

Pleasanton Weekly

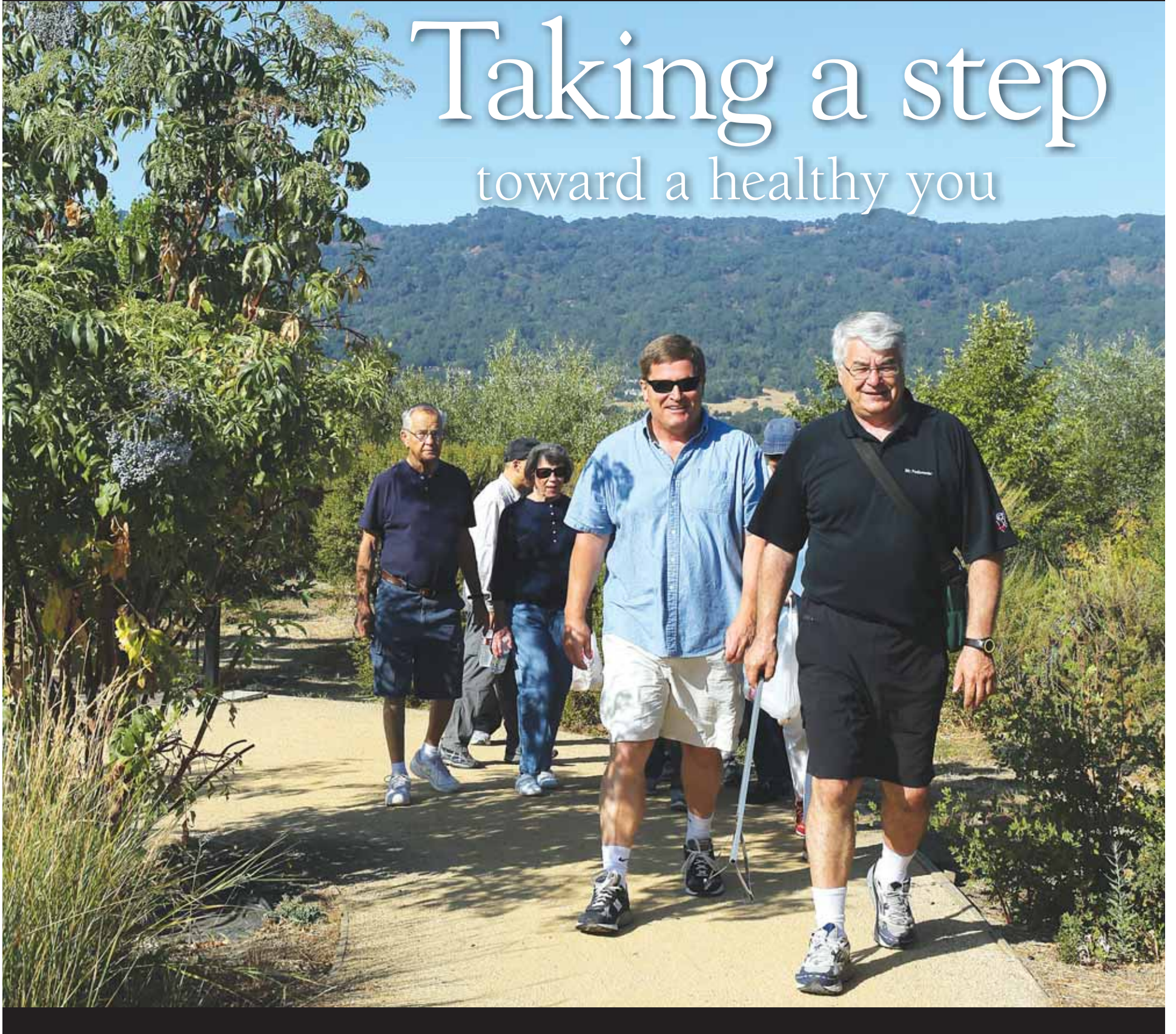
See tips on
Staying Healthy &
Beautiful » **Inside**



VOL. XIV, NUMBER 32 · SEPTEMBER 6, 2013

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Taking a step toward a healthy you



5 | **NEWS**
Pleasanton youth soccer kicks off Saturday

5 | **NEWS**
Tri-Valley University founder facing federal charges

12 | **LIVING**
Local licks on display at Guitar Fest Live!

The RE/MAX Collection 925.847.8900

Amazing West Side, Alamo

OPEN SUNDAY 1:30 - 4:30



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Gorgeous 4 bdrm, 2.5 bath, totally-remodeled home in West side Alamo. Featuring 2,887 square feet of elegance on a spacious, 67 acre flat lot, this lovely home is complete w/ inviting pool, sport

32 Meritage Comm #204, Livermore • \$398,000

OPEN SAT/SUN 1-4:30



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Livermore's most pristine community, 2 bdrms, 2 full baths in the heart of wine country! 1019 sqft, 1 car attached garage, inside laundry. Built in 2004. Views of vineyards, and the ridge! Just breathtaking!

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5266 Crestline Way, Pleasanton • \$869,000

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4982 Dolores Drive, Pleasanton • \$1,250,000

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925.699.9508
homes@dianesass.com
www.dianesass.com

Expansive views in this gorgeous 4 bedroom 3 bath Pleasanton Hills home! Gourmet kitchen and extravagant remodeled master bath overlook the huge yard & pool. Stone floors downstairs/wood floors upstairs.

675 Hamilton Way, Pleasanton • \$825,000



Janice Habluetzel
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www.JanicetheRealtor.com

Desirable Rosepointe neighborhood, close to downtown, schools and 680. Contemporary style 4 bed home offers open beam ceilings in living and family rooms. Private front courtyard and 20x20 central atrium with deck, visible from multiple rooms in the house. Gunitite pool looks out to views of the Ridge.

4718 McHenry Gate Way, Pleasanton • \$700,000

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Bob.Cilk@remax.net
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Terrific neighborhood & walking distance to the Sports Park! Single level, 4Bdrm, 2Bath w/ vaulted ceilings, new carpets & neutral paint scheme. Updated kitchen w/island has solid surface counters, A/C, stainless dishwasher & tile flooring. In-ground pool, freshly painted exterior. Reports on file. Call agent for details.

2606 Sanderling Way, Pleasanton • \$900,000

PENDING AFTER 3 DAYS!



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Terrific 4Bdrm Meadowbrook model in Birdland with nearly 2200 sq ft on .22 acre. Walking distance to the Sports Park! Excellent API scores. Gorgeous upgraded kitchen w/ss appliances, contemporary cabinetry & custom accents. Private, inviting rear yard w/spa. Upgraded baths. Great home for entertaining!

6535 Singletree Way, Pleasanton • \$689,000

OPEN SAT/SUN 1-4



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1441 Via Di Salerno, Pleasanton • \$2,499,000

OPEN SAT/SUN 1-4



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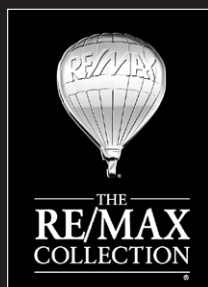


399 Del Monte Drive, Rio Vista • \$212,500



Steve Mohseni
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AROUND PLEASANTON



By JEB BING

Population, employment opportunities growing in Pleasanton

A new report by Pleasanton's Economic Vitality Committee has glowing words for our city as a place to live, work and raise our families. There are even more of us. The EVC report, presented to the City Council last Tuesday by Pamela Ott, the city's Economic Development director, says that Pleasanton has experienced rapid population growth, with a population increase of 104% between 2000 and 2010, significantly higher than the East Bay and Bay Area overall.

In addition, we remain a family-focused community generally known for its quality schools and general quality of life. The city's average household size and share of family households are significantly higher than the Bay Area overall. Pleasanton's historic strength as a child-friendly community is demonstrated by a relatively high presence of children under 18 and also a high share of those in the 35 to 54 age group and in their prime working years.

Yet, according to the report, nearly half of all Pleasanton households consist of only one or two people with the share of renter households increasing. This corresponds to national trends as reported by the Urban Land Institute's March 2013 study that found that 38% of Generation Y, also known as the Millennials and between the ages of 18 to 34, anticipate residing within apartments or other compact multifamily housing units when moving. They also have an increased interest in walkable, transit-served neighborhoods which have been a priority in Pleasanton's considerations over the location of the series of high density, multifamily apartment complexes recently approved.

Ott told the council that Pleasanton continues to be a relatively affluent, well-educated community. The EVC study shows that 59% of households here earn over \$100,000 annually. While this is comparable to other cities in the Tri-Valley, it is significantly higher than the 39% of households in the Bay Area. There are also fewer low-income house-

holds here. A higher share of Pleasanton residents hold bachelor's or advanced college degrees than in the rest of the Tri-Valley, East Bay or Bay Area overall.

Pleasanton's employment trends are also outpacing other cities. Total employment here grew by 63% between 1995 and 2009, compared to 53% in the Tri-Valley as a whole. Jobs here are generally specialized, highly skilled and in technology sectors. Our largest employment sectors, according to the EVC, are Information Technology (IT), professional, scientific, other technology services, as well as in retail, manufacturing, finance and insurance. Newer high-growth companies such as Cloxox, Workday, Oracle and Kaiser Permanente specialize in these fields. Other large Pleasanton employers include biotechnology and pharmaceutical companies such as Roche Molecular Systems, Thoratec Corporation and Life Technologies, and retailers such as Safeway and Gap. Hacienda Business Park has the largest concentration of employment in Pleasanton. Although crunched in the recent recession, Hacienda is now making a rapid recovery, Ott said.

Even venture capital is crossing the Bay from Page Mill Road in Palo Alto, its historically strong base in the last few decades. Pleasanton is now receiving the East Bay's highest share of venture capital investment, garnering 28% of the area's investments, with 14 companies receiving venture capital in 2011 and 2012. These investments nationally and in Pleasanton are increasingly focused on medical companies in the biotechnology, pharmaceutical and medical device fields. In general, Ott said, "Pleasanton fills an entrepreneurship niche in information technology, life sciences and biotechnology with building stock suited to these uses, as opposed to heavier manufacturing operations."

The background report presented to the council is a base that the EVC will use to suggest how the municipal government and private sectors can better meet the needs of a growing population and high tech business ventures.

The Economic Vitality Committee, which assesses Pleasanton's business climate and reviews issues that may impact it, meets at 7:30 a.m. every other month at the city's Operations Service Center, 3333 Busch Road. Meetings are open to the public. The next meeting is scheduled for Sept. 19. ■

About the Cover

Pleasanton resident W. Ron Sutton explores a local trail with his walking group, World Walk to Wellness. Now in its third year, the group has explored nearly all of Pleasanton's 42 public parks and several other nearby areas.

Vol. XIV, Number 32

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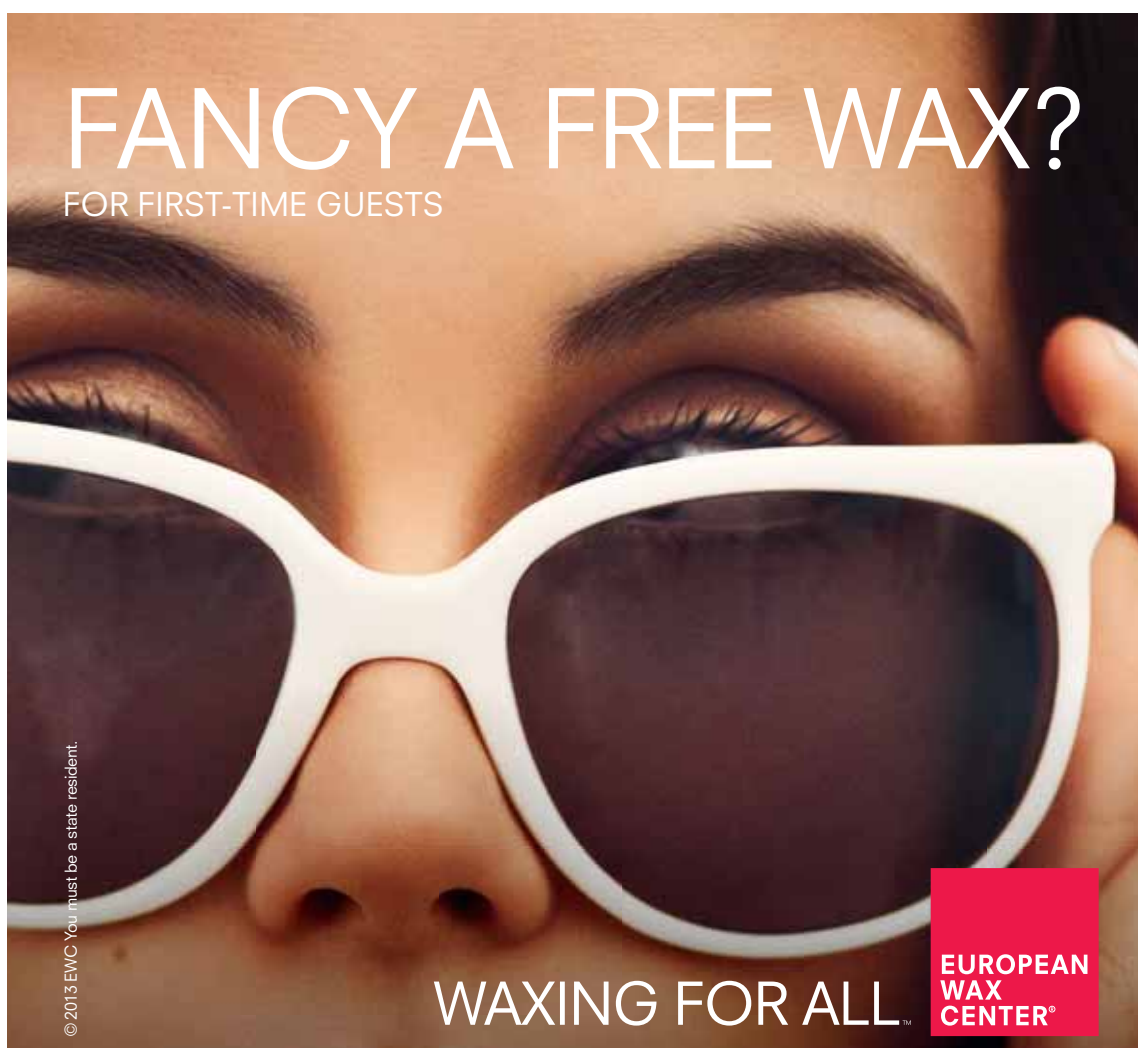
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Our website has become the place residents turn to for breaking local news, to post their own stories and photos, and to discuss news and events in the community.



Streetwise

ASKED AROUND TOWN

If you could be any age, and stay that age for the rest of your life, what age would you be?



Renee Gooby
Childcare Coordinator

If I could pick an age to stay at, I would be 29 for the rest of my life. By that age, you've done most of the stupid things you're going to do, but you're still young enough to have plenty of energy to enjoy life and have lots of fun, without feeling burdened by too many adult responsibilities.

Mitch Pereira
Home Mortgage Consultant

I think 35 would be a great age to be forever. By that age, you're old enough to be established in your career, you have a kid or two, but you are not old enough to have any really serious health concerns that could slow you down.



Christine Sans
Cashier

I would like to be 26 forever. It's a good, youthful age, and age where there is so much fun to be had every day.

Cyndi Adoff
Assistant Grocery Store Manager

Well, I think the age I am now, 50, is just great. I would never want to be young again. With age comes experience and wisdom, and every year I get older, I tend to do fewer and fewer foolish things.



Kim Van Horn
Self Employed

I think the perfect age to be and stay, is birth. When you are born, you have your entire life ahead of you and haven't had a chance to make any mistakes yet.

—Compiled by Nancy, Jenny and Katie Lyness

Have a Streetwise question? E-mail editor@PleasantonWeekly.com

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CONCUSSIONS IN SPORTS

A Free Education Seminar

Speakers: Christine Boyd, MD
Shelby McGinnis, PT

Date: September 17, 2013

Time: 6:30 – 8:30pm

Location:
ValleyCare Medical Plaza
5725 W. Las Positas Blvd.
Pleasanton
2nd Floor Conference Room

Sports related concussions are common — and serious. Without proper care, concussions can have serious long term consequences such as dementia, depression and suicide.

Please join us for an evening seminar led by Christine Boyd, MD, pediatric sports medicine physician with ValleyCare. Dr. Boyd will review the symptoms of concussions as well as safe return to sport and prevention strategies. Shelby McGinnis, ValleyCare physical therapist, will address vestibular rehabilitation for dizziness and imbalance and training of visual reflexes to help with return to sport.

We invite you to register by calling our Health Information Line at **1-800-719-9111** or visit www.valleycare.com/educationseminars.



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DIGEST

9-11 remembered

The anniversary of the tragic events of September 11, 2001 will be observed in a brief ceremony hosted by the Livermore-Pleasanton Fire Department on Wednesday, September 11. The event is open to the public and will be held at the flagpole outside Fire Station 1 at 3560 Nevada St. in Pleasanton beginning at 9:45 a.m.

The purpose of the event is to honor the victims of September 11, their families, first responders, and all those who have served in the military since that day.

The agenda will include comments from Fire Chief Jim Miguel, the ceremonial ringing of the bell in memory of those who died in the line of duty, and the traditional playing of bagpipes. Members of both the Livermore Police Department and the Pleasanton Police Department will also be in attendance.

The ceremony will be followed by refreshments and tours of the Fire Department headquarters and Fire Station 1. For more information, contact the LPFD at 454-2361.

Everything but the elephants

The Museum on Main is inviting people to step right in to "It's A Circus!" with a day of circus-related events, including crafts, a photo booth, a strong man challenge, a kid-friendly tightrope and a visit to the fortune teller, with popcorn and more.

The free event will be held from 11 a.m. to 2 p.m. on Saturday, Sept. 28.

It's part of the ninth annual nationwide Smithsonian Magazine Museum Day Live!

Museum Day Live! represents Smithsonian's commitment to make learning and the spread of knowledge accessible to everyone.

The day of family fun will be held at Museum on Main, 603 Main St.

Shine on harvest moon

Slip on your dancing shoes and celebrate the coming of fall with an evening of music, dancing and friendship — while helping veterans in the bargain.

The Harvest Moon Benefit Dance will be held from 7 to 9 p.m., Saturday, Sept. 14 at the Pleasanton Veterans Memorial Hall, 301 Main St.

The Mellotones Combo will play music of the 30s, 40s and 50s; The cost is \$10 and drinks and dinner will also be available.

All proceeds will help support needy veterans and their families. For more information, call 443-2224 or 443-2245.

Council OKs apartment complex next to I-680

Approval caps series of high-density housing projects throughout city

By JEB BING

The Pleasanton City Council on Tuesday approved a developer's plan to build nine three-story apartment buildings and 97 single family homes just south of the Gateway Center at Bernal and Valley avenues near I-680.

Scott Trobbe of South Bay Development showed the council sketches of the development that will stretch from the Safeway shopping center complex south to the edge of the city-owned Bernal Community Park and from the I-680 freeway on the west to Valley Avenue on the east.

Many of the single family homes that are part of the development will rise to 45-foot heights with three stories of living space and elevators as an option for buyers. They appear to be modern-day versions of the brownstones of Boston and New York City.

Tuesday night's approval followed an earlier

approval by the city's Planning Commission and was a unanimous decision made after less than an hour of a public hearing. Despite prodding by some council members, Trobbe didn't say what the rents will be for apartments in the project, which will include one, two and three bedroom units.

Only three speakers addressed the council at the public hearing, including two who said the city needs more affordable housing for low-income tenants than the Trobbe project will provide, and another saying the development, along with others recently approved by the council, will require more schools in Pleasanton.

