Anza High.

"It's going to be a test for us," Sira said. "We know what we have to do going into the game."

One standout for El Cerrito is 6-foot-7, 305-pound future Division I college football player Aaron Banks. The El Cerrito lineman played some youth football in the Pleasanton Junior Football League.

Amador cross country

Despite brutally hot conditions, Amador Valley still had 14 athletes run personal best marks by over 30 seconds in the Monte Vista Invitational last week.

The biggest personal record of the day belonged to Luis Pedrozo, who ran the two-mile course 4 minutes and 16 seconds faster than he did last year as a sophomore. Sam Steele also had an impressive performance, running 87 seconds faster than his personal best.

The freshmen girls were second as a team in their race and the senior girls won on the sixth runner tiebreaker, as Ysabel Thorn not only came in before Monte Vista's No. 6 runner, but also the Mustangs' No. 5.

Individually, Melodie Leroudier ran the fastest time of the day for Amador Valley, closing in 13:09 (third all-time) for a fifth-place finish in the senior race. Madison Perez also joined the top 10 list at No. 8 with a time of 13:45. Other athletes who finished in the top 15 for the girls earning medals were freshmen Isabelle Smedley (fifth) and Bliss Bergmark (sixth), sophomores Kaitlin Cartwright (fourth) and Haley Hunter (12th) and junior Karly Laffer (10th).

The Amador boys have been waiting for a leader to step up and on Sept. 8, junior Thomas Gallagher showed he is ready. His time of 11:29 in the heat tied him for 10th all-time and put him into the conversation as one of the top runners in the section. Jarod Moyers and Brett Walsh also were strong in the race.

On the sophomore side, Jovan Perez and Hayden Talbert led the team to a ninth-place finish, but Austin Lucero's 59-second personal record was important as he ran fifth to close the scoring.

Amador also had some freshmen run well with Matt Sioson and Sebastian Gil. The team ended up 13th on the day.

Amador girls golf

The Dons lost a tough match to Foothill, but then rebounded with a big win over Livermore — 212-305 — at Ruby Hill.

Freshman Katie Murphy led all scorers with a 38, while senior captain Emily Lin carded a 40 for the Dons.

Send in prep news!

Send your results and pictures to Dennis Miller, acesmag@aol.com. ■

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Staying Healthy

FALL 2015

Inside:

- Pleasanton native awaiting lung transplant meets Taylor Swift
- Tips and tricks for being healthy on the road
- What to ask before scheduling surgery



What about the Side effects?! Work with your doctor to manage medications and unwanted byproducts

BY DOLORES FOX CIARDELLI

Hearing the list of side effects blasted out during a TV drug commercial can make one wonder if Francis Bacon wasn't on to something so many centuries ago.

All medicines have side effects, said Mustafa Kazemi, a physician who deals in primary and pulmonary medicine as well as pulmonary intensive care at San Ramon Regional Medical Center.

Usually side effects from medications are mild, although occasionally they can be serious, even life-threatening, which is why people must work with their doctors to determine the best option.

"There's a big fat book called the Physicians' Desk Reference; it's a huge book, and it lists all the possible side effects on every medication," Kazemi said.

He continually refers to it as he treats his patients.

"Dizziness and nausea are the most common side effects with medications because they get processed in the liver; 95% of drugs are processed with the liver, so I have to worry about what other drugs a patient is taking," Kazemi explained.

"Side effects could go away, but you don't want to be suffering for more than a couple of days," he added. "The body is an incredible machine. If the body adapts, you've met your goals."

A doctor must take many factors into consideration when prescribing drugs, Kazemi said, including age and medical condition.

"We are dealing with chemicals being introduced into a patient's body," he pointed out.

But generally, side effects are not a problem.

"For 95% of the prescriptions I write, I don't get any complaints," Kazemi said. "And usually things show up in the first few days, or they know within a week or two if a medication is causing a difference in their life."

Over-the-counter vitamin supplements can also have side effects, Kazemi noted.

"It depends on how much you take and how much your body needs," he said. "All of them can have side effects, which could affect the kidneys, the liver. Most tend not to, but you have to be aware of it."

Television commercials that tout a miracle drug then — as required by federal law — rattle off a long list of complications are a boon for comedians but they often irritate everyone else. And doctors may feel even more strongly.

"They are the most annoying thing you see on TV," Kazemi said. "I think it crosses the line about what a physician feels is safe and comfortable for the person."

For instance, he recently prescribed an inhaler to a patient, knowing that one listed side effect was a possible increased heart rate.

"But in 20 years, my patients have never had that,"

**'The remedy
is worse than
the disease.'**

Francis Bacon
English philosopher
(1561-1626)

Kazemi said. "But then a commercial says if you have heart disease, don't take the medication — so my patient gets upset with me."

He said physicians and pharmacists tell patients what side effects they need to watch for, so the dangers are under control. And he wishes drug companies did not advertise directly to the consumers anyway.

"They are pushing the drugs — I wish they were off the TV," he said.

Most medications do in some cases, or with long use, cause liver or kidney problems, he said, which is why doctors monitor patients.

"As a physician, I follow my patients' blood work to make sure medicines are not affecting them," Kazemi said. "Most of the time, we see these patients frequently, every three or four months, and usually there is a blood test involved."

With patients' records now being kept electronically, each doctor can see what medications have been prescribed for each person and what allergies they have or side effects they have experienced, Kazemi said.

"The main problem in the past has been too many doctors prescribing medications," he said. "I always have a list of what they are taking and am updating it. That's one of the major issues of good care."

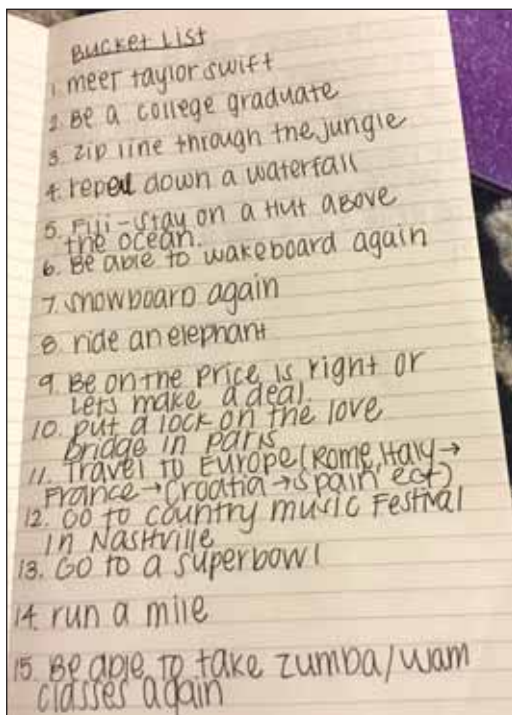
"The patients themselves have to bring a list of medications so I can look and constantly be looking at side effects," he added. "That's the No. 1 thing I look at."

See **MEDICATION** on Page 15

15 minutes of fame was just the start

Pleasanton native awaiting lung transplant meets Taylor Swift, says best part was helping children with her disease

Tiffany Rich, who has cystic fibrosis, made a 'bucket list' of the experiences she wants to have during her life. Some will have to wait until after she receives a lung transplant, but others she's focused on now.



COURTESY OF TIFFANY RICH

BY MEREDITH BAUER

The petite blonde woman took a deep breath — which was difficult because her lungs were failing a little more every day.

She checked her lacy top to make sure it covered her medically inserted port but showed her midriff just so. The oxygen tube that reached across her face couldn't be helped, but she made sure her lipstick looked right and checked for any stray hairs.

Tiffany Rich was about to meet her idol.

A second later, international music superstar Taylor Swift walked through a curtain and hugged the shaking woman, telling her how brave she is and how much she has inspired her.

Rich, a 26-year-old Pleasanton native with cystic fibrosis, had spent sleepless nights in hospital beds and long days on bed-rest listening to Swift's calming voice so this moment was huge for her.

Since childhood, Rich has taken

charge of her own treatment by memorizing what 30 pills she takes daily, being her own advocate, and scheduling about six breathing treatments each day in between classes and time with friends.

She and her family also had taken the next steps — secured a place for her on the lung transplant list, kept an eye out for infections and kept up with even more medications — and she's been told to be patient and to take it easy until she receives her new lungs.

But Rich wanted to experience more than the inside of a hospital room. She had goals, and spending her time just waiting around wasn't her style. So she made a bucket list.

No. 1: Meet Taylor Swift.

Should I ask for such a fun and exciting honor? she wondered. There had been many times she'd had to speak up for what she needed. Should she speak up for something she may not need but really wanted?

