

Pleasanton Weekly

Staying
Healthy

Inside this issue

VOL. XV, NUMBER 32 · SEPTEMBER 5, 2014

WWW.PLEASANTONWEEKLY.COM

Remembering Sept. 11

Pleasanton woman reflects on her
escape from World Trade Center
attacks that fateful day

PAGE 15

- 
- 5 | **NEWS** PUSD board to revisit school calendar
- 9 | **EDITORIAL** City Council approves new Housing Element
- 18 | **REAL ESTATE** Luxury home sales see July jump

Need a new set of wheels?



An AUTO LOAN from UNCLE can get you rolling again!

For a limited time...

Rate as low as
1.60% APR*
Terms up to 24 months

Rate as low as
1.80% APR*
Terms up to 60 months

Rate as low as
2.30% APR*
Terms up to 72 months

NO payments for 90 days!**

AND, RECEIVE \$100 when you join UNCLE Credit Union!†

(See below for restrictions)



HURRY, these rates available through 9/12/14 only!

Get **PRE-APPROVED** now by calling us at **800.34UNCLE** or **925.447.5001**, applying online or stopping by your nearest branch.

*APR = Annual Percentage Rate. Rates and terms subject to change. Rates are subject to credit approval and may be higher depending on payment term, credit rating, vehicle year, and other qualifications. All promotional rates reflect a .25% discount for auto payment and are available 8/29-9/12/14. Rate as low as 1.60% applies to a 24 month or less term on model year 2005 or newer vehicle. Rate as low as 1.80% available for term up to 60 months. Rate as low as 2.30% available for term up to 72 months. No other rate discounts apply. These rates do not apply to refinances of existing UNCLE auto loans. **Qualifying members may elect to defer their first payment for 90 days from the loan funding date. Interest will accrue during deferral period. Offer not available for existing UNCLE loans. †To receive \$100 membership bonus, you must be a new UNCLE member. One \$100 bonus per member (per unique SSN). You must open an UNCLE checking account and authorize a minimum monthly direct deposit of \$100. You must be 18 years old. You must live, work, study or worship in Contra Costa, Alameda, Stanislaus or San Joaquin counties. Your new member bonus will be credited to your UNCLE checking account at the end of the month following the month in which the first direct deposit is verified and we must receive the first direct deposit within 60 days of your date of membership.



Hundreds of Bay Area families choose Home Care Assistance.

Trust our award-winning care to suit your family's needs. We're the best!



24/7 Live-In Care Specialists. We offer around-the-clock care for a reasonable price despite recent overtime laws.

Brain Health Experts. We are the only home care agency that offers Cognitive Therapeutics, a research-backed activities program that promotes brain health and vitality in our clients.

Pleasanton's Best Caregivers. Each has at least 2 years experience and undergoes extensive training and screening, including a DOJ background check, drug test and proprietary psychological exam designed to test for honesty and conscientiousness.

Meet Jill. Jill Cabeceiras is the client care manager for the East Bay. She has been working with older adults for more than ten years and is an expert on managing care within the home. Let Jill help you and your family!



Call Jill to schedule your free consultation today!
925-820-8390 • HomeCareAssistance.com
190-G Alamo Plaza, Alamo, CA 94507

AROUND PLEASANTON



By JEB BING

Sunflower Hill: Serving those older with developmental delays

Many of us know Susan Houghton from her days as the spokeswoman for Livermore National Laboratories and later for Safeway Inc. These days, however, she's even more widely known and appreciated as the founder, along with other parents, of Sunflower Hill, a Pleasanton-based nonprofit organization created for families of older children with developmental delays.

Houghton has found her niche. Employed in the field of public affairs and government relations for more than 30 years and now as a mother of a 22-year-old with moderate autism, she skillfully leads the effort to develop sustainable life-long residency options with an enhanced quality of life so that those with developmental delays who are older can continue in beneficial programs they enjoyed when younger.

In remarks to the Rotary Club of Pleasanton, Houghton talked about the day the yellow school bus stopped coming for her son Robby, one of 70,000 individuals in California diagnosed with autism. It's an alarming statistic, especially since there were only 4,000 diagnosed in 1992, the year Robby was born.

Graduation ceremonies are typically a reason to celebrate. But for the Houghton family, it was just the opposite. The yellow school bus had been Robby's lifeline since he was 4, taking him to a world of caring teachers, academics and activities. But he turned 22 and for special education students, that's when public school officially ends. In his last year, Robby thrived in a special 'transition' class that focused on life skills and job training. But now there is no place for him to go.

Houghton started her search a year ago. Feeling optimistic about all Robby had learned, she inquired about a special program that 'catered' to individuals with autism. Acceptance would mean a chance to live in a dorm, follow a routine, and gain job skills. But these programs are now more selective, catering to higher-functioning (Asperger syndrome) individuals and leaving behind those with mild to moderate delays, like Robby. Several available Bay Area programs have two-year waiting lists and, Houghton learned, involve little more than just sitting around, passing the time. So now, after years in public school with structured days and opportunities, Robby, like

many others, is being left behind.

"I never envisioned this outcome," Houghton said. "Robby had wonderful teachers and loved school. He was the honorary drum major for his high school band. He volunteered in the cafeteria, student store and at a local gym. He recently gave a speech before a large audience honoring his teachers, and he excelled at Special Olympics."

Yet sadly, Houghton's experience appears to be the norm. Post-high school programs for young adults with special needs are not readily available, even though approximately 93% of Californians with autism are under the age of 31. That's more than 65,000 individuals.

Houghton said that the Individuals with Disabilities Education Act (IDEA) mandates a free and appropriate education for special needs individuals through age 22. They must also be trained for employment and independent living. But what's the point if there aren't opportunities to use those skills? Why can't there be a "life after high school" for all who want it? Houghton asked.

As Robby becomes an adult, his future — and really the future of all individuals with autism and developmental delays — becomes clear and worrisome. Where will they live? What will they do? What will be their passion and purpose in life? Unfortunately, the reality is that one in 50 individuals are now born with autism. More than 500,000 will become adults in the next decade. Is society prepared?

This is why Houghton created Sunflower Hill. The organization seeks to change the paradigm of both institutional and home living options by creating an intentional community that supports a sustainable, productive, warm and happy quality of life.

The name was specifically chosen for its meaning. According to Houghton, sunflowers originated in the Americas in 1000 B.C., where for centuries they were cultivated as a valuable food source. They are considered gifts of radiant warmth and the happiest of flowers. Their meanings include loyalty and longevity, nourishment and vibrance. This is the vision Houghton has for a Sunflower Hill community, a place where all individuals of all ages can thrive.

For more information visit: www.sunflowerhill.com or call 321-5757. ■

About the Cover

Looking back at the Sept. 11 attacks as next week's anniversary approaches. Cover design by Lili Cao.

Vol. XV, Number 32

Opening January 2015

Now Taking Reservations



CREEKVIEW

Skilled Nursing. Assisted Living. Memory Care.

BRAND NEW HEALTHCARE CENTER FOR SENIORS

Please call or stop by for a tour!

CreekView is a perfect place to come for your short or long-term health care needs. We offer multi-level care: respite care, skilled nursing or assisted living.

Rehabilitation, Post-Acute and Short-Term Care will be open to the public soon

925.201.4018

2900 Stoneridge Drive
Pleasanton, CA 94588

Adjacent to the Stoneridge Creek Retirement Community

Prices Effective: 09/05 - 09/11/2014

Mooncake Festival

9/8/14

99th Anniversary Since 1984

99 RANCH MARKET

Stores in Northern California

Celebrating 20 Years of Tradition

www.99Ranch.com

Lily Mooncake Mix Nuts Yolk 500 gm

Lily Mooncake Lotus Seed Paste With Yolk 500 gm

TTJ Mooncake Chi Xing Ban Yue 888 gm

I Mei Mooncake Gift Pack Green Bean Cake 680 gm

TTJ Mooncake White Lotus Seed Paste With Two Yolks 750 gm

TTJ Mooncake Jing Chiu 640 gm

I Mei Mooncake Gift Pack Egg Yolk And Green Bean 640 gm

I Mei Mooncake Gift Pack Virtue 500 gm

Jujube 89¢ lb

KIKKOMAN

\$3.29 ea

Kikkoman Quick & Easy Marinade Sauce (Selected Varieties) 14 oz

\$1.99 ea

Hot-Kid Rice Cracker (Selected Varieties) 5.3-5.64 oz

Pork Baby Back Rib \$4.69 lb

99¢ pack

Hanasia Seasoned Seaweed 3/pack

2 packs \$7

Prime Food Mini Buns (Selected Varieties) 20 oz

Squid Ring \$2.99 pack

99¢ ea

Vitasoy Tofu (Selected Varieties) 15-19 oz

\$2.49 ea

Yuki Love Japanese Style Mochi Assorted 450 gm

\$1.39 ea

Safoco Macaroni 500 gm

9/23/2014

9/26/2014

Milpitas Store

VISIT US!

PLEASANTON STORE
4299 Rosewood Dr., Pleasanton, CA 94588
Tel: 925.463.8899

DUBLIN STORE
7333 Regional St., Dublin, CA 94568
Tel: 925.833.3999

OPEN EVERYDAY 9 AM - 9 PM

WE FEATURE

FREE fry fish service Great varieties of groceries
Dim sum & hot deli Live seafood
Spacious aisles Fresh meat & produce

Stores in Northern California

CONCORD • CUPERTINO • CUPERTINO (DE ANZA)
DAILY CITY • DUBLIN • FOSTER CITY
FREMONT • FREMONT (MISSION) • MILPITAS
MOUNTAIN VIEW • NEWARK • PLEASANTON
RICHMOND • SACRAMENTO • SAN JOSE

Offer only good while supplies last. No sales to dealers, restaurants or institutions. Sales in retail quantities only. Plus Applicable Taxes. Not responsible for typographical or pictorial errors. We reserve the right to correct all errors. Not All Products. Offers, Retail and Services Available At All Locations.

Which Darlene Crane did your Home Loan?



A "Preferred Lender" with Builders and Real Estate Companies for over 37 Years.

925-699-4377 dcrane@opesadvisors.com



Darlene Crane,
Real Estate Mortgage Advisor
349 Main Street #203, Pleasanton
NMLS 30878 License 00907071

Opes Advisors is licensed by the CA Dept. of Real Estate, Real Estate Broker license 01458652 and NMLS 235584. Equal Opportunity Lender. Opes Advisors is a registered investment advisor with the Securities and Exchange Commission (SEC).



DINING

ON THE TOWN



Eddie Papa's American Hangout

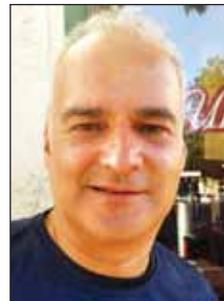
4889 Hopyard Road, Pleasanton, 469-6266. Winner of The Pleasanton Weekly's Reader Choice Awards for "Best American Food," "Best Meal under \$20" and "Best Kid Friendly Restaurant," Eddie Papa's American Hangout celebrates the regional food and beverage cultures of America. Bring the whole family to enjoy iconic dishes from across the United States, Old World Hospitality, and hand crafted artisan cocktails.

www.eddiepapas.com

Streetwise

ASKED AROUND TOWN

What is the most exciting thing you did over Labor Day weekend?



Brian Feiger
Endodontist

I took a road trip with a friend up to Point Reyes, which is really beautiful at this time of year. Photography is a passion of mine and I was able to get lots of great shots, especially of the Point Reyes Lighthouse.



Sanyukta Inamdar
Software developer

I went tango dancing down in Mountain View. It was totally fun.



Yarden Feiger
Middle school student

I went with my family to Muir Beach and then we wandered around Marin County. It was lovely.



Anna Paolo, and Jordan
Math teacher

Well that's an easy one. I got married!



Eitan Feiger
Middle school student

I went kayaking at Lake Del Valle in Livermore with my dad, my sister, some good friends and my dog, Vanilla. It was really fun, especially watching Vanilla swim back and forth between our two kayaks. She really loves the water.

—Compiled by Nancy, Jenny and Katie Lyness

WHEN IN DROUGHT, HIRE A PROFESSIONAL.



A Bay-Friendly Qualified Professional can help you design and maintain a beautiful drought-resistant landscape or garden.

Find one today at:
BayFriendlyPro.org



Have a Streetwise question? Email editor@PleasantonWeekly.com

The Pleasanton Weekly is published every Friday by Embarcadero Media, 5506 Sunol Blvd., Suite 100, Pleasanton, CA 94566; (925) 600-0840. Mailed at Periodicals Postage Rate, USPS 020407. The Weekly is mailed upon request to homes and apartments in Pleasanton. Print subscriptions for businesses or residents of other communities are \$60 per year or \$100 for two years. Go to PleasantonWeekly.com to sign up and for more information. POSTMASTER: Send address changes to Pleasanton Weekly, 5506 Sunol Blvd., Suite 100, Pleasanton, CA 94566. ©2014 by Embarcadero Media. All rights reserved. Reproduction without permission is strictly prohibited.

DIGEST

Tri-Valley Heroes

The Pleasanton Weekly seeks nominations and sponsorships for the Tri-Valley Heroes awards program, our salute to the individuals, groups or organizations that stand out because of their actions, integrity or honor.

Our judges will bestow honors in eight categories: Arts and Culture, Community Spirit, Environmental Stewardship, Courage, Rising Star, Innovation, Role Model and Lifetime Achievement.

We are accepting nominations now through 5 p.m. Sept. 22. Individuals who live or work in Pleasanton, Dublin, San Ramon, Danville, Alamo or Livermore are eligible, as are organizations and businesses headquartered in these communities.

Sponsorship levels range from \$500 to \$5,000 and come with many benefits, including seats at the Oct. 20 presentation ceremony.

For more information, visit www.pleasantonweekly.com.

Pesticides bill

A bill requiring new regulations for the use of pesticides in schools will be making its way to Gov. Jerry Brown.

Senate Bill 1405 — authored by state Sen. Mark DeSaulnier (D-Concord), who represents Pleasanton — provides more stringent guidelines on the use of toxic pesticides.

SB 1405 requires school sites to report all pesticide use to the California Department of Pesticide Regulation. Currently, the law requires only professional applicators to report the use.

In addition, the bill requires anyone using pesticides on school sites to undergo an annual training on integrated pest management and the safe usage of pesticides.

Chamber forum

The Pleasanton Chamber of Commerce will host a candidate forum from 7:30-9 a.m. Sept. 16 at the Veterans Memorial Building in downtown Pleasanton.

Candidates for mayor and the City Council will face questions about community priorities, including transportation, water, workforce housing and unfunded pension liabilities.

Mayor Jerry Thorne is being challenged by Matt Morrison. Incumbent Councilwoman Kathy Narum and challengers George Bowen, Arne Olson and Olivia Sanwong seek one of two available council seats.

David Stark, public affairs director of the Bay East Association of Realtors and chairman of the Pleasanton Chamber, will serve as moderator. The forum is free and open to the public. For more information, visit www.pleasanton.org. ■

School board to revisit calendar

Comes after parents, students ask members to revoke previous vote

By AMANDA AGUILAR

The Pleasanton school board may reconsider the 2015-16 school calendar that was adopted in June after some parents and students asked board members to revoke their vote at the Aug. 19 board meeting.

The adopted modified lite calendar would schedule school to begin early August and end in late May. The calendar also includes a one-week break in October, the first semester ending before winter break and a nine-week summer break.

At the August meeting, several parents contended there wasn't enough data and feedback presented to the board and the community, adding

that they did not feel involved with such an important process.

Pleasanton parent and school board candidate Mark Miller said, "It will be a smoother and more successful transition with us behind you."

Parent speakers also argued there was a lack of communication with parents about the change.

Pleasanton Middle School parent Tracy Whelan said that while volunteering during registration, she could "hear the shock and awe in the conversations as people were learning about the new calendar."