The Commons at Gateway, as Trobbe's project is called, caps a series of favorable high-density housing development decisions over recent months. Together, the projects will meet the requirements set forth by an Alameda

County Superior Court judge in response to a suit by an Oakland-based affordable housing coalition, which had the support of Gov. Jerry Brown and the state's housing authority.

Trobbe's firm has owned the entire 37-acre site since 2000. At one time, South Bay had approval to build eight four- and five-story office buildings on the property, but that plan was shelved when the need for more office space collapsed 10 years ago.

South Bay later sold part of its property to Safeway Corp., which built the new Safeway Lifestyle supermarket and developed the center that now houses retail and service stores, including a gas station, Starbucks, CVS pharmacy and two banks.

Trobbe said his new development calls for construction of 210 apartment units in nine,

See **APARTMENTS** on Page 8



JEB BING

These colorfully-dressed girls RAGE soccer players were part of the 2012 soccer parade on Main Street in Pleasanton. This year, the 45th Pleasanton Youth Soccer Kick-off Parade will start at 7:30 a.m. Saturday at St. Mary's and Main streets. The boys' Ballistic United Soccer Club and girls' RAGE teams will then head down Main Street and to the Pleasanton Sports Park to start the 2013 season.

Jury convicts former sheriff's deputy in Danville 'dirty DUI' case

Stephen Tanabe found guilty on six charges

A federal jury Tuesday afternoon found a former Contra Costa County sheriff's deputy guilty of conspiracy, wire fraud and extortion for aiding a former private investigator in arranging so-called "dirty DUI" arrests in Danville.

Stephen Tanabe, 50, of Alamo, was found guilty in federal court in San Francisco of one count of conspiracy, three counts of wire fraud and two counts of extortion.

He was acquitted of one charge of extortion.

The charges stem from his role in helping former private investigator Christopher Butler, 52, of Concord, set up the arrests of three men in stings in Danville between November 2010 and January 2011.

The men, who were husbands of Butler's female clients in divorce and child custody cases,

were allegedly enticed by employees associated with Butler to become intoxicated at Danville bars and then arrested after Butler alerted Tanabe that the drunken men were driving away.

Tanabe stood trial for three such arrests.

The jury of four women and eight men found Tanabe guilty of extortion for receiving a Glock gun worth roughly \$600 from Butler in exchange for making arrests.

Defense attorney Tim Pori said the jury acquitted Tanabe of the second extortion charge, which stemmed from allegations that Butler also gave him \$200 worth of cocaine as payment for the "dirty DUIs."

The wire fraud charges stem from text messages he and Butler exchanged the evenings of

See **DUI** on Page 8

'University' founder facing federal charges

Susan Su set for trial on 2011 charges late this month

By GLENN WOHLTMANN

Even as she was facing charges for running a bogus university, Susan Xiao-Ping was working to set up another non-credited university in the same location.

Su, 43, was indicted and her college, Tri-Valley University, was shut down after a 2011 raid by agents from Immigrations, Customs and Enforcement.

Su will stand trial later this month on a 33-count federal indictment that includes money laundering, mail fraud and wire fraud as a result of the sting. Federal court documents claim Su ran an "elaborate fraud scheme" that netted millions of dollars from foreign nationals who hoped to become legal immigrants.

Those documents say that Su used profits from her scam to buy five properties, including two homes in Pleasanton raided by ICE, at 2890 Victoria Ridge Court and 1371 Germano Way.

But while she awaited trial — and asking for donations to help her fight the federal charges against her — Su made plans to start a new university at the same site as her previous endeavor.

A report from the state Attorney General's Office says that Su, using the name of someone else, filed paperwork in March 2012 to start Global TVU at a small office building in the 400 block of Boulder Court, the building she owns and the home of TVU.

Chang Gui Su, under penalty of perjury, filed the articles of incorporation paperwork with the state. The Attorney General's Office denied the application for a new uncredited university at the site.

Chang Gui Su also asked for and received permission on Feb. 28, 2012 from the city planning department to operate a continuing adult education program at the site for no more than 20 students, agreeing in the application to comply with all local state and federal laws. The planning department is charged with making sure the intended use complies with zoning at the site, and because that is a permitted use of the building,

See **CHARGES** on Page 7

Tri-For-Real triathlon starts at 7 a.m. tomorrow

26th annual event begins at Shadow Cliffs

By JEB BING

The Tri-For-Real triathlon will be held starting at 7 a.m. tomorrow at Shadow Cliffs Regional Park in Pleasanton.

The event is the capstone of the 26th annual Tri-For-Fun Triathlon series, which includes four triathlon events. This annual season closer has a 1,000-participant maximum and often fills up before the event starts.

What separates the Tri For Real and the three Tri-For-Fun triathlons are distance and timing. The distances increase from a 400-yard swim to 700 yards, 11-mile bike to 19, and a 3-mile trail run to 4 miles.

Utilizing the lake and rolling hills of Shadow Cliffs and the flat paved roads running through Pleasanton and Livermore, the 'Real' is a timed event with ribbons and trophies for the top finishers in their gender and age groups.

"Providing a fantastic experience for all participants is truly our main goal with the Tri-For-Fun," said On Your Mark Events' Co-principal Mark Aiton. "There are now thousands of people who cut their triathlon teeth with the Tri-For-Fun, and they keep coming back, as well as take part with

our other longer-distance triathlons."

The Tri-For-Fun series is the goal for literally hundreds of first-time triathletes each year. Many of them have been working out with Bay Area gyms and at a number of Team in Training groups. Throughout the season series, at least 60% of all the participants are beginners.

Many participants says it's the experience, the friendly and fun atmosphere, pleasant scenery and a great course, Aiton said, adding that whether it's the very first finisher, or the very last, everyone gets a roaring cheer at the finish line.

Triathlete magazine agrees, naming the Tri-For-Fun Triathlon Series as one of the best triathlons in North America.

Entry fee for the Tri For Real is \$85 on race day. Participants will receive a commemorative T-shirt, snacks and beverages, with an awards ceremony, and raffle at the end of the event.

Check-in and registration will begin at 5 a.m., with the first wave hitting the water at 7 a.m.

To register or to receive more information about the Tri-For-Fun Triathlon Series, call (209) 795-7832. ■

Locals lead effort to give back to veterans

By GLENN WOHLTMANN

A Pleasanton couple is spearheading the local arm of a national campaign to create Freedom Day, a day in which local businesses would provide free services to veterans.

In honor of Freedom Day, dentist Jerry A. Sanchez and his staff will offer free services on Thursday, Sept. 12. Sanchez and his wife, Kim, are hoping the second Thursday in September will become a national day of giving back to vets.

"We're part of this dental organization — this one dentist actually came up with the idea of really giving back, trying to make it even a national holiday," Kim Sanchez said.

Her husband and his dental team will donate their time to provide same-day services, including cleanings, exams, fillings, extractions and sealants. Meanwhile, Kim Sanchez has been working with local companies since May, hoping to drum up support and involvement.

"It's been a lot of work trying to approach businesses, because we're all volunteers, and then trying to spread the word to the military and veterans to take advantage of it. It's military, their families and veterans," she said. "The more I get involved and the stories I hear — they do so much for us, and we're sitting here enjoying the freedoms while they're in the field in 130-degree temperatures and 60-pound packs."

Kim Sanchez said she'd gotten motivated while visiting her hairdresser, Samantha Eith, last spring, who was talking about her brother on active duty in Afghanistan. Eith's brother had last seen his son a year earlier, when the boy was just a year old, and her brother didn't think his son would recognize him.

"It struck me that I needed to do something," Sanchez said. "It just broke my heart."

The salon, Gary Patrick, also decided to get involved. Manager Lauren Andrade said she found out about the idea from Sanchez, and talked it over with Eith.

Andrade said free services at Gary Patrick are available to veterans and servicemen, along with family members of those on active duty, so long as they provide proof of their connection to someone in the military.

"My brother's also an active service member in the military, so I know some of the challenges the children of the servicemen face when they're away," Andrade said. "The children, the spouses, the immediate family and the siblings can all take advantage of it."

Freedom day was conceived by Dr. Robert Martino, a dentist with a large practice in West Virginia. Businesses in 35 states have donated their time or services for the first Freedom Day, including veterinarians, carpet cleaners and, of course, dentists.

A number of local firms have committed to get involved, but Sanchez said many have not signed on to say what they'll offer. The Wheelchair Foundation has offered to provide as many wheelchairs as are needed across the country.

"They said there wasn't a limit," she said.

But Sanchez acknowledges it will take time to build momentum for Freedom Day.

"I think next year, the second Thursday of September, it will have spidered and will be a nationwide cause," she said.

Sanchez said she'd also been reaching out to local veterans organizations.

"I've been in contact with them by email," she said, adding the day will be a success for her "if we can reach just one more vet or military person and they can take advantage of it."

She said she and her family are native of Pleasanton, which is an ideal place for the cause.

"If everybody did just a little bit to help out — we have so much here," she said.

Businesses that are interested in getting involved can find out more by visiting the local website at www.freedomdayusa.org/pleasanton-ca. ■

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CHARGES

Continued from Page 5

no CEQA review was required.

Articles of incorporation filed with the state “do not list Chang Gui Su as an owner or officer,” the Attorney General’s Office says in its denial. “Ms. Su is listed in the corporation’s application as a member of (the) respondent’s faculty.”

The Attorney General’s Office lists a host of reasons for denying Global TVU’s application. Those include making false statements, failing to disclose that Susan Su was the actual applicant, and for acts of dishonesty, fraud or deceit.

The list of those acts, which was included as part of the denial, gives some insights into the criminal case against Susan Su.

In an interview with the Department of Homeland Security in January 2011, Su admitted, among other things, that she’d had her staff list false U.

S. addresses to help students remain in the country, that she’d had staff falsify grades and that she’d falsified transcripts, letters, attendance sheets and federal forms in order to assist individuals in obtaining visas to be in the United States.

In the matter of about 18 months, the university went from having about 11 enrollees with F1 student visas to more than 1,500; students paid \$2,700 per semester to study at

TVU. The closure left dozens of people, mostly from India, unsure whether they’d be allowed to stay in the country.

Federal court documents say Susan Su and her university “made millions of dollars in tuition fees” for issuing visa-related documents that allowed foreign nationals to illegally become student immigrants. ICE officials say she and TVU made more than \$3.2 million in the visa fraud scheme.

In her statement to Homeland Security officials, Su admitted making “large withdrawals” from the Tri-Valley University bank account that included nearly \$37,000 to buy a Mercedes-Benz, a \$30,000 gift to her daughters and \$75,000 as a payment to her spouse.

In a separate civil lawsuit, federal attorneys called Tri-Valley University “a sham university” aimed at helping foreigners obtain illegal student visas. The lawsuit, which is pending, seeks forfeiture of four properties in Pleasanton and a fifth in Livermore that were allegedly bought with proceeds of the fraud. The government now considers the students to be victims of a fraud and not perpetrators.

The application to open Global TVU was denied late last month; Susan Su is set for trial in federal court on Sept. 29. She remains free on a \$300,000 bond. ■

Bay Bridge opens after bickering, long delays

New eastern span opens earlier than scheduled

The Bay Bridge, complete with a newly-constructed eastern span, opened hours earlier than scheduled Monday night, transit officials said.

The bridge had been closed since last Wednesday while construction crews finalized work on the new eastern span connecting Oakland to Yerba Buena Island.

The bridge was to be reopened by 5 a.m. Tuesday but the work was finished faster than anticipated, Caltrans Director Malcolm Dougherty said Monday.

Dougherty made the announcement at a celebration held in Oakland Monday afternoon for the new span, a self-anchored suspension bridge that is replacing an old cantilever bridge that opened more than 75 years ago.

The opening of the new eastern span marks the end of a lengthy process that began shortly after a section of the old span collapsed in the Loma Prieta earthquake in 1989, killing one person and forcing it to be closed for a month.

Elected leaders and transportation officials realized soon after the tremor on Oct. 17, 1989, that the span needed to be retrofitted or replaced so the bridge would be safe during an earthquake, but squabbling over the design and route for a new span delayed work for many years.

“The story is ending well but the road to get here was far too long and



Aerial photo by Mike Sedlak

far too winding,” said Metropolitan Transportation Commission executive director Steve Heminger, who has been involved in the \$6.4 billion project to build the new span almost from the beginning because he was its project manager.

Former Alameda County Supervisor Mary King, who chaired the MTC panel that selected the design for the bridge, said the fact that it took so long to build the new span “is one of the great public process failures.”

In fact, King said the long delay in building the span even though it was an important public safety project “takes some of the glow” off of her happiness that it is finally open to the

driving public.

“I was hoping it would be successful and stand for a long time as a symbol for the region,” King said.

She said, “It was a great idea but sometimes the best-laid plans go awry.”

Caltrans chief engineer Brian Maroney said after the Northridge earthquake in 1994, which damaged freeways in the Los Angeles area, engineers were told to begin planning for a new eastern span of the Bay Bridge but there were delays “for all sorts of reasons.”

Maroney said, “Some of us were

See **BRIDGE** on Page 8



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BRIDGE

Continued from Page 7

frustrated by that. I'll never totally understand it. We were competing against time."

Heminger said, "There was not just an engineering debate, there was a political debate."

He said, "We have a natural ability to argue about just about anything and we proceeded to do just that."

Heminger said the first decision that had to be made was whether to retrofit the existing span or build a completely new span.

He said Caltrans' initial strategy was to retrofit the existing bridge but they decided to only retrofit the western span because that section was in better shape, as suspension bridges are more flexible.

Retrofitting was not a good strategy for the eastern span because it was "so much work and expense" and there were questions about how much of lifespan it had left, Heminger said.

The next question was picking a design. After much debate, the MTC voted on June 24, 1998, to approve a single-tower bridge with an iconic self-anchored suspension span, the longest such structure in the world at a length of 2,047 feet.

Transportation officials estimated at that time that it would cost \$1.5 billion to build the span and it could be opened to traffic by late 2003 or early 2004.

King recalled that "there were a lot of opinions" and "intense discussions" about the best design.

King said that in her role as committee chair, "I would try to herd the cats to try to get a unanimous decision."

She nearly succeeded on the sin-

gle-tower design, which the committee approved by an 11-1 vote, with Oakland Mayor Elihu Harris casting the lone "no" vote and two members abstaining.

Harris called the design "a bridge to the past, not the future" and "a highway on stilts" and threatened to file suit to stop it.

Six weeks later, on Aug. 6, 1998, Harris, San Francisco Mayor Willie Brown, Berkeley Mayor Shirley Dean and Emeryville Mayor Ken Bukowski promoted a ballot measure to call for having rail service on the bridge.

The region's voters approved the measure in November 1998 but it was only advisory in nature and didn't include any funding.

King said the mayors' plan was "somewhat duplicative and expensive" and Heminger said the idea was "ridiculous."

He said, "We already have a train under the bridge and it's called BART."

The final question was whether the new span should be located north or south of the existing eastern span.

Heminger said officials picked a route north of the old span because a southerly route was problematic since there is an active U.S. Coast Guard station on the southern end of Yerba Buena Island and the East Bay Municipal Utility District's main sewer outfall is also there.

But he said Willie Brown objected to the northern route because he feared that it would interfere with San Francisco's development plans for Treasure Island.

Heminger said the U.S. Navy also objected to the northern route because of land use issues.

He said the objections were "a sideshow" and "there were at least

three years or more of politically-imposed delays."

Heminger said the final delay was caused in late 2004 by former Gov. Arnold Schwarzenegger, who recommended switching to a simpler and cheaper concrete skyway design, which he estimated would save \$300 million to \$400 million.

However, transportation officials at last won approval to go ahead with the single-tower suspension bridge in 2005.

"There's been quite a bit of stability the last eight years, at the end of all the turbulence," Heminger said.

The \$6.4 billion cost estimate announced at that time and the plan to open it in 2013 has remained constant all that time, he said.

However, the exact date of the opening this year was cast into doubt after problems with anchor bolts on the new span were discovered.

Officials had considered pushing the opening date back to December, but decided to open it as scheduled following a Labor Day weekend closure after a temporary fix was devised.

Crews inserted steel plates known as shims into bearings near the broken bolts, which will allow the bridge to safely distribute energy during a quake. The long-term solution is to install an exterior saddle and cable system that will provide the same function as the bolts.

Heminger said while he's glad the new span is now open, for him the big milestone was closing the old one for good.

He said, "Everyone is safe now. When you crossed the old one you took a risk but that risk is going away now."

—Bay City News

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Tri-Valley Animal Rescue is a 501 (c)(3) non-profit organization serving
the homeless animal community in the greater Tri-Valley Area.

DUI

Continued from Page 5

the setups.

Butler and former Contra Costa County narcotics squad commander Norman Wielsch were the ringleaders of a larger corruption scheme that included stealing drugs seized as evidence and extorting protection payments from workers at a

massage business they set up.

Last year, Butler was sentenced to eight years in prison after pleading guilty to seven charges including illegal wiretapping and conspiring to sell methamphetamine and marijuana. Wielsch had stolen from evidence lockers. As part of his plea deal, he agreed to testify against Tanabe.

Wielsch pleaded guilty in 2012 to five charges, including conspiracy to distribute marijuana and methamphetamine, and was sentenced to 14 years in prison.

Tanabe is scheduled to be sentenced on Dec. 11. He faces a maximum of 20 years in prison and is out on bail, Pori said.

—Bay City News

APARTMENT

Continued from Page 5

18-unit and 24-unit three story tall buildings just over 43 feet high in addition to the 97 single family homes.

Each of the apartments in the multi-story buildings will have a one-car garage. The buildings will be clustered around a core with entrances off Valley Avenue, across from the 100-unit Kensington Apartments, and another from a roadway that runs alongside the south edge of the Gateway Center.

The project will include a leasing office building for the apartments, a recreation area that will include a building with a business center, conference facilities, gymnasium and a media center. Outdoor amenities will include a swimming pool and spa, barbecue and fire pit areas, a tot lot, cabanas, outdoor seating and a bocce ball court.

Of the 97 single-family homes planned for the site, 62 will be three-story homes with a maximum height of approximately 45 feet, and 35 will be two stories. The two-story homes will have four bedrooms, three-and-a-half bathrooms, two car garages and range in size from 3,541 to 3,654 square feet.

The three-story buildings will have three bedrooms, and will range in size from 2,830 to 3,054 square feet.

Earlier this month, the council approved construction of a 345-unit upscale apartment complex across town at Bernal Avenue at Stanley Boulevard. That project will include a three-building retail center with a drug store and drive-through pharmacy.

Last year, BRE, a national affordable housing developer, won permits to build a total of 18 three- and four-story buildings on two separate sites in Hacienda

Business Park that will have 506 rental units ranging in size from studio apartments to three-bedroom units. Work on the multi-million-dollar housing project is expected to start next year.

Last April, the council approved the construction of new multi-story, high-density apartment buildings and an adjoining retail center on a portion of the office building site at Rosewood and Owens drives. Called The Residences at California Center, the development will contain 305 apartments ranging in size from studios to three bedrooms.

In July, the council agreed to a plan by St. Anton Partners to build a 168-unit apartment complex at 5729 W. Las Positas Boulevard. That developer is in the process of requesting building permits and will likely be the first of the high density land developers to start construction. ■

Business News

Edited by Jeb Bing, jbing@pleasantonweekly.com

Sizzling Saturday offers late evening shopping in downtown Pleasanton

Many stores open until 9 p.m. every Saturday this month

There's no better way to spend your late summer days than to take advantage of those wonderful evenings at Sizzling Saturdays in downtown Pleasanton.

Although the Friday night concerts in the park have stopped and this week saw the last of the First Wednesday street parties, Sizzling Saturdays are continuing tomorrow and through Sept. 28.