After some brainstorming, she and friend Kelsey Sleek, of Pleasanton, sent out a photo on social media with a simple request: "Help Rich meet Swift." Within hours, the cause had been taken up by YouTube stars, a small army of Twitter users and Bay Area news reporters.

So just before an Aug. 15 concert at Levi's Stadium in Santa Clara, Rich got to hug it out with Swift.

"I was in tears," Rich said.

But she isn't stopping there. Swift was the first goal. On to No. 2: Graduation.

Completing her senior year at St. Mary's College and walking the stage two days after her birthday next May would be the best present she could ask for, said Rich, who graduated from Foothill High.

Plus she's aiming to ride an elephant, zip-line through the jungle, go to the Super Bowl, and travel to Fiji and stay in a hut. And she wants to be able to snowboard and wakeboard again.

Also on the list? Run a mile. It'll have to wait, but Rich said she's looking forward to it.

"Just to be able to take that breath," she said.

Rich, who now lives in Brentwood, has been on the list for a double lung transplant at Stanford Health Care for a year and a half.



COURTESY TIFFANY RICH

Tiffany Rich (right) and friend Kelsey Sleek (left) hug international pop star Taylor Swift before a concert at Levi's Stadium this summer.

About the disease

Cystic fibrosis is a life-threatening genetic disease that causes thick mucus to form in certain organs, which leads to persistent lung infections, stops nutrients from being absorbed through the pancreas and causes other difficulties. About 30,000 people in the U.S. have cystic fibrosis, and about 1,000 new cases are diagnosed each year, according to the Cystic Fibrosis Foundation.

There is no cure, but management options have progressed in the past decades. People with the disease often seek relief through a lung transplant once their lungs no longer function at healthy levels.

While some organs can be transplanted from living donors, like kidney transplants, lung transplants are mostly done via a deceased donor. You can sign up to be an organ donor at your local DMV.

For more information on the disease, visit www.cff.org.

Her lungs process about 24% of the air healthy lungs can handle, and she goes into the hospital often to fight infections.

Becoming an Internet celebrity for a few days had its perks, but she said the best part for her was to be able to spread awareness of the disease. She said the biggest benefit was being able to talk with others who have cystic fibrosis and to encourage them, especially children.

"I've been in their shoes, and it's someone that they can look up to, to know they're going to get through it," she said.

Rich said she plans to stay connected with the cystic fibrosis patients who reached out, and she's going to continue to use her short window of fame to shine a light on the disease.

Parents of young patients have told her: "You're showing us that we're going to be OK. You're giving us hope for our children."

Putting that public, albeit brief, spotlight on cystic fibrosis was even more important to her than sharing hugs with her celebrity idol Taylor Swift. ■



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MEDICATION

Continued from Page 13

“We are all trying to cure things, to discover new drugs to make people feel better,” Kazemi remarked. “The listing of side effects is relevant in less than 1% or 2% of the time.” Although pharmaceutical companies will

give him new drugs to try, Kazemi said he educates himself before prescribing anything. “What I do is stick with medications that have been around for a long time,” he said. Medicine has come a long way since the 17th century. And although modern drugs may have side effects, your doctor can help you manage them or find another medicine or treatment that is a better option for you. ■

When you get a new prescription

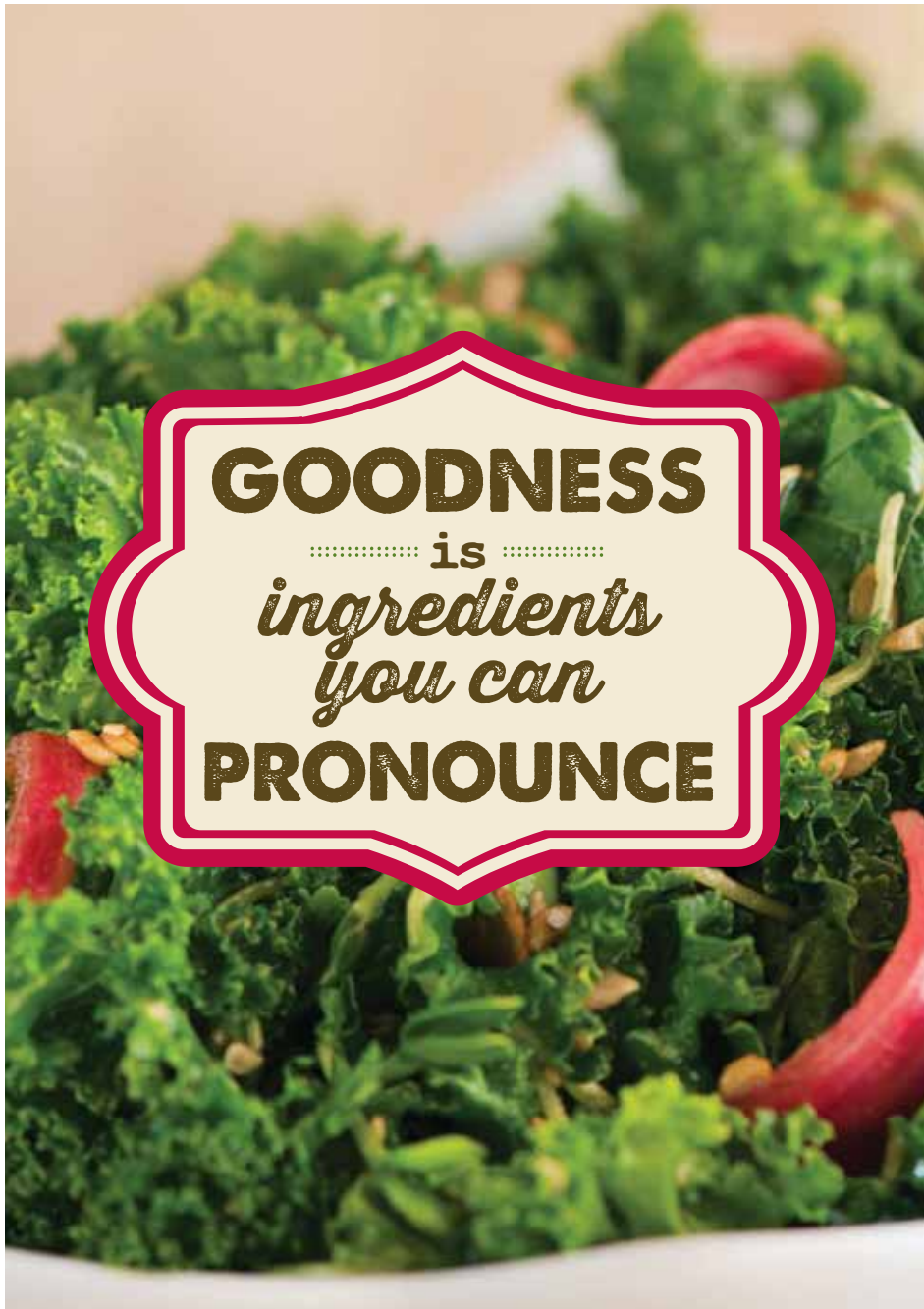
- Read the side effects that are listed and watch for them as you begin to take the medication.
- Follow the directions. If they don't sound right, ask your doctor or pharmacist.
- Check all medicines with your doctor, making sure they're aware of all of your prescription drugs, over-the-counter medicines, supplements and herbal remedies so you can be sure the combination is safe.

If you experience side effects

- Discuss symptoms with your doctor or pharmacist. Sometimes simple changes can be made to manage or prevent side effects. Or what you think may be a side effect may actually be caused by something else.
- Ask your doctor before you stop taking a medicine unless your reaction is life-threatening. Suddenly stopping a medication can be harmful.
- Side effects may lessen or go away as your body adjusts to a new medicine. For a long-term medicine, there may be a difference in one to two weeks.
- Do not take a medicine that was prescribed for someone else. Medications and dosages are chosen according to an individual's age, weight, gender and health.

Dealing with side effects

- Nausea: Take medicine with meals. If instructions are to take on an empty stomach, take the medicine at bedtime.
- Upset stomach/diarrhea: Ask your doctor what other medicine you can take to treat these symptoms.
- Constipation: Try eating foods that are high in fiber, drinking more water or taking a stool softener.
- Drowsiness: Take at bedtime.
- Sleeplessness: Take in the morning.
- Dry mouth or persistent dry cough: It might help to drink more water, to chew sugar-free gum, or to suck on sugar-free hard candy or a cough drop.
- Sexual problems: Ask your doctor about another medicine to help with these side effects.
- Mild depression: Exercising and a healthy diet can help boost a person's mood. Consult your physician.