In addition to public forums and emails about the possible calendar change, the district sent out a parent survey regarding the proposed

calendar options on June 4, with the results presented at the June 17 board meeting.

Of the 3,000 parents who participated in the survey, 35% favored the traditional calendar and 65% favored one of the four new calendar options — 10% modified, 17% modified hybrid, 20% early start/early finish and 18% modified lite.

Board member Valerie Arkin stated that 3,000 parents was only 20% of the district's total enrollment of almost 15,000.

At the June board meeting, the board voted 4-1 for the "modified lite" calendar, with Arkin in dissent, asking that the decision be delayed for another year to gather

more data and feedback.

"I just don't see a compelling reason to do it for 2015-2016," she said.

The other four board members were in favor of the staff's suggested calendar option, finding it addresses the concerns of students' learning loss and stress levels, and achieves the primary objective of having the first semester ending at winter break.

After hearing parents and students speak at the August meeting, Arkin suggested putting the item on the board's agenda for reconsideration.

The board's new calendar discussion is set for its Sept. 9 meeting, which starts at 7 p.m. in the district's boardroom at 4665 Bernal Ave. ■



JEB BING

The city's sports park on Parkside Drive, recently renamed in honor of former Mayor Ken Mercer, has been adorned with a new monument sign, which was dedicated this week.

Sports Park renamed for Ken Mercer

New monument sign, party celebrate life of Pleasanton's longest serving mayor

Friends of late Mayor Ken Mercer turned out Tuesday to dedicate Pleasanton Sports Park in his name.

The unveiling of the main sports park sign at Hopyard and Parkside roads came on the same day that Mayor Mercer would have turned 72 years old. He died Jan. 13 of pancreatic cancer.

Mr. Mercer was elected to three terms on the City Council between 1976 and 1988. In 1986, he became the city's first directly elected mayor and served in that

position until 1992.

During those years, Stoneridge Shopping Center, Hacienda Business Park and several large-scale residential developments were approved.

The suggestion to rename the sports park was made at Mr. Mercer's funeral service at the Pleasanton Senior Center to loud applause from the more than 300 who attended. The city Parks and Recreation Commission endorsed the proposal, and the City Council gave

its final approval June 3 to waive the city's five-year waiting period before public facilities can be named for civic leaders after their death.

Susan Andrade-Wax, director of Community Services, said Mr. Mercer was instrumental in obtaining the centrally located sports fields from the federal government. He was also a frequent visitor to the park as a fan for his children and grandchildren who played sports there. ■

—Jeb Bing

McKay's Taphouse gets commission's approval

Planners view new business 'a great addition to downtown Pleasanton'

The Pleasanton Planning Commission, with the support of the Pleasanton Downtown Association, has approved a bid by Barbara and Josh McKay to open a beer and wine garden with food service in a picturesque two-story building on lower Main Street.

To be called McKay's Taphouse and Beer Garden, the new business will serve customers on both floors and in a rear garden area of the building that was built in 1938 as an upscale family home. Theirs will be the latest of a long series of changed uses that have included

retail shops and, most recently, Bracelet Bar, a guitar lesson studio and Serenity Stoneworks.

"This is a wonderful plan and I'm excited about it," said planning commissioner Gina Piper. Other

Planners OK new 7-Eleven project

Proposal heads to council after commission's 3-2 vote

By JEB BING

The owners of the Valero service station at West Las Positas and Santa Rita Road won the Pleasanton Planning Commission's approval of their bid to convert a service bay into a new 7-Eleven convenience store, but just barely.

After a nearly two-hour public hearing, the commission voted 3-2 to allow Michael Roseberry to add the 2,500-square-foot convenience store along with a new drive-thru car wash. The station's seven fueling islands will remain in place.

Planning commissioners Nancy Allen and Greg O'Connor voted against Roseberry's request, with commissioners Jack Balch, Herb Ritter and Gina Piper voting in favor.

After listening to neighborhood complaints over 7-Eleven's plans to sell alcoholic beverages, noise from the car wash and late night hours of operations, Allen suggested Roseberry and 7-Eleven be restricted to limited hours for a period of six months, and then return to the commission for extended hours if nearby homeowners agree.

But Brian Dolan, director of Community Services and Planning, objected. He said that kind of an agreement could quickly become the "norm" for other controversial applications, causing unnecessary burdens on city planners and business applicants.

Ritter agreed and also questioned

Services set for Robert Warnick, former Public Works Director

By JEB BING

A Celebration of Life service will be held at 1 p.m. Sunday for Robert Warnick, a Navy veteran and former public works director in Pleasanton, who died July 19 in Castro Valley with his wife, Sarah, and daughter Debra at his side. He was 82.



Robert Warnick

The service at the Veterans Memorial Building at 301 Main St. will feature a military color guard, 21-gun salute and remarks by members of the Pleasanton posts of the Veterans of Foreign Wars and the American Legion.

An active member of the Rotary Club of Pleasanton, Mr. Warnick was a graduate of the College of the Pacific with a civil engineering degree, and the Navy Officers Candidate

School. He was commissioned as an ensign in the Civil Engineer Corps and spent three years on active duty, the Navy Reserve Seabee program, retiring in 1983 as a captain.

Mr. Warnick spent his career as a public works director and city engineer for several California cities, including here in Pleasanton for five years when Hacienda Business Park was under development. He held similar positions in Los Gatos for 12 years, Alameda for nine years, and Chandler, Ariz. He was a life member of the American Public Works Association.

In addition to his wife Sarah and daughter Debra, Mr. Warnick is survived by another daughter Amanda Bates (Kurt) and a son Jeffrey, all of Idaho; stepdaughter Deborah Shaimas of Panama City, Panama; a stepson Charles (Drinda) Tockey of Modesto; Stephen (Young Jae) Tockey of Redmond, Wash; Barbara (Peter) Zivkov of Menlo Park; and Karen (Steven) Tatman of

Salem, Oregon. He was preceded in death by his first wife, Barbara, his parents and son Michael.

In lieu of flowers, the family requests that donations be sent to the Rotary Club's Main Street Park project at the Rotary Club of Pleasanton, P.O. Box 352, Pleasanton, CA 94566. ■



JEB BING

The owners of this Valero station in Pleasanton want to convert the service bay into a 7-Eleven convenience store. The project would also include a car wash.

7-ELEVEN

Continued from Page 5

what kinds of commercial/retail operations could be allowed on the busy corner if Roseberry closes the station. Roseberry and his representative Brad Hirst said that service bays no longer generate sufficient income for gas stations with motorists now favoring the more sophisticated, highly computerized repair shops.

Balch, Piper and Ritter praised the design of the proposed

7-Eleven building, contending that it would improve the looks of the property. They also agreed that cutting the car wash hours of operation to 10 p.m. in the summer months and 9 p.m. in the winter should ease any concerns over late-night noise.

But it's not over yet. Roseberry will still have to get approval from the City Council before the 7-Eleven and car wash construction can begin. That hearing is expected this fall, and neighborhood opponents of the plan say they'll be back. ■

SUPPORT LOCAL JOURNALISM

Support Pleasanton Weekly's coverage of our community.

Memberships begin at only 17¢ per day

Join today:

SupportLocalJournalism.org

Let's Eat

NY PIZZA & PASTA

PLEASANTON ★ 4001-5 Santa Rita Road

OPEN 7 DAYS ★ DELIVERING 10AM - LATE NIGHT

Our Pizza Slices are Huge! *Now serving kabobs!*

ORDER ONLINE: WWW.NYPIZZAANDPASTATV.COM

PIZZA ★ RIBS ★ PASTA ★ LASAGNA ★ SANDWICHES
KABOBS ★ SALADS ★ CALZONES

www.nypizzaandpastatv.com

463-0280 ★ In Rose Pavilion Shopping Center

\$10⁰⁰ **Medium 14"**
+tax **3-topping pizza**

Regular price \$18. Price does not include sales tax. Must use coupon. Cannot be combined with other offers. Minimum order for delivery is \$15. Expires 10/02/14

NY Pizza & Pasta ★ 4001-5 Santa Rita Road ★ Pleasanton
463-0280

GAY NINETIES PIZZA CO.

Italian Style Spaghetti & Ravioli

Voted Best Pizza Again!

READERS CHOICE 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100

Early Dinner Special
(Served from 4-6 daily)
Any Large Two-Topping Pizza AND a Pitcher of Soda
for only \$25.00 (plus tax)
Additional Toppings Available • Dine-In Only

Lunches • Dinners • Beers on Tap • Orders to Go
288 Main Street • 846-2520
www.gayninetiespizza.com
— Open 7 Days —

Advertise your restaurant on this page

To have your business included on this page call Karen Klein at (925) 600-0840 x122 or email kklein@pleasantonweekly.com

"A YUMMY, HEALTHY ALTERNATIVE FOR THE WHOLE FAMILY!"

\$1 OFF Any Smoothie Coffee or Juice

Ad must be present for discount. Limit 1 discount per customer, per visit.

Juice & Java

EXPRESS

Open 7 Days a Week 7am-7pm - Located between 1st & Main Streets

Fresh Fruit Smoothies (with non dairy options)
Espresso Delights
Fresh Juices

Oatmeal Bar
Acai Bowls
Daily Salads & Sandwiches
Pastry (gluten free too)

www.JuiceAndJavaExpress.com
55 W. Angela St. Pleasanton, CA 94566 (925) 846-0887

TAPHOUSE

Continued from Page 5

commissioners agreed, including Nancy Allen who said the McKays' Taphouse would revitalize the south end of Main Street, and Jack Balch and Herb Ritter who called the business "a great addition to downtown Pleasanton."

But Craig Semmelmeier, who owns an Italian restaurant next door, expressed concern that on busy nights, the McKays' patrons might park in his restaurant's lot. He was assured by the McKays that one of them will always be at the new taphouse and would advise customers not to park there. They also will monitor customers driving up to make sure they don't use that lot.

In their earlier reviews of the McKays' plan, members of the PDA and its Downtown Vitality Committee said that the new beer and wine garden would help increase nighttime vitality on Main Street, which has been a goal of both groups.

Josh McKay said the taphouse also will include an outdoor front



JEB BING

The Pleasanton Planning Commission has endorsed a plan to use this property on south Main Street as a beer and wine garden with food service.

patio to help draw patrons to the far south end of Main Street, with the restaurant offering locally sourced craft beers and wines.

The McKays said they will operate their taphouse from 11 a.m. to 10 p.m. Sundays through Wednesdays, until 11 p.m. on Thursdays, and until midnight on Fridays and Saturdays.

Amplified music will also be of-

fered throughout the building and on outdoor areas consistent with the city's Hospitality guidelines.

Food to be served will include daily sausage selections, German homemade pretzels, a sausage platter, Cuban sandwiches, grilled prawns, tri-tip and grilled cheese sandwiches, and a variety of desserts. ■

—Jeb Bing

Pleasanton North Rotary to hold 'Starry Night' gala

The Pleasanton North Rotary Club will hold its annual fundraiser gala Sept. 20, a benefit that helps fund local and international service projects the club supports.

Called "A Starry Night in the Caribbean," this year's event at Barone's in downtown Pleasanton will specifically benefit Agape Villages, a program that mobilizes community resources for disadvantaged children and their families. Auctioneer Frank Jakubka, with his rapid-pace live auction, will follow an early evening silent auction and dinner, followed by music and dancing.

This is the club's major fundraising event of the year, a program that has raised \$2 million through ticket sales and auctions at the event, with proceeds going to the club's North Rotary Foundation.

"Pleasanton North Rotary has been contributing to the community for the past 27 years," said club

president Tom Hall. "This is the event to donate to, or to participate in, to best support our year-round service goals. We look forward to having an evening of fun."

The club is now accepting donations, and both donations and ticket sales can be made through the A Starry Night website: <http://astarrynight.org>. Corporate table sponsorships and special cabana seating are available.

For more details, visit the Pleasanton North Rotary website at www.pnr-rotary.org, or contact Event Chair Ed Golden at 512-750-5804.

The foundation distributes funds to many local community organizations and projects, including the School of Imagination & Happy Talkers, Relay for Life, Special Olympics of Northern California, Hope Hospice and the Pleasanton Partners in Education (PPIE) Foundation. ■

—Jeb Bing



Let's Eat



PIZZA Bello

Family Owned and Operated

3037 Hopyard Road, Ste. C, Pleasanton
(Hopyard Village next to the Pleasanton Sports Park)

Order by phone: **(925) 264-5996**
Order online: **www.pizza-bello.com**

We deliver

Authentic East Coast Pizza (whole/slice)
Calzones • Subs • Bello Buns • Frozen Yogurt

Now serving beer & wine

Gluten Free Crust Available

Mondays & Tuesdays Happy Hour
1/2 price on all beer & wine

\$2⁵⁰ Daily Special

for craft beer on tap with any food purchase
EXPIRES 9/30/14

\$3 OFF X-Large or \$2 OFF Large Pizza

With this coupon.
EXPIRES 9/30/14

Join Our VIP Club for FREE Rewards

Join Vic's VIP Club

When You're here, You're a VIP!

- ★ Free Reward on Each Visit!
- ★ Great Reward on Free Food and Drink
- ★ Free Birthday Dessert

Sign up in the restaurant or on our website

Rewards cannot be combined with any other discount, coupon or special offering.



Serving BREAKFAST & LUNCH

- Patio Dining
- Team Banquet Area
- Rehearsal Dinners
- Catering Services

BEST OF PLEASANTON 2007

Voted Best Diner/Coffee Shop

484-0789

201 Main Street, Downtown Pleasanton
Open 7 days a week, 7am-2pm
www.vicsallstar.com





BUY 1 GET 1 LUNCH OR DINNER FREE

Good any day. Must include beverage purchase.
Not good with other offers/discounts.
Expires October 4, 2014.
One per group or table. Max value up to \$8.95.

Reserve our new banquet room for your next event or party!

(925) 462-8218

828 MAIN STREET PLEASANTON

Chianti's

RISTORANTE



PLEASANTON CHIANTI'S HAS BEEN VOTED "BEST OF EAST BAY" TWO YEARS IN A ROW!



NEW Lunch Special!

Homemade Raviolis \$9.50

Choice of a Signature Sauce. 11:30-2:30 pm Daily

Happy Hour Specials

2:30pm - 5:30pm and Special Appetizer
Bottle Wine \$20 // Cocktails \$7

436 MAIN ST, DOWNTOWN PLEASANTON
484-3877 • CHIANTISRISTORANTE.COM

Chamber honors Hired Hands Homecare

Hired Hands Homecare, a family owned and operated caregiver for the elderly and disabled, celebrated its first anniversary in Pleasanton and 20th year in business last month with a reception sponsored by the Pleasanton Chamber of Commerce.

The caregiver firm's director, Erin Winter, and her staff hosted the event at its offices at 240 Spring St. in downtown Pleasanton. Mayor Jerry Thorne led the celebration, citing Hired Hands' good work in serving the community.

The Winter family founded the

company in 1994 in Mill Valley by Lynn Winter, a registered nurse with over 30 years of home care experience and now Hired Hands chief executive. Her goal was to create an organization that would offer seniors with a broad array of services to help them remain comfortable and independent in their own homes.

Today, the firm — which has operations in Sonoma, Napa and Solano counties as well as in Marin and Pleasanton — provides security and care-giving services to anyone who would find their lives

and home more manageable with an extra pair of hands, or when being alone is no longer an option.

"Our home support service coordinators are truly skilled in assessing our clients' specific needs," Erin Winter said. "We carefully hand-pick care providers whose skills match those particular needs. Our entire staff is experienced, qualified and closely managed."

In-home care provided includes: basic grooming and daily personal hygiene, medication reminders, assistance with exercise programs, accompaniment to medical appointments, trips to the park, reading assistance, cooking basic and specialty meals, shopping and light housekeeping.