Thanks to the Pleasanton Downtown Association program, shoppers and diners can enjoy leisurely meals and strolls through downtown stores from 6 to 9 p.m. every Saturday night this month. Shops and eateries will offer specials, discounts and live music. There will even be a special entertainer on Main Street playing just for children.

Participating stores and restaurants include Clover Creek, El Jarrito Mexican restaurant, Grape Times wine bar and bistro, Handles



Gastropub, Lanvie Apparel, Main St. Spirits and Deli, Murphy's Paw, Redcoats, Rick's Picks, Savvy Seconds, Sincerely Yours Cards and Gifts, Studio Seven Arts, Therapy and Towne Center Books.

"We believe that music enhances the ambiance of our beautiful

downtown and makes spending time here even more enjoyable," said Laura Olson, PDA's executive director. "The PDA is pleased to bring live music and entertainment to our sidewalks and we encourage everyone to stroll and enjoy all that our downtown has to offer."

British-owned Topshop coming to Nordstrom

Started in 1994, brand is one of fashion's biggest success stories

Pleasanton's Nordstrom in the Stoneridge Shopping Center is expanding its partnership with British-owned Topshop along with a refreshed design.

Nordstrom is the only large U.S. retailer to sell a broad assortment of the British fashion brand merchandise in-store and online at nordstrom.com. Topshop has flagship stores in New York, Chicago, Las Vegas, and Los Angeles, and its own U.S. designated websites at Topshop.com.

Nordstrom has added Topshop shoes and make-up in select stores and continues to expand the related Topman suiting offer which will be in over 30 additional Nordstrom stores by November, includ-

ing in Pleasanton.

"We are very pleased with our Topshop and Topman partnership and excited to expand and grow together," Nordstrom CEO Pete Nordstrom said. "Through this collaboration, we hoped to attract new customers to both our women's and men's apparel businesses and to learn to create newness and excitement in our stores and online. Through a lot of hard work and mutual effort, we have been able to measurably improve on these fronts."

Since it launched in 1964, Topshop has become a major British style authority and one of fashion's biggest success stories. In 1994, a Topshop flagship store was born, as



the brand took over a 90,000 square-foot space at London Oxford Circus in the heart of the West End.

It remains there today, and is considered the world's largest fashion store on the high street, attracting over 200,000 shoppers each week. ■

Beware of the pitfalls of public Wi-Fi

Social networking, online shopping come with risks

By Jason Alderman

Ever notice how many people walk down the street completely engrossed in their smartphones and tablets? I fully expect to see one of them walk into a light post one day.

Although it's great having access to email, social networking and online shopping anywhere, anytime, such convenience comes with a certain amount of risk, ac-

cording to Jennifer Fischer, head of Americas Payment System Security, Visa Inc.

"Unless you're hyper-vigilant about using secure networks and hack-proof passwords, someone sitting at the next table, or half-way around the world, could be watching your every move online and stealing valuable personal and financial information right off your device," she added.

"There are two primary potential dangers with Wi-Fi," Fischer said. "The first is using an unsecured network, as many public hotspots are. With a little know-how and the right tools, cybercriminals could easily eavesdrop on your online activity."

"The second hazard," she added, "is phony wireless networks that

See **WI-FI** on Page 10



WEEKLY MEETING NOTICES

Planning Commission

Wednesday, September 11, 2013 at 7:00 p.m.

Council Chamber, 200 Old Bernal Avenue

- **Vesting Tentative Subdivision Map 8147, Pleasanton Gateway, L.L.C. (Scott Trobbe)**

Application for a Vesting Tentative Subdivision Map approval to subdivide an approximately 26.7 acre property located at 1600 Valley Avenue (south side of the Pleasanton Gateway Shopping Center) into 98 residential lots and 19 common area and private street parcels.

- **P13-2078, P13-2078, Summerhill Apartment Communities**

Work Session to review and receive comments on a Preliminary Review application to demolish the existing office building and construct 177 apartment units and related site improvements on a 5.9 acre site located at 5850 West Las Positas Boulevard in Hacienda Business Park.

Civic Arts Commission

Monday, September 9, 2013 at 7:00 p.m.

Council Chamber, 200 Old Bernal Avenue

- Review of the Alviso Adobe Community Park and Programs

Youth Commission

Wednesday, September 11, 2013 at 7:00 p.m.

Council Chamber, 200 Old Bernal Avenue

- Selection of Four (4) Youth Commissioners to Serve on the Youth in Government Day Committee
- Selection of Four (4) Youth Commissioners to Serve on the Teen Job Fair Committee
- Review of FY 12/13 Community Grant Final Performance Reports
- Review Commission Meeting Schedule for FY 2013/14
- Discussion of Possible Pilot Projects for FY 2013/14

Library Commission

Thursday, September 12, 2013 at 7:00 p.m.

Conference Room, 400 Old Bernal Avenue

- Library Building 25th Anniversary
- Summer reading recap

East Pleasanton Specific Plan Task Force

Thursday, September 12, 2013 at 6:30 p.m.

Operations Service Center, 3333 Busch Road

- Discuss Recommendation on a Preferred Draft Specific Plan Land Use and Circulation Plan

Human Services Commission Workshop

Wednesday, September 11, 2013 at 7:00 p.m.

- Please visit our website at www.cityofpleasantonca.gov to view meeting information.

Parks & Recreation Commission

Thursday, September 12, 2013 at 7:00 p.m.

- Please visit our website at www.cityofpleasantonca.gov to view meeting information.

Commission Vacancies Recruitment

The City Council is accepting applications for the following Commission Vacancies:

Bicycle, Pedestrian & Trails Committee

Civic Arts Commission

Committee on Energy & the Environment

Economic Vitality Committee

for the following groups:

Business at Large
Green Economy/Environmental Industry
Medical Technology
Residential Real Estate Developer

Youth Commission

Village High School (by fall 2013 freshman through junior)
Thomas Hart Middle School (entering 6th or 7th Grade by fall 2013)

Applications are available at the City Clerk's Office, 123 Main Street, or on the City's website at <http://www.ci.pleasanton.ca.us/pdf/newcommapp.pdf>. For additional information, contact the Office of the City Clerk at (925) 931-5027.

ALL MEETINGS ARE OPEN TO THE PUBLIC AND PUBLIC COMMENT IS WELCOME

The above represents a sampling of upcoming meeting items. For complete information, please visit www.ci.pleasanton.ca.us/community/calendar

Leadership Pleasanton celebrates 25 years

Participants start program Wednesday

The 25th year of Leadership Pleasanton will begin Wednesday, Sept. 11. Leadership Pleasanton is an educational forum in which participants look into the myriad of private businesses, public agencies, nonprofits and elected officials who make up the economic and political environment of the City of Pleasanton.

Each year 25-30 individuals from local businesses, professional, government, social and service organizations are selected to participate in the program, which is co-sponsored by the City of Pleasanton and the Pleasanton Chamber of Commerce.

The following individuals are enrolled in the Class of 2014: DeAnna Armario, Keller Williams; Mary Arnerich, ClubSport; Simon Baird, Baird Orthodontics; Scott Bassi, Kaiser Permanente; Steve Calcagno, Kier & Wright; Ree-anne Castro, Pleasanton Marriott; Will Doerlich, Keller Williams; Brian Dunkel, DI Medical; Lisa Foster, Pleasanton Nursing & Rehabilitation Center; Jeff Hanson, Merrill Lynch Personal Investment Advisory; Julie

Harryman, City of Pleasanton; Kitty Harvey, Axis Community Health; Kim Heath, UNCLE Credit Union; Jerome Hoban, Alameda County Fair; Hilary Leffler, Liberty Property Management; Lisa Lewis, E&S Ring Management; Al Lombardo and Cindy Martinez, PUSD Kids Club @ Valley View; Vicky Mazzanti, Tri-Valley YMCA; Kurt McAninch and Mark McKinney, New Leaf Community Markets; Jennifer Miller, City of Pleasanton; Mony Nop, Keller Williams Tri-Valley Realty; Jeff Peters, Livermore-Pleasanton Fire Department; Scott Rohovit, Pleasanton Police Department; Lisa Tarnow, City of Pleasanton; Dan Thompson, Thompson & DePretis, LLP; Kelli Vlahos, Hilton Pleasanton; Jee-Yeon Wong, Caprica Investment Group; and Wallace Wong, Caprica Investment Group.

Applications, tuition information and other details for Leadership Pleasanton 2014-2015 is available by calling the Pleasanton Chamber of Commerce at (925) 846-5858, ext. 203, or emailing kate@pleasanton.org.

WI-FI

Continued from Page 9

impersonate legitimate Wi-Fi hot spots. You think you're logged onto a trusted network, but instead a cybercriminal has hijacked your session and can see all the private information you access or input."

When using public Wi-Fi networks, always follow these safety precautions:

- Change default settings on your laptop, smartphone or tablet to require that you must manually select a particular Wi-Fi network, rather than automatically accepting the strongest available signal.
- Avoid any network connections your device lists as "unsecured" (look for the "lock" icon). But if you must log on to a public network, avoid websites that require log-ins and passwords — e.g., bank accounts or email.
- Ask for the exact name of the establishment's hot spot address — don't be fooled by lookalikes.
- Only send personal data via Wi-Fi to encrypted websites

(those whose addresses begin with "https" and display a lock icon). To be safe, you may want to avoid conducting financial transactions on public Wi-Fi altogether; instead, use your secure home network.

■ Consider using a third-party virtual private network (VPN) product to encrypt your Internet traffic.

- Regularly update virus and spyware protection software, make sure firewalls are on, and load operating system updates as soon as they become available, whether for your computer or smartphone.
- Turn off Wi-Fi on your device when it's not in use.
- Never leave a computer unattended while signed-in and always sign out completely at the end of a session.
- Keep an eye out for "shoulder surfers" who watch as you type in your password.
- Finally, change passwords regularly and use different ones for each website you visit. Use a mixture of letters, numbers and symbols and avoid common words and phrases. Security experts recommend using at least 12 characters instead of the minimum eight characters commonly required.

Cybercrime is a booming business. According to the 2012 Norton Cybercrime Report, its global price tag topped \$388 billion last year, more than the global black market in marijuana, cocaine and heroin combined. It impacts individuals, small and large businesses and governments alike.

Being able to access the Internet anywhere anytime can be a great convenience and time-saver. Just make sure you know what precautions to take when using public Wi-Fi networks.

Jason Alderman directs Visa's financial education programs. To follow Jason Alderman on Twitter: www.twitter.com/PracticalMoney.



Jason Alderman

A FREE Educational Seminar

MOVING BEYOND CANCER to Wellness

Tuesday, September 10, 2013

7 p.m. to 8:30 p.m.

Today, more people than ever are surviving longer and leading full lives during and after cancer treatment. The day cancer treatment ends, a new chapter in life begins. While some survivors leave cancer behind and move forward with few problems, others might experience physical or emotional and day-to-day challenges after treatment. Our physician oncologist and our hospital clinicians will discuss how to manage your health and wellbeing as a cancer survivor.

- Life after cancer treatment
- Advances in cancer research and survivorship
- Genetics and cancer - "know your genes"
- Physical Therapy, wellness, and lymphedema treatment
- Healthy eating from treatment through recovery

SPEAKERS

Kavitha P. Raj, M.D.
Medical Oncologist

Lisa Berman, MSPT, CLT
Physical Therapist and Certified Lymphedema Therapist

Midge Griffin, R.N., OCN
Nurse Manager, Breast Center/ Infusion Center

Pam Wilson, R.D., M.S.
Clinical Dietitian Manager

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EDITORIAL

THE OPINION OF THE WEEKLY

Bridge opens, but can it handle the traffic to come?

Many of us will take a trip to San Francisco this weekend if only to see the new Bay Bridge before traveling on to Fisherman's Wharf, the Exploratorium, Ocean Avenue beach, Union Square or some of the many other attractions that make the city by the Bay so appealing. As you cross the architecturally-stunning Eastern Span, take a look to the side at the old span still standing and think about the \$240 million in taxpayer money it will now cost to demolish it. That's in addition to the whopping \$6.4 billion for the Eastern Span you're riding on which, by the way, was \$4 billion over the original estimate. Time will tell if the projected \$240 million demolition cost is on the mark. Let's keep that in mind as Caltrans and Gov. Jerry Brown move on now to new projects, including the \$25-billion Delta twin water tunnels and the \$68 billion high-speed train.

Also keep in mind that the real traffic crunch is yet to come. We're not talking about Monday morning but much farther out to the year 2040 when transit planners are saying this new multi-billion-dollar bridge will reach capacity. Sarah Dennis-Phillips from the San Francisco Planning Department spoke at the recent San Francisco Planning and Urban Research Association forum. She said that new jobs and housing growth in San Francisco and the East Bay by the year 2040 will translate into more people commuting in and out of San Francisco. Despite the hopes of urban planners, the fact is that all new workers will not be living in the city and "We have to find a way to get them here," she said.

Consider just Treasure Island. At least 8,000 new homes and hundreds of thousands of square feet of retail space are expected to be built there in the coming decades. Tens of thousands more will be moving to the East Bay, trying to reach San Francisco or other points in the upper Peninsula by car, public transit, bicycle, ferry or otherwise. The capacity worries she has for the Bay Bridge include these other transit services, too.

Anthony Bruzzone from Bay Area-based planning firm Arup agrees. He said there are about 75,000 trips made into San Francisco on the Bay Bridge per day, with about half of those trips made during the morning commute. The increased number of people during peak commute hours in the morning and evening may lead to the Bay Bridge being unable to handle the heavier loads by 2035. The capacity of the bridge, and other transbay options such as BART, is expected to exceed its limit, especially since there hasn't been added capacity to the "Bay corridor" since BART opened in 1974.

The workforce in San Francisco currently consists of 40% who live in the city, 40% who come in from the East Bay, about 12% from the Peninsula and the remaining 8% from Marin County and the North Bay. With 190,000 new jobs expected in San Francisco by the year 2040, which is a 30% increase from the current total, and if that geographic breakdown continues into the coming decades, the capacity to carry people across the Bay will be strained to gridlock.

Bruzzone said a redesign concept to consider on the Bay Bridge in the coming years is a "contraflow configuration" which would allow certain lanes of traffic on the bridge to switch directions based on need and crowding. That works on Lake Shore Drive in Chicago and in other cities. And, given the \$6.4 billion we just spent on the new Eastern Span, it would probably be much cheaper and could be done in less time than it has taken to build a new bridge that was damaged in the 1989 earthquake. ■



Visit **Town Square at PleasantonWeekly.com** to comment on the editorial.

FROM THE PUBLISHER

BY GINA CHANNELL-ALLEN

Nominations, sponsors sought for Tri-Valley Heroes awards

Ernest Hemingway said, "As we get older it is harder to have heroes — but because of that it is all the more necessary." Few have understood the need for heroes more than Hemingway, author of "For Whom the Bell Tolls" and "The Old Man and the Sea" — though our readers certainly come close.

We are once again putting out a call for nominations and sponsorships for the annual Tri-Valley Heroes awards — our salute to the community members dedicated to bettering the Tri-Valley and its residents. After the typical flood of nominations rolls in, our panel of "hero" judges bestows honors in eight categories: Arts & Culture; Community Spirit; Environmental Stewardship; Courage; Rising Star; Innovation; Role Model; and Lifetime Achievement.

We want to recognize those individuals, groups or organizations that stand out because of their actions, integrity or honor, whether that hero is a firefighter who rescues a child from a burning house, the girl who is courageously battling leukemia, the business that allows its employees to mentor teens, or the neighborhood group that cleans up the creek.

We would like to invite you to



become a sponsor. Early responders at the Champion and Leader levels will have the opportunity to choose an award to sponsor. This is an opportunity for your organization to show its commitment to the unsung Tri-Valley Heroes while marketing your organization to people who are making a difference in the Tri-Valley and impacting the lives of its residents.

We are also calling for nominations. Individuals who live or work in Pleasanton, Dublin, San Ramon, Danville, Alamo or Livermore are eligible, as are organizations and businesses headquartered in these communities. If you know a person, organization or group deserving of recognition, complete the form at <http://tinyurl.com/Tri-ValleyHeroes>. Nominations can also be emailed directly to gallen@PleasantonWeekly.com, but make sure all the information requested on the form is included. Nominations must be received by 5 p.m. Oct. 25.

G.M. Channell-Allen

What's your opinion?

Write a Letter to the Editor at Editor@PleasantonWeekly.com or put your opinion on Town Square at www.PleasantonWeekly.com. Letters must be 250 words or less.

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WHAT'S HAPPENING AROUND THE VALLEY — MUSIC, THEATER, ART, MOVIES AND MORE



PHOTO COURTESY OF DARREN RICHARDSON.

Dublin resident Darren Richardson will compete in the singer-songwriter category.



PHOTO COURTESY OF LVPAC

Luthier Mike Peterson (left) of Map Guitars with Pleasanton resident Robert Sakogawa, a contestant in the instrumental guitar competition.

Live, loud and local

Guitarists compete in second annual Livermore Fest

JESSICA LIPSKY

Local guitarists and singer-songwriters will be center stage this weekend during LVPAC Guitar Fest LIVE!, an annual celebration of all things guitar at Blacksmith Square in downtown Livermore. Eight finalists — four singer-songwriter guitarist and four instrumental guitarists — will compete for exposure, applause and a variety of prizes.

Pleasanton resident Robert Sakogawa has played guitar for nearly 40 years and will take the stage in this year's instrumental guitar competition. A member of classic rock cover band Audio Illusion, Sakogawa submitted an acoustic, flamenco piece to the competition and plans to showcase his various musical influences.

"This year I'm going to switch it up a little bit and play steel string acoustic. It's going to be an original piece in the steel string style of playing, which tends to be have more of a western flavor," he said.

Sakogawa was one of 24 contest entrants who submitted videos to LVPAC Guitar Fest. While he isn't "keen on competitions," Sakogawa said he wanted to see how he stacks

up against other local performers.

"Win, lose or draw what I hope to get out of it is to go there and have a good time, to meet other musicians," Sakogawa said. "Livermore is a great arts community. When you look at the audience you see so many friends and acquaintances, it's just really a chance to just have a time of camaraderie."

Web developer Darren Richardson submitted an original composition to the singer-songwriter category and will play an as-yet-undecided song for a panel of judges.

"I've always been interested in creating music. I actually don't know a lot of cover tunes," Richardson, a Dublin resident, said. "I always had original rock bands. I like to write things that sound interesting, that make a point or tell a story."

While Richardson's main creative outlet is making comedy videos with his son, the 48-year-old thought it would be fun to perform.

"I expect to go and have fun and be prepared as best I can. I'm going to put my cards on the table and just enjoy the experience," Richardson said. "I'm not even looking at other contestants because I don't

want anything in my head gainsay I have to be that way."

Recent San Ramon Valley High School graduate Nicky Moriarty entered the singer-songwriter category and said he is in it to win it.

"I don't really have expectations...but I'm definitely excited for it and hope to get some kind of exposure," Moriarty, 18, said. "Some feedback on songs that I've written from professionals would be a little jump start."

Moriarty recently completed an EP titled "The Sunset Sessions" and is still deciding which song he will perform during competition. The Danville resident said he might choose a piece on the spot and has been preparing for Guitar Fest by playing at restaurants and asking for feedback.

Eight finalists will compete before a panel of judges and live audience at 1 p.m. on Sept. 8; the event is free.

Acoustic guitar finalists are Ryan Ayers of Playa Del Rey, Calif., Rory Glenn, Saugus, Calif., Sakogawa, and Kansas resident Thomas Silkman. In the singer-songwriter category, finalists are Hayward resident Brandon Crowder, Liver-



Photo courtesy of Nicky Moriarty

Eighteen-year-old Nicky Moriarty performs at a KFOG competition. The Danville resident is a finalist in the singer-songwriter segment of Guitar Fest Live.

more's Chris LeBel, Moriarty and Darren Richardson.