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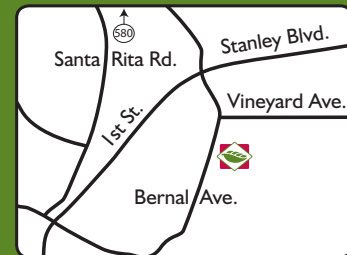


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Hotel tips and tricks to **stay healthy** on the road

Figure out what works for you when traveling for business

Frequent travelers can be all too familiar with the challenges of staying both healthy and productive — countless distractions, fast food joints on every corner, and difficulty sleeping in unfamiliar places and beds can make staying on track a challenge. However, it doesn't necessarily have to be such a daunting task, say experts.

"For frequent travelers and business travelers, being on the road is a lifestyle, so finding ways to be healthy and productive is essential," said lifestyle trainer Marcey Rader. "The key is to recognize your poor habits, find out what works for you, and then develop a routine around them."

From her years on the road with a corporate position, Rader developed a series of hotel hacks that can assist frequent travelers and mobile professionals wishing to travel productively while also

maintaining high health standards. Rader offers some hotel tips and tricks:

Prioritize sleep

When you're dealing with different beds, sounds and schedules, it's almost guaranteed that your sleep routine will be disrupted. Sleep soundly with a fan, a recording or even an app that creates white noise to eliminate distractions and calm your mind and body.

Give blue rays the boot

95% percent of people who don't get a good night's sleep say they use a phone or laptop within one hour of bed. Studies have shown that the blue rays emitted by phones and computer screens disrupt and suppress the body's production of melatonin, a hormone crucial to sleep. Give your brain time to wind down before bed, you'll sleep better and feel rejuvenated in the morning.

Stand up and work

You may have heard that "sitting is the new smoking." Constant sitting is linked to an overwhelming number of negative health effects and drastically decreased productivity. Luckily, there's a simple solution — standing. You can easily convert any space into a standing desk. Opt for a hotel with a kitchen and use the counters to get work done, or stack books and binders on a table for an elevated workspace.

Don't eat like you're on vacation

The biggest mistake business travelers make is eating like they're on vacation. Extended Stay recently conducted a survey of its travelers and found that the average weight gain while on the road is close to 3 pounds. With frequent travel for business, that starts to add up drastically. Staying at a hotel with a fully equipped kitchen can help maintain nutritious habits. Stock



STATEPOINT

Convert a space in your hotel room to a standing desk where you can work without sitting.

the fridge with vegetable trays to snack on throughout the day, and hard boiled eggs as a breakfast item. **OHIO (Only Handle It Once)**

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Stop making excuses. For happier, healthier, more successful traveling, recognize your unproductive habits and fix them. ■

—StatePoint

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Sharmila Acharya, PT, CYT

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What to ask your doctor before scheduling surgery

Be sure to seek best therapies available

If you are planning to have surgery, you may be anxious. Asking the right questions before scheduling surgery can help ensure good care and give you a better idea of what to expect.

Here are a few areas you may want to cover with your surgeon in advance of the big day.

Reviewing your options

The implications of your surgery will extend beyond the day you go to the hospital. Your doctor may offer you options when it comes to the type of surgery performed. Find out the length and type of recovery period for each option, as well as the expected outcomes.

For example, one option may be typically associated with shorter expected recovery time, but could carry greater risk. Another option may be associated with better long-term outcomes, but increase recovery time or leave larger scars. A third option may not involve surgery at all. The many factors at play will help you make the decision that is best for your long-term health.

Improved therapies

While great strides have been made to operate using smaller incisions in procedures known as minimally invasive or laparoscopic surgery, controlling bleeding is still a major issue for surgeons. In fact, the task can ac-

count for 30% to 50% of procedure time, and for those on blood thinners, the bleeding risk is even higher.

However, new innovations are revolutionizing this process, making surgery faster and safer for patients. Reduced fluid and blood loss during surgery can improve patient safety, free the surgical team to focus on other tasks, and lessen recovery time. Before your surgery, ask your doctor about medical innovations that may improve your outcome.

Surgeon's credentials

There may be few times in your life where reviewing a professional's credentials is more important than when you are picking a surgeon. Luckily, there are many impartial, online rating sites for doctors and surgeons that can help you determine whether your doctor is the best fit for you — from the years of experience they've had to their success rates. You may even consider getting a second opinion on the necessity of surgery.

Your health is in your hands more than you may realize. Be sure to seek out the best therapies available. You can help steer the direction of your healthcare with the right questions for your surgeon.

—StatePoint



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Reg. \$1099

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Reg. \$75

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Stanford Children's Health presents the...

Mini-Run for Education

Ages 2-6
Dash to 1/3 mile loop



Benefitting SRVUSD students and schools

San Ramon Valley Education Foundation

www.srvfef.org/the-run

Sat Oct 10, 2015

4pm @ Iron Horse Middle School

100 yard dash (2-3 year olds)
1/3 mile loop (3-6 year olds)

Join us for this fun community event that takes place the day before our main event, the 32nd Annual Run For Education.

Medal and treats for all!

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Calendar

WHAT'S HAPPENING IN OUR COMMUNITY • POST CALENDAR ITEMS AT PLEASANTONWEEKLY.COM

Clubs

AAUW WELCOMING TEA The Livermore-Pleasanton-Dublin Branch of the American Association of University Women Welcoming Tea for current and prospective members will be held from 1-3 p.m. on Saturday, Sept. 19 at Lynnewood United Methodist Church, 4444 Black Ave. For more information, contact Barbara Hempill, Publicity Chair, at 201-7324. Go to <http://LPD-CA.AAUW.net/>.

TRI-VALLEY WRITERS Dr. Hanson will speak at the Tri-Valley Writers meeting from 2-4 p.m. on Saturday, Sept. 19 at Four Points by Sheraton, 5115 Hopyard Road. She is a seasoned health educator, public speaker, workshop facilitator and writer. Former co-chair of the Monterey/Santa Cruz chapter of The National Writers Union, she has emceed Open Mikes for Writers monthly for 15+ years. Cost is \$12 for members, \$17 for non-members. Go to www.trivalleywriters.org.

Concerts

HOUSE RENT PARTY WITH RICK ESTRIN AND THE NIGHTCATS Rick Estrin and the Nightcats, with guitarist Chris "Kid" Andersen, drummer J. Hansen, and multi-instrumentalist Lorenzo Farrell, will serve up fresh and modern original blues injected with a solid dose of gritty roadhouse rock 'n' roll at 8 p.m. on Saturday, Sept. 26 at the Bothwell Arts Center, 2466 8th St., Livermore. Tickets are \$20 in advance, \$25 at the door. Call 373-6800 or go to livermoreperformingarts.org/.

PLEASANTON COMMUNITY CONCERT BAND The Pleasanton Community Concert Band will perform at 9 a.m. on Saturday, Sept. 26 at the Pleasanton Farmer's Market. The Band will play a medley of tunes fit for a shopping experience, including

show tunes, marches, and patriotic music. Contact Bud Engel at 846-9497 or bkengel@comcast.net.

SEVENTEENTH ANNUAL PIANO RECITAL The Music Teachers' Association of California and Asbury United Methodist Church present award-winning pianist Misha Galant in recital from 7:30-8:45 p.m. on Saturday, Sept. 19 at Asbury United Methodist Church, 4743 East Ave., Livermore. All are welcome. Misha will sign programs and refreshments will be served. Free. Call 443-2514.

Events

HARVEST FESTIVAL Come to a community Harvest Festival from 3-7 p.m. on Friday, Oct. 2 at Valley Montessori School in Livermore. Enjoy free activities and games, petting zoo, pumpkin patch and live music. Lunch available from local food trucks. Contact Vicki Sartori at vsartori@valleymontessorischool.com.

SUNOL AGPARK HARVEST FESTIVAL This family event is an opportunity for the local community to enjoy an outing to the beautiful Sunol Agricultural Park, celebrate the harvest season with AgPark farmers, and learn about community organizations, from 10 a.m.-3 p.m. on Sunday, Sept. 27 at Sunol AgPark, 505 Paloma Way, Sunol. Featuring farm produce for sale, farm tours, kid's activities, music, food and drinks. \$5 adult, suggested donation. Contact Charlotte Hryse at (510) 526-1793, ext. 5 or charlotte@sagecenter.org. Go to www.sagecenter.org/.

WESTERN BARBECUE Enjoy the 14th Western Barbecue event with live music, Western food and prizes, from 11:30 a.m.-2:15 p.m. on Monday, Sept. 28 at the Pleasanton Senior Center. Everyone is welcome. Seating is limited. Tickets are \$10. Contact 931-5370 or drlions2012@aol.com.