"We understand aging can be difficult for both individuals and their families," Erin Winter states in a website discussion. "For over 20 years, we've provided wide-ranging home care assistance to literally thousands of families. Using our experience and knowledge, we help families meet the challenges of aging comfortably, safely and independently at home."

For more information, email erin@HiredHandsHomecare.com. ■

—*Job Bing*

Robert Lewis Warnick

March 25, 1932 – July 19, 2014

Robert Lewis Warnick passed away peacefully on July 19 in Castro Valley with his wife, Sarah, and daughter Debra at his side. A resident of Pleasanton, he was 82. "Bob" served as Public Works Director for the City of Pleasanton and the City of Alameda besides other California and Arizona cities. Bob was born in Phoenix, AZ but left six weeks later with his parents when his father began work at Boulder Dam, now named Hoover Dam, in its very early construction days. An only child, he moved with his parents to Grand Coulee Dam and later to Friant Dam, leading Bob to call himself "a dam kid." He graduated from Stockton High School, and College of Pacific in 1953 with a bachelor degree in civil engineering.



Shortly after graduation from Pacific, Bob enrolled in Navy Officers Candidate School and was commissioned as an Ensign in the Civil Engineer Corp, USNR. He spent three years on active duty and became very active in the Navy Reserve Seabee program, retiring in 1983 as a Captain.

Bob spent his career as public works director/city engineer for several California cities including Pleasanton (five years), during its early Hacienda Business Park days; Los Gatos (12 years); and Alameda (nine years) where he was part of the group that established the still-in-service Alameda/Oakland ferry following the 1989 Loma Prieta earthquake. He also spent three years in a rapid-growing Chandler AZ where he was credited for supervising development of six major west-side roads and construction of a new \$27 million water-treatment plant. Bob termed his time there as being like a kid with a new erector set building infrastructure. He was a life member of the American Public Works Association.

He spent many years with various Rotary clubs where he lived and served one year as president of Alameda Rotary Club. He enjoyed participation in the Rotary Club of Pleasanton, working with the club on such annual community projects as the Holiday Dinner for Seniors and the Spirit Run that raises funds for scholarships for graduating high school seniors.

Bob's family life included marriage to Barbara, the mother of their four children; Barbara passed away in March 2014. Bob married his second wife, Sarah, in 1984 and they spent almost 30 years together in California and Arizona besides traveling to Europe and Africa with friends, among other locales. He was also a member of an informal "Bob Group" wherein male members all had the name of Bob. The group, which enjoys frequent get-togethers, celebrated its 33rd anniversary recently.

Bob is survived by: his wife, Sarah of Pleasanton; daughter Debra Warnick (Doug Plaisted), son Jeffrey and daughter Amanda Bates (Kurt), all of Idaho; stepdaughter Deborah Shaimas of Panama City, Panama; stepson Charles (Drinda) Tockey of Modesto; Stephen (Young Jae) Tockey of Redmond, Wash; Barbara (Peter) Zivkov of Menlo Park; and Karen (Steven) Tatman of Salem, OR, nine grandchildren and three great-grandchildren. He was preceded in death by his parents and son Michael.

A Celebration of Life will be held on Sunday, September 7, at 1 p.m. at the Veterans Building, 301 Main Street, Pleasanton. The family prefers donations to the Rotary Club of Pleasanton's Main Street Park project. Send donations earmarked for the project to the Rotary Club of Pleasanton, P.O. Box 352, Pleasanton, CA 94566.

PAID OBITUARY

POLICE BULLETIN

Graffiti found at FHS

Pleasanton police are investigating vulgar and racially charged graffiti found on the Foothill High School campus Monday.

Foothill principal Jason Krolkowski sent an email to students and parents Monday night about the graffiti, saying the school district's maintenance department was called in to remove or cover the graffiti.

"None of the graffiti made threats nor were any students or staff named," Krolkowski stated in his message.

"We take the protection of our students very seriously," his email stated. "The district staff works diligently to provide a safe learning environment for students every day."

Krolkowski asked that anyone with information about the graffiti to call the district's anonymous tip line at 417-5199 or the Pleasanton police non-emergency number at 931-5100.

"I believe this is an isolated incident, and we want you to know

that we are doing everything possible to keep our school, students and staff as safe as we can," Krolkowski added.

In other police reports:

- A traffic stop led to the arrest of two 19-year-old men on suspected drug- and firearm-related charges.

On Aug. 28, a Pleasanton police officer stopped Hayward resident, Victor Antonio Vasquez, for littering on the 5300 block of Hopyard Road, according to police reports.

Vasquez was reportedly driving without a license and the passenger, Angel Moreno Estrada of Tracy, had a suspended license, according to police.

The officer could also smell marijuana coming from the car and searched Vasquez, police said.

According to police reports, the officer found a loaded handgun with the serial number scratched off in Vasquez's possession. In addition, Vasquez allegedly had prescription medicine in his possession without a prescription.

He was arrested on suspicion of possession of a controlled substance with a firearm, possession of a controlled substance with no prescription, removal of the manufacturer's number on a firearm, carrying a concealed firearm and carrying a loaded firearm in a vehicle.

Estrada was arrested on suspicion of possession of a controlled substance and conspiracy.

—*Amanda Aguilar*

HEARING AIDS
2-WEEK FREE TRIAL*
+ Price Match Guarantee!

BEES STOPPED BUZZING?

Maybe it's time to get your hearing checked...
With our 2-Week Free Trial, now is the time!

Being outdoors isn't as enjoyable if you can't hear the sounds of nature all around you. At Connect Hearing we understand this. As the strongest network of Hearing Care Professionals in the country, we are committed to helping more people *stay connected* to the sounds of life through better hearing, better care and the best state-of-the-art digital hearing aids the world has to offer.

Take advantage of these special offers all month long:

- Connect Hearing Price Match Guarantee*
- 0% Financing†
- Free Hearing Consultation

Stay Connected.
Call or visit us today!
1.888.4CONNECT • connecthearing.com

**HEARING SERVICES OF
LIVERMORE AND PLEASANTON**
A MEMBER OF THE CONNECT HEARING NETWORK

Livermore – 1613 Second Street
Pleasanton – 4460 Black Avenue F

1-888-402-3807

YOUR HEARING PROFESSIONALS

*Certain types of hearing loss may require a hearing aid model that is not appropriate for the Two-Week Free Trial. See clinic for details. (price excluded). †A member of the Connect Hearing Network. If you don't already have the lowest price, we will match any valid competitor quote or advertised price on hearing aids within 60 days of purchase. 0% financing offer is subject to credit approval. If the time of your application you do not meet the credit criteria previously established for this offer, or the income you report is insufficient based on your obligations, we may not be able to offer this financing. Complimentary hearing screening and consultation required. Some restrictions apply. Offer expires 9/30/14.

True Value
START RIGHT. START HERE.

READERS CHOICE 2014

We Now Sell Dog Food

Taste of the Wild
Current Special Price Available

Chip Car Key
\$69.99
(Some Restrictions Apply)

Ask Us About:
Rescreening Or New Window Screens, Sharpening Knives, Scissors, Chainsaws, Mower Blades and Many Garden Tools.

WORKBENCH
TRUE VALUE HARDWARE

Two Locations to serve you:
1807 Santa Rita Rd, Pleasanton
Phone (925) 846-0660

652 Main Street, Pleasanton
Phone (925) 846-0727

Now Open

www.truevalue.com/pleasanton

Pleasanton Weekly

PUBLISHER

Gina Channell-Allen, Ext. 119

EDITORIAL

Editor

Jeb Bing, Ext. 118

Tri Valley Life Editor

Dolores Fox Ciardelli

Associate Editor

Jeremy Walsh, Ext. 111

Staff Reporter

Amanda Aguilar, Ext. 121

Interns

Maria Akhter, Cierra Bailey

Contributors

Jay Flachsbarth, Cathy Jetter,
Jerri Pantages Long, Mike Sedlak,
Kate Lyness, Nancy Lyness

ART & PRODUCTION

Marketing and Creative Director

Shannon Corey

Design and Production Manager

Lili Cao

Designers

Linda Atilano, Colleen Hench,
Rosanna Leung, Paul Llewellyn,
Peter Sorin

ADVERTISING

Multimedia Account Manager

Mary Hantos, Ext. 222

Account Executive

Karen Klein, Ext. 122

Real Estate Sales

Carol Cano, Ext. 226

Ad Services Manager

Jennifer Lindberg, 650-223-6595

BUSINESS

Business Associate

Lisa Oefelein, Ext. 126

Circulation Director

Zachary Allen, Ext. 141

Front Office Coordinator

Sierra Rhodes, Ext. 124

HOW TO REACH THE WEEKLY

Phone: (925) 600-0840

Fax: (925) 600-9559

Editorial email:

editor@PleasantonWeekly.com

calendar@PleasantonWeekly.com

Display Sales email:

sales@PleasantonWeekly.com

Classifieds Sales email:

ads@PleasantonWeekly.com

Circulation email:

circulation@PleasantonWeekly.com

The Pleasanton Weekly is published every Friday by Embarcadero Media, 5506 Sunol Blvd., Suite 100, Pleasanton, CA 94566; (925) 600-0840.

Mailed at Periodicals Postage Rate, USPS 020407.

The Pleasanton Weekly is mailed upon request to homes and apartments in Pleasanton. Community support of the Pleasanton Weekly is welcomed and encouraged through memberships at levels of \$5, \$8 or \$10 per month through automatic credit card charges. Print subscriptions for businesses or residents of other communities are \$60 per year or \$100 for two years. Go to www.PleasantonWeekly.com to sign up and for more information.

POSTMASTER: Send address changes to Pleasanton Weekly, 5506 Sunol Blvd., Suite 100, Pleasanton, CA 94566.

© 2014 by Embarcadero Media. All rights reserved. Reproduction without permission is strictly prohibited.

EDITORIAL

THE OPINION OF THE WEEKLY

‘The sky is falling’

Henny Penny, with her hysterical phrase that “the sky is falling,” should have been at Tuesday night’s City Council meeting to join the scores of protestors over the city’s Housing Element that the council approved 4-1 after a three-hour-long debate. Many in the room, like Henny, had never been there, but speaking from strikingly similar notes told the lawmakers that enough’s enough; they didn’t want any more apartments in Pleasanton.

Councilwoman Karla Brown chimed in, speaking loudly and agreeing with the protestors to stop building high-density housing. “We should take a deep breath,” she said before voting against the Housing Element document.

But there weren’t any housing issues on the council’s agenda, only a state-required Housing Element that the council must submit to housing authorities this fall for review. It is part of the city’s General Plan required by all California cities to show that they are meeting the statewide housing goal of “attaining decent housing and a suitable living environment for every California family.”

The plan covers land use and housing development during the next cycle of the state’s Regional Housing Needs Allocation (RHNA), which starts next year and extends through 2023 and must be certified by the State Department of Housing and Community Development (HCD).

Certification is required to ensure that the city’s General Plan, to be fully legal in meeting state requirements, includes policies that continue to reflect changing community needs, challenges and opportunities in compliance with state law.

In order to catch up to the 2007-2014 RHNA cycle — which ends this year — and after nearly two years and hundreds of hours of community meetings, public hearings and staff discussions, the City Council rezoned 70 acres for high-density residential development in 2012. In the end, those rezonings of nine separate sites in various parts of Pleasanton provided a surplus that some critics want stripped out of the plan before it goes to the state for new certification.

According to city data, the city provided entitlements for 508 units in 2012, 1,148 in 2013 and 247 this year. The majority of these approvals are apartment-style units to accommodate requirements in state housing laws.

The city’s rush to rezone sufficient acreage for more high-density development came after Pleasanton lost a costly court battle over its 1996 housing cap, which was ruled illegal. Both the California Attorney General’s Office (then headed by Jerry Brown) and an Oakland-based affordable housing coalition demanded the city meet its RHNA requirements. Of 20 sites considered for rezoning during a series of public hearings and community meetings, the council chose nine where high-density developments of 30 units per acre would be allowed.

Many of the speakers Tuesday, reading from iPads and handwritten and typed notes, took particular aim at housing under consideration by the East Pleasanton Task Force and on one of the approved high-density (30 units per acre) projects on property owned by C.M. Capital on West Las Positas Road.

The Housing Element has nothing to do with east Pleasanton, and the council — with one exception — had already agreed with the city’s Planning Commission to reduce C.M. Capital’s entitlement to only 12.5 units per acre and to chop the height of anything built there to two stories at the most. The exception was Councilwoman Cheryl Cook-Kallio, who wanted to keep the higher density formula.

Despite having all this explained by an exasperated Mayor Jerry Thorne, who pounded the gavel to stop the applause and cheering by placard-waving protestors, the speeches dragged on. Finally at 10:50 p.m., the approval vote was taken with the Housing Element document now in the hands of the state Housing Department ahead of this year’s deadline. ■

LETTERS

Troubled schools

Dear Editor,

As the saying goes, timing is everything. To say that I am disappointed with your lead article of the Aug. 22, 2014 edition (Cover story, “Troubled schools”) would be a gross understatement. I recognize that the nature of this article is an exposé on PUSD, however, your timing is appalling.

This is the beginning of a new school year where children, teachers, administrators and parents are filled with the excitement and expectations for the new school year. And, your article focuses on all the negatives of the preceding year.

Why focus on the negative at this precious time of the school year? Why tear down the expectations of everyone at this time? Why cast a dark shadow on the system and

its components (children, teachers, administrators and parents) at this time? Why does it have to be on the front page (sensationalism)? Why couldn’t this article have been published back in June or July, or even next January?

The merits of the article are another issue. I recognize that newspapers have responsibilities when it comes to watchdog journalism. As Teddy Roosevelt said in a speech in 1906, “... men with the muck rakes are often indispensable to the well being of society; but only if they know when to stop raking the muck ...” I would paraphrase that to say, “... men with the muck rakes are often indispensable to the well being of society; but only if they know when to publish the muck raking.”

—Paul W. Martens

Code of ethics

The Pleasanton Weekly seeks to adhere to the highest level of ethical standards in journalism, including the Code of Ethics adopted Sept. 21, 1996, by the Society of Professional Journalists. To review the text of the Code, please visit our website at www.PleasantonWeekly.com.



WEEKLY MEETING NOTICES

Library Commission

Thursday, September 11, 2014 at 7:00 p.m.
Library Conference Room, 400 Old Bernal Avenue

- Implementation of SB751 (Brown Act)
- Summer Reading 2014
- Foundation Next Steps

Parks & Recreation Commission

Thursday, September 11, 2014 at 7:00 p.m.
Council Chamber, 200 Old Bernal

- Approve the Lions Wayside and Delucchi Parks Master Plan

Youth Commission

Wednesday, September 10, 2014 at 7:00 p.m.
Operations Services, 3333 Busch Road

- Review of FY 2013/14 Community Grant Final Performance Reports
- Selection of one (1) Youth Commissioner to serve on the Alviso Adobe Task Force
- Review and Selection of Committee and Meeting Assignments
- Review Commission Meeting Schedule for 2014/15

The above represents a sampling of upcoming meeting items.
For complete information, please visit
www.ci.pleasanton.ca.us/community/calendar



Fresh news delivered daily

Sign up today at PleasantonWeekly.com

HIRED HANDS INC. Homecare

Family owned and operated since 1994

The North Bay's most trusted Homecare company is now open in the Tri Valley!

Since the Winter Family opened our first office nearly 20 years ago,

HIRED HANDS HOMECARE

has built a sterling reputation for trustworthy and compassionate caregiving.

We now look forward to sharing our expertise and passion for service with the Tri Valley community.



Downtown Pleasanton:
240 Spring Street, Suite B
(lower level)



925-621-7650
HIREDHANDSHOMECARE.COM

Call today for a complimentary Care Consultation. Also serving Marin, Sonoma, Napa and Solano Counties.