A number of winning guitarists will perform at the festival from Sept. 6 to Sept. 8. Chris Surma, the winner of last year's inaugural LVPAC acoustic guitar competition, will perform on Sept. 7, as will the winner of Hawaii's top music award for slack key guitar album, Patrick Landeza.

The weekend-long Guitar Fest will feature a headline perfor-

mance by rock and roll guitarist Rick Derringer, best known for his years with the Edgar Winter Band and his hit single, "Rock and Roll Hoochie Koo," outdoor performances on the Shea Homes stage outside the Bankhead Theater, free guitar clinics, and a showcase of the latest guitar gear. ■

■ INFORMATION

LVPAC Guitar Fest LIVE!, visit <http://www.guitarfestlive.com>.

STAYING

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**FALL
2013**

**IN THIS
SECTION**

Creative ways to get kids to eat their veggies
PAGE 14

Back-to-school: Be aware of food allergies
PAGE 15

Explore parks and more one step at a time
PAGE 16

Manage stress to look and feel good
PAGE 18

A little creativity goes a long way toward getting children to eat their vegetables.

Keys to getting kids to eat more veggies

Incorporating veggies into your family's diet can be easier than you ever thought. How? Creative parents know that adding flavor and making veggies a crunchy, fun treat can result in pleas for "more veggies please!"

Keep your kids busy with activities like picking vegetables out of the garden or creating a platter of your family's favorite veggies for dipping in fun-flavored dips.

Here are some tips to making certain those veggies will be eaten:

- Nearly 80% of parents say veggie dip helps their kids eat more vegetables, and that having dip handy in the fridge helps everyone in the family eat more vegetables, according to a recent study by the T. Marzetti Company.
- Mix veggies into your family's favorite recipes for additional flavoring. For example, add zucchini to breads or blend it up into spaghetti sauce. Mix some corn kernels into salsa or homemade soups. Your entire family may be surprised at how delicious their favorite recipes end up tasting.
- Add some vegetable creativity to pasta salads. Add ranch dip to a chicken pasta salad mixed with apples, chopped celery, scallions, pecans and dried cranberries.
- Switch up spreads. People often top their sandwiches with mustard and



mayonnaise. Add some zing to a turkey wrap with a ranch dip or a dill dip as a spread on a wheat roll with chicken and arugula.

• Who says you can't play with your food? Build an edible veggie creation with your kids. Lay out an assortment of raw veggies and fruits and let imagination run wild with faces, figures, places and more. When your child's

creation is finished, take a photo for posterity (share it socially), and then enjoy eating with delicious dips.

• Consider introducing the family to a new vegetable each week or laying out a "dip bar," exploring new tastes in the process. Soon you'll have all members of your family asking for more vegetables.

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Be aware of food allergies when bringing treats to school

Back-to-school season is in full effect and parents are preparing their children for a safe and successful school year. At the beginning of the school year, many teachers organize a list of parents who will supply treats for special occasions throughout the year. For students, treat time at school is a big deal. The children look forward to sampling the different goodies, and the parents consult with each other and explore recipes to find the perfect treat that everyone will love.

As the school year gets under way,

contact like touching a door handle that had been previously touched by someone handling something with nuts. Any food can cause an allergic reaction, but milk, soy, eggs, wheat, peanuts, tree nuts, fish and shellfish allergies are some of the most common. If purchasing a snack, read the ingredients list carefully, and double check it against the allergy list provided by the school.

- When preparing the foods — or shopping at the grocery store — make certain the items you'll be taking to the classroom



parents, teachers and school staff need to keep in mind children who have food-related allergies, both in the classroom and in the school building. Food is a very important part of the school day — from snacks and treats to the lunch served — but children with food allergies could face extreme consequences if they come in contact with certain foods.

All states have laws governing how schools protect students and employees with allergies and asthma, but these laws vary from state to state. Some have comprehensive public policies supporting people with asthma, food allergies, anaphylaxis risk and related allergic disease, and those states are recognized by the Asthma and Allergy Foundation of America's (AAFA) State Honor Roll of Asthma and Allergy Policies for Schools. AAFA honor roll identifies how states either excel or don't yet make-the-grade for these policies. Check out what laws and policies have been established in your state at www.StateHonorRoll.org.

Also keep the guidelines from your state in mind as you purchase or make treats for your child's classroom, from Halloween all the way to Valentine's Day:

- Check with the classroom teacher and the school first about foods that should not be brought into the school building. Some children have extreme allergies, such as to peanuts, and can react to minimum

don't come in contact with foods that are barred from the school. This includes washing pots, pans and utensils thoroughly before blending ingredients when baking at home.

- If your child has been diagnosed with a food allergy, consider making special treats he can enjoy without worrying about the snacks containing the foods he's allergic to. Also develop an allergy action plan with your child's doctor, teacher and the school nurse. A free asthma/allergy action card is available from AAFA on the state honor roll website, which helps you outline what foods to avoid, what medications to keep (an epinephrine auto-injector is the best first-line emergency treatment), what to do in case of emergencies, who to contact and more. The AAFA site also has many other pages of free information and tips about food allergies.

Encourage your children to enjoy special treat time at school. But also encourage them to be aware that some of their classmates may have serious reactions if they are to come in contact with certain foods. And when preparing a special treat for the classroom, keep food allergies at the forefront of your thoughts, and the celebration will be much more fun for everyone since children with food allergies won't have to worry about the foods they're eating.

— Brandpoint

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Explore local parks (and more) one step at a time



MIKE SADEK

Bob Williams gets kudos for being a “Green Walker” — one who leaves his surroundings better than he found them — by picking up litter along the Marilyn Kane Trail.

By Jerri Pantages Long

For the past 139 Saturday mornings, an informal group has been exploring parks and trails in and around Pleasanton. The brainchild of W. Ron Sutton, these fun excursions are actually his way of changing the world, one step at a time.

“Most of us know that we need to be more active in order to stay healthy,” said Sutton. “Walking is the easiest, least expensive way to get in some good exercise. When a group of us ‘walk ‘n’ talk’ together, the time flies by, and we’ve covered miles before we know it.”

Sutton invited community members to come out for a walk on the morning of New Year’s Eve in 2007, knowing that many people would be making New Year’s resolutions about getting more physically fit. This would give them a head start on that worthy commitment, he thought. As the inventor of the first digital (and only certified accurate) pedom-

eter, Sutton knew research shows walking 10,000 steps per day is the desirable goal for wellness. However, after three New Year’s Eve walks, Sutton also knew that it would take more than an annual event to help people make a change to a healthier lifestyle. That’s when the invitation to walk the ‘walk ‘n’ talk’ together became weekly, with an e-newsletter announcing meeting places for what he dubbed World Walk to Wellness.

Anyone can obtain the free newsletter, sponsored by Sutton’s company ACCUSPLIT, by sending a request to walks@WorldWalkToWellness.org.

“We have had as few as three participants (in a driving rainstorm) and as many as 72. A couple of weeks ago, 63 people showed up for a special tour of Sunol Water Temple arranged by group member Solveig Shearer,” said Sutton. “We walk rain or shine, unless the rain is

blowing sideways. So far, we have never canceled a walk, thanks to this great climate we live in.”

Most of the walks are on level, paved pathways, lasting 1 to 2 hours. In spring and summer, walks begin at 8:30 a.m. In late fall and winter, they begin at 9 a.m.

Now in its third year, World Walk to Wellness has explored nearly all of Pleasanton’s 42 public parks, plus Shadow Cliffs Regional Park, Livermore’s Sycamore Grove trail, and parts of nearby Sunol. Sutton has encouraged others to be guest leaders, known as “Walk Stars.”

Two of the most popular Walk Stars are philanthropists Nancy and Gary Harrington. They set the attendance record, with 72 people showing up on a foggy Saturday morning for the first of their two-part Art Walks in downtown Pleasanton. They will offer Art Walks on the second Saturday mornings in September, October,

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November, and December, alternating between north and south destinations. Besides showcasing the sculptures and murals in town (many of the former donated by them), the Harringtons have great tales of the artists and their creations. The Art Walks begin in the parking lot adjacent to Pleasanton City Hall, 400 Old Bernal Ave., starting at 8:30 a.m. in September and October and 9 a.m. in November and December.

Another favorite Walk Star is Dolores Bengtson, former head of the city's parks and recreation department. Bengtson offers Nature Walks, helping people discover the many trails within Pleasanton's city limits. She is an expert guide who talks about the flora and fauna, and the human interactions necessary to preserve good walking spaces as the city developed. Currently Bengtson is planning Nature Walks for Oct. 26 and Nov. 30, the latter to include Pioneer Cemetery.

Why would anybody get up early to go for a walk on a Saturday morning?

On a recent sunny Saturday, while walking on the Marilyn Murphy Kane Trail, Charlene Lam answered by

saying, "This is a fun group of people. I enjoy not only the exercise, but exploring things I didn't know about this town. There is a lot of variety (in the walks)."

For Karl Aitken, the incentive was to find places to walk the puppy he soon will be adopting. "I also wanted to meet new people," he said. "I have lived in Pleasanton for 40 years, yet I am finding out about great parks that I did not know about, plus all sorts of great things we have in our community." (And yes, his puppy will be welcome to come along, as are other dogs on leashes.)

Aitken has gone from being a newcomer to the group to stepping up as a Walk Star. He noticed that World Walk to Wellness participants are what Sutton calls "Green Walkers." That is, they strive to leave places better than they found them. Volunteers use metal reachers and plastic sacks to collect litter along the trails. Last month Aitken took the group on a trail between two parks where lots of litter had accumulated. By the end of the walk, that same trail was litter-free — another small step toward changing the world. ■



MIKE SADEK

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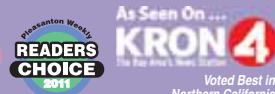
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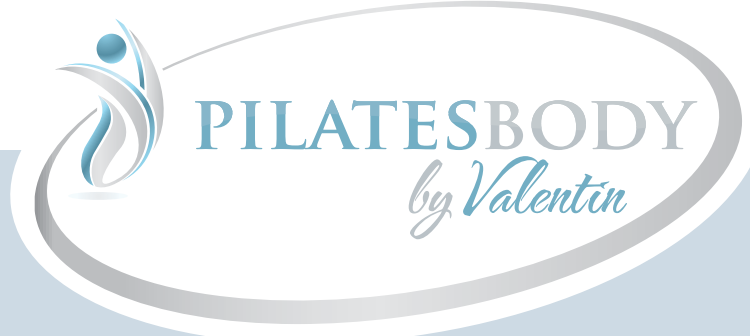
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Stress management tactics for an improved self, inside and out

There are moments when stress takes over all aspects of life, both personal and professional. The to-do list feels never ending, there are never enough hours in the day, and the challenges appear insurmountable. Feeling stressed is a normal response to demands encountered on emotional, intellectual and physical levels, and often manifests itself physically in many different ways — especially in the appearance of skin. Positively managing stress is essential to achieving a balanced lifestyle and naturally healthy-looking skin.

According to a study by Simple Skin-care, by focusing on different lifestyle choices that can impact skin, like diet, fitness and stress management, women can look beyond their typical skin-care routine for ways to improve their skin's health and overall well-being. Women can embody the holistic approach to skin-care in every way possible, which is why, when it comes to ingredients what is left out is just as important as what is put in.

Dr. Josie Howard, a board-certified psychiatrist who specializes in psychodermatology, participated in

the study. Psychodermatology is an area of medicine that focuses on the relationship between stress, emotional well-being and skin health. Dr. Howard offers the following tips for effectively and constructively managing stress to help minimize the effects it can have on your skin.

- **Take a breather:** Resting your body and mind is crucial to regulating blood flow and circulation, both of which are essential in achieving naturally healthy-looking skin. When you feel unusually anxious and stressed out, it may be a sign of exhaustion or fatigue. Find a calm and quiet space and take a few moments to “take a breather,” by meditating, napping or even just pausing from the busy day. Allowing both body and mind to take a break will keep your body feeling more regulated and your skin looking beautiful. Closing your eyes and focusing on the sounds and smells that surround you in that moment is a great way to center yourself in the present; a scented candle and soft music can be of great assistance with this exercise.

- **Create a relaxation routine:** Stress has a big influence on the

health and appearance of skin and can show itself in many ways. When you are stressed, hormones in the body become thrown off balance. As a result, your skin's ability to protect itself against environmental pollutants and irritants becomes compromised, leaving the skin more prone to breakouts, irritation and dehydration. There are many ways to create a sense of calm when things become stressful - listening to music, writing in a journal, or practicing yoga are great ways to constructively unwind. The trick is to pick an activity that works best for you and be sure to proactively make that practice a priority every day to effectively combat stress and improve your overall skin health.

- **Say it with a smile:** Any level of emotional stress we experience can readily be detected on our face, whether it is seen through breakouts, irritation and even blushing. When we smile, we not only look better, less tired and more refreshed, but our brains also interpret this as a signal that we actually are feeling happy and content. Moreover, smiling can help others react to us in a more positive way, which can lead



to less stressful experiences overall.

- **Take adequate rest:** The notion of “beauty sleep” is not a myth: deep, restorative sleep is essential for growth hormone release, which is necessary for effective tissue repair in the skin. Stress can impair sleep quality, leading to a cascade of hormonal consequences that result in unwanted physical results - unhealthy food choices, weight gain and puffy

skin. Over time, chronic sleep deprivation can leave skin looking pale and haggard, reducing its natural protective qualities. Dr. Howard advises removing electronics (even smartphones!) from the bedroom to keep stress triggers at bay and to step away from the computer and other electronic devices at least one hour before bedtime.

— Brandpoint

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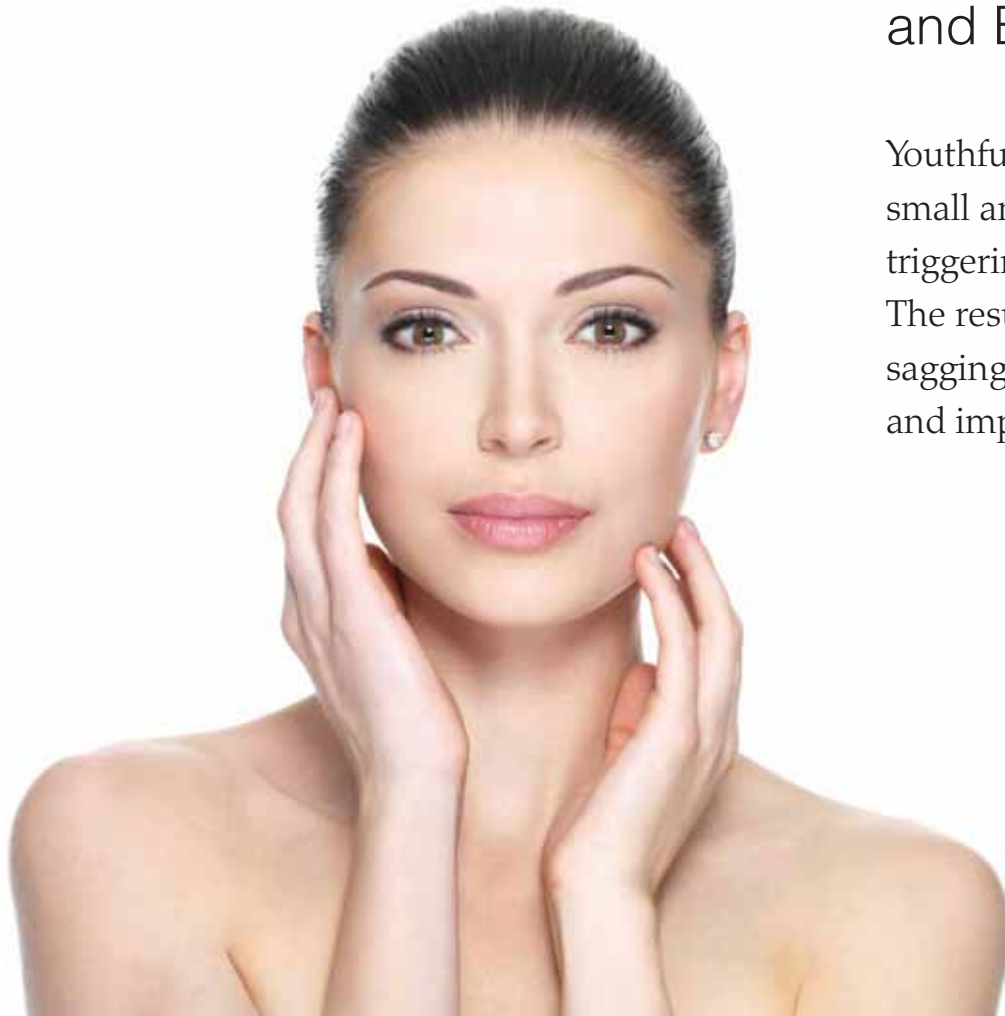
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POLICE BULLETIN

Burglar busted at construction site

A police patrol at homes under construction led to the arrest of a Pleasanton man with a trailer full of items.

Officer Brian Simon was at the scene of a number of recent construction burglaries at about 8:06 a.m. Sept. 1 when he spotted a black pickup with a trailer at the site and saw a man emerge from between two homes in the 1100 block of Finch Place.

The man attempted to convince Simon that he'd been jogging, but the officer found a hole in the fence, a door to one of the homes propped open and a shoe-print matching that of the suspect. Simon contacted the property manager, who confirmed that items in the man's trailer — copper pipe worth \$600, \$280 worth of waterproofing, tiles valued at \$90 and \$50 worth of caulking tubes weren't his.

Jason Charles Sparks, 33, was arrested for burglary and possession of stolen property.

In other police reports:

- Computer equipment worth more than \$42,000 was stolen in a commercial burglary at Zeltiq in the 4600 block of Willow Road that was reported on Aug. 19. Twelve computers were stolen, along with a \$2,900, 27-inch computer monitor. Also taken in the break in, which occurred between 7 p.m. Aug. 16 and 6 a.m. Aug. 19, was a \$400 iPhone, a \$198 computer bag and a flashlight. Entry was made by prying open the firm's rear door.
- Three businesses in the recently opened Gateway Center on Bernal Avenue were hit by burglars in recent days.

A thief or thieves broke a window at Mike's Bikes in the 6700 block of Bernal Avenue and took a bicycle valued at nearly \$6,000 in an incident at about 6:04 a.m. Aug. 31.

That same day, a break in at the UPS store in the plaza netted \$200 cash and a cash register key. Entry was through a rear door.

On Sept. 3, a glass panel was removed and a cash reg-

ister was damaged at Corner Bakery, also at the Gateway Center in an incident reported at about 2:34 a.m.

• A San Jose man was arrested for felony DUI on Sept. 3 near the intersection of Hopyard Road and the east-bound on-ramp of Interstate 580.

Israel Velasco-Garcia, 32, told police he took his eyes off the road to answer a cell phone call at about 11:36 p.m. His car was doing about 40 mph when it collided with a car waiting at the light, sending it into a vehicle in front of it. The driver of the center car complained of pain in the neck and back.

• An undisclosed amount of cash was stolen in an Aug. 29 commercial burglary at Bellezza Cristalis Salon in the first block of W. Angela Street. Entry was made through the rear of the shop in the incident, which occurred at about 5:56 a.m.

• Tommy Lee Odom Jr., 34, of Hayward was arrested at about 6:30 p.m. Aug. 31 for petty theft at Wal-Mart. Odom was caught after being chased to an apartment complex in the 3600 block of Andrews Drive. A back-ground check led to an arrest on a warrant for felony assault out of Hayward.

• Two bicycles were stolen in a residential burglary reported at about 9:34 a.m. Aug. 31. A garage door window at a home in the 2400 block of Silver Oaks Lane was broken and the door rolled partway up to gain access to the bikes, one valued at \$600 another valued at \$500.