Exhibits

'RAIN DANCE' "Rain Dance" features six artists' interpretations of everyone's favorite California Dreamin': water. The art works range from abstract to representational and are executed in a variety of media. A reception will be held from 1-3 p.m. on Sunday, Sept. 20 at the Bankhead Theater in Livermore.

Film

GORE VIDAL: 'THE UNITED STATES OF AMNESIA' This exhilarating 89 minute documentary film brings to life America's history through the wit and intellect of Gore Vidal. See the film at 7 p.m. on Saturday, Sept. 19 at IBEW Hall, 6250 Village Parkway, Dublin. A meet and greet potluck will be at 6:30 p.m., discussion follows the film. Free, \$3 donations accepted. Contact 462-3459 or flick-knight@gmail.com.

Fundraisers

AVHS BOOSTERS PIGSKIN ROAST Amador Valley High School Boosters Club is sponsoring the 2015 Pigskin Roast from 4-7 p.m. on Friday, Sept. 25 located outside the stadium entrance. Various food, spirit wear, and other merchandise will be sold. Profits support AVHS sports teams and student clubs. Contact Beth Veit at 351-8562 or veit5@comcast.net.

FABULOUS FINDS FALL JEWELRY EVENT Come to Fabulous Finds, the fall jewelry event, from 10 a.m.-6 p.m. on Friday, Sept. 18; 10 a.m.-5 p.m. on Saturday, Sept. 19; and noon-5 p.m. on Sunday, Sept. 20 at the American Cancer Society Discovery Shop, 1989 Santa Rita Road, Suite E. Get vintage and new jewelry, earrings, bracelets, pins, pearls, pendants and rings. Contact Kelley Jewell Meno at 462-7374 or Kelley.meno@cancer.org.

MOONLIGHT IN THE VINES.

A CELEBRATION TO BENEFIT SUNFLOWER HILL Enjoy an evening under the stars from 6-10 p.m. on Saturday, Sept. 26 at McGrail Vineyards and Winery in Livermore. With live music, dancing, fabulous food, award-winning wines, bocce ball, silent auction, raffles and more. All proceeds go to help further our mission of creating an intentional community for special needs adults. Tickets are \$100 and include appetizers and three glasses of wine. Go to <http://sunflowerhill.org/events/moonlight-in-the-vines/>.

PACE FOR PEACE 10K RUN AND 5K RUN/WALK Join for a scenic 5K and 10K run/walk from 8-10:30 a.m. on Saturday, Oct. 3 through the Livermore Valley vineyards. Cost is \$40 for 10k, \$35 for 5k, \$20 for students. Register at trivalleyhaven.org or Active.com. To sponsor or volunteer call 667-2728.

PAWS AND OUTLAWS BARBEQUE Bring your appetite for mouthwatering Western Barbeque with all the fixin's from 3-6 p.m. on Saturday, Sept. 19 at The Olivina, 4555 Arroyo Road, Livermore. Win raffles and dance to the Blue House Band. Proceeds ben-

PET OF THE WEEK

TRI-VALLEY ANIMAL RESCUE



Turbo charge your life

Turbo is a young male pit mix looking for his forever home. He has the most adorable ears, hops and runs after the ball, and sits nicely for treats. He appears to be dog-friendly with good-natured female dogs. Turbo is neutered and up-to-date on all of his shots. He is available for adoption at East County Animal Shelter in Dublin, 4595 Gleason Drive. For more info, call 803-7040.

efit Paws In Need's medical programs for local animals. Tickets are \$35, \$15 for children. Mail a check to PO Box 3436, San Ramon, CA 94583 or go to Paws-In-Need.org.

PAWS IN NEED PUMPKIN PAINTING No messy pumpkin carving. You get a pumpkin, paint and more for a \$10 donation. Paint a pumpkin from 1-4 p.m. on Saturday, Sept. 26 at Awakenings, 200 Ray St. Then from 7-9 p.m. on Friday, Oct. 2, view professionally painted pumpkins at Milffleur, 728 Main St. Proceeds fund community animals' medical needs. Contact Jill Mattson at Mattsoj4@gmail.com for info. Go to Paws-In-Need.org.

PAWS IN THE PARK Valley Humane Society invites you to Paws in the Park, a charity walk and free animal festival, from 10 a.m.-3 p.m. on Sunday, Sept. 27 at Amador Valley Community. Event proceeds help save the lives of local dogs and cats. Walk alone or join a pack. Register today at valleyhumane.org.

PEO BOCCIE BALL FUNDRAISER Support P.E.O. (Philanthropic, Educational Organization). Dine and/or play Bocce Ball now through Sunday, Sept. 20 at Campo Di Bocce in Livermore. 15% all income (excluding alcohol, before taxes) will go directly to helping scholarships, grants, awards and loans. Sponsored by PEO Chapter XN.

PLEASANTON LIONS CLUB 4TH ANNUAL FALL RESTAURANT AND SHOPPE WALK FUNDRAISER The Pleasanton Lions Club will host their Fall Restaurant and Shoppe Walk from 6-9 p.m. on Tuesday, Sept. 22 on Main St. in downtown Pleasanton. Proceeds will allow Lions to meet pressing needs in our community, like renovations to Lions Wayside and Delucchi, programs for eye, vision and hearing care, as well as helping to support other local organizations such as Pleasanton Military Families, Pleasanton-Tulancingo Sister City, and scholarships for our local schools. Contact Pam Grimes at 872-7552 or go to pleasantonlionsclub.org.

Holiday

YOM KIPPUR AND KOL NIDRE OBSERVANCE Join a non-religious ceremony of readings, music and memorial at 7 p.m. on Tuesday, Sept. 22 at the Bothwell Arts Center, 2466 8th St., Livermore. Suggested donation is \$20 for non-member adults.

Contact 485-1049 or reservations@tri-valleyculturaljews.org.

On Stage

PUCCINI'S 'MADAMA BUTTERFLY' OPERA See Puccini's "Madama Butterfly," a heartbreaking love story in which an American naval officer marries a Japanese girl for convenience but then leaves, and she faithfully awaits his return, at 7:30 p.m. Saturdays, 2 p.m. Sundays, Sept. 26-Oct. 4 at the Bankhead Theater in Livermore. Tickets are \$39-\$89. Call 462-6964 or go to <http://www.livermorevalleyopera.com>.

Seniors

REMNANTS OF A DREAM Remnants of a Dream traces the journeys of some of the relics from the 1915 Panama Pacific International Exposition, some 86 years ago. This amazing slide show and narrative chronicles the magnificent, and slightly mad achievements of the "Best of the Great Expositions." Beginning at 10:30 a.m. on Tuesday, Sept. 29 at the Pleasanton Senior Center. Call 931-5365.

SENIOR INFO FAIR Get valuable information and services from a variety of government, non-profit and commercial organizations at this free event from 10 a.m.-2 p.m. on Saturday, Oct. 3 at the Dublin Senior Center. Last year's fair included 44 vendors, seven health services and approximately 300 seniors from the Tri-Valley and beyond. Contact 556-4511 or seniorctr@dublin.ca.gov.

Spiritual

ECKANKAR, ECK WORSHIP SERVICE ECKANKAR, "Are You Looking for a Sign from God" is the theme of the ECK Worship Service at 11 a.m. on Sunday, Sept. 20 at Four Points by Sheraton, 5115 Hopyard Road. Go to <http://eck-ca.org>.

Support Groups

CLUTTERLESS PRESENTS DR. JOHN PATTY ClutterLess will have a special open Speaker Meeting at 7 p.m. on Monday, Sept. 21 at The Parkview, Room 7. Dr. John Patty, an experienced licensed private psychologist working since 1987, will speak about "Leaving the Self-Reinforcing Cycle of Clutter and Anxiety." RSVP to 289-5356, ClutterlessPleasanton@hotmail.com or www.ClutterLess.Org.



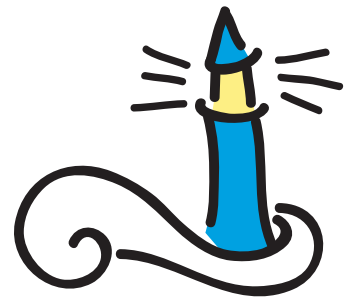
CONTRIBUTED PHOTO

DeCoites celebrate 50th anniversary

Steve and Jane DeCoite of Pleasanton recently celebrated their 50th wedding anniversary in Tahoe City with their four children (Monique, Jennifer, Jamie and Johnathon and their spouses), eight grandsons and one granddaughter.

The DeCoites met at Bishop O'Dowd High School and married Aug. 7, 1965 (shown). Steve retired 13 years ago from his orthodontic practice in Pleasanton and Fremont.