Auditions

AUDITION FOR VALLEY CONCERT CHORALE The Valley Concert Chorale, the Tri-Valley's premier chorus, is scheduling auditions for experienced singers with sight-reading skills who enjoy singing exciting and challenging music, on Mondays, Sept. 8 and 15 at First Presbyterian Church, 2020 Fifth St., Livermore. Call 462-4205.

Clubs

AAUW WELCOME TEA Livermore-Pleasanton-Dublin Branch of the American Association of University Women will host a Welcome Tea for current and prospective members from 1-3 p.m. on Saturday, Sept. 13, at Lynnewood United Methodist Church. Scholarship and Tech Trek participants invited. Call 484-3321 or go to lpd-ca.aauw.net/.

TRI-VALLEY REPUBLICAN WOMEN FEDERATED PRESENTS KEVIN MCGARY TVRWF presents Kevin McGary, author of "Insanity" and "Just, Justly, Justice," public speaker, facilitator/teacher, ministry leader, and president of the Frederick Douglass Foundation of Clifornia, at 6 p.m. on Thursday, Sept. 11 at Cattlemens Restaurant in Livermore. Cost is \$30 for members, \$34 for guests. Contact Rebecca Potts at 294-4013 or rebecca.potts@comcast.net.

Events

AN EVENING WITH ARCHITECT CHARLES HUFF Join Pleasanton Architect Charles Huff in a presentation on the architecture of Historic Downtown Pleasanton on Tuesday, Sept. 9 at the Firehouse Arts Center. Huff will discuss the architecture renovation, and restoration projects of key Pleasanton structures over the years He will particularly address the building at 603 Main St. Cost is \$10, \$7 for seniors, \$5 for members, \$3 for students. Call 462-2766 or go to www.museumonmain.org.

FIGHT NIGHT What is Fight Night? A fun event for couples of any age or stage from 7-9:30 p.m. on Friday, Sept. 12 at Cornerstone Fellowship in Livermore. Filled with humor, fresh insight, and practical, new strategies for turning conflict into a means for deeper intimacy. Presenters Les and Leslie are authentic master communicators. Cost is \$20 or \$40. Go to <https://atkinsent.brushfireapp.com/lesandlesie/427298>.

OPEN MIC NIGHT WITH MY FRIENDS Open Mic Night with My Friends will be from 6-8 p.m. on Monday, Sept. 8 at the Pleasanton Library. Share your latest poem, excerpt from your novel, or perform an acoustic musical composition with a supportive audience. Contact 931-3400 ext. 4 or openmic@trivalleywriters.org.

WESTERN BARBECUE Come to the Western BBQ from 11:30 a.m.-

2:15 p.m. on Monday, Sept. 22 at the Pleasanton Senior Center. Enjoy Western BBQ, with prizes and live music! Tickets are \$10, and available at the VIP Travel Desk at the Senior Center. Get your ticket early as seating is limited. Call 931-5370.

Fundraisers

FERTILE GROUNDWORKS 2ND ANNUAL 'A TASTE FOR GIVING' Fertile Groundworks "A Taste for Giving" will be held from 6-9 p.m. on Wednesday, Sept. 10 at Crooked Vine Winery in Livermore. Enjoy wine and appetizers from local restaurants and caterers, join in live and silent auctions. Fertile Groundworks grows organic produce for those in need and uses their gardens as a hands on teaching environment. Tickets are \$75. Go to www.fertilegroundworks.org/.

GRAND RE-OPENING AND VALLEY HUMANE SOCIETY FUNDRAISER Dodger's Paws will celebrate moving to their new location with a free party and fundraiser from 11 a.m.-1 p.m. on Saturday, Sept. 6 at 39 California Ave., #305. Proceeds benefit Valley Humane Society of Pleasanton. Fun activities, free food and prizes galore. Dog Demos! Donations encouraged. (Please note this party is for humans with exception of Service Dogs, VHS dogs and Invited Performing dogs.) Call 998-6469 or go to www.ValleyHumane.org.



Celebrating 50 Years of Supporting Communities

Abode Services • Alameda County Library Foundation • Beyond The Locker • Cancer Prevention Institute of California • Carmel Mission Foundation
 Castro Valley Unified School District • Celebration Christian Schools • Centerville Presbyterian Church • Children's Skin Disease Foundation
 Dominican Sisters of Mission San Jose • Dr. Jeffrey Thomas Stroke Shield Foundation • Eden I & R • Eden Youth and Family Center
 Fremont Candle Lighters • Fremont Symphony Orchestra • Fremont Unified School District • HERS Breast Cancer Foundation • Holy Names University
 Holy Spirit Catholic Church • Kidango • Kristi Yamaguchi's Always Dream Foundation • LIFE Eldercare • Moreau Catholic High School
 Neighborhood Housing Services Silicon Valley • New Haven Unified School District • Newark Unified School District • Northwestern Polytechnic University Ohlone
 College Foundation • Ohlone Humane Society • OneChild • Open Heart Kitchen • Our Lady of Guadalupe School
 Our Lady of the Rosary School • Project Second Chance • Regional Parks Foundation • Safe Alternatives To Violent Environments
 San Francisco Bay Area Council, Boy Scouts Of America • Sandra J. Wing Healing Therapies Foundation • South Bay Chinese Service Club
 Spectrum Community Services • St. James the Apostle Catholic Church • St. Rose Hospital Foundation • StarStruck Theatre
 The Arc of Alameda County • The Taylor Family Foundation • Tiburcio Vasquez Health Center • Tri-CED • Tri-City Volunteers
 Tri-Valley Animal Rescue • ValleyCare Charitable Foundation • Washington Hospital Healthcare Foundation

Staying Healthy

Kids help cookbook writer with 'Tasty Treats'

Recipes include healthy snacks children love

BY DOLORES FOX CIARDELLI

When cookbook maven Parisa Ambwani wanted to publish a volume of healthy recipes for children, "Enticing Tasty Treats," she decided to populate it with a cast of appealing characters — a monkey dubbed Chef Chew or Chewy, along with a cat, a parrot, a cow and a swan — at the Banana Mansion Culinary School.

"I made them chefs," Ambwani explained. "It's so cute. In the book there is a lot of story about these five characters."

She does not take all the credit for this fanciful romp through the kitchen. She had a team of consultants: Bay Area youngsters, including her own grandchildren, who live in Pleasanton. Some of them tasted her food and gave her feedback. Others made drawings and paintings to illustrate the book.

Ambwani has produced several other cookbooks, all focusing on nutritious recipes with fresh natural ingredients and each with a spiritual message. She promotes eating fresh produce, wholesome foods, whole grains and foods that reduce toxins.

In her latest book, she ties in the importance of family so including her two grandchildren in the project came naturally. It emphasizes nourishing young bodies and establishing good eating habits.

"Children have to learn from their parents," Ambwani said, encouraging parents to welcome offspring in the kitchen to prepare meals together.

"Cooking is like a language," she noted. "It is much easier to learn from childhood."

She planned "Enticing Tasty Treats" as a gift for parents and grandparents to use with their children. An early page focuses on safety in the kitchen: taking care with knives, peelers, appliances and ovens, and the proper handling of food.

"These recipes are for parents and children as co-participants, to work together as a team for cooking, sometimes even with young children's ideas," the introduction states. "This will give children more self-esteem about their cooking and teamwork. They can see and experience taste as the end results of their effort."

"Enticing Tasty Treats" includes a chart of food groups to show how our Wheel of Life is sustained by proper nutrition. In a section about snacks, Ambwani emphasizes that these mini-meals need to be packed with nutrients as well as made appealing to children, and that healthy snacks should be taken from all the food groups.

"Good eating habits will enhance your physical, mental and emotional condition; it will also enhance your spirit," Ambwani



DOLORES FOX CIARDELLI

"Enticing Tasty Treats" has more than 150 recipes for families to prepare and enjoy together.

remembers her mother telling her as she was growing up in Iran.

Ambwani has published four other cookbooks, "Recipes from the Millennia," "Recipes from the Heart," "Seeds of Celestial Love and Peace" and "Human-Unity (Humanity)," which all contain her philosophy as well as wisdom about nutrition.

"Nourishment for the body and sustenance for the soul is the vast philosophy behind my writing," she explained.

Although the focus of "Enticing Tasty Treats" may be on children, the recipes are for everyone. Some of the more exotic ingredients, such as hickory liquid, Himalayan salt, almond meal, Arabic gum and chia seeds, as well as the tips and glossary, make the book an interesting read — and an inspiration to experiment with new ways to cook and eat healthy.

Ambwani will hold a book signing 12-2 p.m. Oct. 18 at Whole Foods in San Ramon.

For more information, visit www.enlightenedrecipes.com. ■

Wholesome Banana Cookies

- 2 medium-size ripe bananas, peeled, cut into small pieces
 - ½ teaspoon vanilla
 - 1 cup rolled oats, slightly toasted but uncooked
 - 1 teaspoon rice syrup
 - ¼ cup walnuts, coarsely crushed
- Preheat oven to 350 degrees. Line a cookie sheet with parchment paper. Place bananas in blender; run blender for 30 seconds until bananas are pureed. Place bananas in mixing bowl; add vanilla, rolled oats and rice syrup. Mix gently to make soft dough and fold in walnuts. Form dough into eight balls, place on cookie sheet. Bake cookies for 8-10 minutes or until toothpick inserted into center comes out clean. Remove from oven. Cool before serving.

—From "Enticing Tasty Treats"



Alameda Pediatric Dentistry



"we make kids smile"

We Make Kids Smile

We strive to create a fun-filled environment where children feel at home!

Our Office Locations

With three kid friendly locations in Alameda, Pleasanton & Oakland, we're conveniently located to better serve your family needs.

1443 Cedarwood Lane, Suite D
925-846-KIDS

www.alamedapediatricdentistry.com



Trained to treat children with Special Needs

Our dental staff provides dental care to children, teens, and special needs patients in the greater East Bay Area.

Pain Medicine Consultants

MINIMALLY INVASIVE SPINE SPECIALISTS



Ruben Karla, MD



Richard Shinaman, MD



William Longton, MD

Preventing Pain, Solving Suffering

- Experts in minimally invasive & non-surgical treatments of back and neck pain
- If you do need surgery, we have strong relationships with the best surgeons in the country.
- Double Board Certified. Trained at Harvard, Stanford, and the Mayo Clinic.
- New Pleasant Hill office now open!

Phone: (925) 287-1256
www.painmedicineconsultants.com
Offices in Pleasant Hill, Pleasanton, & Novato



How much exercise do you really need?

Think of it as 'fun,' not work

So how much exercise do you need to do to lose weight? In terms of time, adults need at least 250 minutes of exercise per week – equal to 50 minutes of exercise five days a week – to lose significant weight, according to the latest recommendations from the American College of Sports Medicine (ACSM).

But what if you barely have time to squeeze in six hours of sleep? Here's what trainers -- and sports-medicine experts -- have realized: You don't have to do all 50 minutes in one stretch. In fact, you can do 20 or just 10 minutes increments during the day to reap some of the benefits, from losing weight to toning to reducing stress and clearing your mind.

One tip: Forget exercise; have "fun" instead: If the thought of the word exercise makes you cringe, banish it from your vocabulary. Substitute "activity" or even "fun activity."

Exercise definitely sounds like sweat and work.

"But when we think of 'activity,' it could be things we enjoy doing," says Fabio Comana, a San Diego exercise physiologist and spokesman for the American Council on Exercise. "You have options. It can be enjoyable activities with friends or with the family."

Hiking, biking, urban walks, or playing outdoor games are just a few activities that come to mind.

If you are trying to maintain your weight rather than lose, you will likely still be successful with 30-minute workouts five days per week. The ACSM recommends that adults participate in at least 150 minutes per week of moderate-intensity physical activity to prevent significant weight gain. Overweight and obese

adults, however, are more likely to reach their goals with at least 250 minutes total exercise time per week. Strength training is also recommended as part of the exercise regimen, in order to increase muscle tissue (which burns more calories at rest) and further reduce health risks.

Weight management affects most Americans. More than 66% of U.S. adults are either overweight or obese. People can reduce their risk for chronic diseases with as little as a 2% to 3% reduction in excess body weight. Implementing exercise and proper eating habits can help many people achieve a healthy weight.

Hard to get started? Don't get hung up on the length of each workout. Instead, focus on exercising on most days of the week, especially when you are beginning or resuming an exercise program.

If you get into a pattern of daily exercise, it's easy to increase it. The focus at first is to "show up," to do some exercise or activity most days of the week. The hardest part of increasing physical activity is simply getting started, and it's a good idea to make a deal with yourself. If you plan to exercise on a particular day, no matter how you feel when that day comes around, promise yourself you will put on your exercise clothes and do at least five minutes.

Most people are surprised that when they do this, they get in more exercise. Once you get started it is easier to keep going, and it's easier to increase the amount of time once you are in the habit of every day or every other day. ■

—BistroMD



BRANDPOINT

The prominence of smartphones and other devices has contributed to the evolution of a relatively modern affliction called nomophobia, the pathological fear of remaining out of touch with technology.

Nomophobia:

When a modern smartphone affliction leads to addiction

Everyday technology consumes more and more people's lives as the phone, computer, tablet and other high tech devices have become not just an object, but also a close companion.

And for those who are extremely connected to their devices, going without them, even for only a few minutes, can be an anxiety-filled experience.

A majority of American adults (56%) own smartphones, according to a recent study by the Pew Research Center. Having the ability to check your email, play games and browse the Internet right in your pocket is a leap forward for technology and staying connected to the workplace. But it may come at a cost.

Nomophobia, or the pathological fear of remaining out of touch with technology, is a relatively modern affliction.

It's basically a side effect from changes the mobile phone has made to human habits, behaviors and even the way we perceive reality. Entire relationships are becoming defined through mobile texting and colorful little emoticons, from saying "I love you" to "I think we should move on."

So how did it come to this? Have smartphones become an extension of Americans or is everyone simply becoming victims of a fast-paced, always connected society? Chances are it's a little bit of both.

Dr. Chuck Howard, licensed psychologist and chair of the psychology programs at Argosy University, Denver, believes it can be more complex than simply stamping a label on the problem.

"Nomophobia is a result of people becoming more and more electronically connected to the point that their technology-based network and relationships become their home community," Howard said. "Losing that connection is essentially a

form of electronic banishment. They fear being tossed out of, or losing their 'social village.'"

The term was originally coined from a 2010 study by YouGov, a United Kingdom-based research organization that wanted to look at anxieties suffered by mobile phone users. The study found that men and women often felt stressed when their mobile phones were turned off.

"Nomophobia can be a symptom of a potential addiction," Howard said. "Users who are happy and having a good time when on their device, then face great stress and anxiety without it. They may obsess about it. They can't put it down. This is when actual addiction becomes a threat."

When you see a behavior becoming destructive, and admit to having a problem, you can handle it in the same way as other types of addiction. "Develop strategies for meeting your social needs in other ways ... without depending on an electronic platform," Howard suggested.

Start by resisting the urge to constantly check your phone. Try limiting your number of mobile social media networks and consider joining more in-person professional networking groups or sports clubs. Set aside some time to leave your phone alone, such as at dinner, with friends or going to sleep.

If it becomes an addiction and begins to strain your relationships, consider asking others around you what they think. Be open to a sort of intervention where friends and family may candidly tell you their thoughts.

No need to go cold-turkey, just take some small steps at a time to disconnect and enjoy the world around you, without looking through a smartphone screen. And lastly if you can't do it alone, then seek professional help. ■

—Brandpoint



Make an Appointment
to our new office if you:

- Want to Get Off Medication
- Avoid Expensive and Painful Surgery
- Relieve Pain that is Not Going Away
- Relieve Allergies and Detox your Liver

Eastern Medical Center after 30 years has expanded into the **newest location in Pleasanton!**

Acupressure and Reflexology Now Available!
Specializing in Sciatic and Back Pain
New Needle-less acupuncture for quick relief,
ideal for children and seniors

And of course we have **Dr. Shen, Ph.D, L.Ac** with her famous acupuncture, acupressure therapies!