• A resident of the 3500 block of Ballantyne Drive reported that someone was attempting to cash counterfeit forged checks in a police report filed at about 11:49 a.m. Aug. 31. No money was lost; a check for \$1,900 was declined by the bank.

• A couple in the 2800 block of El Capitan Drive reported a longstanding series of fraudulent charges had been made on their credit card. The charges were between \$20 and \$70 and went on for nearly a year. Each spouse thought the other had made the charges. The incident was reported at about 4:06 p.m. Aug. 29.

• Hertz Rent-A-Car in the 4800 block of Hopyard Road reported someone had attempted to rent a car with fraudulent identification and possibly a stolen credit card in an incident reported at about 5:57 p.m. Aug. 28.

Under the law, those arrested are considered innocent until convicted.

OBITUARIES

PAID OBITUARIES

Lee Brockway Young April 10, 1950-August 25, 2013

Surrounded by his family, Lee Young, 63, passed away on Sunday, August 25. Born April 10, 1950 in Mexico, MO to Harold Lee Young and Ethlyn June Young Donahue. With his family, Lee moved to California as a young boy where he grew up in Orinda, CA. He graduated from Miramonte High School in 1968. Lee and his wife, Marsha, moved to Pleasanton



in 1980 to develop his sand and gravel trucking business. In the winter he loved skiing on The Wall at Kirkwood and in the summers he was water skiing the course at New Melones Lake. He loved his Oakland Raiders, win or lose. He knew the year, make and model of every car ever made and owned many classic cars through out his lifetime. Lee had a larger than life presence and taught us all how to live life to the fullest. He is survived by his wife Marsha, of 36 years, his daughter Elizabeth Studebaker (Bryan), his mother June Donahue of Moraga, CA, brother Larry of El Dorado Hills, (Mary Kaye and nieces Alexa, Kaitina and Sophia). He will be deeply missed by so many who loved him.

Share your milestones

Email birth, anniversary, engagement and wedding announcements with photos to editor@pleasantonweekly.com. Submit obituaries online at pleasantonweekly.com/obituaries.

Livermore Valley Senior Living

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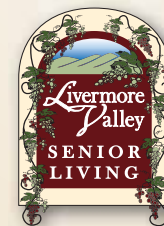
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POLICE REPORT

The Pleasanton Police Department made the following information available.

Aug. 28

Robbery

- 3:16 a.m. in the 6800 block of Santa Rita Road

Theft

- 12:09 a.m. in the 4400 block of Hacienda Drive; theft from structure
- 11:30 a.m. in the 6000 block of Johnson Drive; shoplifting
- 12:10 p.m. in the 4700 block of Willow Road; theft from structure

Auto burglary

- 8:33 p.m. in the 5600 block of Stoneridge Drive

Vehicle tampering

- 7:16 a.m. in the 4200 block of First St

Vandalism

- 6:20 p.m. in the 5000 block of Carducci Drive

Drug/alcohol violations

- 8:04 p.m. in the 300 block of St. Mary St; under the influence of drugs
- 11:59 p.m. in the 5900 block of Stoneridge Drive; public drunkenness

Aug. 29

Alcohol violations

- 8:08 p.m. at the intersection of Bernal Avenue and Clinton Place; DUI
- 10:29 p.m. at the intersection of Sunol Boulevard and Valley Avenue; DUI
- 11:42 p.m. in the 700 block of Main Street; public drunkenness

Aug. 30

Auto theft

- 8:27 a.m. in the 3300 block of Dunsmuir Court
- 10:41 a.m. in the 4800 block of Hopyard Road

Drug/alcohol violations

- 12:06 a.m. in the 300 block of Division Street; public drunkenness
- 1:47 a.m. at the intersection of Santa Rita Road and Pickens Lane; DUI, driving without an ignition interlock, driving with a suspended license, probation violation
- 11:22 p.m. in the 3900 block of Stoneridge Drive; DUI, child endangerment

Aug. 31

Theft

- 11:50 a.m. in the 5500 block of Springdale Avenue; auto theft
- 4:31 p.m. in the 1300 block of Stoneridge Mall Road; shoplifting
- 5:56 p.m. in the 1100 block of Stoneridge Mall Road; shoplifting
- 6:33 p.m., in the 4500 block of Rosewood Drive; shoplifting

Burglary

- 9:34 a.m. in the 2400 block of Silver Oaks Lane; residential burglary

Auto burglary

- 2:47 a.m. in the 4000 block of Peregrine Way
- 5:45 a.m. in the 1500 block of Poppybank Court
- 8:08 p.m. in the 1900 block of Fioro Circle

Drug/alcohol violations

- 12:26 a.m. at the intersection of Fairlands Drive and Camelot Court; methamphetamine possession, paraphernalia possession
- 12:52 a.m. in the 300 block of St. Mary Street; public drunkenness
- 1:02 a.m. at the intersection of Peters Avenue and St. John Street; DUI
- 8:21 a.m. in the 4500 block of Pleasanton Avenue; public drunkenness
- 10:04 p.m. at the intersection of

Valley Avenue and Blackbird Drive; marijuana possession

Sept. 1

Theft

- 4:14 p.m. in the 3600 block of Andrews Drive; auto theft

Auto burglary

- 10:58 a.m. in the 5100 block of Corona Court
- 12:07 p.m. in the 7300 block of Stonedale Drive
- 12:26 p.m. in the 5200 block of Case Avenue

Battery

- 10:50 p.m. in the 700 block of Sycamore Road

Drug/alcohol violations

- 1:24 p.m. in the 4500 block of Pleasanton Avenue; marijuana possession
- 6:31 p.m. in the 3800 block of Vine Street; public drunkenness

Sept. 2

Theft

- 4:41 p.m. in the 1400 block of Stoneridge Mall Road; shoplifting
- 11:42 p.m. at the intersection of Isabel Avenue and E. Vineyard Avenue; stolen property

Alcohol violations

- 12:47 a.m. in the 3400 block of Windsor Court; public drunkenness
- 11:36 p.m. near the intersection of Hopyard Road and Interstate 580; DUI

Sept. 3

Auto burglary

- 8:23 a.m. in the 5600 block of Stoneridge Mall Road
- 3:21 a.m. in the 1000 block of Stoneridge Mall Road

ON THE TOWN



AMERICAN

Eddie Papa's American Hangout

4889 Hopyard Road, Pleasanton, 469-6266. Winner of The Pleasanton Weekly's Reader Choice Awards for "Best American Food," "Best Meal under \$20" and "Best Kid Friendly Restaurant," Eddie Papa's American Hangout celebrates the regional food and beverage cultures of America. Bring the whole family to enjoy iconic dishes from across the United States, Old World Hospitality, and hand crafted artisan cocktails. www.eddiepapas.com.

To have your restaurant listed in this dining directory, please call the Pleasanton Weekly Advertising Department at (925) 600-0840

Author Visits

MARISHA PESSL AT TOWNE CENTER BOOKS Marisha Pessl comes to Towne Center Books with her new book "Night Film," about a down on his luck journalist investigating the suicide of the daughter of a famous horror film producer. At 11:30 a.m. on Tuesday, Sept. 17. \$35.00 book and lunch, \$15.00 lunch only. Reservations required. Call 846-8826.

PAM WITHERS AT TOWNE CENTER BOOKS Pam Withers, author of "Jump-Starting Boys: Help Your Reluctant Learner Find Success in School and Life," will be at Towne Center Books at 7 p.m. on Wednesday, Sept. 18. Her book gives tips for parents on how home life can make a big difference in performance and confidence at school. Call 846-8826.

Book Clubs

TOWNE CENTER BOOKCLUB The club meets at 7 p.m. the second Wednesday the month at Towne Center Books, 555 Main St. Call 846-8826 or visit www.townecenterbooks.com for the current selection.

Civic Meetings

CITY COUNCIL The Pleasanton City Council meets at 7 p.m. on the first and third Tuesdays at City Council Chamber, 200 Old Bernal Ave.

HOUSING COMMISSION The Pleasanton Housing Commission meets at 7 p.m. on the third Thursday of the month at City Council Chamber, 200 Old Bernal Ave.

HUMAN SERVICES COMMISSION The Human Services Commission meets at 7 p.m. on the first Wednesday of the month at City Council Chamber, 200 Old Bernal Ave.

PARKS & RECREATION COMMISSION The Pleasanton Parks & Recreation

Commission meets at 7 p.m. on the second Thursday of the month at City Council Chamber, 200 Old Bernal Ave.

SCHOOL BOARD The Pleasanton Unified School District Board meets at 7 p.m. on the second and fourth Tuesday monthly during the school year in the district office board room, 4665 Bernal Ave.

YOUTH COMMISSION The Pleasanton Youth Commission meets 7 p.m. on the second Wednesday of the month at Pleasanton Senior Center, 5353 Sunol Blvd.

Classes

'I HATE PASSWORDS' WORKSHOP

Do you use easy to remember passwords like 123456, or your birth date or Social Security number? Do you use the same password for everything? Do you write down your passwords? Come to the "I Hate Passwords" workshop from 10 a.m.-noon, Saturday, Sept. 14, at the Pleasanton Chamber of Commerce. Cost is \$20. Call 400-8370 or go to www.yourdigitalhandyman.com.

ONLINE PERSONAL HEALTH AND WELLNESS COACHING Get healthier in this six-week course, online from Sept. 7-Oct. 18. You will be guided to design a plan for changing a personal health behavior of your choice, like reducing stress or increasing nutrition. Presented by Las Positas College Community Education. Cost is \$60. Contact Prof. Eric Golanty at (510) 827-2101 or profg70@gmail.com. Go to <http://ergo84.com/lpc/>.

THURSDAY NIGHT TENNIS CLINIC

Drop in or preregister for this clinic to help you with your tennis matches, from 6:30-8 p.m., Thursdays, now through Sept. 12, at Pleasanton Tennis and Community Park, 5801 Valley Ave. Cost is \$15-\$18. Call 931-3449 or go to www.lifetimetennis.com.

Clubs

AWANA CLUBS AT PLEASANTON

EVANGELICAL FREE CHURCH Awana Clubs are fun, especially for children 3 years old through high school. Besides a variety of active games and fun activities, there are awards for memorizing Bible verses. Meet from 6:50-8:30 p.m. every Wednesday, from Sept. 11-May 21 at the Pleasanton Evangelical Free Church, 6900 Valley Trails. Cost is \$1 per week plus materials. Call 484-0496 or go to www.pleasantonefc.org.

BIKE PARTY PLEASANTON Bicycle riders of all ages, experience levels and bike types are encouraged to meet, ride and play together in the streets of Pleasanton the second Friday of each month. Riders meet at 7 p.m. For more information, go to facebook.com/bikeparty.pleasanton.

DAUGHTERS OF THE AMERICAN

REVOLUTION The Jose Maria Amador Chapter, Daughters of the American Revolution, NSDAR, meets at 10 a.m., the second Saturday of each month September through May. It is a social gathering and time to explore the history of our American roots. For

more information contact the chapter's regent Diane Groome at dggroome@comcast.net.

DBE (DAUGHTERS OF THE BRITISH EMPIRE) Welcome to ladies of British or British Commonwealth Heritage. DBE holds monthly meetings at 11 a.m. on the third Thursday at Castlewood Country Club. Members focus on philanthropy, enjoy social interaction and form long-lasting friendships while contributing to local charities and supporting retirement homes in the USA. Call Edith at 998-3500.

LIVERMORE AMADOR VALLEY

GARDEN CLUB MEETING The Livermore Amador Valley Garden Club will meet at 7 p.m., Thursday, Sept. 12, at Alisal School, 1454 Santa Rita Road. Bethallyn Black will speak on Late Season Fruits for Fall Gardens. Visitors are welcome. Call 485-7812 or go to lavgc.org.

PLEASANTON NEWCOMERS CLUB

Established residents to make new friends. It meets for coffee on the first Wednesday of every month and for lunch on the second Wednesday of every month. The group has activities like hiking, walking, Bunco and more. Visit www.pleasantonnewcomers.com. Contact Info@PleasantonNewcomers.com or 215-8405.

ROTARY CLUB OF PLEASANTON

NORTH Pleasanton North Rotary invites anyone interested in making a difference. The membership includes 65 professionals, business owners, executives, managers and community leaders. The club meets from 12:15-1:30 p.m. Fridays at the Hilton Hotel, 7050 Johnson Dr. Call 580-7947 or visit www.pnrrotary.org.

TRI VALLEY ROTARY MEETINGS

Tri Valley Rotary is a small but energetic group, motivated and eager to make a difference in the community. Meetings are 6-8 p.m. every Thursday, at Castlewood Country Club Grill, 707 Country Club Cir. There is a \$5 meeting fee plus cost of meal. Contact info@trivalleyrotary.org or go to <http://trivalleyrotary.org>.

VIRTUALLY SPEAKING TOASTMASTERS

Virtually Speaking Toastmasters club meets from noon-1 p.m. every Thursday at Electrical Reliability Services, 6900 Koll Center Pkwy., Suite 415, Pleasanton. Everyone is welcome to come see what a positive change Toastmasters can make in their confidence. Call 580-8660.

Concerts

ANNUAL PIANO RECITAL

Prizewinning pianist and Amador Valley High School graduate Connie Chen will present music by Bach, Beethoven, Chopin and Prokofiev from 7:30-9 p.m., Saturday, Sept. 7, at Asbury United Methodist Church, 4743 East Ave., Livermore. Ms. Chen will sign programs afterward. Free admission and refreshments. Contact Anne Coll at 443-2514 or acoll@comcast.net.

DAVID LANZ AT FIREHOUSE ARTS

CENTER Grammy-Nominated Virtuoso David Lanz, contemporary instrumental legend and pianist of "Cristofori's Dream," will be in concert at 8 p.m. on Saturday,

Sept. 14 at the Firehouse Arts Center, 4444 Railroad Ave. Tickets are \$18-\$27. Call 931-4848 or go to www.firehousearts.org.

MIKE AMARAL'S CALIFORNIA BEACH

BOYS The Firehouse Arts Center opens its fourth season with the No. 1 Beach Boys Tribute Band, Mike Amaral's California Beach Boys, at 8 p.m., Saturday, Sept. 7. Plenty of "Good Vibrations" and a whole lot of "Fun, Fun, Fun." Tickets are \$15-\$25, available at 931-4848 or www.firehousearts.org.

PAUL THORN ROCK AND BLUES

Paul Thorn is bringing his muscular brand of Southern-influenced, rootsy rock and blues music to the Firehouse Arts Center at 8 p.m. on Friday, Sept. 13. Tickets are \$25-\$35. Call 931-4848 or go to www.firehousearts.org.

ROGER GLENN LATIN JAZZ ENSEMBLE

Roger Glenn, master multi-instrumentalist and entertainer on the flute, sax and vibraphone, will bring his Latin Jazz Ensemble to the Firehouse Arts Center on Friday, Sept. 6. Tickets are \$30. Contact Debbie Peck at 447-4300 or Alex Watson at 437-4204.

Events

'GUARANTEED SPEAKER SUCCESS'

Tracy Repchuk and Sahar will be presenting as collaborators at the Bright Side of Life from 6-9 p.m. on Thursday, Sept. 26 at Larkspur Landing Hotel, 5535 Johnson Dr. When you join, you will discover how easy it is to make money by just being you. Cost is \$30 preregistration, \$49 at the door. Contact thebrightsideofflife@gmail.com or go to <http://events.r20.constantcontact.com/register/event?oeidk=a07e82prgef5d37de02&llr=54ccttcab>.

20TH ANNUAL VIP WESTERN

BARBECUE The Pleasanton Senior Center VIP 20th annual Western Barbecue will be from 11:30 a.m.-1:45 p.m., Monday, Sept. 23. This event is open to everyone, with a live country western band, great old-fashioned western BBQ and great prizes. Seating is limited. Tickets are \$10 at the VIP Travel Desk, open 10 a.m.-2 p.m., Monday-Thursday. Contact George Mirande at 931-5370 or drlions2012@aol.com.

9/11 REMEMBRANCE CEREMONY

The Livermore-Pleasanton Fire Department will host a brief ceremony to commemorate the anniversary of the tragic events of Sept. 11, 2001. The ceremony will be at 9:45 a.m. on Wednesday, Sept. 11 at the flagpole outside of Fire Station Number One at 3560 Nevada St. Call 454-2361 for more information.

AMADOR HIGH SCHOOL CLASS

OF 1973 REUNION If you graduated in 1973 from Amador Valley High School, come to the 40 year reunion at 6 p.m. on Saturday, Sept. 21 at Straw Hat Pizza, 2953 Hopyard Road.

BROTHELS, BAR ROOMS AND

BANDITS BBQ dinner, gambling chips, dancing and the best entertainment in the west! Live and silent auctions, getaways and more. Cost is \$45. Additional \$200 for

gambling money. Western attire encouraged, but not the Law. Come on down on Saturday, Sept. 14 at the Pleasanton Senior Center, 5353 Sunol Blvd. Call 462-2766 or go to www.museumonmain.org.

CALIFORNIA RETIRED TEACHERS

LUNCHEON The September California Retired Teachers Luncheon will be held at 11:30 a.m. on Tuesday, Sept. 24 at at IBEW Hall, 6250 Village Pkwy., Dublin. Jim Nash will share his experiences of many summers working at the Ahwahnee Hotel in Yosemite. Cost is \$20. RSVP before Sept. 14. Call 462-7495.

CIRCUS VARGAS PRESENTS

'MAGIKARIA' Circus Vargas conjures up an astonishing array of artists in its newest, most exciting spectacular. Presenting, "Magikaria, A Fantastical Magical Experience," running Aug. 15-Sept. 23 in Dublin. Cost is \$25-\$65. Go to www.circusvargas.com for more information.

CITY OF DUBLIN'S SPLATTER

Come to Splatter, not your ordinary food, wine and art festival, from noon-8 p.m., Saturday, Sept. 21, at Emerald Glen Park, 4201 Central Pkwy., Dublin. Admission is free. Tasting Pavilion by Passport only. Passports, for \$25, are available online at www.dublinsplatter.com. Call 556-4500.

EAST BAY'S LONGEST RUNNING

TRIATHLON SERIES On Your Mark Events' 26th annual Tri For Real Triathlon will start at 7 a.m., Sunday, Sept. 15, at Shadow Cliffs Regional Park, 2500 Stanley Blvd. Cost is \$75-\$85. Check-in at 5 a.m. Contact (209) 795-7832 or go to www.onyourmarkevents.com.

FARMERS MARKET Visit the Pleasanton Farmers Market from 9 a.m.-1 p.m. every Saturday, on East Angela Street between Main and First streets. The Farmers Market is open every Saturday, year-round, rain or shine, to provide the season's freshest fruits and vegetables, sold by the very farmers that planted, nurtured and harvested the crop.

FRIENDS OF THE DUBLIN LIBRARY

BOOK SALE Come to the fall used book sale! Members-only night from 6-8:30 p.m. (memberships available at 5:30 p.m.), Friday, Sept. 13; 10 a.m.-4 p.m., Saturday, Sept. 14; and 1-4 p.m., Sunday, Sept. 15 at the Dublin Library. Call 828-1315 or go to www.dublinfriends.org.