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Bulletin Board

115 Announcements

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140 Lost & Found

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Do the humane thing. Donate it to the Humane Society. Call 1-800-743-1482 (Cal-SCAN)

210 Garage/Estate Sales

Pleasanton, 3168 Paseo Granada, Sept. 18 & 19, 9-4
Home Decor, Electronics, Bedding, Housewares, Luggage, Office Supplies, Exercise Equipment, Bargains

240 Furnishings/ Household items

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As new 3K Stanley 4-pc office corner desk w/chair \$750. Custom Designer sofa & love seat w/matching pillows \$400. Maytag washer/dryer stacked, just serviced, \$400.

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Classified Deadlines:

4PM, TUESDAY

Marketing Specialist

(Dublin, CA) Develop & execute marketing campaigns, plans and advertising promotion programs. Improve sales results by developing, supporting & executing online/field marketing and segment activities. Build up network. Render customer service. Conduct marketing analysis & research. Promote event, etc. Master degree in Business Administration or Marketing required. Six months of marketing related experience (including intern) required. Send resume to HR International Business Consulting and Educational Services, LLC, 5601 Arnold Rd, Suite 104, Dublin, CA 94568

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This home sits on just over one acre on the ridge. It is nestled in the majestic oaks on a quiet Cul-de-sac. The two story home has 4 bedroom, 3.5 bath, L/R & F/R and features a private balcony. Randall Brown PMZ Real Estate BRE# 01465366 925.895.5613 rbrown@pmz.com

Public Notices

995 Fictitious Name Statement

PLANET SINGULAR
FICTITIOUS BUSINESS NAME STATEMENT File No.: 508479
The following person(s) doing business as: PLANET SINGULAR, 6397 CALLE ALTAMIRA, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Leo T. Kenny, 6397 Calle Altamira, Pleasanton, CA 94566; Elizabeth R. Kenny, 6397 Calle Altamira, Pleasanton, CA 94566. This business is conducted by a Married couple. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Leo T. Kenny; Elizabeth R. Kenny. This statement was filed with the County Clerk of Alameda on 08/19/2015. (Pleasanton Weekly, Sept. 11, 18, 25, Oct. 2; 2015)

SMILE SPAS
FICTITIOUS BUSINESS NAME STATEMENT File No.: 509386
The following person(s) doing business as: SMILE SPAS, 4157 FRANCISCO STREET, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Angel Manoguerra, 4157 Francisco Street, Pleasanton, CA 94566; Michael Salido, 368 Gladys Drive, Pleasant Hill, CA 94523. This business is conducted by Co-partners. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Angel Manoguerra. This statement was filed with the County Clerk of Alameda on 09/14/2015. (Pleasanton Weekly, Sept. 18, 25, Oct. 2, 9; 2015)



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Deadline: 5 p.m.
the Friday before
publication

Pleasanton Weekly

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CONNECTED?

California home sales top 400,000 mark again in August

Mortgage rates dip with 30-year fixed averaging 3.91%

By JEB BING

Following a hotter than usual summer of home sales, California's housing market cooled in August, but still posted higher year-over-year sales for the seventh straight month.

A report by the California Association of Realtors showed that home sales remained above the 400,000 mark in August for the fifth consecutive month and rose to the highest level since October 2012.

Closed escrow sales of existing, single-family detached homes in California totaled a seasonally adjusted annualized rate of 431,800 units in August, according to information collected by CAR from more than 90 local Realtor associations and Multiple Listing Services statewide.

The statewide sales figure represents what would be the total number of homes sold during 2015 if sales maintained the August pace throughout the year. It is adjusted to account for seasonal factors that typically influence home sales.

The August figure was down 3.8% from the revised 448,900 level in July but up 9.3% compared with home sales in August 2014 of a revised 395,080. The year-to-year change was higher than the six-month average increase of 8.6% observed from February 2015 to July 2015.

"Home prices are finally increasing at a

healthier pace, and the smallest year-over-year statewide median price gain in nearly three and a half years suggests that home prices are stabilizing," said CAR president Chris Kutzkey. "Supply constraints in the Bay Area will continue to fuel appreciation for the rest of the year, but the upward pressure in price will be counterbalanced by sales increases in more affordable areas such as the Central Valley and the Inland Empire."

The median price of an existing, single-family detached California home edged up 1% in August to \$493,420 from a revised \$488,470 in July. August's median price was 2.5% higher than the revised \$481,240 recorded in August 2014. The median sales price is the point at which half of homes sold for more and half sold for less; it is influenced by the types of homes selling as well as a general change in values.

"While California housing indicators remain strong for now, the anticipation of higher mortgage rates and reduced affordability, coupled with global instability and stock market volatility may create an environment of uncertainty that could impact the current momentum in the market," said CAR vice president and chief economist Leslie Appleton-Young.

She added: "We're on track to post stronger

See SALES on Page 23

OPEN HOMES THIS WEEKEND

Dublin

3 BEDROOMS

3693 Aviano Way **\$848,000**
Sun 1-4 Coldwell Banker 847-2200

4 BEDROOMS

7757 Ridgeline Drive **\$1,268,000**
Sat/Sun 1-4 Coldwell Banker 847-2200

Livermore

3 BEDROOMS

882 Elaine Ave. **\$649,000**
Sat/Sun 1-4 Coldwell Banker 847-2200

1648 Spruce St. **Call for price**
Sat/Sun 1-4 Mike Carey 963-0569

4 BEDROOMS

1462 Lillian St. **\$765,000**
Sun 1-4 Steve Mattos 980-8844

5 BEDROOMS

2498 Allegro St. **\$1,399,000**
Sun 1-4 Fabulous Properties 980-0273/519-8226

Pleasanton

2 BEDROOMS

541 Rose Ave. **\$488,000**
Sat/Sun 1-4 Mike Carey 963-0569

3 BEDROOMS

1054 Pine Hill Lane **\$1,790,000**
Sun 1-4 DeAnna Armario & Liz Venema
260-2220/413-6544

4 BEDROOMS

2504 Glen Isle Ave. **\$829,900**
Sat/Sun 12-5 Heidi McLaughlin 334-0066

6010 Alisal St. **\$2,375,000**
Sat/Sun 1-4 Mike Carey 963-0569

6213 Detjen Court **\$1,599,000**
Sat/Sun 2-5 Blaise Lofland 846-6500

1966 Paseo del Cajon **\$948,888**
Sat/Sun 1-4 Tim McGuire 462-7653

5 BEDROOMS

4128 Stanley Blvd. **\$1,899,000**
Fri 10-1/Sat 10-4/Sun 1- DeAnna Armario & Liz Venema
260-2220/413-6544

3708 Raboli St. **\$2,599,999**
Sat/Sun 1:30-4:30 Coldwell Banker 847-2200

6 BEDROOMS

1733 Beachwood Way **Call for price**
Sat/Sun 1-4 Cathy Dean 200-4130

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SALE PENDING

5011 Forest Hill Drive, Pleasanton

Upgraded and sophisticated Mediterranean style property located in Forest Hill Estates. Enjoy 3,400 sq.ft. of living space on .25 of an acre. This home is the perfect combination of family living and entertaining. There are 5 bedrooms and 3 full bathrooms, including a full bed and bathroom downstairs. The exterior has been professionally landscaped, California style, to maximize views, entertaining, outdoor dining and gardening. Conveniently located near award winning schools, Stoneridge Mall, BART, large parks, and quick access to both 580-680.

LISTED AT \$1,469,000

BUYERS NEEDS

Looking for a nice size single story home, in a friendly neighborhood. Needs to have at least 4 bedrooms and 2.5 baths and a flat lot is preferred. Buyers are ready to go, quick close if necessary. Up to 1.8 million.



SALE PENDING

140 Sunhaven Road, Danville

Stunning Magee Ranch Home sitting on a private .34 acre lot with amazing views. 4 Large bedrooms, 2.5 bathrooms, 3483 Sq. Ft of living space with gorgeous upgrades.

LISTED FOR \$1,479,000



JUST SOLD

251 Loma Alta Ave, Los Gatos

Charming family home in downtown Los Gatos. Enjoy this light and bright 3 bed, 2 bath home with 1861 sq ft. of living space. There is a nice floor plan with 2 bedrooms downstairs and a master suite upstairs. There is lush landscaping, with beautiful views of surrounding hills.

REPRESENTED BUYERS - SOLD FOR \$1,715,000

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1031 EXCHANGES • LAND AND DEVELOPMENT

Spectacular Panoramic View Home

Happy Valley
Hillside Estate
with Incredible
Panoramic Views!

Private and
Secluded Custom
Home on 3.5
Acres with Picture-
Perfect Unlimited
Panoramic Valley
Views of Mt.
Diablo, Pleasanton
Ridge, Happy
Valley, and Callippe Golf Course.