EASTERN MEDICAL CENTER
5933 Coronado Lane, Suite 100 — Pleasanton
EasternMedicalCenter.com 925-847-8889

Why you need those Zs, and how to get more of them

Getting enough sleep doesn't have to be a dream

Lack of sleep is not a joke.

Not getting enough sleep starves your body of its natural ability to reinvigorate itself. If you didn't get a lot of sleep the night before, chances are that you're going to be cranky and groggy throughout the day.

And unfortunately, sleep can affect more than just your mood. Lack of sleep can affect your sex life, memory retention, health, looks and especially your ability to lose weight.

Lack of sleep, lack of focus

Lack of sleep causes a lack of focus. Forget about will power. If you're sleep-deprived, your body will not be able to focus.

Lack of sleep was the cause behind these major incidents: the 1979 nuclear accident at Three Mile Island; the massive Exxon Valdez oil spill; and the 1986 nuclear meltdown at Chernobyl.

Lack of sleep doesn't just cause major accidents around the world. It's a big public safety concern because drowsiness can slow reaction time as much as driving drunk. The National Highway Traffic Safety Administration estimates that fatigue is a cause in 100,000 auto crashes and 1,550 crash-related deaths a year in the U.S. This problem appears greatest among people younger than 25.

Lack of sleep, lack of brain function

Lack of sleep impairs your cognitive functions as well. It impairs attention, alertness, concentration, reasoning and problem-solving. This makes it hard to be present in normal everyday activities like going to work or school, or hanging out with friends and family.

Also, during the night, various sleep cycles play a role in "solidifying" memories within the mind. If you don't get enough sleep, that's not going to happen. So when you feel sleep deprived, it will be harder to remember what you did during the day.

Lack of sleep, lack of health

Chronic lack of sleep can put you at risk for these health concerns:

- Heart disease
- Heart attack
- Heart failure
- Irregular Heartbeat
- High blood pressure
- Diabetes

According to some estimates, about 90% of people with insomnia also have another corresponding health condition, like depression.

Lack of sleep is depressing

Over time, lack of sleep can contribute to symptoms of depression.

The most common sleep disorder — insomnia — has the strongest link to depression, which isn't surprising because it's often one of the first symptoms of depression. In fact, in a 2007 study of 10,000 people, those with insomnia were five times as likely to develop depression as those without insomnia.

Insomnia and depression feed off of each other. Depression can keep you up at night and sleep loss will often aggravate the symptoms of depression, creating a vicious cycle.

Lack of sleep, old skin

When you don't get enough sleep, your body releases more of the stress hormone, cortisol. Cortisol is a hormone released in response to stress and a low level of blood glucose within the body. When released in excess amounts, cortisol can break down skin collagen, the protein that keeps skin smooth

and elastic so you don't wake up the next morning with sallow skin and puffy eyes or dreaded dark circles under the eyes.

Lack of sleep, lack of memory

In 2009, American and French researchers determined that brain events called "sharp wave ripples" were responsible for consolidating memory. The ripples also transferred learned information from the one area of the brain to another, where long-term memories are stored. Sharp wave ripples occur mostly during the deepest levels of sleep. If you're not getting enough sleep then you're missing out on long-term memory retention.

Lack of sleep, increase in weight

Lack of sleep is related to an increase in hunger and appetite and possibly, to obesity. Lack of sleep not only stimulates your appetite, but it also makes you crave high-fat and high-carb foods. This is problematic if you're trying to lose weight.

According to a 2004 study, people who sleep less than six hours a day were almost 30% more likely to become obese than those who slept for seven to nine hours.

Lack of sleep, lack of judgment

Lack of sleep can affect our interpretation of events as well. This hurts our ability to make sound judgments because we may not assess situations accurately and act on them wisely. Also, sleep deprived people often misjudge the effects of lack of sleep. So if you're not sleeping enough, pay close attention to the next section so you can take advantage of those Zs.

How you can get more sleep

In today's fast paced society, getting enough sleep seems like a dream. But it doesn't have to be.

- **Keep track of your time.** Stop puttering around. We all need down time, but we don't need endless hours of it. If it's 1 a.m. and you're still relaxing from that stressful day at work, it may be a good idea to take a look at your priorities.
- **No more late-night TV.** Television is designed to keep you up at night so don't feel bad if you often find yourself glued to the TV late at night. However, if your favorite show is on past your bedtime, record it and enjoy it the next day after you get home from work. It will be much more enjoyable to watch it when you're more alert after a productive day.
- **In fact, turn everything off.** Make a rule to turn off your electronic devices at the same time every night. Those calls can wait until morning and those Facebook notifications will still be there the next day. And checking your email late at night won't give you any peace of mind either.
- **Find a routine and stick to it.** Try to be in bed seven to eight hours before your alarm goes off and plan your night out accordingly.
- **Don't clean before bedtime.** The house does not need to be cleaned before you go to sleep. It may give you some peace of mind, but in the long run, you're just depriving yourself of that much needed sleep.
- **Exercise earlier in the day.** Try to work out at least four hours before bed. If you wait any longer, your body temperature will still be too high, keeping you awake. Working out soothes insomnia-fueled stress and eventually lowers your body's built-in thermostat, a necessary step to getting some shut eye. ■

—BistroMD

Pleasanton Perfect



**People are friendly at The Parkview.
Maybe it's the lively environment or the
set-your-own-pace lifestyle.**

Friendships blossom at our community, where you can enjoy a private apartment with all the amenities. Join in on dynamic recreation and excursions, meet friends for an afternoon stroll, take a stretch band exercise class, join in on "Brain Games" or just relax by the fireplace with a good book.

Housekeeping and personal services keep life easy. Call or visit The Parkview today.

Live here ... Live at your own pace.



THE PARKVIEW
ASSISTED LIVING & MEMORY CARE IN PLEASANTON

100 Valley Avenue, Pleasanton

925-398-3933

managed by

ESKATON
Transforming the Aging Experience
eskaton.org



License # 015601283

MAKOplasty Partial
Knee Resurfacing
may be the
right solution
for you

YOU DON'T HAVE TO LIVE WITH **KNEE PAIN**



Call For Next Available Seminar: 800-284-2878

MAKOplasty® Partial Knee Resurfacing is an innovative treatment option for adults living with early to mid-stage osteoarthritis that has not progressed to all three compartments of the knee. It is powered by the RIO® Robotic Arm Interactive Orthopedic System, which allows for consistently reproducible precision in performing partial knee resurfacing.

This procedure may provide the following benefits:

- Rapid recovery
- Minimal hospitalization
- Smaller incision
- Less scarring



SAN RAMON
REGIONAL MEDICAL CENTER

 JOHN MUIR HEALTH PARTNER



www.OurSamRamonHospital.com

Join us and register for a FREE Seminar!



Remembering Sept. 11

Pleasanton woman reflects on her escape from World Trade Center attacks that fateful day

By NANCY LYNESS

The air was extraordinarily crisp and clear, and the sky unusually blue when I emerged from the subway station on Sept. 11, 2001, and headed to my office building at 140 Broadway across from the World Trade Center.

Aside from the great weather, 9/11 started off just like any other day in Lower Manhattan.

I entered my building, took the elevator up to the 36th floor, greeted the few people who had arrived before me, and eased into my work day with a cup of coffee. I sat at my desk and began reviewing and responding to numerous emails from clients and co-workers. It was the exact same routine I always looked forward to, and followed every weekday morning.

Then, the ordinariness of the day was suddenly shattered by a stunning bang, followed immediately by strong vibrations that caused my building to sway back and forth.

The coffee in the mug I was holding splattered all over my chest and seconds later I felt the steaming liquid scorching my skin. But the burning pain was soon subsumed by an even more awful, truly nauseating sensation that my building was about to tip over.

I had no idea what had happened. I thought perhaps it was an earthquake, but within moments my father, Steve, called me from work, asking whether I knew that a plane had “accidentally” struck one of the World Trade Center towers.

A plane? Hitting one of the towers? Couldn't be. So into the phone I said, “Daddy. Hang on a sec, I'm gonna go see what's going on.” I was about to head down the hall to my boss's office to find out what he knew.

But as I sprang from my chair, I

felt a second enormous impact and my building began to sway and shudder again.

The phone fell out of my hand and crashed to the floor, along with my desk lamp, but I could still hear my dad's voice yelling, “Gather your stuff and get out of the building! Go anywhere, anywhere at all! I'll come get you wherever you wind up. Take a boat, a cab, a train, whatever. Just get yourself out! Go. Go. Go now!”

I grabbed the phone from the floor and held it to my ear again, as my father tried to calmly explain to me that he had just seen on his office's conference room television that another plane had struck the second tower. It was in that instant that the world knew this was by no means a freak accident but rather, a highly calculated plan of mass destruction.

So I threw my laptop into my briefcase, and disregarding the message on the PA system to “remain calm and stay seated,” I rounded up the few people who also were early-arrivers to work, and told them we had to leave. But as we approached the elevator bank, we discovered the elevators had already been shut off for “safety reasons.”

So we found the fire stairs and bolted down all 36 flights, along with many workers from other floors. I didn't notice anyone having difficulty on the stairs; no one in a wheelchair, no one on crutches, no one obese or elderly. It was mostly people just like me — in their 30s and 40s, probably with spouses and young children at home.

To this day, I wonder whether, had I come across anyone in need of assistance, I would have stopped to help them. I'd like to think I

would have, but given the extraordinary circumstances, I can't guarantee how I would have processed someone else's need for help relative to my own need to escape safely.

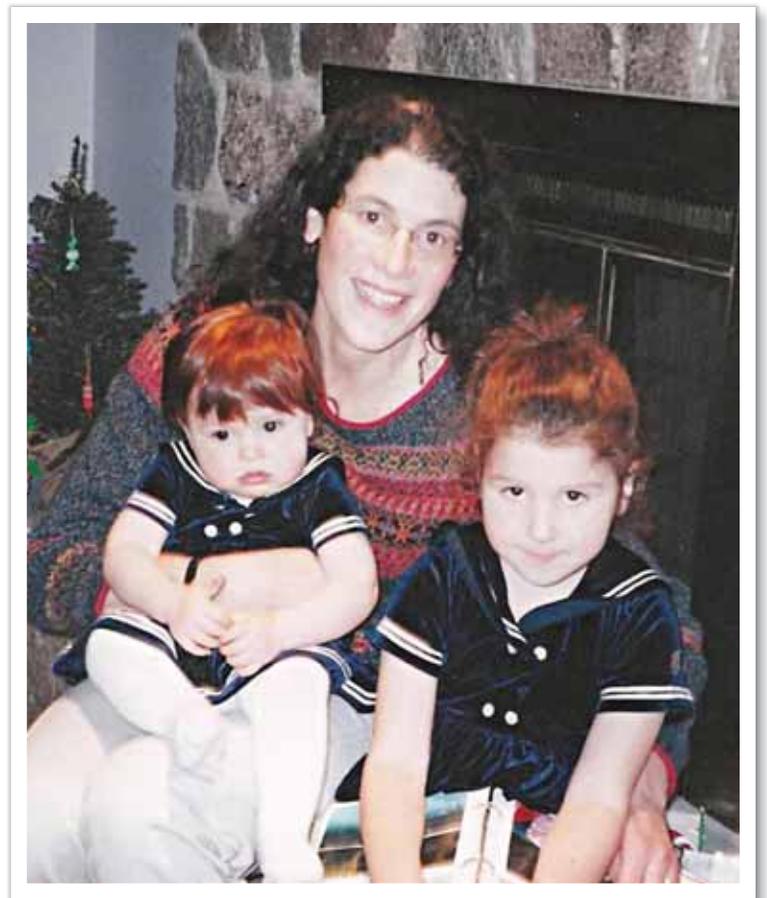
The moment we exited the building, our eyes, which had grown accustomed to the dimly lit stairwell, were blinded by sunlight, and our faces were blasted with heat that forced me to squint. Involuntarily, I turned my head up to see the blazing towers above me.

Each tower, at the higher floors, had a giant, gaping hole in its side out of which I could see raging balls of fire, angry-looking flames, and swirly clouds of thick, evil black smoke. It was so completely unfathomable that it looked fake, like computer-generated special effects from a low budget horror movie. I half expected to see Godzilla emerge from one of the buildings.

My blistering, coffee-burned skin and everything else bombarding my senses during those atrocious first moments out of the building were completely forgotten when a naked leg suddenly flew over my head. I knew it was a man's leg because it was hairy below the knee, and a man's shoe and sock were covering its foot.

The thud it made as it hit the road behind me reminded me of the sound my physics and organic chemistry textbooks made when I tossed them out of my third-story dorm room window after taking my final exams in college.

Like the flaming towers though, a human limb flying through the air was so completely incredible that it seemed unreal. I resisted the ghoulish temptation to turn around to look at it, and instead just kept moving forward.



COURTESY LYNESS FAMILY

The Lyness family in 2001, with mother Nancy (center) and daughters Jenny and Kate.

My eyes were fixed on my feet. I was totally dazed and had tears streaming down my face, but still acutely aware that every single step I took was one step further away from the scene that, to this day, I still cannot speak about out loud.

On the street, there was absolute chaos. People were looking frantically up toward the blazing buildings like rubbernecks on a highway, straining to see the grue-

some details of a head-on collision. And the air was filled with papers and debris from the many offices with shattered windows. It was like a ticker tape parade, but the paper seemed so anomalous because there was no celebration, and no revelers. Just horror.

While many people could not tear themselves away, I had an in-

See 9/11 on Page 16



JEREMY WALSH

One of two memorial reflecting pools located in the footprint of the Twin Towers in New York City.

9/11

Continued from Page 15

fant and a 4-year-old at home and was not about to stick around for what I anticipated would be a massive explosion, laden with more body parts and fragments of flying metal and glass. It did not occur to me in that moment, or at any other moment before it actually happened, that the buildings would not explode, but rather, that they would implode.

With the two people I could convince to leave the scene with me, I recommended that we head north. We didn't know what to expect next, or where it might occur. Nevertheless, we pressed on through the bedlam.

My mantra with each step was: "I'm not dying today. I won't and I can't."

I must have repeated that phrase in my head, to myself, several thousand times that day, as I just kept placing one foot in front of the other, until we eventually reached a K-Mart on Astor Place in Greenwich Village. We went to the electronics department in the basement in order to get a sense of what was

going on.

Since all cellular service had been disabled, we knew nothing other than the rumors we'd heard on the street. We quickly learned that the towers had both just imploded. While we saw the replay of the implosions in slow motion on each of the television banks, about six times in as many minutes, it was completely incomprehensible to us because those buildings were part of the local landscape we saw every day from our office windows.

Still reeling from these images, we mapped out a strategy that would enable us to avoid all of the other local landmarks in Manhattan that we feared could be the next target. And the farther away we got from Lower Manhattan, the more the chaos seemed to subside.

Eventually we split up, as we each had friends or family members in the city who we knew would not mind if we just showed up at their apartments unexpectedly. We wished each other well and promised to be in touch the next day to confirm we were all safe.

Now on my own, I made my way to the Upper East Side. People

were milling about, walking bare-foot, crying and sometimes bloody, looking bewildered and dazed. But there was much less hysteria, relatively speaking at least to where I had been.

And as I kept moving, I noticed a middle-aged couple walking arm in arm, smiling and chatting, and pointing at items on display in store windows. They seemed completely oblivious to the mayhem all around them. "Do they not know?" I asked myself.

After a 4.5-hour walk, in heels, and carrying an over-stuffed briefcase, I arrived at my cousin's apartment building on East 86th Street. I took the elevator up to her floor, and when she opened the door, she threw her arms around me and we wept.

The entire city was at a standstill. There was nowhere for me to go until evening when the bridges, tunnels and subways eventually reopened. So we sat down in front of her television and watched CNN all afternoon, unstoppable tears streaming down both of our faces.

Later that night, I was able to get myself onto a train to Mamaroneck, N.Y., where my parents drove to meet me.