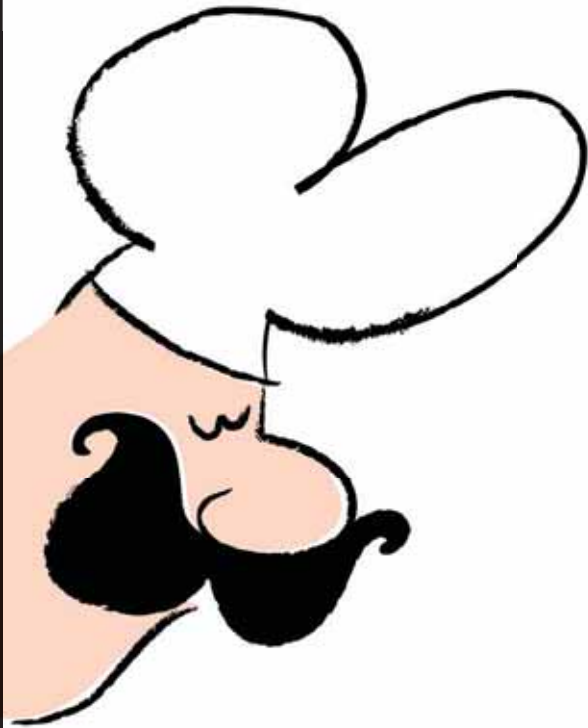
FUN ON THE FARM: JAM AND BREAD

Learn about canning and discover unusual varieties of jam Ruth Boone made in the mid 1900's. Follow wheat from the field to the table as you thresh, grind, and sift wheat to make flour. From 10 a.m.-2 p.m. on Saturday, Sept. 14 at Forest Home Farms Historic Park, 19953 San Ramon Valley Blvd., San Ramon. Call 973-3284 or go to www.SanRamon.ca.gov.

MEET FANS OF NATIVE GARDENS

Join Pleasanton and Livermore Garden Tour hosts from 9-11 a.m., Saturday, Sept. 14, at a local family's garden, 5321 Mallard Dr. Meet other native plant enthusiasts, talk about your own garden plans, and figure out what you need to get started. Go to www.bringingbackthenatives.net.

Let's Eat



To have your business included on this page call Karen Klein at (925) 600-0840 x122 or email kklein@pleasantonweekly.com



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With purchase of a 6" regular sandwich, chips and 20 oz. fountain drink

Valid only at participating Togo's locations: 3120 Santa Rita Rd and 5556 Springdale Ave, Pleasanton, CA. One coupon, per customer, per visit. Must present and surrender coupon at time of purchase. Plus tax, where applicable. May not be combined with any other coupon, discount or promotion. May not be reproduced, copied, purchased, traded or sold. Expires 9/20/13. © 2013 Togo's Eateries, Inc. All Rights Reserved.

HAPPY HOUR SPECIAL Monday-Friday, 5pm-8pm
\$5.50 COMBO 6" regular sandwich, chips & 20 oz. fountain drink

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MONKEY SEE MONKEY DO This one hour short form Improv show is designed especially for kids! Completely made up on the spot based on audience suggestions. Best of all, kids will have opportunities to participate and a chance to be on stage and take part in the fun. Showing at 2 p.m. on Sunday, Sept. 8 at Dougherty Station Community Center, 17011 Bollinger Canyon Road, San Ramon. Cost is \$10. Call 973-3372 or go to www.sanramon.ca.gov.

PLEASANTONIANS 4 PEACE Pleasantonians 4 Peace sponsors a candlelight vigil at 7 p.m. the second Wednesday of the month in front of the Museum on Main, 603 Main St. The group reflects on the human and monetary costs of the war, honors veterans who have sacrificed, and visualizes ways of moving beyond this conflict to a more peaceful world. They plan to continue this monthly event as long as necessary. Contact Cathe Norman at 462-7495; Matt Sullivan at mjs7882@gmail.com; or visit www.Pleasantonians4Peace.org.

TRI-VALLEY WOODCARVERS ANNUAL SHOW Tri-Valley Woodcarvers annual Woodcarving Show will be 10 a.m.-4 p.m., Saturday-Sunday, Sept. 21-22 at the Veterans Memorial Building, 301 Main St. View carving and turning demonstrations, enjoy soap carving, a drawing, vendor tables, auction and more. Free. Contact Joel Elliuff at (510) 537-9463 or joelwen@sbcglobal.net. Go to www.tri-valleycarvers.com.

VETERANS JOB AND RESOURCE FAIR Join the "Honor a Hero, Hire a Vet" Job and Resource Fair from 10 a.m.-3 p.m. on Friday, Sept. 27 at Las Positas College, 3000 Campus Hill Dr., Livermore. This event brings together veterans seeking jobs and employers with job openings. For more information, call Barry Duffy at (510) 622-4344.

WHAT'S A SECULAR JEW? Are you Jewish but not religious? Looking for a community where you fit in? Attend Tri-Valley Cultural Jews' informational meeting and bagel brunch at 10:30 a.m., Sunday, Sept. 8, at the Bothwell Arts Center, 2466 8th St., Livermore. Contact 485-1049 or reservations@Tri-ValleyCulturalJews.org. Go to trivalleyculturaljews.wordpress.com/.

ValleyCulturalJews.org. Go to trivalleyculturaljews.wordpress.com/.

Exhibits

'COURAGE UNDER FIRE' Come to Museum on Main's "Courage Under Fire, Fighting Fire in Pleasanton since 1880." Open 10 a.m.-4 p.m., now through Oct. 13, at 603 Main St. Contact the Museum at 462-2761 or curator@museumonmain.org.

'WHERE HAVE ALL THE PEOPLE GONE?' ART CHAT The Town of Danville's "Where Have All the People Gone?" art gallery exhibition features selections from the National Institute for Artists with Disabilities Art Center. The exhibit runs from Aug. 23-Sept. 30. An art chat will take place 7-9 p.m. on Wednesday, Sept. 11 at the Village Theatre Art Gallery in Danville. Call 314-3400 or go to www.village-theatreartgallery.com.

Fundraisers

FIRST ANNUAL LOBSTER CLAMBAKE The Livermore Valley Performing Arts Center will host its First Annual Lobster Clambake at 5 p.m., Saturday, Sept. 14, at Wente Vineyards in Livermore. Classic New England-style event auctions and Wente's famous wines. Cost is \$135. Call 373-6800 or go to www.bankheadtheater.org.

GNON SPECIAL DRIVE FOR MILITARY FAMILIES Girls Night Out Networking will be hosting a com-

munity outreach project by doing a special drive for Pleasanton Military Families, who send care packages to our troops. GNON will be collecting goods for the care packages at their mixer on Sept. 12 at Zen Pilates and Fitness. Contact 487-4748 or gnoners@gmail.com.

GO BACK IN TIME AT FUNDRAISER FOR MUSEUM ON MAIN! Come help support Museum on Main while gambling with friends and eating great food from 6-10 p.m. on Saturday, Sept. 14 at the Pleasanton Senior Center, 5353 Sunol Blvd. Western attire encouraged! Cost is \$45, and includes BBQ dinner and gambling chips. Must be 21 or older to attend. Call 462-2766.

PAWS IN THE PARK 2013 Come to Paws in the Park, Valley Humane Society's charity dog walk and animal festival, from 10 a.m.-4 p.m., Sunday, Sept. 22, at Amador Valley Community Park. For more information, visit valleyhumane.org/events2/paws-in-the-park/.

Health

8-WEEK INTRODUCTION TO YOGA Designed for people new to yoga, this 8-class series covers the fundamentals of a yoga practice. Learn how to stretch safely while building strength, flexibility and balance. Classes are 7:15-8:30 p.m. on Mondays, Sept. 9-Nov. 4 at Sunol Glen School Auditorium, 11601 Main St., Sunol. Cost is \$80. Call 862-0671 or go to <http://yogaorders.eventbrite.com>.

MEGA HEALTH FAIR Free medical advice on internal medicine, cardiology, women's health, nutrition and diet and more. Also free evaluations for blood pressure, blood sugar, cholesterol and bone density and free flu shots. From 10 a.m.-4 p.m., Saturday, Sept. 14, at Shiva Vishnu Temple, 1232 Arrowhead Ave., Livermore. Contact Suman Jain at 371-5640 or suman1218@yahoo.com.

NATIONAL FEDERATION OF THE BLIND Tri-Valley Chapter of the National Federation of the Blind will be meeting from 1-3 p.m., second Saturday of each month at Valley Memorial Hospital, 1111 E. Stanley Blvd., Livermore. Any visually impaired or blind person is urged to attend. Call Carl at 449-9362.

Holiday

SECULAR YOM KIPPUR Tri-Valley Cultural Jews will hold Secular Yom Kippur observances from 2-5 p.m., Saturday, Sept. 14, at the Bothwell Arts Center, 2466 Eighth St., Livermore. With music and non-religious readings in English, participatory workshops and a non-religious memorial ceremony. Suggested donation is \$10 per adult non-member. Opportunity for charitable donations. Contact 485-1049 or reservations@Tri-ValleyCulturalJews.org.

instructions how to assemble and launch a floating treatment wetland complete with plants at 6 p.m., Friday, Sept. 6-Sunday, Sept. 8, in Livermore. Address provided upon registration. Cost is \$250. Contact (415) 260-6570 or verdantis@gmail.com. Go to www.upisf.com/floating-island-workshop.

MOVING FROM COST CENTER TO STRATEGIC PARTNER Learn to effectively leverage the financial and operational language of business to firmly establish a strategic leadership role, from 7:30-9:30 a.m., Wednesday, Sept. 11, at ADP, 4125 Hopyard Road. Cost is \$35 general, free for NCHRA members. Contact Denise Granados at (415) 291-1992 or dgranados@nchra.org.

STEPPING STONES ON YOUR GRIEF JOURNEY The death of a loved one is unlike any other loss. Join this workshop on your healing journey at 7:30 p.m., Thursdays, Sept. 12-Oct. 31, at St. Elizabeth Seton Church, 4001 Stoneridge Dr. Preregistration requested. One-time \$15 donation requested. Open to all. Call May Hagerty at 846-5377.

Miscellaneous

FREE JOB SEARCH COUNSELING The Pleasanton Public Library, 400 El Bernal Ave., offers free, 20-minute consultations with an employment recruiter. To make an appointment, call the Reference Desk at 931-3400, ext. 7.

KNIFE SHARPENING Bring your knives and other tools to be sharpened by local professional sharpening company Absolutely Sharp from noon-6 p.m. on Mondays, Sept. 9-30 at New Leaf Community Market, 3550 Bernal Ave. Prices vary. Go to www.newleaf.com.

VETERANS FOR PEACE The new East Bay Chapter, No. 162, of Veterans for Peace meets at 10 a.m. the second Saturday of each month at 6501 Telegraph Ave., Oakland. All veterans are welcome. To learn more about the monthly meetings, call Fred at 462-7495.

VFW-AL COFFEE AND DONUTS Every Saturday morning from 7:30-9 a.m., the VFW and American Legion host coffee and donuts for all veterans at the Veterans Memorial Building, 301 Main St. All veterans are welcome. Visit www.vfwpost6298.com.

WORLD WALK TO WELLNESS Pleasanton's World Walk to Wellness group meets at 8:30 a.m. each Saturday to chat and explore while getting exercise. Most walks last 90 minutes; all are free. To be on the list to receive information each Thursday about that week's walk, email walks@worldwalktowellness.org.

On Stage

'ANNA CHRISTIE' Role Players Ensemble presents Eugene O'Neill's "Anna Christie," a story about the limited choices of a young woman whose dreams have been shattered by the men in her life. The show runs at 8 p.m., Friday-Saturday; and 2 p.m. Sunday, from Sept. 6-21 at the Village Theatre in Danville. Cost is \$20-\$28. Go to

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AN EVENING WITH P.T. BARNUM Credited for coining the phrase, "There is a sucker born every minute," Phineas Taylor Barnum was an American businessman and scam artist, and is credited for founding the circus that became the Ringling Bros. and Barnum and Bailey Circus. Come to Museum on Main at 7 p.m., Tuesday, Sept. 10, for an evening all about P.T. Barnum. Cost is \$3-\$10. Go to www.museumonmain.org.

DISNEY THEME SONGS Join the San Ramon Community Chorus and local dancers and listen to your favorite Disney theme songs while dancers interpret them. This is a concert that the entire family will enjoy, at 7 p.m., Friday, Sept. 6, at Dougherty Station Community Center in San Ramon. Call 973-3372 or go to www.sanramon.ca.gov.

Seniors

BRAIN MATTERS Enjoy a morning of fun while learning how to keep your brain active and your memory sharp. The class is held from 10-11:30 a.m. the first and third Fridays of every month at the Pleasanton Senior Center, 5353 Sunol Blvd. Word games, puzzles, challenging activities, reminiscing and more, geared to help you age-proof your mind. Cost \$1.75 for resident and \$2.25 for non-resident. Call 931-5365 or visit www.pleasantonseniorcenter.org.

CARE-GIVING ACROSS GENERATIONS This workshop on engaging adult children in their parents' care by Dr. Sharon Marts, EdD, will be from 10-11:30 a.m., Saturday, Sept. 7 at Dublin Senior Center, 7600 Amador Valley Blvd., Dublin. A \$5 donation is appreciated. RSVP by Sept. 6. Contact 556-4511 or seniorctr@dublin.ca.gov.

COMPUTER CLASSES FOR SENIORS Pleasanton Public Library hosts Computer Classes for Seniors including Beginning Internet on the first Wednesday and Thursday of every month; Beginning E-mail on the second Wednesday and Thursday of every month; Open Practice on the third Wednesday and Thursday of every month; Advanced E-mail on the fourth Wednesday and Thursday of every month, at the Adult Computer Area in the library, 400 Old Bernal Ave. Computer classes are designed for mature adults. Registration is required; call 931-3400.

DUBLIN SENIOR CENTER FOUNDATION MEETING The Dublin Senior Center Foundation meets at 9 a.m. on the first Wednesday of every month, at the Dublin Senior Center, 7600 Amador Valley Blvd. Call 556-4511.

DUBLIN SENIOR CENTER MINI-LIBRARY The Dublin Senior Center Mini-Library is open 9 a.m.-4 p.m. Monday-Friday at the senior center, 7600 Amador Valley Blvd., Dublin. The library gladly accepts donations of like-new used books published in the last five years, puzzles, magazines within three months of distribution, and videotapes. Unused books are donated to

Friends of the Dublin Library. Bring donations to the office for processing. Call 556-4511.

DUBLIN SENIOR CENTER OFFERS MUSIC CLASSES Dublin Senior Center offers two music classes including Sing-a-longs with Judy Kufin and Merrill Ito at 10:30 a.m., Thursdays; and Ukulele Beginning Instruction with Judy Kufin and Merrill Ito at 1 p.m., Tuesdays, both at the Senior Center, 7600 Amador Valley Blvd., Dublin. Cost is \$1.25 for each class. Call 556-4511.

FALL PREVENTION AWARENESS Fall Prevention Awareness Week is Sept. 22-28. Join the Pleasanton Senior Center from 9-11 a.m. on Sept. 25 for a free special presentation about how to reduce the risk of falls. Learn about eating healthy for strong bones and services for seniors throughout the Tri-Valley. Call 931-5379.

FREE MEMORY SCREENING FOR SENIORS Caring Solutions is sponsoring free memory assessment on the fourth Thursday of the month at the Dublin Senior Center, 7600 Amador Valley Blvd. Call 556-4511 for a 30-minute appointment. Preregister by the Monday prior to reserve an appointment. Informational materials are available at the Senior Center.

MILLS LINE DANCE SOCIAL DJ Millie Dusha will play tunes from the classic oldies at the Mills Line Dance Social on the first Thursday of every month from 2-4 p.m. at the Dublin Senior Center, 7600 Amador Valley Blvd. All levels of dancers are welcome. Cost is \$3. Call 556-4511.

PEDDLER SHOPPE AT THE SENIOR CENTER The Peddler Shoppe in the lobby of the Pleasanton Senior Center, 5353 Sunol Blvd., offers the handmade wares of talented local senior artisans. It's a great place to buy gifts. The Shoppe is staffed by volunteers and is open to the public 10 a.m. to 4 p.m. Monday through Friday.

PLEASANTON SOLE MATES WALKING GROUP Do you love the outdoors and want a fun way to exercise? Walking is one of the easiest and most cost-effective forms of exercise for adults. Join this weekly walking group from 8:45-10:15 a.m. Wednesday mornings at the Senior Center, 5353 Sunol Blvd. Walks are approximately 2-3 miles. Call for weekly walk destinations or come pick up a schedule. Free. 925-931-5365. www.pleasantonseniorcenter.org

VETERAN'S BENEFITS FOR YOU AND YOUR LOVED ONES Come learn all of the burial benefits, honors and memorials available to veterans and their families along with eligibility requirements, required forms and paperwork. Planning options, Power of Attorney and leaving a legacy will be covered. From 10:30-11:30 a.m., Tuesday, Sept. 10, at Pleasanton Senior Center, 5353 Sunol Blvd. Call 931-5365 or go to www.pleasantonseniorcenter.org.

Spiritual

BIBLE AND BREW St. Clare's Episcopal Church would like to invite anyone in the community who is interested to join them for

heartfelt fellowship, Bible Study, and a good cup of coffee from 11:30 a.m.-1 p.m. every Wednesday at 3350 Hopyard Rd. You don't need to be a member of St. Clare's to attend. Their hope is you will find this time of day convenient. Call the church office at 462-4802 or visit www.stclarespleasanton.org.

PROGRESSIVE CHRISTIAN WORSHIP Lynnewood United Methodist Church at 4444 Black Ave. offers a friendly congregation of all ages and ethnicity. Worship at 9 or 10:30 a.m. on Sundays with Sunday school at 10:30 a.m. and childcare at both services. Contact Rev. Heather Hammer at 846-0221 or office@lynnewood.org. Go to www.lynnewood.org.

WEEKLY LDS BIBLE STUDY Church of Jesus Christ of Latter-day Saints hosts a weekly bible study from 7:30-8:30 p.m. every Wednesday at the church, 6100 Paseo Santa Cruz. Refreshments served. For information, call 305-9468.

Sports

ADULT TENNIS CAMP Sign up for tennis camp. Morning camp will be from 9:30-11 a.m., and evening camp will be from 8-9:30 p.m. Camp runs Monday-Thursday, Sept. 9-12 at Pleasanton Tennis and Community Park, 5801 Valley Ave. Cost is \$45 for residents, \$50 for non-residents. Call 931-3449 or go to www.lifetimetennis.com.

Support Groups

BREAST CANCER SUPPORT GROUP The American Cancer Society breast cancer support group meets from 7:30-9 p.m. on the second and fourth Tuesday of every month at LifeStyleRx, 1111 E. Stanley Blvd., Livermore. Call 833-2784 or visit www.valleycare.com. 7:30-9 p.m. Free

CAREGIVER SUPPORT GROUP Caring for a loved one is challenging physically and emotionally. Join this support group to explore resources and generate problem solving ideas from 1-3 p.m., on the second Monday of every month at 5353 Sunol Blvd. Get the support you deserve at the Senior Support Program of the Tri-Valley. Call 931-5389.

CLUTTERLESS SELF HELP GROUP Overwhelmed by clutter? Learn how to deal with it by attending

this Non profit Self Help Support group, which meets from 7-8:30 p.m. every Monday (except some holidays) at St. Mary & St. John Coptic Orthodox Church, 4300 Mirador Dr., Rm. 7. Donation requested \$2-\$5. Call 200-1943 or visit www.clutterless.org.

NATIONAL ASSOCIATION FOR MENTAL ILLNESS (NAMI) NAMI Tri-Valley Parent Resource and Support Group meets twice a month for parents with children to age 17 diagnosed or suspected of having bipolar or other mood disorders. It meets from 7-9 p.m. the first and third Tuesdays of each

month at Pathways To Wellness, 5674 Stoneridge Dr., Suite 114, Pleasanton. The group is drop-in, no registration required and is free. For more information contact Suzi Glorioso at 443-1797 or email glorios4@comcast.net.

TRI VALLEY SUPPORT GROUP FOR FIBROMYALGIA, LUPUS AND ALL FORMS OF ARTHRITIS This group meets from 6:30-8 p.m., on the fourth Monday of every month, at the Groves at Dublin Ranch in the Clubhouse, 3115 Finnian Way, Dublin. It hosts special speakers like doctors or specialists. For more information, call JoAnne at 875-0960.