- Approx. 3961 sq ft single-story on serene, private 1-acre level hilltop site features 4 bedrooms, 3.5 bathrooms + outdoor 1/2 bathroom.

- 6+ Garage Spaces including Detached, Fully-Insulated 4+ car Garage has separate address and can be guest house/in law unit.

- Gorgeous Grounds, Spacious Enclosed Patio open to views in three directions. Solar Power, City water and sewer. Ideal Location close to downtown, schools, shopping and commute access.



6010 Alisal, Pleasanton

\$2,375,000

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Mediterranean Estate In Ruby Hill
This show stopper is stunning from top to bottom. 6 BR, 6.5 BA in 7,053 Sq. Ft.
Call for pricing

OPEN SAT/SUN 2PM - 5PM



Beautifully renovated entertainer's dream with epicurean kitchen.

159 El Camino Real, Berkeley
4 BR, 2.5 BA, 3,853 Sq. Ft.
Offered at \$1,799,000

OPEN SUNDAY 1-4



Newly updated in 2015

2498 Allegro Street, Alden Ln, Livermore
5 BR, 4.5 BA, 3,655 Sq. Ft., on almost 1/4 acre
Offered at \$1,399,000

GOLF COURSE HOME



1113 Heather Ln, Springtown, Livermore
Peaceful setting on golf course lot with many updates. 4 BR, 3BA, 1,962 Sq. Ft.
Offered at \$650,000

LUXURY VIEW HOME SITES
4108 AND 4112 FOOTHILL ROAD, PLEASANTON

Gorgeous view lots in luxury gated neighborhood.
All utilities underground and to site.
2.2 Acre offered at \$1,488,000 7.3 Acre offered at \$1,888,000



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23 JAMI ST., LIVERMORE
4BD/2.5BA, 2246 Sq. Ft. Large Lot. 9723
In-ground fenced pool. Quiet. \$775,000
JO HUNTER 925-413-4278
REALTOR® | CalBRE#01154274



543 SILVER SADDLE, PITTSBURG
4BD/3.5BA, 3117 Sq. Ft. Gorgeous home
in exclusive Highlands Ranch!
JENNIFER HOSTERMAN 925-567-6868
REALTOR® | CalBRE#01957254



4217 SILVER ST., PLEASANTON
3BD/2BA, 1545 Sq. Ft. Walk to schools,
parks & shopping. \$840,000
LOIS COX 925-200-8495
REALTOR®, CRS | CalBRE#01005829



3231 VERDE CT., PLEASANTON
2BD/2BA Single story, street level.
Granite counters \$619,000
RICH NOVOTNY 925-989-7639
REALTOR®, CRS | CalBRE#00455262



4516 THOMPSON CT., FREMONT
4BD/2BA, 1696 Sq. Ft. 6643 Sq. Ft. Lot
Unique, handsome home. \$739,888
TRACEY BUESCHER 925-352-7307
REALTOR® | CalBRE#01495743



11600 ALEGRE DR., DUBLIN
5BD/2BA, 1806 Sq. Ft. updated kitchen
w/cherry cabinets. Pool. \$815,000
MICHAEL CHANDLER 510-220-1212
REALTOR® | CalBRE#001039712



1603 CEDARWOOD LOOP CIR, SAN RAMON
4BD/2.5BA, 1693 Sq. Ft. Gorgeous
Townhouse in Gale Ranch. \$839,000
VARSHA UPADHYE 925-339-8090
REALTOR® | CalBRE#01706653



1442 SAYBROOK RD., LIVERMORE
4BD/2BA, Pool, Workroom, Fixer-upper
is established neighborhood. \$510,900
TERI DUNNE 925-200-8267
REALTOR® | CalBRE#01952869



19 CASA VERDE WAY, PITTSBURG
3BD/3BA, 3352 Sq. Ft. Wonderful Views.
Updated Kit. Fresh Paint. \$365,000
STEVEN LANGSTON 925-209-4607
REALTOR® | CalBRE#01781940



665 ARGYLE CT., SAN RAMON
4BD/2.5BA 2497 Sq. Ft. Windemere, end
of court, large kitchen. \$989,000
PATI NORRIS 510-406-2306
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Andy Hartman



Jo & Carla Hunter



Steven Langston



Connie Long



Debra McMurphy



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JoAnn Schreiber



Varsha Upadhye

4725 First Street, Ste. 150 • Pleasanton, CA 94566

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SALES

Continued from Page 21

market at the current sales rate. A six- to seven-month supply is considered typical in a normal market.

- The median number of days it took to sell a single-family home edged up in August to 29.9 days compared with a revised 29.3 days in July but was down from a revised 33.9 days in August 2014.

- According to CAR's newest housing market indicator, which measures the sales-to-list price ratio, properties are again generally selling below the list price, except in the Bay Area, where a lack of homes for sale is pushing sales prices higher than original asking prices. The statewide measure suggests that homes are selling at a median of 98.8% of the list price, up slightly from 98.3% at the same

time last year. The Bay Area is the only region where homes are selling above original list prices due to constrained supply with a ratio of 103.4%, up from 101.5% a year ago.

- The average price per square foot for an existing single-family home was \$238 in August 2015, down from \$241 in July and unchanged from \$238 in August 2014.
- San Francisco had the highest price per square foot in August with \$770/sq. ft., followed by San Mateo (\$764/sq. ft) and Santa Clara (\$592/sq. ft.). The three counties with the lowest price per square foot in August were Siskiyou (\$112/sq. ft.), Merced (\$115/sq. ft.) and Kings (\$116/sq. ft.).
- Mortgage rates dipped in August, with the 30-year, fixed-mortgage interest rate averaging 3.91%, down from 4.05% in July and 4.12% in August 2014, according to Freddie Mac. Adjustable-mortgage interest rates, however, ticked up in August, averaging 2.60%, up from 2.52 in July and 2.37% in August 2014. ■

Tri-Valley Real Estate Directory



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FALL 2015 ISSUE

Buying & Selling REAL ESTATE

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A special real estate section from the **Pleasanton Weekly**

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COLDWELL BANKER RESIDENTIAL BROKERAGE



DUBLIN
Open SUN 1-4 3693 AVIANO WAY
ELEGANCE/STYLE AT TREVI SORRENTO \$848,000
3 BR 2 BA All living space on ONE FLOOR! High-end upgrades. 3 patios. One block from clubhouse. Suzanne Bieser, CalBRE #0135590 925.847.2200



LIVERMORE
Open SAT/SUN 1-4 882 ELAINE AVE
DARLING LIVERMORE HOME! \$649,000
3 BR 2 BA Beautiful wood floors throughout. Updated kit. Stone fireplace. Lovely backyard. Brick patio. Mary Anne Rozsa, CalBRE #00783003 925.847.2200



MOUNTAIN HOUSE
Open SUN 1-4 546 HUTCHINGS WAY
GREAT CURB APPEAL! \$535,850
4 BR 3 BA One bd & bath on main floor. Spacious kitchen w/gas stove. Gas fireplace. Upstairs Laundry room. Kay Stromgren, CalBRE #00890095 925.847.2200



TRACY
PRICE REDUCED! 541 POMBO SQUARE DR \$350,000
4 BR 2.5 BA Vaulted ceilings in Living Rm. Updated Kit. w/ SS Appl. Family Rm w/ Fireplace. Landscaped Backyard Suzan Gladieux, CalBRE #01245705 925.847.2200

DUBLIN
Open SAT/SUN 1-4 7757 RIDGELINE DRIVE
SCHAEFER RANCH-DUBLIN \$1,268,000
4 BR 4.5 BA Granite, Hrdwd Flrs, Iron Rail Staircase, etc. Formal Dining. Casita w/bath & Private Entry. Sharon He, CalBRE #01810593 925.847.2200

3360 MAGUIRE WAY #337
IMMACULATE! \$276,130
1 BR 1 BA Well maintained luxury condo w/granite counters/gas stove. Close to HWY, BART, Shopping, park Wendy Ma, CalBRE #01944039 925.847.2200

HAYWARD
Open SAT/SUN 1-4 1139 MERRITT LANE
BEAUTIFUL SINGLE STORY HOME \$499,000
3 BR 2 BA Updated/spacious kit w/tile flrs, granite slab counters, black/SS appl. Open/bright flr plan! Sharon He, CalBRE #01810593 925.847.2200

LIVERMORE
4221 LAS POSITAS ROAD
PRIVATE COUNTRY PROPERTY \$1,650,000
4 BR 2.5 BA Spacious home. Inside Urban Growth Boundary. Agricultural Residential Zoning. Nancy Terpening, CalBRE #00380392 925.847.2200