I will always remember the look of relief that washed over their faces as I exited the train and headed down the platform toward the outstretched arms of my mother, Sandy.

Again, the tears flowed. Tears of joy that I had made it out of Lower Manhattan, along with tears of sorrow and grief for the thousands of much less fortunate people who had not.

My memories of the several days following the terrorist attacks are sparse; I only recall spending them at home with my children, feeling very vulnerable and exposed.

Then the following week, when it was considered "safe" to go back to work, I returned with a steely resolve to what had suddenly been re-named "Ground Zero." It was tough. The air quality was terrible, the entire area smelled like burnt, unseasoned meat, and going down into the subway fearful of another potential attack took every bit of strength I had.

But as horrible as that time was for me, I still experience feelings of unbearable guilt that it wasn't even worse. I survived the ordeal while so many other people, in such close proximity to me that day, are all dead.

I cringe when I see or hear those innocent victims being described as having "perished" or "lost their lives" on 9/11. Nobody just "perished" and nobody lost anything. These people were terrorized and they were murdered. Plain and simple. Sugar-coating the genocide that occurred, by using bland euphemisms, is offensive to me.

And for me and the many others down at Ground Zero on 9/11, there will always be some "survivor's guilt."

To ease it, I make a conscious decision when I wake up each day to live it as well, as fully, as happily, and as charitably as humanly possible. I do this not only for myself and my family because I appreciate my good fortune to be among the living, but also for those who died



JEREMY WALSH

One World Trade Center towers atop the Manhattan skyline at 1,776 feet.

but didn't deserve to.

Even though most of them were strangers to me, I feel I owe them that much. ■

—Nancy Lyness moved to Pleasanton in 2007. She continues to work (most often remotely from Pleasanton) on

a full-time basis as a partner in the same New York City law firm where she was working on 9/11. She wrote this account in 2009 at the suggestion of family members and friends who wanted her to share the experience in writing because she was just not able to speak about it aloud.

Brand New Greens

Be one of the first to play!!!

Our renovation project on holes 11 and 14 will be completed on September 4th. Come out and enjoy the beautiful scenery that Callippe Preserve Golf Course always offers.



**Better Conditions!
Faster Rounds! Lower Scores!**


Callippe
PRESERVE

8500 Clubhouse Dr., Pleasanton
www.playcallippe.com
(925) 426-6666

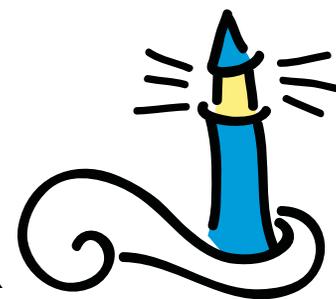


COURTESY LYNNESS FAMILY

Nancy Lyness today (second from left) with daughters Jenny, 13, and Kate, 17, and Jeff Davis.

fogster.com THE TRI-VALLEY'S FREE CLASSIFIEDS WEB SITE

Fogster.com offers **FREE** • postings online and the opportunity for your ad to appear in print to more than 80,000 readers. You can log on to fogster.com 24/7, and your online ad starts immediately. Some ads require payment.



TO RESPOND TO ADS WITHOUT PHONE NUMBERS GO TO **FOGSTER.COM**

Bulletin Board

115 Announcements

Did You Know
144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Pregnant?
Considering adoption? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Pregnant?
Thinking of adoption? Talk with caring agency specializing in matching Birthmothers with Families Nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions. 866-413-6293. Void in Illinois/New Mexico/Indiana (AAN CAN)

130 Classes & Instruction

Airbrush Makeup Artist
course for Ads * TV * Film * Fashion. 40% OFF TUITION - SPECIAL \$1990 - Train & Build Portfolio. One Week Course Details at: AwardMakeupSchool.com 818-980-2119 (AAN CAN)

Airline Careers
Begin Here æ Get FAA approved Aviation Maintenance Technician training. Job placement and Financial assistance for qualified students. CALL Aviation Institute of Maintenance 888-242-3382 (Cal-SCAN)

Airline Careers
begin here - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

For Sale

202 Vehicles Wanted

Cash for Cars
Any Car/Truck. Running or Not! Top Dollar Paid. We Come To You! Call For Instant Offer: 1-888-420-3808 www.cash4car.com (AAN CAN)

Donate Your Car, Truck, Boat
to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

220 Computers/Electronics

Did You Know
7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

245 Miscellaneous

\$50 Walmart Gift Card
and 3 Free issues of your favorite magazines! Call 855-757-3486

Did You Know
that not only does newspaper media reach a HUGE Audience, they also reach an ENGAGED AUDIENCE. Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)



DirectTV
starting at \$24.95/mo. Free 3-Months of HBO, starz, SHOWTIME & CINEMAX. FREE RECEIVER Upgrade! 2014 NFL Sunday Ticket Included with Select Packages. Some exclusions apply - Call for details 1-800-385-9017. (Cal-SCAN)

DISH TV Retailer
Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

Kill Bed Bugs!
Buy Harris Bed Bug Killer Complete Treatment Program/ Kit. (Harris Mattress Covers Add Extra Protection). Available: Hardware Stores, Buy Online: homedepot.com (AAN CAN)

Mind & Body

425 Health Services

Broken Power Wheelchair
or Scooter? We will repair your power wheelchair onsite. Call for Repair, Maintenance or Sales for assistance with your scooter. 888-490-6446. (Cal-SCAN)

Safe Step Walk-in Tub
Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-in. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Jobs

500 Help Wanted

Manager, Research and Development. Martech Medical Products, Leading Medical Device Manufacturer seeking a seasoned Engineering professional for the Mexicali, Mexico facility. Travel between U.S. and Mexico required. Send resume & salary requirements to resumes@mar-techmedical.com or fax 215-256-0232. No phone calls please. (Cal-SCAN)

Sr. RF Optimization Engineer
Sr. RF Optimization Engineer (Walnut Creek, CA) (Multiple Openings). Plan/execute RF optimization tasks to optimize clusters/super clusters in network. Troubleshoot problem areas and provide recommendations for system performance enhancements. F/T. Reqts: Master's or equiv in EE or related and 1 yr exp in job or related jobs. 1 yr exp in WCDMA and LTE technology and RF Optimization tools. Resume to: Yupana LLC, yupana-job22@mytribehr.com

550 Business Opportunities

Avon: Earn Extra Income
with a new career! Sell from home, work, online. \$15 startup. For information, call: 877-830-2916. (Cal-SCAN)

560 Employment Information

\$1,000 Weekly!
Mailing brochures from home. Helping home workers since 2001. Genuine Opportunity. No Experience required. Start Immediately www.mailingmembers.com (AAN CAN)

Africa, Brazil Work/Study!
Change the lives of others and create a sustainable future. 1, 6, 9, 18 month programs available. Apply now! www.OneWorldCenter.org 269.591.0518 info@OneWorldCenter.org (AAN CAN)

Drivers: Attn: Drivers
New Hiring Area! Quality Home time. Average \$1000 Weekly. BCBS + 401k + Pet and Rider. CDL-A Required. 877-258-8782. www.Ad-Drivers.com (Cal-SCAN)

Drivers: Truck Drivers
Obtain Class A CDL in 2 ½ weeks. Company Sponsored Training. Also Hiring Recent Truck School Graduates, Experienced Drivers. Must be 21 or Older. Call: (866) 275-2349. (Cal-SCAN)

Business Services

605 Antiques & Art Restoration

"A Labor of Love" ANTIQUE RESTORATION
Preserve special memories... Recycle the past into the future Impeccable Quality Integrity of Workmanship Conveniently located in Pleasanton For 14 Years 925-216-7976 License #042392

624 Financial

Do You Owe \$10,000
to the IRS or State in back taxes? Get tax relief now! Call BlueTax, the nation's full service tax solution firm. 800-393-6403. (Cal-SCAN)

Identity Protected?
Is Your Identity Protected? It is our promise to provide the most comprehensive identity theft prevention and response products available! A Call Today for 30-Day FREE TRIAL 1-800-908-5194. (Cal-SCAN)

Lowest Prices
on Health and Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

Reduce Your Past Tax Bill
by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

Trouble with IRS?
Are you in BIG trouble with the IRS? Stop wage and bank levies, liens and audits, unfiled tax returns, payroll issues, and resolve tax debt FAST. Seen on CNN. A BBB. Call 1-800-761-5395. (Cal-SCAN)

640 Legal Services

EEOICPA Claim Denied?
Diagnosed with cancer or another illness working for DOE in U.S. Nuclear Weapons Program? A You may be entitled to \$150,000 to \$400,000. A Call Attorney Hugh Stephens 855-957-2200. 2495 Main St., Suite 442, Buffalo, NY. (Cal-SCAN)

Stroke or Heart Attack?
If you or a loved one suffered a stroke, heart attack or died after using testosterone supplements you may be entitled to monetary damages. Call 877-884-5213. (Cal-SCAN)



PLACE AN AD

ONLINE
fogster.com

PHONE
(925) 600-0840

The AV Law Firm PC
Experienced Injury Lawyers. Call us today for Legal Representation. We always offer a free consultation. (925) 217-4300

Home Services

751 General Contracting

About those ads without phone numbers... Ads in the paper without phone numbers are free ads posted through our fogster.com classified web site. Complete information appears on the web site. The person placing the ad always has the option of buying lines for print in the newspaper. Many do, some do not – it is their choice. These free lines in print are meant to share with you a little of a lot that is available online. We offer it as an added bonus. Hopefully, you will be encouraged to check out fogster.com

A NOTICE TO READERS:
It is illegal for an unlicensed person to perform contracting work on any project valued at \$500.00 or more in labor and materials. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500.00 must state in their advertisements that they are not licensed by the Contractors State License Board.

Real Estate

855 Real Estate Services

Roommates.com
All areas. Lonely? Bored? Broke? Find the perfect roommate to complement your personality and lifestyle at Roommates.com! (AAN CAN)

Public Notices

995 Fictitious Name Statement

PRIMROSE BAKERY
FICTITIOUS BUSINESS NAME STATEMENT File No.: 494981
The following person(s) doing business as: PRIMROSE BAKERY, 350 MAIN STREET #D, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Jesse Eiland, 3696 Lily Street, Oakland, CA 94619. This business is conducted by an Individual. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Jesse Eiland. This statement was filed with the County Clerk of Alameda on 08/13/2014. (Pleasanton Weekly, Aug. 22, 29, Sept. 5, 12; 2014)

PRECISE PHYSICAL THERAPY, INC.
FICTITIOUS BUSINESS NAME STATEMENT File No.: 494926
The following person(s) doing business as: PRECISE PHYSICAL THERAPY, INC., 8814 OLIVER PLACE, DUBLIN, CA 94568, is hereby registered by the following owner(s): Precise Physical Therapy, Inc., 8814 Oliver Place, Dublin, CA 94568. This business is conducted by a Corporation. Registrant began transacting business under the fictitious business name(s) listed herein 08/24/2009. Signature of Registrant: Tony Lo, CEO. This statement was filed with the County Clerk of Alameda on 08/12/2014. (Pleasanton Weekly, Aug. 22, 29, Sept. 5, 12; 2014)

PHYSICAL THERAPY SPECIALTIES
FICTITIOUS BUSINESS NAME STATEMENT File No.: 495262
The following person(s) doing business as: PHYSICAL THERAPY SPECIALTIES, 3908 VALLEY AVENUE, SUITE B, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Ida L. Coryell Hirst, 1852 Tanglewood Way, Pleasanton, CA 94566; Laren Hirst, 1852 Tanglewood Way, Pleasanton, CA 94566. This business is conducted by a Married couple. Registrant began transacting business under the fictitious business name(s) listed herein 10/31/1989. Signature of Registrant: Laren Hirst. This statement was filed with the County Clerk of Alameda on 08/22/2014. (Pleasanton Weekly, Aug. 29, Sept. 5, 12, 19; 2014)

LAWTECH
FICTITIOUS BUSINESS NAME STATEMENT File No.: 494875
The following person(s) doing business as: LAWTECH, 3327 SORREL DOWNS COURT, PLEASANTON, CA 94588, is hereby registered by the following owner(s): Charlotte D. Salomon, 3327 Sorrel Downs Court, Pleasanton, CA 94588. This business is conducted by an Individual. Registrant began transacting business under the fictitious business name(s) listed herein 10/12/1995. Signature of Registrant: Charlotte D. Salomon. This statement was filed with the County Clerk of Alameda on 08/11/2014. (Pleasanton Weekly, Sept. 5, 12, 19, 26; 2014)

AXION ACUPUNCTURE
FICTITIOUS BUSINESS NAME STATEMENT File No.: 495561
The following person(s) doing business as: AXION ACUPUNCTURE, 2881 CASTRO VALLEY BLVD. #3 Rm G, CASTRO VALLEY, CA 94546, is hereby registered by the following owner(s): Penelope Koutoulas, 20395 Summercrest Drive, Castro Valley, CA 94552. This business is conducted by an Individual. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Penelope Koutoulas. This statement was filed with the County Clerk of Alameda on 09/02/2014. (Pleasanton Weekly, Sept. 5, 12, 19, 26; 2014)

Pleasanton

express

The local news you care about is one click away.

Receive information on what's happening in your community by email every day.

Sign up today at PleasantonWeekly.com

Luxury home sales in East Bay jump 29%

33 homes sold for \$1 million-plus in Pleasanton in July

By JEB BING

Luxury home sales in the East Bay continued to climb in July with sales jumping 29% from a year ago.

The figures are based on Multiple Listing Service data of all homes sold for more than \$1 million last month in Alameda and Contra Costa counties.

A new report by Coldwell Banker Residential Brokerage shows that a total of 393 luxury homes changed hands in the region in July, up from 305 transactions in July 2013. Million-dollar sales also climbed sharply from June's 352 transactions.

As has been the trend recently, the upper end of the luxury market was especially strong last month with 38 sales over \$2 million, up sharply from the 27 sales at that level a year ago.

Meanwhile, the median sale price of a luxury home in July was essentially flat from last year at \$1.3 million, and up fractionally from the previous month, when it stood at \$1,284,893.

"The East Bay's luxury housing market continued to show solid gains last month as inventory begin to increase gradually," said Mike James, president of Coldwell Banker

Residential Brokerage. "Well-qualified buyers are out there in force, and that's keeping the market rising. But we could certainly use some more listings to meet that strong demand."

Some key findings from Coldwell Banker's report:

- The most expensive sale in the East Bay last month was a five-bedroom, six-bath approximately 6,200-square-foot home in Danville that sold for \$4,080,000;
- Danville boasted the most luxury sales with 47, followed by Fremont with 45, Oakland with 37, Pleasanton with 33, Alamo with 31, Orinda and San Ramon with 30 each, and Lafayette with 23;
- Homes sold in an average of 24.5 days on the market, up from 23 days a year ago but down from 29.6 days the previous month;
- Sellers received an average of 105% of their asking price, up from 104% a year ago and the previous month.