PREP SPORTS LINE-UP

Sept. 6

- Football: 7 p.m., Amador vs. Concord, home
- Football: 7 p.m., Foothill vs. Freedom, away

Sept. 10

- Girls' Golf: 3:30 p.m., Amador vs. Monte Vista
- Girls' Tennis: 4 p.m., Foothill vs. Mission San Jose, away
- Girls' Volleyball: 4 p.m., Foothill vs. Deer Valley, away
- Girls' Volleyball: 4 p.m., Amador vs. West, home

Sept. 11

- Girls' Tennis: 4 p.m., Amador vs. Moreau, away
- Girls' Water Polo: 7 p.m., Amador vs. Logan, away
- Boys' Water Polo: 7:30 p.m., Amador vs. Logan, away

Sept. 12

- Girls' Golf: 3:15 p.m., Amador vs. California
- Girls' Volleyball: 4 p.m., Amador vs. Miramonte, home
- Girls' Water Polo: 4 p.m., Amador vs. San Ramon, home
- Boys' Water Polo: 4 p.m., Amador vs. San Ramon, home

Sept. 13

- Football: 7 p.m., Amador vs. Skyline, home
- Football: 7 p.m., Foothill vs. Las Lomas, home

Sept. 14

- Amador Cross Country: 9 a.m. at Hidden Valley Park

Sept. 17

- Girls' Golf: 3:15 p.m., Amador vs. Foothill
- Girls' Volleyball: 4 p.m., Foothill vs. Campolindo, home
- Girls' Volleyball: 5 p.m., Amador vs. Washington, home
- Girls' Water Polo: 4 p.m., Amador vs. Newark, home
- Boys' Water Polo: 4 p.m., Amador vs. Newark, home

Sept. 18


- Girls' Water Polo: 4 p.m., Amador vs. Heritage, home
- Boys' Water Polo: 4 p.m., Amador vs. Heritage, home

Sept. 19

- Girls' Golf: 3:15 p.m., Amador vs. San Ramon Valley
- Girls' Tennis: 4 p.m., Foothill vs. California, away
- Girls' Volleyball: 5 p.m., Foothill vs. Logan, home
- Girls' Tennis: 4 p.m., Amador vs. San Ramon Valley, away
- Girls' Volleyball: 5 p.m., Amador vs. Dougherty Valley, home
- Girls' Water Polo: 4 p.m., Amador vs. Livermore, away
- Boys' Water Polo: 4 p.m., Amador vs. Livermore, away

Sept. 20

- Football: 7 p.m., Foothill vs. Vintage, home
- Amador Cross Country: 3 p.m. at Shadow Cliffs
- Foothill Cross Country: 4 p.m. at Shadow Cliffs



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135 Group Activities

Attend
The Brotherhood's Gothic Dark Arts Halloween Sabbat Festival, October 25th-28th 2013. Free Information: Dark Arts Sabbat Festival PO Box 2069, Toccoa, Georgia 30577; (706) 391-6910 (AAN CAN)

140 Lost & Found

Lost Cat!
Small grey tabby cat, black stripes and green eyes, named Mila. Not wearing a collar because she was an indoor-only cat. Last seen on Aug. 21 in the Foothill High School junior parking lot. Contact (510) 579-6857 or michaelxia@yahoo.com.



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Full service building 1,080 sq ft 2nd floor walk-up with kitchenette - great location and access flexible lease available now! \$1.60 sq ft Location: 2083 Old Middlefield Way, MV, CA 94043

840 Vacation Rentals/Time Shares

Cabo San Lucas: \$399
\$399 All Inclusive Special - Stay 6 Days In A Luxury Beachfront Resort With Unlimited Meals And Drinks For \$399! www.luxurycabohotel.com 888-481-9660 (Cal-SCAN)



995 Fictitious Name Statement

KG INSPIRATIONS
FICTITIOUS BUSINESS NAME STATEMENT
File No.: 481557
The following person(s) doing business as: KG INSPIRATIONS, 3420 FINNIAN WAY UNIT 335, DUBLIN, CA 94568, is hereby registered by the following owner(s): Kent L Fleener, 3420 Finnian Way Unit 335, Dublin, CA 94568; Gina A Fleener, 3420 Finnian Way Unit 335, Dublin, CA 94568. This business is conducted by a Married Couple. Registrant began transacting business under the fictitious business name(s) listed herein 08/01/2013. Signature of Registrant: Kent Fleener. This statement was filed with the County Clerk of Alameda on 08/12/2013. (Pleasanton Weekly, Aug. 30, Sept. 6, 13, 20, 2013)

No phone number in the ad?
GO TO **fogster.com** for contact information

PET OF THE WEEK

Meet Omega

Your search for a new friend ends with Omega! This 2-1/2-year-old gray tabby wants to start from scratch as the alpha female in a warm home. Let Omega into your heart and enjoy the beginning of a long and fruitful friendship. Valley Humane Society is located at 3670 Nevada Street in Pleasanton and open Tuesday through Saturday from 10 a.m. - 4 p.m., and Sundays from noon till 4 p.m. For more information, call 426-8656, or visit www.valleyhumane.org.

THE HEALING JOURNEY
FICTITIOUS BUSINESS NAME STATEMENT
File No.: 481258
The following person(s) doing business as: THE HEALING JOURNEY, 3950 VALLEY AVE. SUITE B, PLEASANTON, CA 94566, is hereby registered by the following owner(s): Kathryn Lorenz, 4100 Suffolk Way, Pleasanton, CA 94588. This business is conducted by an Individual. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: Kathryn Lorenz. This statement was filed with the County Clerk of Alameda on 08/02/2013. (Pleasanton Weekly, Aug. 30, Sept. 6, 13, 20, 2013)

PLEASANTON FINANCIAL ADVISORS
FICTITIOUS BUSINESS NAME STATEMENT
File No.: 481840
The following person(s) doing business as: PLEASANTON FINANCIAL ADVISORS, 1811 SANTA RITA ROAD SUITE 211, PLEASANTON, CA 94566, is hereby registered by the following owner(s): BlueSky Wealth Advisors LLC, 2131 S Glenburnie Road Suite 8, New Bern, NC 28562. Registered in North Carolina. This business is conducted by a Limited liability company. Registrant has not yet begun to transact business under the fictitious business name(s) listed herein. Signature of Registrant: David L. Blain, Manager. This statement was filed with the County Clerk of Alameda on 08/20/2013. (Pleasanton Weekly, Sept. 6, 13, 20, 27; 2013)

RENOMA CONSULTING; WEST COAST MEDEVIC SALES; RENOMA GROUP, LLC
FICTITIOUS BUSINESS NAME STATEMENT
File No.: 482122-124
The following person(s) doing business as: 1) RENOMA CONSULTING, 2) WEST COAST MEDEVIC SALES, 3) RENOMA GROUP, LLC, 2371 GLORIA COURT, PLEASANTON, CA 94588, is hereby registered by the following owner(s): Renoma, LLC, 2371 Gloria Court, Pleasanton, CA 94588. This business is conducted by a Limited liability company. Registrant began transacting business under the fictitious business name(s) listed herein 08/01/2013. Signature of Registrant: Michael Reno, Member. This statement was filed with the County Clerk of Alameda on 08/28/2013. (Pleasanton Weekly, Sept. 6, 13, 20, 27; 2013)

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VALLEY HUMANE SOCIETY/D. SMITH

Commercial real estate markets showing steady growth

Vacancy rates tightening across country with modest rent growth

By JEB BING

Vacancy rates generally are tightening in commercial real estate sectors with modest rent growth, according to the National Association of Realtors quarterly commercial real estate forecast.

Lawrence Yun, NAR chief economist, said commercial real estate is on a more moderate growth path.

"Office vacancies haven't declined much because total jobs today are still below that of the pre-recession level in 2007, but rising international trade is boosting demand for warehouse space," he said.

"Consumer spending has been favorable for the retail market, and rising construction is keeping apartment availability fairly even, though at low vacancy levels," Yun added. "That, in turn, is pushing apartment rents to rise twice as fast as broad consumer prices and average wage growth."

National vacancy rates over the coming year are forecast to decline by 0.2 percentage point in the office market, 0.6 point in industrial, and 0.6 point for retail. However, the average multifamily vacancy rate is unlikely to change, with that sector continuing to experience the tightest availability and biggest rent increases.

NAR's latest Commercial Real Estate Outlook offers overall projections for four major commercial sectors and analyzes quarterly data in the office, industrial, retail and multifamily markets. Historic data for metro areas were provided by REIS, Inc., a source of commercial real estate perfor-

mance information.

Office Markets

Vacancy rates in the office sector are expected to decline from a projected 15.7% in the third quarter to 15.5% in the third quarter of 2014.

The markets with the lowest office vacancy rates presently (in the third quarter) are Washington, D.C., with a vacancy rate of 9.7%; New York City, at 9.8%; Little Rock, Ark., 12.1%; and Birmingham, Ala., 12.4%.

Office rents should increase 2.5% this year and 2.8% in 2014. Net absorption of office space in the U.S., which includes the leasing of new space coming on the market as well as space in existing properties, is seen at 30.1 million square feet this year and 41.6 million in 2014.

Industrial Markets

Industrial vacancy rates are likely to fall from 9.3% in the third quarter of this year to 8.7% in the third quarter of 2014.

The areas with the lowest industrial vacancy rates currently are Orange County, Calif., with a vacancy rate of 3.8%; Los Angeles, 4.0%; Miami, 5.9%; and Seattle at 6.4%.

Annual industrial rents are expected to rise 2.4% this year and 2.6% in 2014. Net absorption of industrial space nationally is anticipated at 102.0 million square feet in 2013 and 105.8 million next year.

Retail Markets

Retail vacancy rates are forecast to decline

See **GROWTH** on Page 30

OPEN HOMES THIS WEEKEND

Castro Valley

- 3 BEDROOMS**
- 17712 Chateau Court** **\$729,999**
Sun 1-4 Coldwell Banker 847-2200
- 37789 Palomares Road** **\$1,495,950**
Sun 1-4 Natalie Kruger and Lisa Sterling 580-5963

- 4 BEDROOMS**
- 20978 Sherman Drive** **\$768,000**
Sun 1-3 Dave and Sue Flashberger 463-0436

Danville

- 4 BEDROOMS**
- 104 Club Terrace** **\$1,010,000**
Sun 1-4 Coldwell Banker 935-7100
- 859 El Pintado Road** **\$2,499,000**
Sat/Sun 1-4 Coldwell Banker 837-4100

Dublin

- 1 BEDROOM**
- 5425 Demarcus Boulevard** **\$379,900**
Sun 1-4 Coldwell Banker 847-2200

- 2 BEDROOMS**
- 4317 Fitzwilliam Street** **\$499,000**
Sat/Sun 1-4 Keller Williams Tri-valley 397-4200
- 5501 Demarcus Boulevard** **\$499,950**
Sat/Sun 2-4:30 Richard Lee 251-2558
- 7397 Cronin Circle** **\$384,000**
Sun 1-4 Coldwell Banker 847-2200

- 5 BEDROOMS**
- 7831 Bloomfield Terrace** **\$1,399,000**
Sat/Sun 1:30-4 Alain Pinel Realtors 314-1111

Livermore

- 2 BEDROOMS**
- 32 Meritage Common, #204** **\$398,000**
Sat/Sun 1-4:30 Ivy LoGerfo 998-5312

- 3 BEDROOMS**
- 353 Marie Common** **\$399,000**
Sat 1-4 Alain Pinel, Realtors 251-1111
- 2952 Calico Common** **\$729,900**
Sun 1-4 Lucia Miller 251-2548

- 285 Bellington Common** **\$465,000**
Sat/Sun 1-4 Linda Futral 980-3561

- 4 BEDROOMS**
- 5583 Stacy Court** **\$759,950**
Sun 1-4 Cindy and Gene Williams 918-2045
- 738 Moraga Drive** **\$539,000**
Sun 1-4 Coldwell Banker 847-2200
- 6165 Augusta Way** **\$629,900**
Sat/Sun 1-4 Robin Young 583-1136

Pleasanton

- 1 BEDROOM**
- 7750 Canyon Meadows Circle #D** **\$289,000**
Sat/Sun 1-4:30 Ivy LoGerfo 998-5312

- 3 BEDROOMS**
- 5004 Hillcrest Way** **\$825,000**
Sat/Sun 1-4 Bhg Tri-Valley Realty 463-9500

- 4115 Tessa Place** **\$719,000**
Sun 1-5 Steve Mattos 251-2544

- 7828 Chestnut Way** **\$749,900**
Sun 1-4 Andy Poryes 251-2570

- 6535 Singletree Way** **\$689,000**
Sat/Sun 1-4 Janice Habluetzel 699-3122

- 7441 Maywood Drive** **\$569,500**
Sun 1-4 Esther Becker 251-1234

- 4 BEDROOMS**
- 5317 Piazza Court** **\$750,000**
Sun 1-3 Dave and Sue Flashberger 463-0436
- 920 Montevino Drive** **\$1,299,999**
Sun 1-4 Melissa Pederson 397-4326

- 5266 Crestline Way** **\$869,000**
Sat/Sun 1-4 Jeff Clyma 918-3395

- 5 BEDROOMS**

- 858 Castlewood Place** **\$2,295,000**
Sun 1-5 Steve Mattos 251-2544

- 2125 Camino Brazos** **\$948,000**
Sun 1-4 Weiner and McDowell Group 251-2585

- 1441 Via Di Salerno** **\$2,499,000**
Sat/Sun 1-4 Anita Ramchandani 351-6212

- 1533 Rose Lane** **\$1,595,000**
Sun 1-4 Mark James 216-0454

- 6 BEDROOMS**

- 2415 Pomino Way** **\$2,585,000**
Sun 1-4 Coldwell Banker 847-2200

Tri-Valley Real Estate Directory

Lorraine Davis & Kim Grass
REALTORS®
Keller Williams Tri-Valley Realty
510-421-2836
www.davisandgrass.com
LIC# 01149252

Brett Junell REALTOR®
Keller Williams Tri-Valley Realty
direct: 737-1000
email: brett@teamjunell.com
www.teamjunell.com
LIC#: 01366015 & 01290379

Teresa M. Connors REALTOR®
Keller Williams Tri-Valley Realty
(925) 315-9616
teresacconnors@kw.com
teresacconnorshomes4u.com
LIC# 01369799

Darlene Crane,
Real Estate Mortgage Advisor
OPES ADVISORS
925-699-4377
dcrane@opesadvisors.com
www.darlenecrane.com
NMLS 30878 License 00907071
349 Main Street #203, Pleasanton

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cell: 408.476.7118
ilopez@rpm-mtg.com
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David Bellinger, MBA
Branch Manager
office: 925.397.4188
cell: 925.998.6173
DBellinger@rpm-mtg.com
www.davidbellinger.com
CA DRE # 01725157, NMLS # 450858
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W. Todd Galde
Branch Manager / Mortgage Advisor
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cell: 925.381.8190
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www.AdvisingSmartFinancing.com
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Rebecca Bruner Sales Manager/REALTOR®
Direct: 925.730.1628
Cell: 925.577.8802
rebecca@remaxaccord.com
www.rebeccabruner.com
DRE #909264
5950 Stoneridge Drive, Pleasanton

Janice Habluetzel
REALTOR®
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phone: (925) 699-3122
www.JaniceTheRealtor.com
BRE# 1385523

Jan Pegler REALTOR®
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DRE# 01384196

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cindy.gee@BHGHome.com
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Verona Development in Pleasanton!
In Verona, single level, 1381 square feet, 2 bedroom, 2 bath, 1 car garage, built in 1993 with fireplace and inside laundry. Close to shopping and transportation.
Priced at \$525,000



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5583 Stacy Ct, Livermore
Beautiful stunning property, 4 bedrooms, 3 baths, 3 car attached garage with side access. 2,137 sq. ft. home on a 13,754 sq. ft. lot. Outdoor living at its finest. Pool with large deck. Kitchen & family room combo with semi-formal dining room. Call agent for private showings.
Offered at \$759,950



Cindy and Gene Williams
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Pending in 5 Days with Multiple Offers



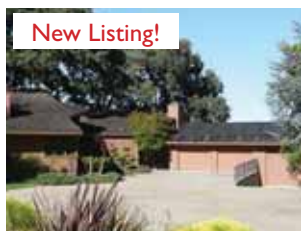
6 Olive Lane, San Ramon
Best location in the neighborhood! And Pottery Barn Style throughout! 4 bedrooms and 2.5 baths. 1915 +/- sq. ft. Granite slab island and new tile flooring in kitchen, plantation shutters throughout. Private backyard
Offered at \$749,000



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925.413.6544 925.260.2220
Liz@ArmarioHomes.com DeAnna@ArmarioHomes.com
ArmarioHomes.com



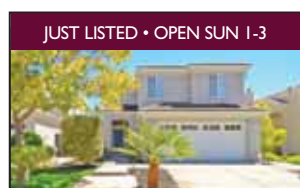
7898 Medinah Court, Pleasanton
Golden Eagle Patio Home. 3 bedroom, 3 bath, single story.
Offered at \$959,000



New Listing!
7 Twelve Oaks Drive, Pleasanton
3400 sf home on 1 acre lot with spectacular views and open space. Large deck with pool. Custom designed by Jack Bras. **Offered at \$1,800,000**



Tom Fox
Broker Associate LIC # 00630556
925.872.1275
www.TomFox.com
Tom@TomFox.com



JUST LISTED • OPEN SUN 1-3
20978 Sherman Drive Palomares Hills in Castro Valley
Stunning hillside views from this 4 bedroom, 2.5 bath home. 1940 sq ft, beautifully updated kitchen, new paint and more. The views are amazing! Priced at \$768,000



Dave & Sue Flashberger
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1ST TIME OPEN SUN 1-3
5317 Piazza Court, Pleasanton
Seldom available 4 bedroom home in Avila. This home boasts over 1900 sq ft with spacious living room, formal dining and gourmet kitchen with breakfast nook. Large master bdrm with walk in closet and jetted tub. \$750,000

We are pleased to support local cancer patients via the Sandra J. Wing Healing Therapies Foundation

Join us September 16 from 6-9 p.m. at First Street Wine Company where Sharon Costello will help you paint a fabulous picture while enjoying a glass of wine.

Purchase a ticket today at healingtherapiesfoundation.org.



Seating is limited register today!

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For Rent \$6500 — Gorgeous Semi Custom Tropical Paradise Castlewood Home! This Mediterranean Style Features 3890 sq. ft. of living space on 2/3 acre, Private View Lot. 5 Bedrooms and 4.5 Baths, Master Bedroom & Guest Suite on Main Level. Three Spacious Bedrooms plus Huge Bonus/Rec Room Downstairs. Gourmet Kitchen with Granite Slab and Stainless Steel Appliances, Opening onto the Beautifully Landscaped Backyard with Amazing Views Across the Valley. Refrigerator and Gardener Included.