4779 CROSS ROAD
EXCEPTIONAL LAND/LOCATION \$2,099,800
84+ approx ACRES. Barn/Shop. Holding pens. Flat acreage. Loading ramp. Single level home. Views. Kay Stromgren, CalBRE #00890095, 925.847.2200

1335 LEXINGTON WAY
JUST LISTED! \$728,500
3 BR 2 BA Frml Livng & Din, Fam rm, Spac Kit, Dual Pane Win, Cppr Plmbng, huge bk yrd, patio & side ent. Mary Anne Rozsa, CalBRE #00783003 925.847.2200

MANTECA
Open SAT 1-4 1384 CRESTWOOD AVE.
QUIET CRESTWOOD CIRCLE AREA \$309,000
3 BR 3.5 BA Open concept w/Great Rm. Recent upgrades. New SS Appl. New laminate flooring & more. Lrg din. Sharon Paulson, CalBRE #00467347 925.847.2200

PLEASANTON
Open SAT/SUN 1:30 - 4:30 3708 RABOLI ST
STUNNING RUBY HILL ESTATE \$2,599,999
5 BR 4 full BA + 2 half Large luxury Mediterranean style home in Ruby Hill situated on corner lot. Bimla Sabhlok, CalBRE #00939221 408.445.5157

SAN LEANDRO
965 DURANT AVE \$395,000
NEEDS WORK
2 BR 1 BA Side Access. Hardwood floors. Expanded bedroom. Deck in backyard. Laurie Pfohl, CalBRE #00866660 925.847.2200

SAN RAMON
527 WYCOMBE COURT
MAGNIFICENT HOME! \$2,868,000
6 BR 7.5 BA Loaded w/upgrades-Mahogany flooring, solid cherry cabinets, library, wine cellar & much more! Sharon He 925.847.2200

3375 ASHBOURNE CIRCLE
LUXURY HOME IN NORRIS CANYON \$2,650,000
6 BR 6.5 BA Soaring ceiling foyer. Dual stairways. Cherry wd cabinets. Gourmet Kit. Lots of upgrades! Sharon He, CalBRE #01810593 925.847.2200

TRACY
2737 DAISY LANE
SOUGHT AFTER REDBRIDGE COMMUNITY \$640,000
4 BR 3.5 BA Beautiful Single Family Home located in the Sought after community of Redbridge. Laurie Pfohl, CalBRE #00866660 925.847.2200

"If you are a licensed realtor interested in joining our real estate office please contact Lynn Gygax, Manager at 925.847.2257.
We look forward to welcoming you to Coldwell Banker!"

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THE PRESERVE



6213 DETJEN COURT, PLEASANTON

Single Level Home with Premium Hilltop Location, Expansive 1/2 Acre Lot (.48), Private Rear Grounds, Backs to Open Space, Hillside Views, Desirable Court Location, Four Bedrooms, Three Full Bathrooms Plus Powder Room, 3,424 Square Feet, Professionally Landscaped with In-Ground Pool & Spa, Three Car Garage, Neighborhood Parks & Open Space. Convenient Access to 580/680. Call the Blaise Lofland Real Estate Group for a Private Showing. For a Private Showing, call the Blaise Lofland Real Estate Group. For Information and Photos Visit 6213detjen.com.

OFFERED AT \$1,599,000

BRIDLE CREEK



838 SUNNY BROOK WAY, PLEASANTON

Desirable Largest Upgraded Hillstar Model on Quiet Secluded Street in Bridle Creek, built by Greebriar Homes, Premium .30 Acre Lot with Private Rear Grounds that Includes Recently Upgraded Landscaping, Pool/Spa & Rock Waterfall. View of Pleasanton Ridge, Front Porch Sitting Area, Five Bedrooms (Downstairs Suite), Formal Private Office (Possible 6th), Bonus Room (Home Theater Option), Approximately 4,455 Square Feet Spacious, Spacious Family (Great) Room, Large Gourmet Kitchen with Granite & SS Appliances, Crown Molding, Upgraded Wood Flooring, Three Car Garage, Award Winning Schools, Walk to Downtown, Convenient Commute Access to South Bay/ Silicon Valley/East Bay. For a Private Showing Call the Blaise Lofland Real Estate Group. For Information and Photos Visit 838sunnybrookway.com.

OFFERED AT \$2,079,000

RUBY HILL



1871 ZENATO PLACE, PLEASANTON

Custom Home in Ruby Hill on .80 Acre Premium Lot at the Top of Vineyard Bordered Zenato Place. On Quiet Court Protected by Oak Studded Hills Behind the Property. Exceptional Location Provides Privacy, Views and is Convenient to the Nearby Clubhouse, Pool & Tennis Courts. Generous Professionally Landscaped Grounds, Includes: Outdoor Pavilion, for Poolside Entertaining, with Fireplace, Flat Screen Television and Kitchenette, Newly Refinished Mini Tech Pool/Spa and a BBQ Area. Five Bedrooms (Downstairs Master), Hobby/Upstairs Office Room, Four and a Half Bathrooms and Bonus/Game Room. Approximately 5,320 Square Feet. Oversized Four Car Garage Including Detached Boat/Workshop/Extra Large Garage (4th). For a Private Showing Contact the Blaise Lofland Real Estate Group. For More Information and Photos Visit 1871zenato.com.

OFFERED AT \$2,395,000

STONE VALLEY OAKS



260 EAGLE COURT, ALAMO

Gorgeous Stone Valley Oaks Home with Quiet Hilltop Court Location and Panoramic Views! This private .57 Acre Lot is Adjacent to Oak Studded Hills. Includes: Main House — 5214 Square Feet with Five Bedrooms, 5 1/2 Bathrooms, Large Gourmet Kitchen, Bonus Room and Library/Office. Detached Guest House is 400 Square Feet with private full bathroom, Gas burning fireplace and French doors to Slate patio and a Four Car Garage is Included. This Property is Beautifully Landscaped with In-Ground Pool & Spa. The Location is Excellent and Within Desirable School Attendance Areas. For a Private Showing Call the Blaise Lofland Real Estate Group. For More Information and Photos Visit 260eagle.com.

OFFERED AS \$2,860,000

DOWNTOWN



435 ABBIE STREET, PLEASANTON

Three Bedroom, One Bathroom Fixer Upper in Downtown Pleasanton on Private View Lot. Location, Location, Location! Fix it up or expand it and enjoy views of Pleasanton Ridge. Walk to Main Street and All the Downtown Amenities!

OFFERED AT \$699,950

DOWNTOWN



4376 2ND STREET, PLEASANTON

The Blaise Lofland Real Estate Group represented the buyers in the purchase of this beautiful downtown home. This historic residence offers three bedrooms, three bathrooms, 2,623 square feet (of which 540 sq. ft. is a partially finished attic and 120 sq. ft. is an unfinished basement). This home has been restored from an old train depot. It has also been expanded and remodeled throughout with new plumbing, electrical, and HVAC. The custom kitchen offers granite counters, stainless steel stove and hardwood floors. In addition there is a detached oversized three-car garage and a 120 square foot utility building. Enjoy the wrap around porch on the private 1/4 acre lot, which is just a short walk to Main Street! This home and property is truly one of a kind and special!

SOLD AT \$1,465,000

MONTAGE



118 SELBY LANE #6, LIVERMORE

Blaise represented the buyer in the purchase of this upgraded condo! This home offers three bedrooms, three and a half baths and is 1,548 square feet. Each of the bedrooms includes an attached bath with one located on the main level. Built in 2013, the home includes upgraded wood floors, crown molding, recessed lighting, and custom paint throughout. The kitchen offers custom backsplash, expansive island, stainless steel appliance and recessed lights. This model also includes an attached two car garage and private patio. Great location with community amenities including a pool, gym and clubhouse. What a great opportunity!

SOLD AT \$635,000

BIRDLAND



2707 TURNSTONE DR., PLEASANTON

Don't Miss this One! Complete Remodel Inside, Like New! Desirable Largest Single Level Modified "Holiday Model" in Excellent Birdland Location on Premium Lot with In-Ground Pool. Remodeled Gourmet Kitchen with Custom Cabinets, Granite & Stainless Steel Appliances, Remodeled Bathrooms with Custom Cabinets, Granite & Tile, All New Plumbing Fixtures, New Roof & Gutters, New Interior & Exterior Paint, New Doors, New Wood Flooring & Carpet, Stacked Stone Fireplace & Newer Windows. RV Access, Large Private Backyard Includes: Mature Trees, Updated Landscaping, Completely Remodeled Pool with: Pebble Tech Finish, New Coping, New Tile, New Plumbing. For a Private Showing Call the Blaise Lofland Real Estate Group. For More Information and Photos Visit 2707turnstone.com.