Coldwell Banker Residential Brokerage has nine East Bay offices serving Pleasanton, Berkeley, Castro Valley, Danville, Fremont, Oakland, Piedmont, Orinda and Walnut Creek. For more information, call 771-5285. ■

HOME SALES

This week's data represents homes sold during Aug. 4-18

Pleasanton

- 234 Birch Creek Drive** B. & H. Ralphs to S. & K. Shibuya for \$458,000
- 208 Birch Creek Terrace** A. Hart to B. & D. Wallmann for \$715,000
- 1331 Stony Brook Lane** F. & M. Richards to G. & K. Nazareno for \$1,550,000
- 3885 Vine Street** N. Ivanova to S. Davis for \$420,000

Livermore

- 1659 Locust Street** T. & S. Johns to C. Ip for \$535,000
- 975 Murrieta Boulevard #28** Wells Fargo Bank to V. & S. Tse for \$170,000

San Ramon

- 2420 Ascension Drive** Schleis Trust to B. & K. Fogarty for \$860,000
- 313 Bellflower Drive** Mcdonald Trust to A. Afkar for \$665,000
- 5290 Canyon Crest Drive** K. Cochran to A. & G. Ladage for \$966,000

- 376 Cardona Circle** K. Michel to H. & L. Hong for \$870,000
- 20 Eagle Lake Place #21** Shanahan Trust to M. & T. McGrath for \$715,000
- 1006 Radiant Lane** T. Hudson to J. Fiore for \$527,000
- 4261 Reedland Circle** M. Kido to A. Afkar for \$870,000
- 89 San Marco Place** A. & H. Latora to W. & A. Schnaitter for \$625,000
- 2691 Shadow Mountain Drive** J. & R. Weyhenmeyer to M. Eto for \$460,000
- 254 Sun Ridge Drive** Mcgrath Trust to B. & H. Jung for \$1,096,000

Dublin

- 6673 Tralee Village Drive** Shea Homes to S. Mehta for \$778,000
- 4723 Travertino Street** KB Home to P. Bhargava for \$1,067,500
- 4731 Travertino Street** KB Home to G. Brar for \$1,113,500
- 4737 Travertino Street** KB Home to M. Bhargava for \$1,160,500

Source: California REsource



Support Local Business

ShopPleasanton.com

Visit ShopPleasanton.com today

Coldwell Banker

#1 IN CALIFORNIA

COLDWELL BANKER

RESIDENTIAL BROKERAGE



LIVERMORE
6980 FOXTAIL DR
COMING SOON! CALL FOR PRICE
 3 BR 2 BA Single story home w/open floor plan on 10,000+ sq ft corner lot.
 Daisy Ng, CalBRE #01311067 925.847.2200



PLEASANTON
 Open SAT/SUN 1 - 4
8268 REGENCY DR
GORGEOUS LAGUNA OAKS HOME
\$1,328,000
 4 BR 3 BA Huge bonus room. Hardwood floors, corian countertops, professional designed landscaping!
 Sharon He, CalBRE #01810593 925.847.2200



PLEASANTON
 SAT/SUN 1 - 4
COMING SOON!
5342 ELMRIDGE CT
\$939,000
 4 BR 2.5 BA Gorgeous upgraded home w/hardwood floors, remodeled kitch & BAs, huge lot & a sports court!
 Shannon Shepherd, CalBRE #01350212 925.847.2200



SAN RAMON
 Open SUN 1-4
COMING SOON!
266 LANDER PL
\$674,500
 3 BR 2 BA Premium end of court lot, new flooring. Light and bright contemporary interior!
 Kathleen Waelde, CalBRE #00885285 925.847.2200

CUPERTINO

Open SAT/SUN 1-4
20233 NORTHCOVE SQ
BEAUTIFUL NORTH POINT HOME \$680,000
 End unit w/Loft. Vaulted ceilings. Dual pane windows. Fence patio. 2 car garage. HOA.
 Nancy Sutorius, CalBRE #00628232 925.847.2200

PLEASANTON

5975 COLLIER CANYON RD
IN LOVELY COLLIER CANYON \$1,295,000
 3 BR 2.5 BA 3-car garage. 9.86 acre lot. Pool w/diving board. Solar panels. Lrge barn. Caretaker Unit.
 Kay Stromgren, CalBRE #00890085 925.847.2200

PLEASANTON

2015 VALLEY OAK RD
STUNNING PROPERTY! \$1,975,000
 Guard-Gated Comm, skylghts. Wet bar, tall ceilings & windows, wine closet, 4-car grge. Commute location
 Suzanne Bieser, CalBRE #0135940 925.847.2200

SAN RAMON

Open SUN 1-4
1332 SCENICVIEW DR
\$799,000
BAYOVISTA W/BAY VIEWS!
 4 BR 2.5 BA Dual paned windows. Parquet flrs. Updated BAs. Versatile floorplan. In-law w/separate entrance.
 Laurie Pfohl CalBRE #00866660 925.847.2200

HAYWARD

24172 SAKLAN RD
BEAUTIFUL HOME! \$588,000
 4 BR 4 BA Great loc w/nice community. Many upgrades. Laminate, carpet & tile floors. Custom paint.
 Tae Terry Kim, CalBRE #01363454 925.847.2200

ABSOLUTELY GORGEOUS!

6485 TIFFANY CMN
\$634,000
 4 BR 2.5 BA Maralisa Courtyard, backs to trail w/hill views. Updated home is pristine! Community pool.
 Kathleen Waelde, CalBRE #00885285 925.847.2200

JUST LISTED!

4224 ZEVANOVE CT
\$649,950
 3 BR 2.5 BA Walking distance to BART! End unit. Inside laundry. Fenced patio. Gas burning fireplace.
 Thomas Ivarson, CalBRE #01242205 925.847.2200

SAN RAMON

527 WYCOMBE COURT
MAGNIFICENT HOME ON PREMIUM LOT \$2,968,000
 6 BR 7.5 BA Loaded w/upgrades-Mahogany flooring, Solid cherry cabinets, Library, Wine cellar & much more!
 Sharon He, CalBRE #01810593 925.847.2200

LIVERMORE

3103 BELMONT CT
JUST LISTED! \$1,650,000
 4 BR 4.5 BA Cul-de-sac location. In-law unit above garage huge kitchen perfect home for entertaining.
 David Beville Jr., CalBRE #01954597 925.847.2200

MOUNTAIN HOUSE

952 ANTIGUA CT
STUNNING SHEA HOME IN QUESTA \$625,000
 5 BR 4.5 BA Sep Bed/Ba downstairs. Gourmet kit. Exquisite pool & spa. Huge lot. End of Cul-De-Sac. Fabulous
 Kay Stromgren, CalBRE #00890085 925.847.2200

SAN LEANDRO

13550 SCHOOL ST
GREAT LOCATION! \$525,000
 3 BR 2 BA Quiet nghbrhd. Near frwy, shopping & downtown. Pool w/new fiberglass. Low maintenance yards.
 David Beville Jr., CalBRE #01954597 925.847.2200

BEAUTIFUL CONDO!

1215 NANCY LN
\$535,000
 2 BR 2 BA Spacious Flr plan. Living Rm w/built-in surround sound. Ceiling fan. Msr Bd w/walk-in closet.
 Karen T, CalBRE #009628800 925.847.2200

©2014 Coldwell Banker Real Estate LLC. All Rights Reserved. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Each Coldwell Banker Residential Brokerage Office Is Owned And Operated by NRT LLC. DRE License #01908304



KELLER WILLIAMS

TRI - VALLEY REALTY

COMING SOON



6785 Rancho Court, Pleasanton
Spacious one level home with 4 bdms, 2 baths and over 1800 sq ft. Remodeled granite kitchen and bathrooms. Expanded family room!
Offered at \$750,000

COMING SOON IN SUNOL



Just outside Pleasanton, this home boasts a remodeled kitchen, 5 bdms, 3.5 baths and sits on over 5 acres of land! Truly a hidden gem!

SOLD IN 6 DAYS! OVER LIST PRICE!



4681 Third Street Pleasanton
Historic downtown home with full length wrap around porch. Includes 4 br, 3.5 ba, 3200+/-sq.ft. Completely upgraded/remodeled interior and exterior with beautiful landscaping. Custom basement media room, new roof with owned solar.

\$1,906,000



DeAnna Armario & Liz Venema
REALTORS® LIC # 01363180 and 01922957
925.260.2220 925.413.6544
DeAnna@ArmarioHomes.com Liz@VenemaHomes.com
ArmarioHomes.com

Open House Sat & Sun 1-4



Best Location — Pleasanton Valley
Walk to schools and downtown. 4 bedroom, 2 bath updated, 1,675 sq foot single story home includes hardwood floors, french doors and so much more. Larger private yard with play structure, flagstone patio and arbor.

Offered at \$779,000

Call us today to make your real estate dreams come true!

Service • Trust • Results



Melissa Pederson
REALTOR®
LIC # 01002251
925.397.4326
melissapedersonhomes@gmail.com



Paal Salvesen
REALTOR®
LIC # 01928222
925.520.5630
paal@paalsalvesen.com



www.melissapederson.com



Dave & Sue Flashberger

REALTORS®, GRI, CRS, SRES

925.463.0436 | www.SoldinaFlash.com

JUST SOLD!



Just Sold! 5196 Hummingbird Road
Still have 2 buyers looking for a home in the Pleasanton Valley-Birdland Area.

If you own a Heritage Home and you were thinking about selling, please give me a call!



Mike Chandler
REALTOR® LIC #01039712
925.426.3858
MikeChandler.kwrealty.com

OPEN SAT & SUN 2-4PM



1081 Heinz Ranch Ct, Pleasanton
Gorgeous home in the Vineyards! Backs to open space! 5 bed, 4 bath plus a bonus room. Entertainers backyard with pool, spa, cascading waterfall.
New Price! \$1,798,000



Gail Boal
REALTOR® LIC # 01276455
925.577.5787
www.gailboal.com



7149 Dublin Meadows #A, Dublin
3BD, 2BA 1,215 Sq. Ft.
1-Car Garage
Call for Price



3351 Norton Way, Pleasanton
Vintage Hills Apartment
2BA, 1.5BA, 900 Sq. Ft.
\$1700

WANTED RESIDENTIAL HOMES!

Rentals are in High Demand in Pleasanton
Call Us Today For More Info!



Kevin and Bernetta Wess
Tri-Valley Property Management
LIC # 01482226 & 01465272
925.290.8143
www.TriValleyManagement.com

5668 Jacqueline Way Livermore

If you are looking for a park-like backyard and garden, Here it is! 4 bedrooms, 2.5 baths, 1858 sq ft, Side access for boat/RV.
\$650,000



THE WILLIAMS real estate group

Cindy and Gene Williams
REALTORS® BRE LIC # 01370076 and 00607511
925.918.2045
www.WilliamsReGroup.com



OPEN SUNDAY 1-4



4889 Charlotte Way, Livermore

Darling Duet... updated and spacious! 1,410 SF with 3 bedrooms and 2 baths. Updated Kitchen and Bath. Private backyard and 2 car garage.

Offered at \$535,000

FABULOUS PROPERTIES

Donna Garrison, REALTOR® 925-980-0273 **Susan Schall, REALTOR® 925-519-8226**

www.FabulousProperties.net CA Lic#s 01735040, 01713497, 01395362



Pleasanton's Best Real Estate Team

NEW LISTING | OPEN SUNDAY 1-4



2450 Foothill Rd. | West Side Custom Hacienda
One of a kind 4 bedroom, nestled in Pleasanton's west side hills. Spanish tile roof, tile floors, privacy gates, circular drive, fully landscaped yards. Newly updated kitchen, baths, interior paint, plantation shutters, Spacious formal living room and separate dining room. Family room made for entertaining, featuring slump stone floor to ceiling fireplace. **Offered at \$1,650,000**



Louise Davis
REALTOR®
Lic. # 00551850
925.200.2457
www.LouiseDavis.com

Tom Fox
BROKER ASSOCIATE
Lic. # 00630556
925.872.1275
www.TomFox.com



AGENTCENTRIC

technology TRAINING & COACHING
Wealth Building CULTURE OF CARING

IT'S ALL ABOUT YOU!

AT kw®
WE HELP YOU
BLAZE YOUR OWN TRAIL!

Andrew Greenwell
Team Leader/CEO
AGreenwell@kw.com
925.963.0993



News,
sports and
local hot
picks



The local news
you care about
is one click away.

Receive information
on what's happening
in your community
by email every day.

Sign up today at
PleasantonWeekly.com

Homeownership fair set for this weekend

Information on buying and selling
a home available at free event

Members of the community can find a one-stop shop to acquire the essential tools needed to become a successful homeowner at the Homeownership Fair from 10 a.m. to 3 p.m. Sept. 6 at Chabot College, 25555 Hesperian Blvd. in Hayward.

Sponsored by the California Association of Realtors in partnership with Bay East Association of Realtors, the fair will feature several housing workshops conducted in English and Spanish by qualified professionals on how to successfully navigate through the home-buying and home-selling process. This includes detailed information on down payment assistance, credit repair and mort-

gage loans.

Exhibitors will be on hand to provide information and answer any questions from attendees. The fair is for first-time home buyers or sellers, those re-entering the market or people who are just interested in real estate.

Admission is free and food will be available. Preregister at <http://www.car.org/members/haf/2013hof/> to get free parking. Parking without preregistration is \$2. The first 50 preregistered attendees receive a \$5 Starbucks gift card. For information, contact Julissa Gomez at (213)739-8380 or julisag@car.org. ■

—Gina Channell-Allen

SALES AT A GLANCE

This week's data represents homes sold during Aug. 4-18

Dublin (Aug. 4-18)

Total sales reported: 4
Lowest sale reported: \$778,000
Highest sale reported: \$1,160,500
Average sales reported: \$1,029,875

Livermore (Aug. 4-18)

Total sales reported: 2
Lowest sale reported: \$170,000
Highest sale reported: \$535,000
Average sales reported: \$352,500

Pleasanton (Aug. 4-18)

Total sales reported: 4
Lowest sale reported: \$420,000
Highest sale reported: \$1,550,000
Average sales reported: \$785,750

San Ramon (Aug. 8-15)

Total sales reported: 10
Lowest sale reported: \$460,000
Highest sale reported: \$1,096,000
Average sales reported: \$765,400

Source: California REsource

OPEN HOMES THIS WEEKEND

Livermore

3 BEDROOMS

4889 Charlotte Way \$535,000
Sun 1-4 Fabulous Properties 980-0273

630 N. Livermore Ave. \$485,000
Sat/Sun 1-4 Linda Futral 980-3561

2801 Mint Common \$729,950
Sun 1-4 Lois Cox 200-8495

Pleasanton

2 BEDROOMS

4376 Fairlands Drive \$650,000
Sat/Sun 1-4 Lois Cox 200-8495

4271 Pleasanton Ave. #B \$429,900
Sun 1-4 Chuck Aydelotte 519-7836

3 BEDROOMS

4652 Corday Court \$725,000
Sat/Sun 1-4 Cathy Dean 200-4130

5816 San Juan Way \$1,068,888
Sat/Sun 1:30-4 Sylvia Desin 413-1912

4270 Krause Court \$752,000
Sun 1:30-4:30 Moxley Team 600-0990

4 BEDROOMS

1420 Parkview Court \$999,000
Sat/Sun 1-4 Tim McGuire 462-7653

865 Clara Lane \$2,395,000
Sun 1-4 Susan Kuramoto (408) 316-0278

8268 Regency Drive \$1,328,000
Sat/Sun 1-4 Coldwell Banker 847-2200

8037 Regency Drive Call for price
Sat/Sun 1-4 Cindy Gee 963-1984

4045 Sherry Court \$1,095,000
Sat/Sun 1-4 Blaise Lofland 846-6500

5 BEDROOMS

1081 Heinz Ranch Court \$1,798,000
Sat/Sun 2-4 Gail Boal 577-5787

Find more open home listings at pleasantonweekly.com/real_estate

Helping Sellers and Buyers in the Tri-Valley

Providing leadership, knowledge and support every step of the way.