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7898 Medinah Court, Pleasanton
Golden Eagle Patio Home. 3 bedroom, 3 bath, single story.
Offered at \$959,000



Tom Fox
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New Listing!
7 Twelve Oaks Drive, Pleasanton
3400 sf home on 1 acre lot with spectacular views and open space. Large deck with pool. Custom designed by Jack Bras. **Offered at \$1,800,000**



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— Janice & Ryan Spuller





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Del Prado
2125 CAMINO BRAZOS
DEL PRADO, PLEASANTON

5 bedrooms and 2 1/2 baths, with over 2,500 sq ft.
Beautiful home on a large private lot with pool and spa.
Home has so many upgrades: newer kitchen, windows, roof, flooring, paint and carpet. Located in a great neighborhood near a wonderful park. A terrific home ready for the fussiest buyers! Call for private showing! **Offered at \$948,000**

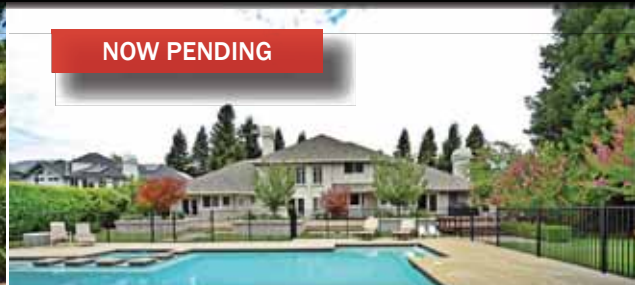
EXCELLENT VALUE - ACTIVE



Pleasanton
3698 CHILLINGHAM CT
PLEASANTON MEADOWS, PLEASANTON

5 bedrooms and 3 baths, 3,142 sq ft.
One of a kind home with two separate living areas! Great for multiple family, in-laws, or older children. So many wonderful upgrades! Gorgeous gourmet kitchen, granite, stainless, full wall of glass and skylights open to the beautiful backyard with pool, spa, outdoor kitchen. **Offered at \$899,950**

NOW PENDING



Chain of Lakes
3616 NICOLE AVE
CHAIN OF LAKES, PLEASANTON

5 bedrooms and 3 1/2 baths, 4,460 sq ft.
Gorgeous custom home on an amazing flat and private .70 acre lot in desirable area! Lives like a single level home with Master and one additional bedroom on main level. Brazilian cherry flooring, crown molding, gated pool, spa, lawn, deck and patio areas. Mohr School! **Offered at \$1,948,000**

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Open SUN 1-4
GREAT COURT LOCATION!
3 BR 2 BA Freshly painted/new carpet.Open Kitchen. Fam.Rm, Liv.Rm,&Din.Rm.Play ground/community pool. 925.847.2200



DUBLIN
Open SUN 1 - 4
SUPER LOCATION!
2 BD 1.5 BA Private subdivision w/lots of parking & pool.Updated Kit.w/granite counters.1-Car garage. 925.847.2200



DUBLIN
Open SUN 1 - 4
BEAUTIFUL DUBLIN HOME
1 BR 1 BA Living room & upgraded kit.w/SS appl.gas stove.Indoor laundry & walk in closet. 925.847.2200



FREMONT
FABULOUS-MISSION SAN JOSE HOME
5 BR 3 BA Fresh paint/new carpet.Remodeled kit. Hrdwd flring.Lrge Fam/Dining.Side access/huge yard! 925.847.2200

DUBLIN
3465 DUBLIN BLVD #442
GORGEOUS HOME W/VIEWS
2 BR 2 BA Fourth Flr Corrida Model.Designer paint. Granite Counters.SS Appl.Crown Molding.Fireplace. 925-784-3068

12540 DOUBLETREE DRIVE
INCREDIBLE VIEWS!
4 BR 2.5 BA 5.38 acres.2600sq.ft.Ranch Hm.Remod Kit w/granite & SS Appl.Hrdwd flrs.Workshop w/rec rm 925-580-9050

6609 AMBER LN
ABSOLUTELY GORGEOUS
4 BR 3 BA Plus-office.3 remodeled baths.Gourmet kit.3-car garage.Pebble Tech pool & spa. 925.847.2200

SAN RAMON
6981 WISTERIA ST
SENIOR COMMUNITY 55+
3 BR 2 BA Kit w/granite counters.Open flr plan. Newer roof.Nice patio.Creamic tile in entry/kitchen. 925.847.2200

FREMONT
Open SAT 1:30-4
39287 MARBELLA TERRAZA
TERRIFIC LOCATION-CENTRAL FREMONT
Mstr Ste.Laminate Flrs.Formal Din.Liv w/Fireplace.Kit.w/SS Appl.Newer Carpet.Fresh Paint. 925-847-2200

20850 MINES ROAD
FABULOUS PIECE OF PROPERTY
Views to rolling hills, trees and distant vistas.Several lovely spots for home site. 925.847.2200

SAN JOSE
896 CATKIN CT
MOVE IN READY CONDO!
2 BR 2 BA Kitchen w/granite counters & stainless steel appl.& ample cabinet space.Close to schools. 925.847.2200

9811 BROADMOOR DRIVE
CONTRACTOR SPECIAL!!
4BR 2 BA Level fenced lot.Located w/easy access to Neil Armstrong Elem/Pine Valley Middle/CA High. 925.847.2200

LIVERMORE
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738 MORAGA DRIVE LIVERMORE
BEAUTIFUL LIVERMORE HOME!
4 BD 2 BA Expanded home w/many upgrades.Dual pane windows. Formal Dining room.Sparkling pool. 925-847-2200

PLEASANTON
Open SUN 1 - 4
2415 POMINO WAY
HIGH QUALITY HOME!
6 BR 5 full BA + 2 half Ruby Hill Stunner w/Nanny Ste, Lg. Mstr Ste., Office, Rec/Game Rm,Wine Cellar, Interior Ctryrd. 925.847.2200

SAN LEANDRO
364 HAAS AVE
SPACIOUS HOME-LRGE LOT
3 BR 2.5 BA Hrdwd Flrs.2Fireplaces.Dual paned windows.Updated Kit. w/granite & tile flrs.Bonus rm w/ba 925.847.2200

TRACY
3679 W LINNE ROAD
LOVELY CUSTOM HOME ON 1 ACRE
4 BR 2 BA Great Rm.concept.Lrge Mstr/2ndry bdrms. Pool/Spa.2500+sq.ft.Shop-RV,Boats,Air compressor 925.847.2200

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PLEASANTON

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CaliforniaMoves.com

GROWTH

Continued from Page 27

from 10.6% in the third quarter of this year to 10.0% in the third quarter of 2014.

Presently, markets with the lowest retail vacancy rates include San Francisco, 3.9%; Fairfield County, Conn., at 4.1%; Long Island, N.Y., 5.0%; and Orange County, Calif., at 5.5%.

Average retail rents should increase 1.5% in 2013 and 2.3% next year.† Net absorption of retail space is projected at 11.8 million square feet in 2013 and 18.2 million next year.

Multifamily Markets

The apartment rental market — multifamily housing — is likely to see vacancy

rates edge up only 0.1%age point from 3.9% in the third quarter to 4.0% in the third quarter of 2014, with construction rising to meet increased demand. Generally, vacancy rates below 5% are considered a landlord's market where demand justifies higher rent.

Areas with the lowest multifamily vacancy rates currently are New Haven, Conn., at 1.9%; Syracuse, N.Y., 2.0%; New York City and San Diego, at 2.1% each; and Minneapolis, 2.2%.

Average apartment rents are forecast to rise 4.0% this year and another 4.0% in 2014. Multifamily net absorption is projected to total 266,700 units in 2013 and 259,800 next year. ■

HOME SALE OF THE WEEK

5550 CORTE SONORA, PLEASANTON, \$899,000



This highly upgraded 4 bedroom, 3 bathroom Del Prado home offers approximately 2,197 square feet of living space and shows like a model. This lovely home features an amazing remodeled kitchen, stunning formal living room, elegant formal dining room, family room with fireplace, hardwood floors, crown molding and skylights. The front and back yards are beautifully landscaped.

Listed by Melissa Pederson, Keller Williams Tri Valley Realty (925) 397-4236

4982 Dolores Drive, Pleasanton

Coming soon!

Expansive views in this gorgeous 4 bedroom plus office, 3 bath Pleasanton Hills home! Gourmet kitchen w/ warming drawer & wine cooler and amply master bedroom overlooking the huge yard & inviting pool. Extravagantly remodeled master bath features shower-sauna & oversized tub. Stone floors downstairs/wood floors upstairs. Coming soon at \$1,250,000.



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SALES AT A GLANCE

Livermore (July 25-Aug. 1)

Total sales reported: 43
Lowest sale reported: \$127,000
Highest sale reported: \$1,099,000
Average sales reported: \$551,965

Pleasanton (July 25-Aug. 1)

Total sales reported: 22
Lowest sale reported: \$245,000

Highest sale reported: \$2,050,000
Average sales reported: \$827,727

San Ramon (Aug. 8-14)

Total sales reported: 17
Lowest sale reported: \$450,000
Highest sale reported: \$1,800,000
Average sales reported: \$898,294

Source: California REsource

To Counter or Not To Counter... That is the Question

To Counter or Not to Counter. It is doubtful that Shakespeare faced that dilemma in his time. But it is certainly a dilemma many sellers face in today's market. The market is still strong, especially in the lower price segments. So if you are a seller and you get an offer, should you take it? Should you counter it? Should you wait for more possible offers? Should you set a deadline for offers or respond as they come in? These are all great questions. Let's take a quick look at what sellers are asking in today's market, and 140 Character response:

1. If I get an offer, should I counter it? Short answer... it depends. It depends on how this offer stacks up to the realistic market value. If you are not likely to get a higher offer, you might be smart to just accept the offer, or at least the price. You can always tighten up the terms of the offer with a counter offer or addendum. But be careful... I have seen many buyers walk from a property when a seller counters them. Any time you counter an offer, you run the risk of losing the buyer. If the price is really good, that might be a substantial risk. If you think you can do better, then it is probably worth the risk. It is all relative to a realistic market value.

2. Should we set a deadline for offers, or respond as they come in? The answer to this question depends on where you priced the property.

If you priced it low hoping to spur multiple offers and over-bidding, then you should probably wait until a specific date and time to respond to offers. If your price is on the higher end of the range, you may want to consider offers as they come in, and not hold off. I have seen several homes recently where the seller sets a deadline for offers, and no offers came in. In that case the seller clearly should have just responded to offers as they come in. And remember, you can always respond to another offer, or even accept another offer, even if you have a counter offer out (Care must be taken legally to avoid selling the property to two buyers) (Care must be taken legally to avoid selling the property to two buyers)

3. Do I have to respond to an offer right away, or can I wait? This is a fast moving market, and buyers are impatient.

>> Go to www.680homes.com to read the rest of this article.



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BRIDLE CREEK

Exquisite Bridle Creek home with 4 BR plus office & bonus room, 4 BTHS, 4 car garage, hardwood floors, and .28 Acre private lot with pool, spa, & views! **\$1,669,000**



GOLF COURSE VIEWS!

Elegant custom home with 5 BR plus office & loft, 5 1/2 BTHS, hardwood floors, granite & marble, hand painted murals, and private .47 Acre lot backing to open space! **\$1,879,000**



JUST SOLD!

Luxurious single story home in the Castlewood area featuring 4 BR, 4 BTHs, gourmet kitchen, 7+ car garage, and a private almost 3 acre lot with sweeping views! **\$2,450,000**



JUST SOLD!

Gorgeous Laguna Oaks home with 5 VR, 3 BTH, large granite & stainless kitchen, hardwood floors, luxurious master suite, vaulted ceilings, and a large .30 Acre lot with BBQ & covered patio! **\$1,468,000**



JUST SOLD!

Custom home on incredible 70 acre site on top of the Pleasanton ridge with sweeping views of oak studded canyons. 3 BR, 2.5 BTHs, guest house, 7 car garage, and more! **\$2,620,000**



JUST SOLD!

Stunning Sycamore Heights former model home with 5 BR, 4.5 BTHs, spacious granite/stainless kitchen, custom wood work & trim, and private yard with panoramic views of the Pleasanton Ridge! **\$1,729,000**



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PLEASANTON MEADOWS

COMING SOON



3962 FAIRLANDS DRIVE, PLEASANTON

This charming home is updated throughout and move in ready! Brand new 40 year roof, new carpets, and new hardwood floors. Beautifully and professionally landscaped front and rear yards. Four bedrooms, two and a half baths, 2,460 square feet all on a 6,489 square foot lot. The kitchen is open to the family room with recently remodeled wet bar. A formal dining room is located just off the kitchen. In addition to the four bedrooms, the upstairs also offers a office/teen room area. The rear yard is private and serene offering a large grassy area and raised deck. Close to schools and neighborhood Cabana Club! Call for more information! **OFFERED AT \$ 839,000**

HANSEN HILL

PENDING IN 5 DAYS!



10758 INSPIRATION CIRCLE, DUBLIN

This beautiful, model like upgraded home sits on a private lot with views. This floor plan is spacious and open with raised ceilings. The gourmet kitchen offers granite counters, island, and a gas range. Additionally, this newer home offers a spacious separate formal dining room. The master suite is expansive with walk in closets, an oversized tub and separate stall shower. The property has upgraded landscaping and the rear yard offers a large patio, a spacious grass area and a dog run. Call for more information! **OFFERED AT \$979,000**

BRIDLE CREEK

PENDING!



831 SUNSET CREEK LANE, PLEASANTON

This highly sought after location offers views of the Pleasanton Ridge and Mt. Diablo on a private approximate 12,131 square foot lot. Four bedrooms plus a bonus room, three bathrooms. The open floor plan with volumed/coffered ceilings offers a gourmet kitchen and expansive master suite. The expansive and professionally landscaped rear yard offers several fruit trees and raised garden beds. Close to schools and library, walking distance to downtown Pleasanton and quick access to 680. Call for more information! **OFFERED AT \$1,549,000**

MOHR PARK

JUST CLOSED!



2226 KAMP COURT, PLEASANTON

Quiet court location, this beautiful home offers four bedrooms and upstairs plus room/office, three and a half bathrooms and is approximately 3,099 square feet. The formal dining room and living room offers vaulted ceilings and high windows with lots of natural light. The private lot offers a newer Pebble Sheen pool with mosaic inlays, waterfall, solar heat and quality Jandy pool equipment. Rear yard also offers a spa, outdoor shower and cabana/patio. Close to schools and Nielsen Park! Call for more information! **OFFERED AT \$1,269,000 AND SOLD FOR \$1,280,000**

SYCAMORE HEIGHTS

SOLD!



NEVER HIT THE MLS!

1037 SUNSET CREEK WAY, PLEASANTON

Blaise represented the buyer in the purchase of this upgraded home on premium large lot with panoramic views, and superior privacy. The largest model in the desirable Sycamore Heights neighborhood, this home offers approximately 5,000 square feet, five bedrooms, five and a half baths on a 20,213 square foot lot. Gourmet kitchen and expansive master suite. Large rear grounds offers a pool/spa, sports court and a resort like experience. Convenient access to Downtown, Mission Hills Park, I-680, the A.C.E. Commuter Train Station and the amenities of Castlewood Country Club. **SOLD FOR \$2,050,000**

WALNUT GLEN ESTATES

SOLD!



2556 WILDE AVENUE, PLEASANTON

Blaise represented the buyer in the purchase of this expanded single level home with upstairs bonus room in Walnut Glen Estates. The premium estate lot includes a private rear yard with a pool, spa and sports court offering a resort-like experience. The open floor plan includes vaulted ceilings and a gourmet kitchen that opens to the family room. Walking distance to award winning schools and parks! **OFFERED AT \$1,599,000 AND SOLD FOR \$1,665,000**

SOUTH LIVERMORE

SOLD!



1141 RIESLING COURT, LIVERMORE

Blaise represented the buyer in the purchase of this custom built home. This home offers vaulted ceilings and an open floor plan as well as refinished hardwood floors throughout. Kitchen offers a gas range and views of the beautiful rear yard. Master suite is spacious and offers dual closets and vaulted ceilings. Master bath has an oversized tub and separate stall shower. The beautiful and spacious rear yard includes a stamped concrete and covered patio perfect for entertaining. **SOLD FOR \$775,000**

SYCAMORE HEIGHTS

SOLD!



5731 DAKIN COURT, PLEASANTON

Newer Summerhill home on premium private lot in Sycamore Heights. Secluded location with private backyard and panoramic views! Professionally landscaped! 5BD, 4.5BA, activity/hobby room, 4,021 sq. ft. Lots of custom woodwork, including fully wrapped windows, wainscoting and built-ins. Gourmet kitchen open to large family room includes granite counters and stainless steel appliances. Large master suite, spacious bathroom with large tub and separate shower. Great location, walk to downtown and neighborhood park! Less than 5 minutes to Castlewood Country Club. Don't miss this one! **SOLD FOR \$1,729,000**

DANVILLE

SOLD!



752 TURRINI DRIVE, DANVILLE

Remodeled, upgraded single level on a premium .35 acre lot with in-ground pool and outdoor kitchen. Four bedrooms, three baths, 3,114 square feet, side yard access and three car garage with extra workshop area. Upgraded gourmet kitchen with granite counters and stainless steel appliances. Remodeled bathrooms with custom tile flooring. Spacious family room, living room and master suite. Separate studio in rear yard with sink. Beautiful views of the ridge and a ten minute walk to Downtown. Great schools! **SOLD FOR \$1,300,000**



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DOUG BUENZ

BY APPT



PLEASANTON \$1,879,000
Newer 5bd+bonus+office, 5.5ba custom home situated on private .50+/-acre lot backs to open space, gourmet kitchen, gleaming hardwood floors, designer touches and finishes throughout. 7230 CLUBHOUSE DRIVE

ANNI HAGFELDT

BY APPT



PLEASANTON \$1,599,900
Gorgeous 5bd/3.5ba + bonus room in desirable Kottinger Ranch. Private backyard that backs to open space. Minutes from cabana, pool and tennis courts. Close to award winning schools, easy access to 580/680. 721 SMALLWOOD CT

MARK JAMES

OPEN SUN 1-4



PLEASANTON \$1,595,000
"Nolan Farm" location and elegance, 5bd/4.5ba, gourmet kitchen, stone and hardwood flooring, sparkling pool/spa, outdoor kitchen, just a few blocks from downtown and more! 1533 ROSE LANE

MOXLEY TEAM

BY APPT



PLEASANTON \$1,230,000
5BD + Large Bonus Room. Bedroom and Full Bath on main level. Updated Kit w. granite, gas cooking nook & island. Pool, spa private back yard. 2661 RASMUSSEN CT.

LINDA GOVEIA

BY APPT



PLEASANTON \$1,155,000
Ruby Hill - Premia. San Marco model. Beautiful home with 4 beds/3baths, 3-car garage. Updated kitchen with stainless appliances. Ideal court location with mature trees and landscaping. 551 MONTORI CT

STASIA POIESZ

BY APPT



LIVERMORE \$760,000
Beautiful Coventry home with 2268 sq/ft of living space, 4 bedrooms and 3 full baths. 1 bedroom and 1 bath down stairs. Remodeled (2 yrs ago) maple/antique white kitchen with stainless steel appliances. 5558 AGATHA WAY

ROBIN YOUNG

SAT & SUN 1-4



LIVERMORE \$629,900
Scenic Links home offering open floor plan, neutral decor, granite counter tops, bdrm & bath on main level, private master w/sitting area, vaulted ceiling, beautiful landscaping, entertainers delight. 6165 AUGUSTA WAY

ESTHER BECKER

OPEN SUN 1-4



PLEASANTON \$569,500
New Front door and hardware. 3 bedroom/ 2.5 bath. Corner unit. 1851 +/- Square feet. New dual pane windows, sliders. Garden like setting. Large master Suite. New Furnace and Air conditioner. 7441 MAYWOOD DRIVE

LINDA FUTRAL

SAT & SUN 1-4



LIVERMORE \$465,000
Great location close to greenbelt, pool, and other great amenities in this gated Copper Hill Community. Lots of windows, end unit w/hardwood floors, neutral paints, light, bright floor plan. Come see! 285 BELLINGTON COMMON

SYLVIA DESIN

SAT 1-4



LIVERMORE \$399,000
This lovely 3 bedroom, 2 bath townhome has been lovingly upgraded. Close to the neighborhood pool, park and tennis courts. 353 MARIE COMMON

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