SOLD AT \$1,300,000

Open Sat./Sun. 1-4 p.m.
1733 BEACHWOOD WY. PLEASANTON



Wonderful Home in Pleasanton Valley!
 Upgraded Heritage model with 6 bdrms & 3 baths.
 Designer front door, exterior paint, dual pane windows,
 shutters, tiled entry, fresh paint, hardwood floors,
 baseboards & crown molding. Park like premium corner lot.
 Walk to top rated Pleasanton schools!

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6625 HUBBARD LANE, SUNOL

**5 BED, 4.5 BATH,
 5,375 SQ FT, 8+ ACRES,
 \$2,995,000**

**2638 DERBY DR.,
 SAN RAMON**

**4 BED, 3 BATH,
 2,773 SF, BOLLINGER
 HILLS, BACKS TO OPEN
 SPACE!!**



**LITTLE VALLEY LOT
 IN SUNOL**

**BUILD YOUR DREAM
 HOME! 6+ ACRES,
 \$795,000**

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BIRDLAND



2688 Becard Ct

The one you want! Gorgeous Birdland home with
 5 BR, 3 BTH, hardwood floors, pool, and more!
 \$1,325,000

CUL-DE-SAC



7455 Ginger Ct

Opportunity Knocks! Wonderful 4 BR, 3 BTH home
 on Cul-de-sac needs cosmetic upgrades throughout
 \$909,000

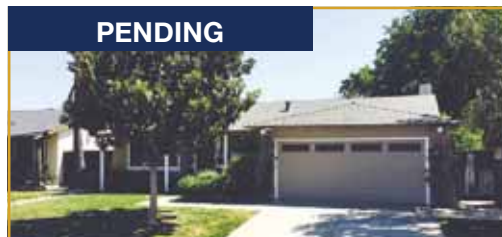
SOLD



860 Sycamore Road

Luxury home, 6200 sq ft 5 BR + bonus, office & loft
 on premium private flat .93 Acre lot with outdoor kit
 \$2,520,000

PENDING



Cul-de-Sac Location

Upgraded 3 BR, 2 BTH single story in prime location
 with hardwood floors and upgrades throughout
 \$779,000



Doug Buenz
 & THE 680 GROUP

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**Pleasanton Market Update
 - Demand Still Strong**

The real estate market in Pleasanton is a bit tough to read right now. Like the stock market, there seems to be a great deal of uncertainty. While demand is still strong, buyers are more cautious and there are fewer multiple offers. Some homes that seemed to be sure bets to sell right away haven't, while other homes have seen multiple offers at (somewhat) crazy prices. More homes were for sale at the end of August than July, while sales declined.



After losing more than 20 units during July, inventory increased by eight in August to end with a total of 93 homes for sale. August also ended with 26% more inventory than did August 2014 (74 homes). Reflecting the uneasiness of the moment, pending sales fell from 68 during July to 58 in August, a 15% decline. Pending sales were also off 19% (14 homes) from a year ago. Closed sales fell eight units from ...Go to www.680homes.com to read the rest of this article.

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DeAnna *Liz*
ARMARIO & VENEMA

The Difference Between Ordinary and Extraordinary

SPECTACULAR DOWNTOWN ESTATE HOME! 4128 Stanley Boulevard, Pleasanton OPEN HOUSE

Friday 9/18 10-1, Saturday 9/19 10-4, and Sunday 9/20 1-4!



Rare opportunity to own this one of a kind property! Stunning Main Home features 5 BR, 3.5 BA among 3489+/- sq. ft. with traditional styling and contemporary amenities throughout. Expansive 29,100+/- lot features 1BR, 1BA Guest House with full kitchen, two story Historic Barn with 3 parking spaces and 2 finished Bonus Rooms, Detached Garage with 1 parking space and separate Bonus Room Office, Pool with Cabana featuring separate Bathroom and Shower Rooms, and so much more!
Offered at \$1,899,000



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DeAnna Amario
Team Leader



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Chris Berry
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COMING SOON!



2961 AMOROSO CT., PLEASANTON
Stunning 5 bdrm on a 1/2 acre lot with sparkling pool and outdoor kitchen.

ANOTHER PENDING SALE!



3908 MT. RAINIER CT., PLEASANTON
4 OFFERS! ~ OFFERED AT \$800,000

ANOTHER NEW LISTING!



1085 MURRIETA BLVD, LIVERMORE
Cute as a Button! Adorable 1 bedroom, 1 bath condo in Livermore. Gourmet granite kitchen and bathroom! **\$630,000**

ANOTHER SOLD HOME!



4592 CARVER COURT, PLEASANTON
4 OFFERS ~ \$800,000

ANOTHER SOLD HOME!



1003 ZINFANDEL CT., PLEASANTON
Beautiful Vintage Heights. \$1,180,000

ANOTHER SOLD HOME!



2453 MIKEMARY CT., CASTRO VALLEY
7 OFFERS ~ \$705,000



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New on the market! Almost new, 4 bed/3 bath town home with loads of storage! Beautiful wood floors on main level, lovely cabs/granite counters, one bed, 1 full bath downstairs. Over 2000 sqft and walking distance to downtown Pleasanton. Easy fwy access and close to top rated schools! **CALL FOR PRICING.**

The Armario Venema Homes Team

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REALTOR® LIC # 01922957

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1054 PINE HILL LANE, PLEASANTON
Hilltop Gem with Views!
3BR, 3 BA, 3058 +/- sq. ft. on private street just minutes from Downtown. Updates throughout. Potential lot subdivision. **OFFERED AT \$1,790,000**

OPEN SAT/SUN 1-4PM



1566 WELFORD CIRCLE, HAYWARD
Beautifully updated 5 BR, 3BA home among 2230 +/- square feet. Remodeled kitchen. New carpet and interior paint. Main level BR and full BA. Great commuter location. **OFFERED AT \$699,000**

COMING SOON!



1838 HARVEST ROAD, PLEASANTON
3BR, 2BA Townhome, 1684 +/- square feet. Close to schools and park. **CALL FOR PRICING.**

COMING SOON!



1054 SANTA RITA ROAD, PLEASANTON
3BR, 1 BA, 1001 +/- square feet. Walking distance to Downtown. **CALL FOR PRICING.**

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7 STEPS TO SELLING A HOME

1. Reason for Selling
2. The Cost of Selling
3. Price
4. Location
5. Condition of Your Property
6. Staging
7. Assembly

4415 SUTTER GATE AVE, PLEASANTON

Beautiful single-story 4 bedroom and 2 full bathrooms, Attached 2-car garage. Built in 1980. Approximately 2,172 square feet of living space. Situated on a 6,901 square foot lot. **OFFERED AT \$979,000**



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8 STEPS TO BUYING A HOME

1. Decide to Buy
2. Hire Your Agent
3. Secure Financing
4. Find Your Home
5. Make an Offer
6. Perform Due Diligence
7. Close
8. Protect Your Investment



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1209 Machado Place | 5bd 4(1)ba
Kris and Tyler Moxley | 925.251.1111
By Appt



PLEASANTON \$2,079,000

838 Sunny Brook Way | 5bd 5ba
Blaise Lofland | 925.251.1111
By Appt



PLEASANTON \$1,599,000

6213 Detjen Court | 4bd 3(1)ba
Blaise Lofland | 925.251.1111
Sat&Sun 2:00-5:00



PLEASANTON \$1,549,999

78 Castlewood Dr | 4bd 2(1)ba
Tim McGuire | 925.251.1111
By Appt



PLEASANTON \$1,279,000

4451 Shearwater Ct | 4bd 2(1)ba
Tim McGuire | 925.251.1111
By Appt



PLEASANTON \$1,050,000

4972 Mohr Ave | 4bd 2(1)ba
Kat Gaskins | 925.251.1111
By Appt



PLEASANTON \$988,800

1966 Paseo Del Cajon | 4bd 2(1)ba
Tim McGuire | 925.251.1111
By Appt



PLEASANTON \$960,000

1680 Loganberry Way | 4bd 2ba
Kris and Tyler Moxley | 925.251.1111
By Appt



PLEASANTON \$899,888

5223 Ridgevale Way | 3bd 2ba
Tim McGuire | 925.251.1111
By Appt



PLEASANTON \$885,000

3512 Olympic Ct S | 4bd 3(1)ba
Susie Steele | 925.251.1111
By Appt



PLEASANTON \$749,500

2860 El Capitan Drive | 3bd 2ba
Linda Traurig | 925.251.1111
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PLEASANTON \$675,000

5642 Belleza Dr | 3bd 2(1)ba
Emily Barraclough | 925.251.1111
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