JUST SOLD



SOLD IN SEPTEMBER 2014

7538 Stonedale Drive, Pleasanton
4 bed, 2.5 bath in 2000 sq ft. Quiet and peaceful. Close to award winning schools.
SOLD FOR \$670,000
\$21K OVER ASKING PRICE



SOLD IN AUGUST 2014

7768 Creekside Drive, Pleasanton
3 bed, 2 bath, 1614 sq ft in "Gold Creek". Upgraded townhome in West Pleasanton. Backs up to creek!
SOLD FOR \$652,000
REPRESENTED BUYERS



SOLD IN AUGUST 2014

2758 Sugar Hill Terrace, Dublin Ranch
4 bed, 4.5 bath in 4655 sq ft luxury home. Backs up to the Dublin Ranch Gold Course.
SOLD IN 3 DAYS
FOR \$1,534,000



SOLD IN JUNE 2014

7122 W. Woodbury Ct, Pleasanton
5 bed, 4.5 bath in 4792 sq ft. of upgraded luxurious living space on .31 acres. Spectacular garden.
SOLD FOR \$1,800,000



SOLD IN JUNE 2014

4875 Dolores Drive, Pleasanton
4 bed, 3 bath, 2985 sq ft. of living space
SOLD FOR \$1,325,000
WITH MULTIPLE OFFERS OVER ASKING PRICE

CLIENT TESTIMONIAL

"We sold a home and purchased a home in Pleasanton with Julia's help. We've move around the country a lot and have worked with many agents in the past. Julia is amongst the top agents we've worked with, and we would actively prefer her in future home buying decisions in this area. What's important to mention beyond what the other reviews already say about her is she's great at figuring out the details of the late stages of a deal, and provides creative options in unconventional situations.

We cannot recommend Julia enough."
— Clara J. & Greg H. Pleasanton



Julia Murtagh

925.997.2411

Email: jmurtagh@apr.com

DRE #01751854

"Bringing Integrity
to Your Front Door"



ALAIN PINEL
REALTORS

Please see
reviews of
Julia on





BLAISE LOFLAND

Professional Real Estate Services



Connecting People and Property

- ✓ Expertise
- ✓ Teamwork
- ✓ Reliability
- ✓ Integrity
- ✓ Satisfaction

CalBRE# 00882113



BlaiseLofland.com

BLofland@apr.com

925.846.6500

For a Real Estate Agent with an in-depth knowledge of both the area and market, call Blaise Lofland!

DOWNTOWN



303 NEAL STREET, PLEASANTON

One of Downtown Pleasanton's Crown Jewels...Location, Location, Location! Become a Part of Pleasanton's Rich History and Own This Historically Designated Charming Queen Anne Victorian Home on Property Once Owned By the King of Spain. This Unsurpassed Hilltop Location Overlooking Downtown Pleasanton is Located at the Historic Corner of Neal and 3rd Street. Enjoy the Space, Quiet and Privacy Provided By This Large & Unique Over One Half-Acre Beautiful Downtown Estate, Conveniently Located Just 3 blocks From Main Street.

OFFERED AT \$1,995,000

DOWNTOWN AREA



**NEW LISTING
OPEN SAT/SUN 1-4**

4045 SHERRY COURT, PLEASANTON

Upgraded Home in Downtown Area! This Four Bedroom, 2 1/2 Bath Home has approximately 2125 Square Feet and is Located on Sherry Court Adjacent to Kottinger Park. The Expanded/ Remodeled Spacious Kitchen is Bright and has Upgraded Newer Appliances. Also Included are Remodeled Full Bathrooms, Hardwood Floors, Central Air Conditioning, Newer Roof and Fencing. Private Park-Like Backyard with surrounding Views, Beautiful Landscaping (Award Winning, Rose Bushes), In-Ground Pool, Lawn Area, Patios and Pool Cabana/Bar Area.

Walk to and Enjoy the Many Amenities of Downtown Pleasanton!

OFFERED AT \$1,095,000

DISCOVERY BAY



621 BEAVER COURT, DISCOVERY BAY

A world of small town living where the pace is little slower, but the adventure is right out of your back door. Take a deep breath, smile, and feel your body decompress as you arrive in this family community where you can live where you play. Enjoy water sports and country club living minutes from the Bay Area. Let us share the Bay Area's best kept secret and this quality-built custom estate home, and we are sure you will make both your own. Call Blaise Lofland or the Prince Team for a private showing of this approximately 10,000 sq.ft. custom home with 250 feet of waterfront, built on .55 acres over three lots, and only 3 minutes to fast water! Go to www.visit-621beavercourt.com for more information!

OFFERED AT \$4,995,000

BRIDLE CREEK



PENDING SALE

863 SUNSET CREEK LANE, PLEASANTON

Desirable Upgraded Single Level on Private Lot with expansive views and In-Ground Pool/Spa. Great location! Gourmet Kitchen with Granite and Stainless Steel Appliances. Crown Molding, Great Room. Includes: Five Bedrooms (Generous Master Suite), Four Bathrooms, and approximately 3246 Square Feet. Walk to Main Street, Neighborhood Park & Oak Hills Shopping Center. Don't Miss it! Go To: 863sunsetcreeklane.com. Call Blaise for a Private showing at 925.846.6500.

OFFERED AT \$1,598,000

BRIDLE CREEK



JUST CLOSED

770 SUMMIT CREEK LANE

Desirable Single Level on Private Expansive Approximately 12 Acre Lot with In-Ground Pool/Spa & Outdoor BBQ/Entertainment Area. Great location! Gourmet Kitchen with Granite and Stainless Steel Appliances. (Great Room Concept) Includes: Five Bedrooms (Generous Master Suite), Four Bathrooms, and approximately 3246 Square Feet. Three Car Garage and Adjacent Asphalt Play Area. Walk to Main Street, Neighborhood Park & Oak Hills Shopping Center. Don't Miss it! Visit-770summitcreeklane.com.

Call Blaise for a Private showing at 925.846.6500.

OFFERED AT \$1,595,000 SALE PRICE \$1,638,500

STONERIDGE AREA



PENDING SALE

5161 SPRINGDALE AVENUE, PLEASANTON

Check Out This Upgraded Single Level Detached Three Bedroom, Three Bathroom home in the Desirable Stoneridge Area. Open Floor Plan, Remodeled Bathrooms and Kitchen, Private Rear Yard with In-Ground Pebble Tech Pool, Deck and Views. Beautifully Landscaped. Walking distance to Stoneridge Mall & Bart Station. Go to: 5161springdaleavenue.com and call Blaise for a Private Showing at 925.846.6500

OFFERED AT \$699,950



Introducing . . . **2106 Bluffs Drive, Livermore**

Open Sat & Sun 1-4pm



This is Livermore's best kept secret in The Bluffs. Exceptional executive living on a 1/3-acre lot with country feel and views for days! Former Model Home boasts many upgrades and subtle details. Peace, tranquility and relaxation are plentiful in this Mediterranean Villa. Come see what awaits you...

- Built in 2000
- 5 Bedrooms, 3 Full Baths
- Approximately 3,584 sq. ft. of Luxury Living Space
- Approximately 14,995 sq. ft. (1/3-acre) on Premium Corner Lot with No Rear Neighbors
- Gourmet Kitchen with Custom Wood Cabinetry, Granite Countertops and Stainless Steel Appliances
- Formal Living / Dining Room
- Spacious Family Room with Cozy Fireplace
- Spacious Master Bedroom Retreat with Sitting Area and Oversized Walk-In Closet
- Bonus / Game Room and Executive Home Office
- Abundance of Custom Built-in Cabinets and Storage
- 3-Car Attached Finished Garage with Extra Storage Closet
- Spectacular views of Brushy Peak and the Altamont Hills
- Close to Shopping, Trails and Freeway Access



Exclusively offered by *Kelly Franco*

925.200.9979 / BRE# 01476710

MLS # 40670917 / Information Deemed Reliable But Not Guaranteed

Offered at **\$975,000**



Keller Williams
Tri Valley Realty

8062 ROCKFORD PLACE

OAK TREE FARM, PLEASANTON

OPEN SATURDAY AND SUNDAY FROM 2-4

**RINETTI
& Co.
REALTORS**



RINETTI & Co. REALTORS proudly presents - **8062 ROCKFORD PLACE**

PROPERTY FEATURES: 6 bedrooms, 5.5 baths, 5,541 Sq. Ft. of living space on a 22,558 Sq. Ft. lot. In-law suite / media room, family room kitchen combination, regal office with fireplace, master bedroom retreat, bonus loft, plus an entertainers dream backyard!

ASKING PRICE \$2,300,000

PERRY VITTORIA & TIANNE RINETTI-VITTORIA
(925) 364-5013 - WWW.RINETTI.CO.COM

weiner mcdowell

weinermcdowell.com / (925) 251.2585

Top 1% of Realtors Nationwide*

Luxury Real Estate and Lifestyle in the East Bay

ACTIVE • PENDING



ACTIVE \$698,000

5890 Woodrose Way, Livermore

Outstanding, like new, 4 bdrm, 2 1/2 bath plus Loft, 2022 sq.ft. on beautifully landscaped extra large backyard.



PENDING \$1,450,000

3531 Rosincress Dr, The Bridges, San Ramon

Exceptional home in the desirable Bridges golf course community! Five bedroom floor plan with beautiful interior courtyard and huge lot.

3210 WESTBRIDGE LN, CALLIPPE GOLF COURSE, PLEASANTON



Stunning, custom built Mediterranean home overlooking the beautiful Callippe Golf Course in Pleasanton. Four spacious Bedrooms, five and a half baths, 3670 sq.ft. on a private .63 acre view lot **\$1,798,000**

REAL PEOPLE... REAL REVIEWS...

"Phyllis and Peter made our dream a reality! They assisted us both in our sale and our purchase and both transactions were smooth and pleasant from beginning to end. They went above and beyond our expectations." - **Bill and Judy Sherry, Seller's 910 Sherman Way.**



Phyllis Weiner
REALTOR®
(925) 251.2585
pweiner@rockcliff.com
Peter McDowell
REALTOR®
(925) 251.2550
pmcdowell@rockcliff.com

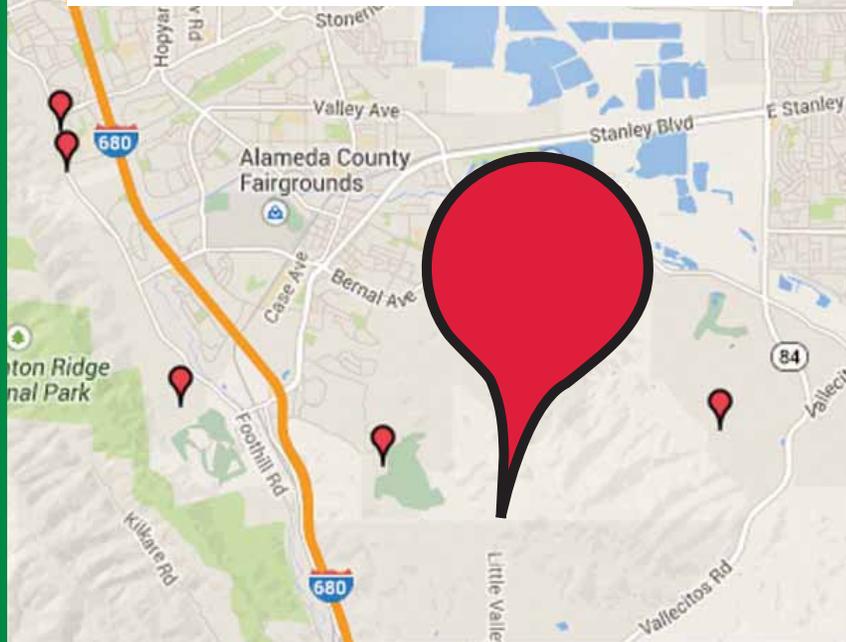


Information provided by © 2013 - 2014 TerraDatum and its suppliers & licensors (www.terradatum.com/metrics/licensors). BrokerMetrics®

weinermcdowell.com • (925) 251.2585 pweiner@rockcliff.com • (925) 251.2550 pmcdowell@rockcliff.com • CalBRE #00673849 / 01361481

EXPLORE OUR WEBSITE

- Interactive maps
- Homes for sale
- Open Homes
- Virtual tours
- Prior sales info and more



FIND YOUR NEW HOME
Pleasantonweekly.com/real_estate

THE EAST BAY'S PREMIER REAL ESTATE COMPANY.

SERVING
CONTRA
COSTA
AND
ALAMEDA
COUNTIES

Real Estate Is an Art

Leave it to the Masters...J. Rockcliff Realtors

J. Rockcliff

REALTORS

WWW.ROCKCLIFF.COM

J. Rockcliff has been named the #1 Real Estate Company
in the East Bay for the third consecutive year!*

*BY THE SAN FRANCISCO BUSINESS TIMES BASED ON TOTAL SALES VOLUME

9459 BLESSING DR., PLEASANTON



OPEN SAT/SUN 1-4
GORGEOUS! Executive home with Views! Updated to the MAX!! Located Desirable Westside Pleasanton in the PRESERVE Neighborhood, 4 bed, 4.5 bath, Pool, Office and Bonus room!! approx. 4337 sq ft. on a approx 20000 sq ft lot. Newly remodeled Gourmet Kitchen/family w. Huge Granite Island SS appliances, upscale flooring, Crown molding, surround sound and more!! Must see! Move in ready!! Offered at \$1,898,000



PENDING
7211 Rosecliff Ct., Pleasanton, Single-story, 5 bed 4 bath approx. 4000 Sq ft. On approx 14400 sq ft. Offered at \$1,585,000



SOLD
2916 Takens Ct. Laguna Oaks/ Pleasanton, Resort style Living! Gorgeous 4 bed 3.5 bath bons, Office. Multiple Offers! \$1,525,000



Cindy Gee

Realtor, Notary, GRI, CDPE, Top Producer, Pinnacle Award, Grand Masters

925.963.1984

925.218.1210 • cindy.gee@BHGHome.com
BRE# 1307919



Tri-Valley

Real Estate Directory

 **Darlene Crane,**
Real Estate Mortgage Advisor
OPES ADVISORS
925-699-4377
darlene@opesadvisors.com
www.darlene-crane.com
NMLS 10870 License 00907071
340 Main Street #203, Pleasanton

 **Dennis Gerlt** REALTOR®
Broker/Owner
Gerlt Real Estate Services
direct: (925) 426-5010
email: gerltrealestate@gmail.com
www.dennisgerlt.com
CA LIC# 01317997

 **Janice Habluetzel**
REALTOR
Re/Max Accord
phone: (925) 699-3122
www.JaniceTheRealtor.com
BRE# 1385523

 **Susan Karamoto**
REALTOR
Serving the greater Bay Area
for over 20 years with integrity
cell: (408) 316-0278
Read client testimonials
at apc.com/skaramoto

To advertise in the Tri-Valley Real Estate
Directory call (925) 600-0840. Ask about online
and email advertising.

Caring Professional Hardworking
Call Cindy for all your Real Estate needs... She will make it happen for you!

WELCOME HOME



PLEASANTON \$2,395,000

865 Clara Lane | 4bd 4ba
Susan Kuramoto | 925.251.1111
Open Sun 1:00-4:00



PLEASANTON \$1,995,000

303 Neal Street | 4bd 2ba
Blaise Lofland | 925.251.1111
By Appt



PLEASANTON \$1,060,888

5816 San Juan Way | 3bd 2ba
Sylvia Desin | 925.251.1111
Open Sat & Sun 1:30-4:00



PLEASANTON \$999,000

1420 Parkview Ct | 4bd 3ba
Tim McGuire | 925.251.1111
Open Sat & Sun 1:00-4:00



LIVERMORE \$977,500

2173 Hall Circle | 5bd 3ba
Jo Ann Luisi | 925.251.1111
By Appt



LIVERMORE \$819,000

1657 Placer Circle | 4bd 2(1)ba
Anni Hagfeldt | 925.251.1111
By Appt



PLEASANTON \$749,950

5231 Crestline Way | 3bd 2ba
Maureen Nokes | 925.251.1111
By Appt



LIVERMORE \$585,000

961 Acacia Way | 3bd 1(1)ba
Linda Futral | 925.251.1111
By Appt



LIVERMORE \$485,000

630 N Livermore Avenue | 3bd 1ba
Linda Futral | 925.251.1111
Open Sat & Sun 1:00-4:00

See it all at
APR.COM

 /alainpinelrealtors

 @alainpinelrealtors

Pleasanton/Livermore Valley Office 925.251.1111


ALAIN PINEL
REALTORS